

Enclosure 1.4.1 a

Institution integrates crosscutting issues relevant to Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics etc., in the curricula

2017-18

Department of Yoga Science

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Foundation of Yoga	X	X	X	✓	✓	X	✓
Introduction to Hatha Yoga and its texts	X	✓	X	X	✓	X	✓
Human Biology - 1	✓	X	X	✓	✓	X	✓
Essence of Principle Upanishads	X	X	✓	X	X	X	✓
Patanjala Yoga Darshan	✓	X	✓	X	✓	✓	✓
Human Biology - 2	X	✓	✓	✓	✓	✓	✓
Environmental Studies	X	✓	X	✓	✓	X	✓
Essence of Bhagavad Gita for Personality Development	X	X	✓	✓	X	X	✓
Yoga and Holistic Health	X	X	✓	✓	✓	X	✓
Methods of teaching yoga	X	X	✓	X	X	X	✓
Spoken Sanskrit	X	X	✓	✓	✓	X	X
Basis of Yoga Therapy	X	X	✓	✓	✓	✓	✓
Fundamentals of Biochemistry	X	X	X	✓	✓	✓	✓
Basis of Indian Culture	✓	✓	✓	X	X	✓	✓
Yoga and Human Consciousness	X	X	✓	✓	✓	X	✓
Yogic Management of Lifestyle related Disorders	✓	✓	✓	✓	✓	X	✓
Yoga and Human Values	✓	X	✓	✓	✓	X	✓
Applied Yoga	X	✓	✓	✓	✓	X	✓
Research Methodology and Statistics	X	X	X	✓	✓	X	X
Introduction to Yoga	X	X	✓	✓	✓	X	X
Basic Psychological Process I	X	✓	X	✓	X	X	X

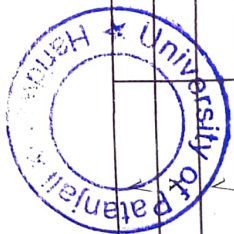
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Dr. V.K. KATYAR

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Social Psychology - 1	√	X	√	√	√	√	√	√	X
Cultural Tourism Resources	X	X	X	X	X	X	X	√	√
Indian Logic - 1	X	X	√	√	X	X	X	X	X
Indian Logic - 2	X	X	√	√	X	X	X	X	X
Indian Philosophy and Culture	X	X	√	√	X	X	X	X	√
Shrinadbhagavadgita	X	√	√	√	X	X	√	√	√
Geography for Tourism	X	X	X	X	X	X	√	√	√
Introduction to Ayurveda	X	X	√	√	√	√	√	X	X
Systems and Schools of Psychology - 1	X	X	√	√	√	√	√	X	√
Psychological Statistics	X	X	X	X	X	X	√	√	√
Indian Epistemology	X	X	√	√	X	X	X	X	X
Indian Metaphysics	X	X	√	√	X	X	X	X	X
Hygiene, Diet and Nutrition	X	X	X	X	√	√	√	X	X
Social Research	X	√	X	X	X	X	√	√	√
Destination Interpretation - India	X	X	X	X	X	X	√	√	X
Western Epistemology	X	X	√	√	X	X	X	X	X
Yog Sutras	X	X	√	√	√	√	√	X	X
Introduction to Upanishads	X	X	√	√	X	X	X	X	X
Clinical Psychology- 2	X	X	X	X	√	√	√	X	X
Psychology of Personality	X	X	√	√	√	√	√	X	√
Indian Ethics - 2	X	X	√	√	X	X	X	X	X
Yoga Therapy	X	X	X	X	√	√	√	X	X
Principles of Naturopathy	X	X	√	√	√	√	√	X	X
Principles and Application of Counselling	X	X	√	√	√	√	√	X	√
Business Communication	X	X	X	X	X	X	X	X	√
Shrinadbhagavadgita and Shankhyakarika	X	√	√	√	√	√	√	X	X
Yoga Psychology	X	X	√	√	√	√	√	√	√
Methods of teaching Yoga and Value Education	√	X	X	X	X	X	X	X	X



Biomechanics and Kinesiology	X	√	√	√	X	X	X	√
Research and Statistical Methods	X	X	X	X	X	X	X	√
Disease specific Pathology	X	√	√	√	√	√	X	√
Complimentary and Altranative Therapy (CAT)	X	X	√	√	√	√	X	X
Hospitality Management	X	X	X	X	X	X	X	√

Department of Sanskrit

Core Course	Gender	Environment& Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Sanskrit Sahitya - I	X	X	√	X	X	X	X
Vedic Siddhanta Parichaya - I	X	X	√	X	X	X	X
Aangal Bhasha (English) - I	X	X	√	X	X	√	√

Department Of Philosophy

Core Course	Gender	Environment& Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Darshan	..	X	√	√	√	X	X
Sankhya Darshan	X	X	√	X	X	X	X
English	X	X	X	X	X	√	√
Samkhyakarika	X	X	√	X	X	X	X
Nyaya Darshan	X	X	√	X	X	X	X
Vaisheshik Darshan	X	X	√	X	X	X	X
Vedanta Darshan	X	X	√	X	X	X	X
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	X	X	√	X	X	X	X

Department Of Psychology

Core Course	Gender	Environment& Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Psychology	X	X	√	√	√	X	X
Experimental Psychology	X	X	X	√	√	X	X
Psychology of Personality	X	X	X	√	√	X	X
Advance Psychology	X	X	X	√	√	X	X
Cognitive Psychology	X	X	X	√	√	X	X



