

Counselling Cell



Counselling Cell (Third floor, Oriental Block)



University of Patanjali
Data regarding Counselling /mentorship

Case. No	Name of the student	Enrolment No	Course	Identified Problem	Advice
1	Divya Srivastava	10184224	B.A (with yoga Science)	After intake interview it was found that the student was suffering from academic problem.	She was advised to apply whole method of learning for easy concepts and part method for complex concepts.
2	Aditi Sharda	207670	B.A (with yoga Science)	It was found during counselling session that she had stage phobia.	She was advised to take part in class presentation twice a week to gain or built confidence.
3	Poonam Sharma	207586	M.A, Psychology with specialization in clinical Psychology	It was observed that the student had forgetting problem.	She was advised to apply chunk method, recall method for retaining information.
4	Princy Tyagi	41 219600	B.A (with yoga Science)	During the Counselling session, it was observed that the student was not able to focus on self study.	She was advised to follow the proper time table, to avoid excess use of social media.
5	Supriya Kumari	219499	B.A (with yoga Science)	After intake interview it was assessed that the student was suffering from social phobia.	She was advised to take part in cultural activities and social interactions.



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	DIVYA SRIVASTAVA
Age	20 years
Class	BA (Yoga Science)
Enrollment No	10 18 4224
Gender	FEMALE
SES	MIDDLE CLASS

Please note:

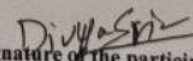
1. None of the assessment procedures have been shown to be harmful to health.
2. All information obtained during the study will be kept confidential.
3. You can withdraw from the counselling session at any point of time unconditionally.

Acknowledgement

I have reviewed this informed Consent Agreement. I accept this agreement and consent to counselling.

Date: 9-11-2021....

Place: University of Patanjali


Signature of the participant



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	Aditi Sharda
Age	21
Class	BA-3 rd Yoga Science
Enrollment No	207670
Gender	F
SES	Middle Class

Please note:

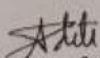
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Place: University of Patanjali


Signature of the participant



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	POONAM SHARMA
Age	22 years
Class	M.A Psychology with clinical specialisation
Enrollment No	207586
Gender	FEMALE
SES	UPPER MIDDLE

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Date: ...9-11-2021...

Place: ...Patanjali University

Signature of the participant



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	PRINCY TYAGI
Age	20 YEARS
Class	B.A. (HONOR SCIENCE)
Enrollment No	47219600
Gender	FEMALE
SES	UPPER MIDDLE CLASS.

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Acknowledgement

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Date: 09/11/2021

Place: VOP

PRINCY
Signature of the participant



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	SUPRIYA KUMARI
Age	20 years
Class	B.A. (YOGA SCIENCE)
Enrollment No	229499
Gender	FEMALE
SES	Middle class

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Acknowledgement

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Date: 9-11-2021

Place: University of
Patanjali

Supriya
Signature of the participant



Clinical assessment of the student (client) by the counsellor



Counselling training of the students during counselling session



University of Patanjali
Data regarding Counselling /mentorship 2021-2022

Case. No	Name of the student	Enrolment No	Course	Identified Problem	Advice
1	Bhupendra Singh	207633	B.A (with yoga Science)	After intake interview it was found that the student has negligent attitude towards self care.	The student was advised to take care of his self so that he could contribute in the development of the society.
2	Divya Chauhan	207667	B.A (with yoga Science)	It was found during counselling session that she had poor self esteem.	She was advised to take part in class presentation twice a week to gain or built confidence.
3	Dhruv Dubey	219549	B.A (with yoga Science)	It was observed that the student had poor retention.	She was advised to apply chunk method, recall method and rest method for retaining information.



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	BHUPENDRA SINGH
Age	20
Class	B.A WITH YOGA SCIENCE
Enrollment No	207632
Gender	MALE
SES	FARMING

Please note:

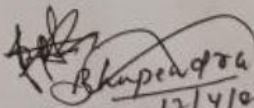
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Acknowledgement

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Date: 13-04-2022

Place: U.O.P


Signature of the participant
12/4/2022



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	DIVYA CHAUHAN
Age	20 years
Class	BA (with Yoga Science)
Enrollment No	201667
Gender	Female
SES	Higher class

Please note:

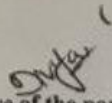
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Date: 12-04-2022

Place: Patanjali University


Signature of the participant



INFORMED CONSENT FORM

Demographic Data of the student/Client

Name	DHRUV DUBEY
Age	19 years
Class	BA WITH YOGIA SCIENCE
Enrollment No	219549
Gender	MALE
SES	BRAHMAN, Upper Middle

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Acknowledgement

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Date: 12-04-2022

Place: University of Patanjali

Dhruv Dubey
Signature of the participant



Counselling training of students



Counselling Session for the Bio Science Students



Counselling Session for the Bio Science Students







