

| 3.4 Ra List of the publications during the last five years |  |   |  |                     |                            |                |         |         |   |  |
|--|--|---|--|---------------------|----------------------------|----------------|---------|---------|---|--|
| S.No   | Title of paper   | Name of the author/s  | Name of Journal  | Year of publication | No. of Citations till date |                |         |         | Institutional affiliation as mentioned in the publication   | Number of citations excluding self-citations |
|  |  |   |  |                     | SCOPUS                     | WEB of Science | Medline | Pub Med |   |  |
| 1  | First Report of <i>Trichoderma harzianum</i> as an effective bio-control agent against Leaf Spot Disease of a Wonder Plant (Seabuckthorn) in Uttarakhand   | Dr. Nivedita Sharma   | International Journal of Emerging Technologies and Innovative Research | 2022                | 0                          | 0              | 0       | 0       | Department of Allied & Applied Science, University of Patanjali, Uttarakhand, India                     | 1  |
| 2  | Pharmacological properties of Indian hemp <i>Cannabis sativa</i>   | Nivedita Sharma, Kushagra Paval, Manish Mahato and Aadesh Mishra            | Indian Farmer  | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 3  | Homa Organic Farming: A Sustainable Approach in Agricultural Science   | Dr. Nivedita Sharma   | Just Agriculture   | 2022                | 0                          | 0              | 0       | 0       | Department of Allied & Applied Science, University of Patanjali, Uttarakhand, India                     | 1  |
| 4  | Kinetics of Kapalbhati: A mathematical interpretation of force, pressure, centre of gravity and centre of mass   | Sonu Kumar, Shivani Gupta, Sandeep Singh & Nidheesh Yadav                   | International Journal of Scientific Engineering and Research           | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 5  | Yoga and Attention: A systematic review  | Kanchan Yadav, Arti Yadav & Sandeep Singh                                   | Yoga Minansa   | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 6  | Impact of Nadi Shodhan Pranayama and Pranakarshan Pranayama on Alpha-EEG among college going students  | Aychal Verma & Sandeep Singh  | Indian Journal of Positive Psychology                                  | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 7  | Yoga and COVID-19 Pandemic: A review   | Pankaj patidar & Sandeep Singh  | International Journal of Yoga and Allied Sciences                      | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 8  | Management of Hypothyroidism through Yoga Intervention: A Study of Yogic Approaches  | Pooja Rani and Sandeep Singh  | International Research Journal of Ayurveda & Yoga                      | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 9  | Development of an integrated yoga module for sportsperson (cricketers) through research reviews  | Sonali Verma, Sukana Saini & Sandeep Singh                                  | International Journal of Physical Education Sports and Health          | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 10   | Role of Yoga practices on cognitive functions: A Review  | Arti Yadav, Sadhana Verma, Monika Panwar, Nidheesh Kumar Yadav              | International Journal of Health Sciences (IJHS)                        | 2022                | 0                          | 0              | 0       | 0       | University of Patanjali, Haridwar, Uttarakhand  | 1  |
| 11   | A Comprehensive Insight into the Phytochemical, Pharmacological Potential, and Traditional Medicinal Uses of <i>Albizia lebbek</i> (L.) Benth  | Balkrishna A. Sakshi, Chauhan M., Dabas A. Arya V. Review                   | Evid Based Complement Alternat Med                                     | 2022                | 1                          | 1              | 0       | 1       | University of Patanjali, Haridwar, Uttarakhand  | 3  |