Counselling Psychology	X	X	√	√	√	√	X	√
Applied Psychology	X	X	X	X	√	√	X	√
Applied Psychometry	X	X	X	X	√	√	X	X
Research Methodology	X	X	√	√	√	√	X	√
Health Psychology	X	√	√	√	√	√	X	√
PsychoDiagnostic Techniques	X	X	X	X	√	√	X	X
Psychological Testing	X	X	√	√	√	√	X	√
Clinical Interceptions	X	X	√	√	√	√	X	X
Therapeutic Techniques	X	X	X	X	√	√	X	√

Department of Tourism

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Tourism of Utrakhand	X	√	X	X	X	√	X
Yoga Health & Tourism	X	X	√	√	√	X	X
Computer Application in Tourism	X	X	X	X	X	√	√
Culture Heritage and Tourism	X	√	X	X	X	X	X
Major Destinations of World	X	√	X	X	X	√	X
Tour Packing Management	X	X	X	X	X	X	X
Tourism Marketing	X	X	X	X	X	X	√
On The Job Training	X	X	X	X	X	X	√

**√- Integrating cross cutting issues

*X- not Integrating cross cutting issues



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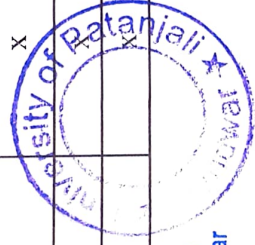
Enclosure 1.4.1 a

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2018-19

Department of Yoga Science

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Foundation of Yoga	x	x	x	√	√	x	√
Introduction to Hatha Yoga and its texts	x	√	x	x	√	x	√
Human Biology - 1	√	x	x	√	√	x	√
Essence of Principle Upanishads	x	x	√	x	x	x	√
Patanjala Yoga Darshan	√	x	√	x	√	x	√
Human Biology - 2	x	√	√	√	√	√	√
Environmental Studies	x	√	x	√	√	√	x
Essence of Bhagvad Gita for Personality Development	x	x	√	√	x	x	√
Yoga and Holistic Health	x	x	√	√	√	x	x
Methods of teaching yoga	x	x	√	√	x	x	√
Spoken Sanskrit	x	x	√	x	x	x	√
Basis of Yoga Therapy	x	x	√	√	√	x	x
Fundamentals of Biochemistry	x	x	x	√	√	√	√
Basis of Indian Culture	√	√	√	x	x	√	√
Yoga and Human Consciousness	x	x	√	√	√	x	√
Yogic Management of Lifestyle related Disorders	√	√	√	√	√	x	√
Yoga and Human Values	√	x	√	√	√	x	√
Applied Yoga	x	√	√	√	√	x	√



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Research Methodology and Statistics	x	x	x	x	x	x	x	x	√	√	√
Introduction to Yoga	x	x	x	√	√	√	√	√	√	√	x
Basic Psychological Process 1	x	√	x	x	x	√	√	√	√	√	x
Social Psychology -1	√	x	x	√	√	√	√	√	√	√	x
Cultural Tourism Resources	x	x	x	x	x	x	x	x	x	√	√
Indian Logic -1	x	x	x	√	√	√	√	√	√	√	x
Indian Logic - 2	x	x	x	√	√	√	√	√	√	√	x
Indian Philosophy and Culture	x	x	x	√	√	√	√	√	√	√	√
Shrimadbhagvadgita	x	√	x	√	√	√	√	√	√	√	√
Geography for Tourism	x	x	x	x	x	x	x	x	x	√	√
Introduction to Ayurveda	x	x	x	√	√	√	√	√	√	√	x
Systems and Schools of Psychology - 1	x	x	x	√	√	√	√	√	√	√	√
Psychological Statistics	x	x	x	x	x	x	x	x	x	√	√
Indian Epistemology	x	x	x	√	√	√	√	√	√	√	x
Indian Metaphysics	x	x	x	√	√	√	√	√	√	√	x
Hygiene, Diet and Nutrition	x	x	x	x	x	x	x	x	x	x	x
Social Research	x	√	x	x	x	x	x	x	x	√	√
Destination Interpretation - India	x	x	x	x	x	x	x	x	x	√	x
Western Epistemology	x	x	x	√	√	√	√	√	√	√	x
Yog Sutras	x	x	x	√	√	√	√	√	√	√	x
Introduction to Upanishads	x	x	x	√	√	√	√	√	√	√	x
Clinical Psychology- 2	x	x	x	x	x	x	x	x	x	x	x
Psychology of Personality	x	x	x	√	√	√	√	√	√	√	√
Indian Ethics - 2	x	x	x	√	√	√	√	√	√	√	x
Yoga Therapy	x	x	x	x	x	x	x	x	x	x	x
Principles of Naturopathy	x	x	x	√	√	√	√	√	√	√	x



