Enclosure 1.4.1 b	
List of Courses that Integrates Cross Cutting	g Issues
Department of Yoga Science	
2017-18	
Course Name	
Foundation of Yoga	
Introduction to Hatha Yoga and its texts	
Human Biology - 1	
Essence of Principle Upanishads	
Patanjala Yoga Darshan	
Human Biology - 2	
Environmental Studies	
Essence of Bhagvad Gita for Personality Develop	ment
Yoga and Holistic Health	
Methods of teaching yoga	
Spoken Sanskrit	
Basis of Yoga Therapy	
Fundamentals of Biochemistry	
Basis of Indian Culture	
Yoga and Human Consciousness	
Yogic Management of Lifestyle related Disorders	3
Yoga and Human Values	
Applied Yoga	
Research Methodology and Statistics	
Introduction to Yoga	
Basic Psychological Process 1	
Social Psychology -1	
Cultural Tourism Resources	
Indian Logic -1	
Indian Logic - 2	
Indian Philosophy and Culture	
Shrimadbhagvadgita	
Geography for Tourism	
Introduction to Ayurveda	
Systems and Schools of Psychology - 1	
Psychological Statistics	
Indian Epistemology	A COLUMN TO BE A PROPERTY.
Indian Metaphysics	MY ON
Hygiene, Diet and Nutrition	1:01
Social Research	(L)
Destination Interpretation - India	18.
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Western Epistemology	The contract of
Yog Sutras	
Introduction to Upanishads	Dr. V.K.
Clinical Psychology- 2	(ACADEMICS
Psychology of Personality	University of P
Indian Ethics - 2	
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Yoga Therapy

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Principles of Naturopathy
Principles and Application of Counselling
Business Communication
Shrimadbhagvadgita and Shankhyakarika
Yoga Psychology
Methods of teaching Yoga and Value Education
Biomechanics and Kinesiology
Research and Statistical Methods
Disease specific Pathology
Complimentary and Alteranative Therapy (CAT)
Hospitality Management
Department of Sanskrit
Sanskrit Sahitya - 1
Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Department of Philosophy
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vaisheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Yoga Psychology
Experimental Psychology
Psychology of Personality
Advance Psychology
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Cognitive Psychology
Cognitive Psychology
Cognitive Psychology Counselling Psychology
Cognitive Psychology Counselling Psychology Applied Psychology
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Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism Computer Application in Tourism
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism Computer Application in Tourism Culture Heritage and Tourism
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism Computer Application in Tourism Culture Heritage and Tourism Major Destinations of World
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism Computer Application in Tourism Culture Heritage and Tourism
Cognitive Psychology Counselling Psychology Applied Psychology Applied Psychometry Research Methodology Health Psychology PsychoDiagnostic Techniques Psychological Testing Clinical Interceptions Theraupeutic Techniques Department of Tourism Tourism of Uttarakhand Yoga Health & Tourism Computer Application in Tourism Culture Heritage and Tourism Major Destinations of World Tour Packing Management

Enclosure 1.4.1 b
List of Courses that Integrates Cross Cutting Issues
2018-19
Department of Yoga Science
Course Name
Foundation of Yoga
Introduction to Hatha Yoga and its texts
Human Biology - 1
Essence of Principle Upanishads
Patanjala Yoga Darshan
Human Biology - 2
Environmental Studies
Essence of Bhagvad Gita for Personality Development
Yoga and Holistic Health
Methods of teaching yoga
Spoken Sanskrit
Basis of Yoga Therapy
Fundamentals of Biochemistry
Basis of Indian Culture
Yoga and Human Consciousness
Yogic Management of Lifestyle related Disorders
Yoga and Human Values
Applied Yoga
Research Methodology and Statistics
Introduction to Yoga
Basic Psychological Process 1
Social Psychology -1
Cultural Tourism Resources
Indian Logic -1
Indian Logic - 2
Indian Philosophy and Culture
Shrimadbhagvadgita
Geography for Tourism
Introduction to Ayurveda
Systems and Schools of Psychology - 1
Psychological Statistics
Indian Epistemology University
Indian Metaphysics
Hygiene, Diet and Nutrition
Social Research
Destination Interpretation - India
Western Epistemology
Yog Sutras
Introduction to Upanishads
Clinical Psychology- 2
Psychology of Personality
Indian Ethics - 2
Yoga Therapy

