



# Admission Open

17<sup>th</sup> March - 2<sup>nd</sup> April 2025

## Short-Term Certificate Course for Instructor of Vedic *Mānas* Yoga



### What is Vedic *Mānas* Yoga?

Vedic *Mānas* Yoga is a transformative practice integrating Vedic wisdom and yogic techniques to activate the third eye or the pineal gland and brain, enhance cognitive abilities, and promote holistic well-being. This 15-day Instructor Certificate Course is designed for individuals seeking to become certified instructors.

**Duration: 15 Days (6 hours Theory and 28 hours Practical)**

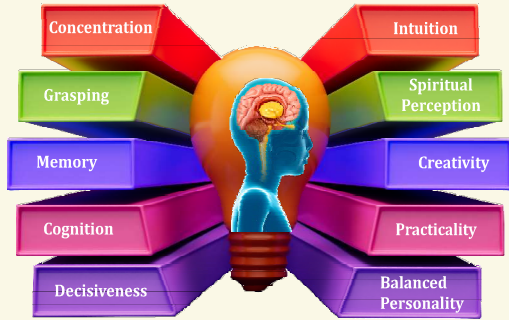
### Objective

To equip individuals with the knowledge and skills to become certified instructors of Vedic *Mānas* Yoga, empowering them to guide children in activating the third eye or the pineal gland, enhancing cognitive abilities, and achieving holistic well-being.



### Key Highlights

- ✓ **Certification & Career Growth** – Gain recognition as a certified instructor with opportunities to collaborate with schools and earn monthly income in 5-6 figures.
- ✓ **Integration of Vedic Wisdom & Yogic Techniques** – Learn ancient practices for mind expansion and higher consciousness.
- ✓ **Pineal Gland & Third Eye Activation** – Techniques to stimulate the brain's higher functions for intuition and mental clarity.
- ✓ **Cognitive & Emotional Enhancement** – Develop focus, memory, and emotional balance.
- ✓ **Practical Teaching Methodology** – Hands-on training to conduct workshops and classes effectively.



**Course Fee: INR 15,000**

(Includes Certificate of Instructor of Vedic *Mānas* Yoga,  
Vedic *Mānas* Yoga Kit and Course Material in PDF format)

Accommodation and meals are available at additional cost (on request)

### Eligibility and Requirements to Enroll for VMY Instructor



- Must have passed 12th grade or an equivalent examination.
- Basic computer knowledge is required.
- Knowledge of Hindi and basic English is essential.
- Preference will be given to candidates with prior teaching experience.
- A genuine interest in teaching children.
- Must have access to a laptop or tablet.
- Only for those who are going to proceed further in the business model.

### Contact Details

Email: [vedicmanasyoga@uop.edu.in](mailto:vedicmanasyoga@uop.edu.in)

Phone: +918171290222, +919897842818

Website: [www.vedicmanasyoga.com](http://www.vedicmanasyoga.com)

**Link for Registration:**

[https://docs.google.com/forms/d/e/1FAIpQLSf6W\\_Dunj2z2DMRwpr0G3ZQgGQGbJozJf-h8O\\_dF7OFpwe5GQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSf6W_Dunj2z2DMRwpr0G3ZQgGQGbJozJf-h8O_dF7OFpwe5GQ/viewform)

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