| 12   | Livigni Prevents Methionine-Cysteine Deficiency Induced Nonalcoholic Steatohepatitis by Modulation of Steatosis and Oxidative Stress in Human Hepatocyte-Derived Spheroid and in Primary Rat Hepatocytes | Balkrishna A. Gohel V. Kuman P. Manik M. Bhattacharya K. Dev R. Varshney A. | Bioengineered  | 2022                | 3                          | 1              | 0       | 0       | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 4  |
| 13   | Super-critical fluid extract of <i>Bryonia sp. laciniata</i> (Shivling) seeds restores fertility in zebrafish models through revival of cytological and anatomical features                              | Balkrishna A. Nani P. Joshi M, Kumar B. Varshney A.                         | J Ovarian Res  | 2022                | 0                          | 0              | 0       | 0       | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1  |
| 14   | Psychological Impacts of COVID-19 in Dental Patients are Moderated and Mediated by Hospital-Infection-Control-Policy and Satisfaction-with-Life: A Prospective Observational Dental-COVID Study          | Balkrishna A. Singh K. Oberoi G. Singh P. Raj P. Varshney A.                | Psychol Res Behav Manag  | 2022                |                            |                | 0       | 0       | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1  |



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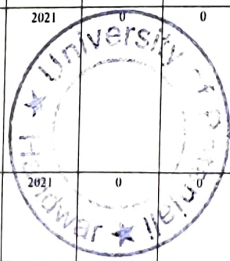
*V. K. Katiyar*  
**Dr. V.K. KATIYAR**  
 DEAN  
 (ACADEMICS & RESEARCH)  
 University of Patanjali, Haridwar

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|----|---|--|--|------|---|---|---|---|---|--|---|
| 15 | P300 Following Four Voluntarily Regulated Yoga Breathing Practices and Breath Awareness   | Kala N. Telles S. Sharma SK. Balkrishna A  | Clin EEG Neurosci  | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 16 | Germi-X herbal-based spray disinfects smartphone surfaces implication on fomite-mediated infection spread   | Balkrishna A. Singh K. Haldar S. Varshney A  | AMB Express  | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India  | 1 |
| 17 | Comprehensive Phytochemical Profiling of Polyherbal Divya Kayakalp-Oil and Their Combined Efficacy in Mouse Model of Atopic Dermatitis-Like Inflammation Through Regulation of Cytokines                        | Balkrishna A. Verma S. Sakat S. Joshi K. Solleti SK. Bhattacharya K. Varshney A  | Clin Cosmet Investig Dermatol                              | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India  | 1 |
| 18 | 28-day repeated dose toxicological evaluation of Coronil in Sprague Dawley rats. Behavioral, hematological, biochemical and histopathological assessments under GLP compliance                                  | Balkrishna A. Sinha S. Varshney A  | Drug Chem Toxicol  | 2022 | 2 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India  | 3 |
| 19 | Anu taila, an herbal nasal drop, suppresses mucormycosis by regulating host TNF- $\alpha$ response and fungal ergosterol biosynthesis   | Balkrishna A. Rastogi S. Kharayat B. Tomer M. Varshney Y. Singh K. Kuman P. Dev R. Srivastava J. Haldar S. Varshney A. | J Appl Microbiol   | 2022 | 0 | 1 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India  | 4 |
| 20 | Vishaghn Dhoop. Nano-Scale Particles with Detoxifying Medicinal Fume. Exhibits Robust Anti-Microbial Activities Implications of Disinfection Potentials of a Traditional Ayurvedic Air Sterilization Technique. | Balkrishna A. Yagadev S. Vipradev S. Singh K. Varshney Y. Rastogi S. Haldar S. Varshney A.                             | J Evid Based Integr Med                                    | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India. | 1 |
| 21 | Yoga instructors' reported benefits and disadvantages associated with functioning online. A convenience sampling survey   | Sharma SK, Telles S, Gandharva K, Balkrishna A.  | Complement Ther Clin Pract                                 | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 22 | Withanolides from Withania somnifera Ameliorate Neutrophil Infiltration in Endotoxin-Induced Peritonitis by Regulating Oxidative Stress and Inflammatory Cytokines  | Balkrishna A, Solleti SK, Singh H, Sharma N, Varshney A  | Planta Med   | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India. | 3 |