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Principles and Application of Counselling	X	X	√	√	√	√	√	X	√	X	√
Business Communication	X	X	X	X	X	X	X	X	X	X	√
Shrimadbhagvadgita and Shankhyakarika	X	√	√	√	√	√	√	X	√	X	X
Yoga Psychology	X	X	√	√	√	√	√	X	√	X	√
Methods of teaching Yoga and Value Education	√	X	X	X	X	X	X	X	X	X	X
Biomechanics and Kinesiology	X	√	√	√	√	√	√	X	√	X	√
Research and Statistical Methods	X	X	X	X	X	X	X	X	X	X	√
Disease specific Pathology	X	√	√	√	√	√	√	X	√	X	X
Complimentary and Alteranative Therapy (CAT)	X	X	√	√	√	√	√	X	√	X	X
Hospitality Management	X	X	X	X	X	X	X	X	X	X	√
Ayurvediya Siddhant, Sharir Rachana Evam Kriya ka Naidanik Mahattva	X	X	√	√	√	√	√	X	√	X	X
Roga Nidan Evam Panchakarma Chikitsa Siddhant	X	X	X	√	√	√	√	X	√	X	X
Snehan Swedan Karma	X	X	X	√	√	√	√	X	√	X	X
Vaman Virechan Karma	X	X	X	√	√	√	√	X	√	X	X
Vasti Karma	X	X	X	√	√	√	√	X	√	X	X
Nasya Karma	X	X	X	√	√	√	√	X	√	X	X
Rakt Mokshan/Agni Karma	X	X	X	√	√	√	√	X	√	X	X
Yoga and Naturopathy	X	X	√	√	√	√	√	X	√	X	X

Department of Physical Education and Sports

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Human Anatomy and Physiology	X	X	√	√	√		√
Yoga and Holistic Health	X	X	X	√	√		√



Health Education & Nutrition	x	x	√	√	√	x	√
Exercise Physiology	x	x	x	√	√	x	x
Methods of teaching yoga	x	x	x	√	√	x	x
Remedial and Massage	x	x	√	√	√	x	x
Basis of Yoga Therapy	x	x	x	√	√	x	x
Fundamentals of Sports Training	x	x	x	√	√	x	√
Common Sports Injuries - Prevention and Cure	x	x	x	√	√	x	x

Department of Sanskrit

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Sanskrit Sahitya - 1	x	x	√	x	x	x	x
Vedic Siddhanta Parichaya - 1	x	x	√	x	x	x	x
Aangal Bhasha (English) - 1	x	x	√	x	x	√	√

Department Of Philosophy

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Darshan	..	x	√	√	√	x	x
Sankhya Darshan	x	x	√	x	x	x	x
English	x	x	x	x	x	√	√
Samkhyakarika	x	x	√	x	x	x	x
Nyaya Darshan	x	x	√	x	x	x	x
Vaisheshik Darshan	x	x	√	x	x	x	x
Vedanta Darshan	x	x	√	x	x	x	x



Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	x	x	√	x	x	x
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Department Of Psychology

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Psychology	x	x	√	√	√	x	x
Statistical Techniques and Experimental Designs	x	x	x	√	√	x	√
Social Psychology	x	x	√	√	√	x	√
Biological Foundation of Behavior	x	x	x	√	√	x	x
Research Methods	x	x	x	√	√	x	x
Positive Psychology	x	x	√	√	√	x	x
Cognitive Psychology	x	x	√	√	√	x	x
Personality Psychology	x	x	x	√	√	x	x
Health Psychology	x	x	√	√	√	x	x
Psychopathology	x	x	x	√	√	x	√
Clinical Psychology	x	x	√	√	√	x	√
Psychometry	x	x	√	√	√	x	x
Psychological Testing	x	x	x	√	√	x	√
Guidance and Counselling	x	x	√	√	√	x	x
Therapeutic Techniques	x	x	√	√	√	x	√

Department of Tourism

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Tourism of Uttarakhand	x	√	x	x	x	x	x



Yoga Health & Tourism	X	X	√	√	√	√	X	X
Computer Application in Tourism	X	X	X	X	X	X	√	√
Culture Heritage and Tourism	X	√	X	X	X	X	X	X
Major Destinations of World	X	√	X	X	X	X	X	X
Tour Packing Management	X	X	X	X	X	X	√	X
Tourism Marketing	X	X	X	X	X	X	X	√
On The Job Training	X	X	X	X	X	X	X	√

Department of English

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
American Literature Part 1	X	X	√	X	X	X	X
Women Writing Part 1	√	X	X	X	X	X	X



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*x- not Integrating cross cutting issues

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2019-20

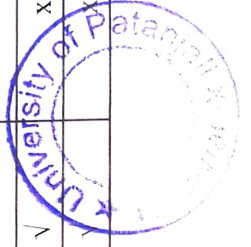
Department of Yoga Science									
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics		
Foundation of Yoga	x	x	x	√	√	x	√		√
Introduction to Hatha Yoga and its texts	x	√	x	x	√	x	√		√
Human Biology - 1	√	x	x	√	√	x	√		√
Essence of Principle Upanishads	x	x	√	x	x	x	√		√
Patanjala Yoga Darshan	√	x	√	x	√	x	√		√
Human Biology - 2	x	√	√	√	√	√	√		√
Environmental Studies	x	√	x	√	√	√	x		x
Essence of Bhagvad Gita for Personality Development	x	x	√	√	x	x	√		√
Yoga and Holistic Health	x	x	√	√	√	x	x		x
Methods of teaching yoga	x	x	√	√	x	x	√		√
Spoken Sanskrit	x	x	√	x	x	x	√		√
Basis of Yoga Therapy	x	x	√	√	√	x	x		x
Fundamentals of Biochemistry	x	x	x	√	√	√	√		√
Basis of Indian Culture	√	√	√	x	x	√	√		√
Yoga and Human Consciousness	x	x	√	√	x	√	√		√