D.	
Principles of Naturopathy	
Principles and Application of Counselling	
Business Communication	
Shrimadbhagvadgita and Shankhyakarika	
Yoga Psychology	
Methods of teaching Yoga and Value Education	
Biomechanics and Kinesiology	
Research and Statistical Methods	
Disease specific Pathology	
Complimentary and Alteranative Therapy (CAT)	
Hospitality Management	
Ayurvediya Siddhant, Sharir Rachana Evam Kriya ka	
Naidanik Mahattva	
Roga Nidan Evam Panchakarma Chikitsa Siddhant	
Snehan Swedan Karma	
Vaman Virechan Karma	
Vasti Karma	
Nasya Karma	
Rakt Mokshan/Agni Karma	
Yoga and Naturopathy	
Department of Physical Education and Sports	
Human Anatomy and Physiology	
Yoga and Holistic Health	
Health Education & Nutrition	
Exercise Physiology	
Methods of teaching yoga	
Remedial and Massage	
Basis of Yoga Therapy	
Fundamentals of Sports Training	
Common Sports Injuries - Prevention and Cure	
Department of Sanskrit	
Sanskrit Sahitya - 1	
Vedic Siddhanta Parichaya - 1	
Aangal Bhasha (English) - 1	
Department of Philosophy	
Yoga Darshan	*
Sankhya Darshan	10
English	10
Samkhyakarika	3
Nyaya Darshan	No.
Vaisheshik Darshan	
Vedanta Darshan	
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	
Department of Psychology	
Yoga Psychology	
Statistical Techniques and Experimental Designs	
Social Psychology	
Biological Foundation of Behavior	

Research Methods	
Positive Psychology	
Cognitive Psychology	
Personality Psychology	
Health Psychology	
Psychopathology	
Clinical Psychology	
Psychometry	
Psychological Testing	
Guidance and Counselling	
Theraupeutic Techniques	
Department of Tourism	
Tourism of Uttarakhand	
Yoga Health & Tourism	
Computer Application in Tourism	
Culture Heritage and Tourism	
Major Destinations of World	
Tour Packing Management	University
Tourism Marketing	1
On The Job Training	[J
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American Literature Part 1	The state of the s
Women Writing Part 1	

List of Courses that Integrates Cross Cutting Issues 2019-20 Department of Yoga Science Course Name Foundation of Yoga
2019-20 Department of Yoga Science Course Name Foundation of Yoga
Course Name Foundation of Yoga
Foundation of Yoga
Introduction to Hatha Yoga and its texts
Human Biology - 1
Essence of Principle Upanishads
Patanjala Yoga Darshan
Human Biology - 2
Environmental Studies
Essence of Bhagvad Gita for Personality Development
Yoga and Holistic Health
Methods of teaching yoga
Spoken Sanskrit
Basis of Yoga Therapy
Fundamentals of Biochemistry
Basis of Indian Culture
Yoga and Human Consciousness
Yogic Management of Lifestyle related Disorders
Yoga and Human Values
Applied Yoga
Research Methodology and Statistics
Introduction to Yoga
Basic Psychological Process 1
Social Psychology -1
Cultural Tourism Resources
Indian Logic -1
Indian Logic - 2
Indian Philosophy and Culture
Shrimadbhagvadgita
Geography for Tourism
Introduction to Ayurveda
Systems and Schools of Psychology - 1
Psychological Statistics
Indian Epistemology
Indian Metaphysics
Hygiene, Diet and Nutrition
Social Research
Destination Interpretation - India
Western Epistemology
Yog Sutras
Introduction to Upanishads
Clinical Psychology- 2
Psychology of Personality
Indian Ethics - 2
Yoga Therapy

Principles of Naturopathy
Principles and Application of Counselling
Business Communication
Shrimadbhagvadgita and Shankhyakarika
Yoga Psychology
Methods of teaching Yoga and Value Education
Biomechanics and Kinesiology
Research and Statistical Methods
Disease specific Pathology
Complimentary and Alteranative Therapy (CAT)
Hospitality Management
Ayurvediya Siddhant, Sharir Rachana Evam Kriya ka
Naidanik Mahattva
Roga Nidan Evam Panchakarma Chikitsa Siddhant
Snehan Swedan Karma
Vaman Virechan Karma
Vasti Karma
Nasya Karma
Rakt Mokshan/Agni Karma
Yoga and Naturopathy
Department of Physical Education and Sports
Human Anatomy and Physiology
Yoga and Holistic Health Health Education & Nutrition
Exercise Physiology
Methods of teaching yoga
Remedial and Massage
Basis of Yoga Therapy
Fundamentals of Sports Training
Common Sports Injuries - Prevention and Cure
Department of Sanskrit
Sanskrit Sahitya - 1
Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Department of Philosophy
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vaisheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Yoga Psychology
Statistical Techniques and Experimental Designs
Social Psychology
Biological Foundation of Behavior