| 23 | Yoga and attention: A systematic review   | Arti Yadav, Kanchan Yadav, Sandeep Singh   | Yog Mimansa  | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 24 | Yoga for Cognitive Functions: A Systematic Review   | Arti Yadav, Kanchan Yadav  | Yoga and allied sciences                                   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 25 | Role of Yoga on Cognitive Functions: A Review   | Arti Yadav, Sadhana, Monika Panwar, Nidheesh Kumar   | International journal of health sciences                   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 26 | To understand yogic effects on reverse aging in terms of telomere length & telomerase activity: A narrative review  | Anuj Kumari, Noeraj, Dr. Arti Yadav, Dr. Ajay pal  | International journal of health sciences                   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 27 | Impact of Physical Activity on Nervous System, Neurogenesis and Brain Aging   | Anuj Kumari, Pradep Kumar, Dr. Arti Yadav, Prof. Dr. Pawan Kumar Maurya  | Journal for Reattach Therapy and Developmental Diversities | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 28 | Role of Yoga on Cognitive Functions: A Review   | Joint Author   | International journal of health sciences                   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 29 | Effect of Yajana on Total lung capacity & Biological Lung Age   | One of the two author / first and principal Corresponding Author   | Gurukul Shodh Patrika Gurukul Kangri University Haridwar   | 2022 | 0 | 0 | 0 | 0 | 0 | Patanjali Herbal Research Department, Patanjali Research Institute, Haridwar, India                      | 1 |
| 30 | Importance of Pranayama in boosting immunity in the present COVID-19 scenario   | Paran Gowda and Nishant  | JICR   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |
| 31 | Importance of Yoga In SARS-COVID-2 Variant  | Paran Gowda and Nishant  | Journal Of The Asiatic Society of Mumbai                   | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand   | 1 |



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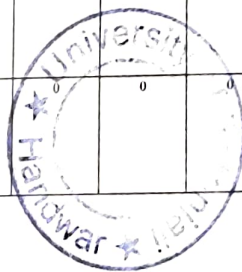
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|----|---|---|---|------|---|---|---|---|---|---|---|
| 32 | Modulation of psoriasis-like skin inflammation by traditional Indian medicine Divya-Kayakalp-Vati and Oil through attenuation of pro-inflammatory cytokines       | Acharya Balkrishna a b Sachin Sakat a. Kheemraj Joshi a. Rani Singh a Sudeep Verma a. Pardeep Nain a. Kunal Bhattacharya a. Anurag Varshney | Journal of Traditional and Complementary Medicine | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1 |
| 33 | Herbo-metallic ethnomedicine 'Malla Sindoor' ameliorates lung inflammation in murine model of allergic asthma by modulating cytokines status and oxidative stress | Acharya Balkrishna, Siva Kumar Solleti, Hoshiyar Singh, Rani Singh, Kunal Bhattacharya, Anurag Varshney                                     | Journal of Ethnopharmacology                      | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1 |
| 34 | Anti-oxidant profile of Divya-Peodantak-Vati abates paclitaxel-induced hyperalgesia and allodynia in CD-1 mice model of neuropathic pain                          | Acharya Balkrishna, Shadrak Karumuri, Sachin S Sakat, Swati Halder, Anurag Varshney   | Phytomedicine Plus                                | 2022 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1 |
| 35 | Anti-obesity activity of polyherbal formulation Divya-Medohar-Vati by inhibition of pancreatic lipase activity and triglyceride translocation through enterocytes | Acharya Balkrishna, Anamica Singh, Jagdeep Singh, Subama Pokhrel, Kunal Bhattacharya, Anurag Varshney                                       | Phytomedicine Plus                                | 2022 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 36 | Technological Interventions in the Physicochemical Analysis of Food Products: Validation of Nutraceutical Content   | a. Deepika Srivastava and   | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 37 | Unveiling Role of Agricultural Mechanization in Improving Production and Yield  | i. Vedpriya Arya, Nidhi   | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 38 | Chemical Fertilizers and Pesticides in Indian Agriculture: Effect on Human Health and Environment   | Pandey, Pankaj Kumar  | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 2 |