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Introduction to Upanishads	X	X	✓	X	✓	X	X	X	X	X
Clinical Psychology- 2	X	X	X	✓	X	✓	X	✓	X	X
Psychology of Personality	X	X	✓	X	✓	X	✓	X	X	✓
Indian Ethics - 2	X	X	✓	X	✓	X	✓	X	X	X
Yoga Therapy	X	X	X	✓	X	✓	X	✓	X	X
Principles of Naturopathy	X	X	✓	X	✓	X	✓	X	X	X
Principles and Application of Counselling	X	X	✓	X	✓	X	✓	X	X	✓
Business Communication	X	X	X	X	X	X	X	X	X	✓
Shrimadbhagvadgita and Shankhyakarika	X	✓	✓	✓	✓	✓	✓	✓	X	X
Yoga Psychology	X	X	✓	X	✓	X	✓	X	X	✓
Methods of teaching Yoga and Value Education	✓	X	X	X	X	X	X	X	X	X
Biomechanics and Kinesiology	X	✓	✓	X	✓	X	✓	X	X	✓
Research and Statistical Methods	X	X	X	X	X	X	X	X	X	✓
Disease specific Pathology	X	✓	✓	✓	✓	✓	✓	✓	X	X
Complimentary and Alteranative Therapy (CAT)	X	X	✓	✓	✓	✓	✓	✓	X	X
Hospitality Management	X	X	X	X	X	X	X	X	X	✓
Ayurvediya Siddhant, Sharir Rachana Evam Kriya ka Naidanik Mahattva	X	X	✓	✓	✓	✓	✓	✓	X	X
Roga Nidan Evam Panchakarma Chikitsa Siddhant	X	X	X	✓	✓	✓	✓	✓	X	X
Snehan Swedan Karma	X	X	X	✓	✓	✓	✓	✓	X	X
Vaman Virechan Karma	X	X	X	✓	✓	✓	✓	✓	X	X



Vasti Karma	x	x	x	√	√	x	x
Nasya Karma	x	x	x	√	√	x	x
Rakt Mokshan/Agni Karma	x	x	x	√	√	x	x
Yoga and Naturopathy	x	x	√	√	√	x	x

Department of Physical Education and Sports

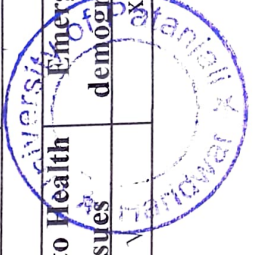
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Human Anatomy and Physiology	x	x	√	√	√	x	√
Yoga and Holistic Health	x	x	x	√	√	x	√
Health Education & Nutrition	x	x	√	√	√	x	√
Exercise Physiology	x	x	x	√	√	x	x
Methods of teaching yoga	x	x	x	√	√	x	x
Remedial and Massage	x	x	√	√	√	x	x
Basis of Yoga Therapy	x	x	x	√	√	x	x
Fundamentals of Sports Training	x	x	x	√	√	x	√
Common Sports Injuries - Prevention and Cure	x	x	x	√	√	x	x

Department of Sanskrit

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Sanskrit Sahitya - 1	x	x	√	x	x	x	x
Vedic Siddhanta Parichaya - 1	x	x	√	x	x	x	x
Aangal Bhasha (English) - 1	x	x	√	x	x	√	√

Department Of Philosophy

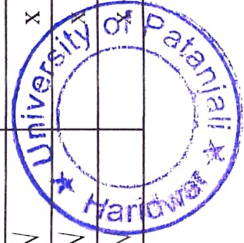
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Darshan	..	x	√	√	√	x	x



Sankhya Darshan	X	X	✓	X	X	X	X	X	X
English	X	X	X	X	X	✓	X	✓	✓
Samkhyakarika	X	X	✓	X	X	X	X	X	X
Nyaya Darshan	X	X	✓	X	X	X	X	X	X
Vaisheshik Darshan	X	X	✓	X	X	X	X	X	X
Vedanta Darshan	X	X	✓	X	X	X	X	X	X
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	X	X	✓	X	X	X	X	X	X

Department Of Psychology

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Psychology	X	X	✓	✓	✓	X	X
Statistical Techniques and Experimental Designs	X	X	X	✓	✓	X	✓
Social Psychology	X	X	✓	✓	✓	X	✓
Biological Foundation of Behavior	X	X	X	✓	✓	X	X
Research Methods	X	X	X	✓	✓	X	X
Positive Psychology	X	X	✓	✓	✓	X	X
Cognitive Psychology	X	X	✓	✓	✓	X	X
Personality Psychology	X	X	X	✓	✓	X	X
Health Psychology	X	X	✓	✓	✓	X	X
Psychopathology	X	X	X	✓	✓	X	✓
Clinical Psychology	X	X	✓	✓	✓	X	✓
Psychometry	X	X	✓	✓	✓	X	X
Psychological Testing	X	X	X	✓	✓	X	✓
Guidance and Counselling	X	X	✓	✓	✓	X	X
Theraupeutic Techniques	X	X	✓	✓	✓	X	✓

