



Roll No. ....

Signature of Invigilator .....

Paper Code

BS-AECCT 504

# University of Patanjali

Examination Jan. – Feb. – 2022

B.Sc. Yoga Science, Semester : Fifth

English ; Paper : Fourth

**Communicative English-II**

Time: 3 Hours

Max. Marks: 35

**Note: This paper is of Thirty five (35) marks divided into two (02) sections A, and B. Attempt the questions contained in these sections according to the detailed instructions given therein.**

## Section - A

**(Long Answer Type Questions)**

**Note:** Section 'A' contains five (05) long-answer-type questions of seven (07) marks each. Attempt any **three** questions. **(3×7=21)**

1. Write an ARTICLE on the history of the yoga science. Discuss its origins, development, and evolution over the years and how it has now become a worldwide phenomenon.
2. Write a SPEECH for the World Yoga Day addressing the college students and talk about the physical, mental, and spiritual benefits of practicing yoga regularly.
3. Describe 8 -10 yoga postures or aasanas in detail and discuss how they are performed along with their benefits.
4. Write a SUMMARY of some of the fundamental teachings of the Srimadbhagwad Gita.
5. Discuss how the “greed” of the goldsmith in the stories The Three Promises and The Daring Plan caused him to get caught in his own trap and Aditya becoming free for being innocent.

## Section - B

**(Short Answer Type Questions)**

**Note:** Section 'B' contains Eight (08) short-answer-type questions of two (02) marks each. Attempt any seven (07) questions. **(7×2=14)**

6. Write a RESUME for applying for an online, certified Yoga Instructure position at the Arogya Yoga Institute in Rishikesh, Uttarakhand. Arogya Yoga Institute is looking for an enthusiastic, self-motivated, and tech-savvy teacher to teach advanced Yoga students.
7. Write a PARAGRAPH about the importance of the Ramayan in our social life and culture.
8. Write a PARAGRAPH about some of the leadership qualities of the Lord Ram such as humility, virtue, obedience, and courage, etc., as described in the Ramayan.
9. Compare the characters of Sita (Ramayan) and Draupadi (Srimadbhagwad Gita) and briefly discuss some of the major similarities and differences between these two characters.
10. Discuss the theme/sof the story The Lion and the Hare from the Panchtantra.
11. Compare the moral lessons of The Lion and the Hare, and The Four Friends. Discuss how “wisdom” helped both the hare and the friends save their lives from the mighty Lion and the Hunter.
12. In the story, The Talkative Turtle, the turtle could have avoided its untimely death if it had the “wisdom” to not talk when inappropriate. Discuss your point of view.
13. Discuss the life and contributions of many Maharishis who practiced and mastered the yoga such as Maharishi Patanjali, Tirumalai Krishnamacharya, B.K.S. Iyengar, T.K.V. Desikachar, etc. to the modern yoga.

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