| 39 | Effect of Organic Farming on Input and Income in Eastern States of India  | Arya, Ashwani Kumar,  | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 40 | Current Status of Indian Agriculture: Problems, Challenges and Solution   | nisha Phour, Manisha  | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 6 |
| 41 | A Situational Analysis of Pradhan Mantri Kisan Sishu Yojna: A Boon for Farmers  | Jyoti Sharma, Muskan  | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 42 | Anti-venom Potential of Traditionally used Medicinal Plants of East Africa: A Perspective on the Phytotherapeutics  | ika, Preci Rapera, Anurag   | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 43 | Biofortified Seeds in the Amelioration of Hidden Hunger: Current Status and Challenges  | Mohini, Deepika Srivastava  | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 44 | Pradhan Mantri Kisan Samman Nidhi (PM-KISAN): A Golden Initiative by Indian Government  | ant Sharma, Nidhi Sharma,   | Forum – An International                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 45 | CLASSICAL SIGNIFICANCE AND VARIOUS ASPECTS OF BHOJANA (MEAL) AND BHĀJANA (UTENSIL) AS PER ĀYURVEDA-A CLASSICAL ANALYSIS   | A Balkrishna, A Gupta, RK Mishra, A Srivastava, B Joshi   | AYUSHDHARA  | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 46 | STUDY OF MEDICINAL PLANTS DESCRIBED IN DURGA SAPTSATI (AN HOLISTIC ANCIENT TREATISE)- A CRITICAL STUDY  | A Balkrishna, AK Chauhan, RK Mishra, A Srivastava, B Joshi  | AYUSHDHARA  | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 47 | In silico screening for investigating the potential activity of phytolignands against SARS-CoV-2  | A Balkrishna, P Thakur, S Singh, N Singh, A Tanwar, RK Sharma   | Journal of Life Sciences                          | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |



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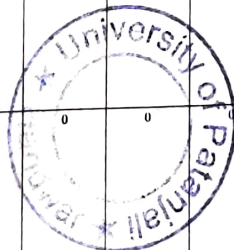


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|----|--|---|--|------|---|---|---|---|---|---|---|
| 48 | Effects of fatty acids in super critical fluid extracted fixed oil from <i>Withania somnifera</i> seeds on Gram-negative <i>Salmonella enterica</i> biofilms   | A Balkrishna, AK Gupta, K Singh, S Haldar, A Varshney   | Phytomedicine Plus                               | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1 |
| 49 | Medicinal plants of Sejosa circle, Pakke-Kessang district, Arunachal Pradesh, India  | A Balkrishna, B Joshi, A Srivastava, R Shankar, RK Vashistha, A Kumar, RK Mishra                          | Indian Journal of Natural Products and Resources | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 8 |
| 50 | Livignin ameliorates acetaldehyde-induced steatosis in HepG2 cells through modulation of lipogenesis and $\beta$ -oxidation pathways   | A Balkrishna, V Gohel, R Singh, K Bhattacharya, A Varshney  | Phytomedicine Plus                               | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 6 |
| 51 | Development and validation of a rapid high-performance thin-layer chromatographic method for quantification of gallic acid, cinnamic acid, piperine, eugenol and glycyrrhizin in <i>Divya Swasan-Vati</i> , an ayurvedic medicine for respiratory ailments | A Balkrishna, P Sharma, M Joshi, J Srivastava, A Varshney   | Journal of Separation Science                    | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 2 |
| 52 | <i>Divya-Aryuna-Kwath</i> ( <i>Terminalia arjuna</i> ) and <i>Divya-Hindy-Amrit-Vati</i> ameliorate isoproterenol-induced hypertrophy in murine cardiomyocytes through modulation of oxidative stress  | A Balkrishna, Y Rustagi, M Tomar, S Pokhrel, K Bhattacharya, A Varshney                                   | Phytomedicine Plus                               | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 1 |