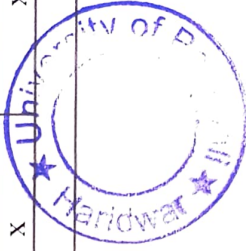


Department of Tourism							
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Tourism of Uttarakhand	x	√	x	x	x	√	x
Yoga Health & Tourism	x	x	√	√	√	x	x
Computer Application in Tourism	x	x	x	x	x	√	√
Culture Heritage and Tourism	x	√	x	x	x	x	x
Major Destinations of World	x	√	x	x	x	x	x
Tour Packing Management	x	x	x	x	x	√	x
Tourism Marketing	x	x	x	x	x	x	√
On The Job Training	x	x	x	x	x	x	√

Department of English							
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
American Literature Part I	x	x	√	x	x	x	x
Women Writing Part I	√	x	x	x	x	x	x

*√- Integrating cross cutting issues

*x- not Integrating cross cutting issues



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Enclosure 1.4.1 a

Institution integrates crosscutting issues relevant to Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics etc., in the curricula

2020-21

Department of Yoga Science

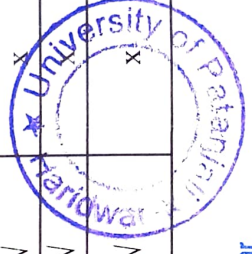
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Introduction of Yoga	x	x	√	√	√	x	x
Introduction to Hatha Yoga	x	x	x	√	√	x	x
Basic Psychological Process 1	x	x	x	x	√	x	x
Social Psychology-1	x	x	x	x	√	x	x
Sahitya and Dharamshastra	x	x	√	x	x	√	x
Indian Philosophy and Culture	x	x	√	x	x	√	x
Introduction of Shrimadbhagvad Gita	x	x	x	x	√	x	x
Introduction to Ayurveda	x	x	x	x	√	x	x
Psychological Statistics	x	x	x	x	x	√	√
Tourism policy and Planning	x	√	x	x	x	x	x
Introduction to Ayurveda and Swasthvirita	x	x	x	√	√	x	x
Hospitality Management	x	x	x	x	x	√	√
Destination Interpretation - India	x	√	x	x	x	x	x
Patanjala Yog Sutras	x	x	√	x	x	x	x
Upanishad Parichay	x	x	x	x	x	x	x
Psychology of Personality	x	x	√	√	√	x	√
Yoga Therapy	x	x	x	√	√	x	x
Introduction of Naturopathy and Alternative Therapy	x	x	x	√	√	x	x

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Clinical Psychology- 2	X	X	X	√	√	√	X	X	X	X
Principles and Application of Counselling	X	X	X	√	√	√	X	X	X	√
Business Communication	X	X	X	X	X	X	X	X	X	√
Foundation of Yoga	X	X	X	√	√	√	X	X	X	X
Introduction to AYUSH	X	X	X	√	√	√	X	X	X	X
Health and Yogic Hygiene	X	X	X	√	√	√	√	√	√	X
Essence of Bhagvad Geeta for Holistic Living	X	X	X	√	√	√	√	√	√	X
Introduction to Holistic Health	X	X	X	√	√	√	X	X	X	X
Applied Yoga	X	X	X	√	√	√	X	X	X	X
Environmental Studies	X	√	X	√	X	X	X	X	X	X
Yoga Psychology	X	X	X	√	√	√	X	X	X	X
Essence of Principle Upanishads	X	X	X	√	√	√	√	√	√	X
Methods of teaching yoga	X	X	X	X	X	X	X	√	√	X
Fundamentals of Biochemistry/Biomechanics	X	X	X	X	X	X	X	√	√	X
Yoga Diet and Nutrition	X	X	X	√	√	√	X	X	X	X
Vedic Philosophy and Culture	X	X	X	X	X	X	√	X	X	X
Complimentary and Alteranative Therapy (CAT)	X	X	X	√	√	√	X	X	X	X
Disease specific Yoga Therapy Modules	X	X	X	√	√	√	X	X	X	X
Yoga and Human Values	X	X	X	X	√	√	X	X	X	X
Yoga Therapy 2	X	X	X	√	√	√	X	X	X	X
Research Methodology and Statistics	X	X	X	X	X	X	X	√	√	X
Introduction to Naturopathy	X	X	X	√	√	√	X	X	X	X
Introduction to Ayurveda	X	X	X	√	√	√	X	X	X	X
Pharmacotherapeutical Science	X	X	X	√	√	√	√	√	√	X
Diet and Nutrition	X	X	X	√	√	√	√	√	√	X
Yoga and Nature care	X	X	X	√	√	√	√	√	√	X



