



CURRICULUM VITAE

Bhagirathi

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As an experienced teacher, I would like to devise and foster fascinating, captivation and unique practices to intrigue the students.

CAREER OBJECTIVE:

- To build a long-term profession as a teacher that will offer endless opportunities for career growth and to keep up with cutting-edge educational technologies.
- Develop and promote creativity and high-order thinking skills that increase the performance of the students.

ACADEMIC PROFILE:

Examination	College/School	Board/University	Year	Division
Ph.D	Department of Physical Education	R.D.V.V. (Jabalpur) MP	2022 (Completed)	N.A.
M.P.Ed	Department of Physical Education	R.D.V.V. (Jabalpur) MP	2016	1 st
B.P.Ed	Department of Physical Education	H.N.B.G.U. (Srinagar) Uttarakhand	2014	1 st

B.A	Govt. Degree College, Talwari, Chamoli (U)	H.N.B.G.U. (Srinagar) Uttarakhand	2013	2 nd
Class 12 th	Vidhya Mandir Girls inter College Rampur (UP)	Board of High School and Intermediate Education, Uttar Pradesh	2010	2 st
Class 10 th	Govt. H.S.S. Wan Chamoli	Board of High School Education Uttarakhand	2008	2 nd

WORK EXPERIENCES:

- Presently working as Assistant Professor in University of Patanjali, Haridwar.
- 03 Year experience as Sports Officer in government science college Jabalpur. Trained/selected students and organized national, state and college level tournaments.
- As research scholar conducted classes for B.P.Ed, M.P.Ed. Students on specific engagement basis during current 2 years of Ph.D. work.

TECHNICAL SKILLS

- One year diploma course in computer application from institute registered with government of Delhi.
- Proficient in Microsoft Office and internet Surfing.

ACADEMIC PAPERS/SEMINAR AND WORKSHOP

- Attended **“Research Writing Workshop for Ph.D Scholars”** organized by M.P. Institute of Social Science Research, Ujjain Sponsored by Indian Council of Social Science Research, New Delhi.
- Published **Research Paper at national level** workshop on **“Job Opportunities in Physical Education”** organized by Govt. Home science PG College, Hoshangabad, (MP).
- Attended national seminar on **“Various Dimensions of Physical Education in the Development of Society”** organized by department of physical education and sports sciences.
- Attended 7 days National Workshop on **“Empowering Physical Education personnel through Sports Sciences”** Organized by department of Physical Education, R.D.V.V. Jabalpur (M.P.).
- Participated Seminar on **“Sports Injury Prevention, Sports Nutrition and Doping”** in Association with Sports Authority of India.
- Completed **“The Leadership Training Camp”** held at Mag Pie Camp, Chopta District Rudraprayag (Uttarakhand) 2014.
- 45 Days Training Program on **“Personality and Business Development”** Organized by Department of Physical Education, R.D.V.V. Jabalpur (M.P).

SOCIAL ACTIVITIES/ EVENTS PARTICIPATED

- Represented as official in “**Maitri**”- **Mini Marathon** 2016, Organized by Cantonment Board, Jabalpur (MP).
- Represented in “**Adventure Sports, Promotion Festival**” 2015, organized by Jabalpur Tourism promotion council.
- Participated in 2 days “**Community Coaches Training Programme for promotion of games and sports for Disabled**” 2014, Organized by Ministry of Youth Affairs and Sports, Govt. of India.
- Participated in “**RUN FOR VOTE an Initiated Systematic Voter’s Education and Electoral Participation Programme**” 2014, organized by HNB Garhwal University, Srinagar (Uttarakhand).

ACHIEVEMENTS

PARTICIPATED IN:

- **44th Senior(Women) National Handball Championship** organized by Maharashtra Handball Association,(2015).
- **43rd Senior(Women) National Handball Championship** organized by Panjab Handball Association,(2014).
- **Cross-country All India Inter-University Championship**organized by MangalorUniversity (Karnatka), 2015
- **Cross-country All India Inter-University Championship**organized by Mahatma Gandhi University Kottayam Kochi(Kerla), 2015
- **Football West Zone Inter-university Championship** organized by Swanim Gujrat Sports University (Gandhinagar), 2016.
- **Handball North Zone Inter-university Championship** organized by M.D. University, Rohtak, 2013.
- **20th West Zone Handball Championship (Men and Women)** organized by Utter Pradesh Handball Association, 2015.
- **1st Uttarakhand Inter-University Youth Festival 2013, Shot-Put (Athletics), First Position.** Organized by Doon University, Dehradun (Uttarakhand).
- **Rajiv Gandhi Khel Abhiyan State Level Women’s Competition 2014-15, Handball 1st POSITION.** Organized by Khel Yuva Kalyan Vibhag (MP).
- **State Level Sports Individual Competition 2015-16, Shot-Put (Athletics), First Position.** Organized by R.D.V.V Jabalpur (MP).
- Participated in **State Level Sports Individual Competition 2015-16, Javelin Throw (Athletics), First Position.** Organized by R.D.V.V Jabalpur (MP).
- **State Level Sports Individual Competition 2015-16, 4x400m. Relay (Athletics), Third Position.** Organized by R.D.V.V Jabalpur (MP).
- **Gusto’16 Basketball Competition 2016, First Position.** Organized by Indian Institute of Information Technology, Design and Manufacturing, Jabalpur (MP).

STRENGTHS:

- Leadership skills and team working
- Dedication and perseverance
- Fairness
- Discipline and hardworking
- Organizing and managerial skills

HOBBIES & INTEREST:

- Imparting physical fitness training to students
- Exercise, yoga, aerobic workout.
- Traveling, Adventure sports.

PERSONAL PROFILE:

Father's Name : Mr. Heera Singh
Mother's Name : Smt. Mathura Devi
Date of birth : 25-02-1994
Gender : Female
Languages known : Hindi, English
Nationality : Indian
Address : R Z (I) 120 Mahavir Enclave Palam Dabri Road
District : New Delhi
Pin : 110045

I hereby declare that the information given above is true to the best of my knowledge and belief.

BHAGIRATHI