Research Methods	
Positive Psychology	
Cognitive Psychology	
Personality Psychology	
Health Psychology	
Psychopathology	
Clinical Psychology	
Psychometry	
Psychological Testing	
Guidance and Counselling	
Theraupeutic Techniques	
Department of Tourism	
Tourism of Uttarakhand	
Yoga Health & Tourism	
Computer Application in Tourism	
Culture Heritage and Tourism	
Major Destinations of World	
Tour Packing Management	
Tourism Marketing	
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Department of English	- (1/4 O
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	Enclosure 1.4.1 b List of Courses that Integrates Cross Cutting Issue
	2020-21
L	Department of Yoga Science
$\overline{}$	Course Name
	ntroduction of Yoga
1	ntroduction to Hatha Yoga
	Basic Psychological Process 1
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$\overline{}$	Sychological Statistics
-	Ourism policy and Planning
_	ntroduction to Ayurveda and Swasthvritta
	Iospitality Management
_	Pestination Interpretation - India
P	atanjala Yog Sutras
_	panishad Parichay
P	sychology of Personality
Y	oga Therapy
In	troduction of Naturopathy and Alternative Therapy
C	linical Psychology- 2
Pı	rinciples and Application of Counselling
	usiness Communication
Fo	oundation of Yoga
n	troduction to AYUSH
H	ealth and Yogic Hygiene
Ξs	ssence of Bhagvad Geeta for Holistic Living
n	troduction to Holistic Health
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Er	vironmental Studies
Y	nga Psychology
75	sence of Principle Upanishads
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711	ndamentals of Biochemistry/Biomechanics
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	oga and Human Values oga Therapy 2
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n	troduction to Naturopathy
n	troduction to Ayurveda
h	armacotherapeutical Science
_	et and Nutrition

Yoga and Nature care	
Important Medicinal Herbs	
Basics of Healthy Living	
Insights into Indian Philosophy	
Yoga and Strategic Management	
Biomechanics and Kinesiology	
Physiological effect of Yoga Practices	
Contemporary Yoga Technique for self-management	
Evidence based Yoga Theraoy 1 Disease specific pathology	
Psychometry Psychometry	
Guidance and Counselling psychology	
Theraupeutic Techniques	
Department of Physical Education and Sports	
Human Anatomy and Physiology	
Yoga and Holistic Health	
Health Education & Nutrition	
Exercise Physiology	
Methods of teaching yoga	
Remedial and Massage	
Basis of Yoga Therapy	
Fundamentals of Sports Training	
Common Sports Injuries - Prevention and Cure	
Department of Sanskrit	
Sanskrit Sahitya - 1	
Vedic Siddhanta Parichaya - 1	
Aangal Bhasha (English) - 1	
Department of Philosophy	
Yoga Darshan	
Sankhya Darshan	
English	
Samkhyakarika	
Nyaya Darshan	
Vaisheshik Darshan	
Vaisnesiik Darshan Vedanta Darshan	
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	
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Department of Psychology	
Yoga Psychology	
Statistical Techniques and Experimental Designs	
Social Psychology	
Biological Foundation of Behavior	
Research Methods	-
Positive Psychology	14
Cognitive Psychology	5
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Personality Psychology	_
Personality Psychology	
Health Psychology	
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Psychological Testing
Guidance and Counselling
Theraupeutic Techniques
Department of Tourism
Tourism of Uttarakhand
Yoga Health & Tourism
Computer Application in Tourism
Culture Heritage and Tourism
Major Destinations of World
Tour Packing Management
Tourism Marketing
On The Job Training
Department of English
American Literature Part 1
Women Writing Part 1
Department of Allied And Applied Science
Fundamentals of Yoga and Ayurveda
Human values and ethics
Biodiversity
Ecology
Medicinal Botany
Wildlife Conservation
Consevation of Herbs
Drug, Discovery and Development
Public Health and Management
Organic Farming Techniques
Food Processing Technologies