Clinical Psychology- 2	x	x	x	x	x	√	√	x	x	x
Principles and Application of Counselling	x	x	x	x	x	√	√	x	x	√
Business Communication	x	x	x	x	x	x	x	x	x	√
Foundation of Yoga	x	x	x	x	x	√	√	x	x	x
Introduction to AYUSH	x	x	x	x	x	√	√	x	x	x
Health and Yogic Hygiene	x	x	x	x	√	√	√	x	x	x
Essence of Bhagvad Geeta for Holistic Living	x	x	x	x	√	√	√	x	x	x
Introduction to Holistic Health	x	x	x	x	x	√	√	x	x	x
Applied Yoga	x	x	x	x	x	√	√	x	x	x
Environmental Studies	x	√	x	x	x	√	x	x	x	x
Yoga Psychology	x	x	x	x	x	√	√	x	x	x
Essence of Principle Upanishads	x	x	x	x	√	√	√	x	x	x
Methods of teaching yoga	x	x	x	x	x	x	x	√	√	x
Fundamentals of Biochemistry/Biomechanics	x	x	x	x	x	x	x	√	√	x
Yoga Diet and Nutrition	x	x	x	x	x	√	√	x	x	x
Vedic Philosophy and Culture	x	x	x	x	√	x	x	x	x	x
Complimentary and Alteranative Therapy (CAT)	x	x	x	x	x	√	√	x	x	x
Disease specific Yoga Therapy Modules	x	x	x	x	x	√	√	x	x	x
Yoga and Human Values	x	x	x	x	√	x	√	x	x	x
Yoga Therapy 2	x	x	x	x	x	√	√	x	x	x
Research Methodology and Statistics	x	x	x	x	x	x	x	√	√	x
Introduction to Naturopathy	x	x	x	x	x	√	√	x	x	x
Introduction to Ayurveda	x	x	x	x	x	√	√	√	√	x
Pharmacotherapeutical Science	x	x	x	x	x	√	√	√	√	x
Diet and Nutrition	x	x	x	x	x	√	√	√	√	x
Yoga and Nature care	x	x	x	x	x	√	√	√	√	x



Important Medicinal Herbs	X	X	X	✓	✓	X	X	X	✓	✓	X	X	X
Basics of Healthy Living	X	X	X	✓	✓	X	X	X	✓	✓	X	X	X
Insights into Indian Philosophy	X	X	X	✓	X	✓	X	X	✓	X	X	X	X
Yoga and Strategic Management	X	X	X	✓	X	X	X	X	✓	X	X	X	X
Biomechanics and Kinesiology	X	X	X	✓	X	X	X	X	✓	X	✓	X	X
Physiological effect of Yoga Practices	X	X	X	✓	X	X	X	X	✓	X	X	X	X
Contemporary Yoga Technique for self-management	X	X	X	✓	X	✓	X	X	✓	X	X	X	X
Evidence based Yoga Therapy 1	X	X	X	✓	X	X	X	X	✓	X	X	X	X
Disease specific pathology	X	X	X	✓	X	X	X	X	✓	X	X	X	X
Psychometry	X	X	X	✓	X	X	X	X	✓	X	X	X	✓
Guidance and Counselling psychology	X	X	X	✓	X	X	X	X	✓	X	✓	X	✓
Therapeutic Techniques	X	X	X	✓	X	X	X	X	✓	X	X	X	X
Department of Physical Education and Sports													
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics						
Human Anatomy and Physiology	X	X	✓	✓	✓	X	✓						
Yoga and Holistic Health	X	X	X	✓	✓	X	✓						
Health Education & Nutrition	X	X	✓	✓	✓	X	✓						
Exercise Physiology	X	X	X	✓	✓	X	✓						
Methods of teaching yoga	X	X	X	✓	✓	X	✓						
Remedial and Massage	X	X	✓	✓	✓	X	✓						
Basis of Yoga Therapy	X	X	X	✓	✓	X	✓						
Fundamentals of Sports Training	X	X	X	✓	✓	X	✓						
Common Sports Injuries - Prevention and Cure	X	X	X	✓	✓	X	✓						

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Department of Sanskrit

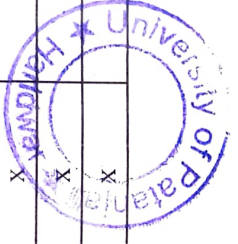
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Sanskrit Sahitya - 1	X	X	✓	X	X	X	X
Vedic Siddhanta Parichaya - 1	X	X	✓	X	X	X	X
Angal Bhasha (English) - 1	X	X	✓	X	X	✓	✓

Department Of Philosophy

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Darshan	..	X	✓	✓	✓	X	X
Sankhya Darshan	X	X	✓	X	X	X	X
English	X	X	X	X	X	✓	✓
Samkhyakarika	X	X	✓	X	X	X	X
Nyaya Darshan	X	X	✓	X	X	X	X
Vaisheshik Darshan	X	X	✓	X	X	X	X
Vedanta Darshan	X	X	✓	X	X	X	X
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)	X	X	✓	X	X	X	X

Department Of Psychology

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Psychology	X	X	✓	✓	✓	X	X
Statistical Techniques and Experimental Designs	X	X	X	✓	✓	X	✓
Social Psychology	X	X	✓	✓	✓	X	✓
Biological Foundation of Behavior	X	X	X	✓	✓	X	X
Research Methods	X	X	X	✓	✓	X	X
Positive Psychology	X	X	✓	✓	✓	X	X
Cognitive Psychology	X	X	✓	✓	✓	X	X



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Personality Psychology	x	x	x	√	x	√	√	x	x
Health Psychology	x	x	√	√	√	√	√	x	x
Psychopathology	x	x	x	√	x	√	√	x	√
Clinical Psychology	x	x	x	√	√	√	√	x	√
Psychometry	x	x	√	√	√	√	√	x	x
Psychological Testing	x	x	x	√	x	√	√	x	√
Guidance and Counselling	x	x	√	√	√	√	√	x	x
Therapeutic Techniques	x	x	√	√	√	√	√	x	√

Department of Tourism

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Tourism of Utrarakhand	x	√	x	x	x	√	x
Yoga Health & Tourism	x	x	√	√	√	x	x
Computer Application in Tourism	x	x	x	x	x	√	√
Culture Heritage and Tourism	x	√	x	x	x	x	x
Major Destinations of World	x	√	x	x	x	x	x
Tour Packing Management	x	x	x	x	x	√	x
Tourism Marketing	x	x	x	x	x	x	√
On The Job Training	x	x	x	x	x	x	√

