



**Department of Yoga Science  
University of Patanjali, Haridwar**

10-01-2024

**REPORT**

**One Day visit of Students of Morarji Desai National Institute of  
Yoga, Delhi under Study Tour at Department of Yoga Science,  
University of Patanjali, Haridwar**

A request for the visit of Dept of Yoga Science, University of Patanjali was received from Dr. Indu Sharma Asst Professor (Yoga Education), MDNIY, New Delhi via mail on dated 09.01.2024 (**Annexure-A**).

Nearly 46 students (13 Male & 33 Female) of Diploma in Yoga Science program along with five staff members (Yoga Therapist Smt. Neelam Ji, Yoga Instructor Ms. Suchi Mohan & Amrita Sharma, Asst Professor Dr. Khushboo Jain & Dr. Indu Sharma) of MDNIY, New Delhi visited the department on 10<sup>th</sup> Jan 2024. They all have been received by Senior Research Fellow (SRF) of the Dept of Yoga Science Sh. Avichal Verma Ji. He executed the visit throughout the University of Patanjali along with Amphitheater, Auditorium, Library, etc.

Dean, Faculty of Yoga Science has directed the students “how to sustain in the professional perspectives of Yoga” followed by a lecture session by Sh. Avichal Verma on “proprioception of balancing asanas”. A group photograph session was also conducted for the visit (**Annexure B**).

The Coordinator of the Visit Dr. Indu Sharma thanked to the Officials of Dept. of Yoga Science for coordination & cooperation rendered on behalf of MDNIY, New Delhi.

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पतंजलि विश्वविद्यालय, हरिद्वार

**Subject - Academic tour of MDNIY students**

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**From :** Dr. Indu sharma <indusharma7880@gmail.com>

Tue, Jan 09, 2024 01:33 PM

**Subject :** Subject - Academic tour of MDNIY students

**To :** nidheesh@uop.edu.in

Dear Sir,

Pranaam!!!

I would like to inform you that as per Morarji Desai National Institute of Yoga (MDNIY), Ministry of Ayush, Government of India, New Delhi norms, our students are likely to visit prominent Yoga Centres/to attend lectures/yoga sessions etc.

Therefore, you are kindly requested to permit MDNIY students (Approx.50 nos.) to visit your Institute for lecture/Yoga sessions for a day dated 10.01.24.

Your kind support to make this educational tour a successful program will be highly appreciated.

Please feel free to call or reply (Dr. Indu Sharma, Assistant Professor, Yoga Education, Ph: 9412937634), in case of any query.

Thank you.

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**Dr. Indu Sharma,**

Assistant Professor (Yoga Education)

Morarji Desai National Desai National Institute of Yoga

Ministry of AYUSH, Govt. of India.

68, Ashoka Road, New Delhi 110001.

Mobile - 9412937634

**GLIMPSES OF THE INSTITUTIONAL VISIT OF STUDENTS OF DIPLOMA IN YOGA SCIENCE, MDNIY, DELHI TO DEPT OF YOGA SCIENCE, UNIVERSITY OF PATANJALI, HARIDWAR**



Staff & students of Diploma in Yoga Science students of MDNIY, Delhi visited Dept of Yoga Science with Dean Faculty of Yoga Science, Prof Om Narayan Tiwari.



One Lecture Session at Mini Auditorium by the Senior Research Fellow of Dept of Yoga Science Sh. AvichalVerma to the students of MDNIY during the visit.

  
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