Department of Yoga Science Course Name Introduction of Yoga Introduction to Hatha Yoga Basic Psychological Process 1 Social Psychology-1 Sahitya and Dharamshastra Indian Philosophy and Culture Introduction to Ayurveda Psychological Statistics Tourism policy and Planning Introduction to Ayurveda and Swasthvritta Hospitality Management Destination Interpretation - India Patanjala Yog Sutras Upanishad Parichay Psychology of Personality Yoga Therapy Introduction of Naturopathy and Alternative Therap Clinical Psychology- 2 Principles and Application of Counselling Business Communication Foundation of Yoga Introduction to AYUSH Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	122116
Department of Yoga Science Course Name Introduction of Yoga Introduction to Hatha Yoga Basic Psychological Process 1 Social Psychology-1 Sahitya and Dharamshastra Indian Philosophy and Culture Introduction of Shrimadbhagvad Gita Introduction to Ayurveda Psychological Statistics Tourism policy and Planning Introduction to Ayurveda and Swasthvritta Hospitality Management Destination Interpretation - India Patanjala Yog Sutras Upanishad Parichay Psychology of Personality Yoga Therapy Introduction of Naturopathy and Alternative Therap Clinical Psychology- 2 Principles and Application of Counselling Business Communication Foundation of Yoga Introduction to AYUSH Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	
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Introduction of Naturopathy and Alternative Therapy Clinical Psychology- 2 Principles and Application of Counselling Business Communication Foundation of Yoga Introduction to AYUSH Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	
Clinical Psychology- 2 Principles and Application of Counselling Business Communication Foundation of Yoga Introduction to AYUSH Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	 V
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Introduction to AYUSH Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	
Health and Yogic Hygiene Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	
Essence of Bhagvad Geeta for Holistic Living Introduction to Holistic Health	
Introduction to Holistic Health	
Applied Yoga	
Environmental Studies	
Yoga Psychology	
Essence of Principle Upanishads	
Methods of teaching yoga	
Fundamentals of Biochemistry/Biomechanics	
Yoga Diet and Nutrition	
Vedic Philosophy and Culture	
Complimentary and Alteranative Therapy (CAT)	
Disease specific Yoga Therapy Modules	01
Yoga and Human Values	4.44 - 1-4
Yoga Therapy 2	
Research Methodology and Statistics	
Introduction to Naturopathy	
Introduction to Ayurveda	ride
Pharmacotherapeutical Science Diet and Nutrition	

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Yoga and Nature care
Important Medicinal Herbs
Basics of Healthy Living
Insights into Indian Philosophy
Yoga and Strategic Management
Biomechanics and Kinesiology
Physiological effect of Yoga Practices
Contemporary Yoga Technique for self-management
Evidence based Yoga Theraoy 1
Disease specific pathology Psychometry
Guidance and Counselling psychology Theraupeutic Techniques
Department of Physical Education and Sports
Human Anatomy and Physiology Yoga and Holistic Health
Health Education & Nutrition
Exercise Physiology
Methods of teaching yoga
Remedial and Massage
Basis of Yoga Therapy
Fundamentals of Sports Training
Common Sports Injuries - Prevention and Cure
Department of Sanskrit
Sanskrit Sahitya - 1
Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Department of Philosophy
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vaisheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Voga Psychology
Statistical Techniques and Experimental Designs
Social Psychology
Biological Foundation of Behavior
Research Methods
Positive Psychology
Cognitive Psychology
Personality Psychology Health Psychology
Health Psychology
Psychopathology Olivinal Psychology
Clinical Psychology

Psychometry
Psychological Testing
Guidance and Counselling
Theraupeutic Techniques
Department of Tourism
Tourism of Uttarakhand
Yoga Health & Tourism
Computer Application in Tourism
Culture Heritage and Tourism
Major Destinations of World
Tour Packing Management
Tourism Marketing
On The Job Training
Department of English
American Literature Part 1
Women Writing Part 1
Department of Allied And Applied Science
Fundamentals of Yoga and Ayurveda
Human values and ethics
Biodiversity
Ecology
Medicinal Botany
Wildlife Conservation
Consevation of Herbs
Drug, Discovery and Development
Public Health and Management
Organic Farming Techniques
Food Processing Technologies
Department of Naturoapthy and Yogic Science
Community Medicine
Basic Pharmacology
Color Therapy and Magneto Biology
Forensic medicine and toxicology
Accupuncture and accupressure
Diagnostic methods
Hydrotherapy and mud therapy
Physical medicine and rehabilitation
First aid & emergency medicine
Manipulative therapies
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