Department of English

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
American Literature Part 1	x	x	√	x	x	x	x
Women Writing Part 1	√	x	x	x	x	x	x

Department of Allied and Applied Science

Fundamentals of Yoga and Ayurveda	x	x	x	√	√	x	x
Human values and ethics	x	x	√	x	x	x	x
Biodiversity	x	√	x	x	x	√	√
Ecology	x	√	x	x	x	x	x
Medicinal Botany	x	√	x	x	x	x	x



Wildlife Conservation	X	√	X	X	X	X	X	X	X
Consevation of Herbs	X	√	X	X	X	X	√	√	X
Drug, Discovery and Development	X	√	X	√	√	√	√	X	√
Public Health and Management	X	X	X	√	√	√	√	X	X
Organic Farming Techniques	X	√	X	√	√	√	√	X	X
Food Processing Technologies	X	√	X	√	√	√	√	X	X

*√- Integrating cross cutting issues

*X- not Integrating cross cutting issues.



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Enclosure 1.4.1 a

Institution integrates crosscutting issues relevant to Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics etc., in the curricula

2021-22

Department of Yoga Science

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Introduction of Yoga	X	X	√	√	√	X	X
Introduction to Hatha Yoga	X	X	X	√	√	X	X
Basic Psychological Process 1	X	X	X	X	√	X	X
Social Psychology-1	X	X	X	X	√	X	X
Sahitya and Dharamshastra	X	X	√	X	X	√	X
Indian Philosophy and Culture	X	X	√	X	X	√	X
Introduction of Shrimadbhagvad Gita	X	X	X	X	√	X	X
Introduction to Ayurveda	X	X	X	X	√	X	X
Psychological Statistics	X	X	X	X	√	X	X
Tourism policy and Planning	X	√	X	X	X	√	√
Introduction to Ayurveda and Swasthviritta	X	X	X	√	√	X	X
Hospitality Management	X	X	X	X	X	√	√
Destination Interpretation - India	X	√	X	X	X	X	X
Patanjala Yog Sutras	X	X	√	X	X	X	X
Upanishad Parichay	X	X	X	X	X	X	X
Psychology of Personality	X	X	√	√	√	X	√
Yoga Therapy	X	X	√	√	√	X	X

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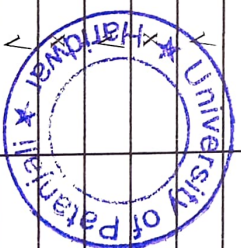
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Introduction of Naturopathy and Alternative Therapy	X	X	X	X	✓	✓	X	X
Clinical Psychology- 2	X	X	X	X	✓	✓	X	X
Principles and Application of Counselling	X	X	X	X	✓	✓	X	✓
Business Communication	X	X	X	X	X	X	X	✓
Foundation of Yoga	X	X	X	X	✓	✓	X	X
Introduction to AYUSH	X	X	X	X	✓	✓	X	X
Health and Yogic Hygiene	X	X	✓	✓	✓	✓	X	X
Essence of Bhagavad Geeta for Holistic Living	X	X	✓	✓	✓	✓	X	X
Introduction to Holistic Health	X	X	X	X	✓	✓	X	X
Applied Yoga	X	X	X	X	✓	✓	X	X
Environmental Studies	X	✓	X	X	✓	✓	X	X
Yoga Psychology	X	X	X	X	✓	✓	X	X
Essence of Principle Upanishads	X	X	X	✓	✓	✓	X	X
Methods of teaching yoga	X	X	X	X	X	X	✓	X
Fundamentals of Biochemistry/Biomechanics	X	X	X	X	X	X	✓	X
Yoga Diet and Nutrition	X	X	X	X	✓	✓	X	X
Vedic Philosophy and Culture	X	X	✓	✓	X	X	X	X
Complimentary and Altranative Therapy (CAT)	X	X	X	X	✓	✓	X	X
Disease specific Yoga Therapy Modules	X	X	X	X	✓	✓	X	X
Yoga and Human Values	X	X	✓	✓	✓	✓	X	X
Yoga Therapy 2	X	X	X	X	✓	✓	X	X
Research Methodology and Statistics	X	X	X	X	✓	✓	✓	X
Introduction to Naturopathy	X	X	X	X	✓	✓	X	X



Introduction to Ayurveda	x	x	x	x	√	√	x	x	x
Pharmacotherapeutical Science	x	x	x	x	√	√	√	√	x
Diet and Nutrition	x	x	x	x	√	√	√	√	x
Yoga and Nature care	x	x	x	x	√	√	√	√	x
Important Medicinal Herbs	x	x	x	x	√	√	√	√	x
Basics of Healthy Living	x	x	x	x	√	√	√	√	x
Insights into Indian Philosophy	x	x	x	√	x	x	x	x	x
Yoga and Strategic Management	x	x	x	x	√	√	√	√	x
Biomechanics and Kinesiology	x	x	x	x	x	x	√	√	x
Physiological effect of Yoga Practices	x	x	x	x	√	√	√	√	x
Contemporary Yoga Technique for self-management	x	x	x	√	√	√	√	√	x
Evidence based Yoga Therapy 1	x	x	x	x	√	√	√	√	x
Disease specific pathology	x	x	x	x	√	√	√	√	x
Psychometry	x	x	x	x	x	x	x	x	√
Guidance and Counselling psychology	x	x	x	x	√	√	√	√	√
Therapeutic Techniques	x	x	x	x	√	√	√	√	x
Department of Physical Education and Sports									
Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics		
Human Anatomy and Physiology	x	x	√	√	√	x	√		√
Yoga and Holistic Health	x	x	x	√	√	x	√		√
Health Education & Nutrition	x	x	√	√	√	x	√		√
Exercise Physiology	x	x	x	√	√	x	√		x
Methods of teaching yoga	x	x	x	√	√	x	√		x
Remedial and Massage	x	x	√	√	√	x	√		x
Basis of Yoga Therapy	x	x	x	√	√	x	√		x



Fundamentals of Sports Training	x	x	x	√	√	x	√	x	√
Common Sports Injuries - Prevention and Cure	x	x	x	√	√	x	√	x	x

Department of Sanskrit

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Sanskrit Sahitya - 1	x	x	√	x	x	x	x
Vedic Siddhanta Parichaya - 1	x	x	√	x	x	x	x
Angal Bhasha (English) - 1	x	x	√	x	x	√	√

Department Of Philosophy

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Darshan	..	x	√	√	√	x	x
Sankhya Darshan	x	x	√	x	x	x	x
English	x	x	x	x	x	√	√
Samkhyakarika	x	x	√	x	x	x	x
Nyaya Darshan	x	x	√	x	x	x	x
Vaisheshik Darshan	x	x	√	x	x	x	x
Vedanta Darshan	x	x	√	x	x	x	x
Anarsh Darshan (Charvaka, Both and Jain Darshan)	x	x	√	x	x	x	x

Department Of Psychology

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Yoga Psychology	x	x	√	√	√	x	x
Statistical Techniques and Experimental Designs	x	x	x	√	√	x	√
Social Psychology	x	x	√	√	√	x	√
Biological Foundation of Behavior	x	x	x	√	√	x	x



Research Methods	x	x	x	✓	✓	x	x	✓	✓	x	x	x
Positive Psychology	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Cognitive Psychology	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Personality Psychology	x	x	x	✓	✓	x	x	✓	✓	x	x	x
Health Psychology	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Psychoopathology	x	x	x	✓	✓	x	x	✓	✓	x	x	✓
Clinical Psychology	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Psychometry	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Psychological Testing	x	x	x	✓	✓	x	x	✓	✓	x	x	✓
Guidance and Counselling	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Therapeutic Techniques	x	x	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Department of Tourism

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
Tourism of Uttarakhand	x	✓	x	x	x	✓	x
Yoga Health & Tourism	x	x	✓	✓	✓	x	x
Computer Application in Tourism	x	x	x	x	x	✓	✓
Culture Heritage and Tourism	x	✓	x	x	x	x	x
Major Destinations of World	x	✓	x	x	x	x	x
Tour Packing Management	x	x	x	x	x	✓	x
Tourism Marketing	x	x	x	x	x	x	✓
On The Job Training	x	x	x	x	x	x	✓

Department of English

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics
American Literature Part 1	x	x	✓	x	x	x	x
Women Writing Part 1	✓	x	x	x	x	x	x

Department of Allied and Applied Sciences

Core Course	Gender	Environment & Sustainability	Human Values	Health Determinants	Right to Health Issues	Emerging demographic	Professional Ethics

Fundamentals of Yoga and Ayurveda	X	X	X	✓	X	✓	X	X
Human values and ethics	X	X	✓	X	X	X	X	X
Biodiversity	X	✓	X	X	X	X	✓	X
Ecology	X	✓	X	X	X	X	X	X
Medicinal Botany	X	✓	X	X	X	X	X	X
Wildlife Conservation	X	✓	X	X	X	X	X	X
Consevation of Herbs	X	✓	X	X	X	X	✓	X
Drug, Discovery and Development	X	✓	X	✓	X	✓	X	✓
Public Health and Management	X	X	X	✓	X	✓	X	X
Organic Farming Techniques	X	✓	X	✓	X	✓	X	X
Food Processing Technologies	X	✓	X	✓	X	✓	X	X

Department of Naturoapthy and Yogic Science

Core Course	Gender	Department of Naturoapthy and Yogic Science					Right to Health Issues	Emerging demographic	Professional Ethics
		Environment & Sustainability	Human Values	Health Determinants	Health	Health			
Community Medicine	X	X	X	✓	X	✓	X	X	
Basic Pharmacology	X	X	X	X	X	X	✓	X	
Color Therapy and Magneto Biology	X	X	X	✓	✓	✓	X	X	
Forensic medicine and toxicology	X	X	X	✓	✓	✓	✓	X	
Accupuncture and accupressure	X	X	X	✓	✓	✓	X	X	
Diagnostic methods	X	X	X	✓	✓	✓	X	X	
Hydrotherapy and mud therapy	X	X	X	✓	✓	✓	X	X	
Physical medicine and rehabilitation	X	X	X	✓	✓	✓	X	X	
First aid & emergency medicine	X	X	X	✓	✓	✓	X	X	
Manipulative therapies	X	X	X	✓	✓	✓	X	X	

*✓- Integrating cross cutting issues

*X- not Integrating cross cutting issues



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DEAN

(ACADEMICS & RESEARCH)
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