| 53 | <i>Premna micrantha</i> Schauer: A New Distributional Record for India   | A Balkrishna, B Joshi, A Srivastava, R Shankar, Aqib, RK Mishra, A Kumar, S Sharma, A Kumar, UB Prajapati | Indian Forester                                  | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 54 | Financial solution for balancing global economy, poverty and hunger differences through blockchain secured real time traceability system   | A Balkrishna, K Singh, R Arya, P Thakur, S Singh, G Ahuja   | Research Square                                  | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
| 55 | <i>Withanolides</i> from <i>Withania somnifera</i> Ameliorate Neutrophil Infiltration in Endotoxin-Induced Peritonitis by Regulating Oxidative Stress and Inflammatory Cytokines   | A Balkrishna, SK Solleti, H Singh, N Sharma, A Varshney   | Planta Medica                                    | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 3 |
| 56 | Agricultural Mobile Apps used in India: Current Status and Gap Analysis  | A Balkrishna, J Sharma, H Sharma, S Mishra, S Singh, S Verma, V Arya                                      | Agricultural Science Digest                      | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 2 |
| 57 | Benefits and adverse effects associated with yoga practice: A cross-sectional survey from India  | S Telles, SK Sharma, D Chetry, A Balkrishna   | Complementary Therapies in Medicine              | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 6 |
| 58 | Phyto-compounds from a rather poisonous plant, <i>Strychnos nux-vomica</i> , show high potency against SARS-CoV-2 RNA-dependent RNA polymerase   | A Balkrishna, S Pokhrel, A Varshney   | Current Molecular Medicine                       | 2021 | 0 | 0 | 0 | 0 | 0 | Department of Allied and Applied Sciences, University of Patanjali, Haridwar-249405, Uttarakhand, India | 2 |
| 59 | Role of traditional medicines as a challenge for Coronavirus (Covid-19)  | R Shankar, A Balkrishna, A Srivastava, B Joshi, RK Mishra   | Indian Journal of Traditional Knowledge          | 2021 | 0 | 0 | 0 | 0 | 0 | Patanjali Herbal Research Department, Patanjali Research Institute, Haridwar, India                     | 6 |
| 60 | Potential Role of miRNA in Metastatic Cascade of Triple-Negative Breast Cancer   | A Balkrishna, R Mittal, V Arya  | Current Cancer Drug Targets                      | 2021 | 0 | 0 | 0 | 0 | 0 | Patanjali Herbal Research Department, Patanjali Research Institute, Haridwar, India                     | 4 |
| 61 | Establishing the correct botanical identity of <i>Sivaliggi</i> plant in India: A critical analysis based on various literatures   | A Balkrishna, A Singh, R Shankar, R Kumar, AS Mishra, B Joshi, A Chauhan                                  | Journal of Medicinal Plants                      | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |



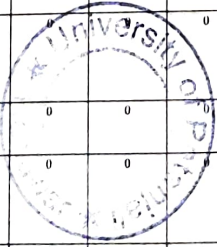
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|----|---|---|---|------|---|---|---|---|---|--|----|
| 75 | Influence of Patient-Reported Treatment Satisfaction on Psychological Health and Quality of Life Among Patients Receiving Divya Swasti-Coronil-Kit Against COVID-19 Findings from a Cross-Sectional "SATISFACTION COVID" Survey | Balkrishna A. Raj P. Singh P. Varshney A  | Patient Prefer Adherence                    | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 4  |
| 76 | Computational insights of phytochemical-driven disruption of RNA-dependent RNA polymerase-mediated replication of coronavirus: a strategic treatment plan against coronavirus disease 2019                                      | Balkrishna A. Mittal R. Sharma G. Arya V  | New Microbes New Infect                     | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 24 |
| 77 | Yoga Reduces Performance Anxiety Among Board Exam Aspirants   | Anshu. Kumar, R., Malik. S. & Singh. N  | Sambodhi                                    | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 78 | a critical analysis of triguna personality with big five factors, IPIP and schwartz values  | Maurya, A., Singh, N. & Gowda, P  | Kala Sarovar                                | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 79 | Impact of yoga in combating Covid-19 related anxiety, Verbal Aggression & Subjective Wellbeing in students  | Maurya, A., Singh, N. & Gowda, P  | Kala Sarovar                                | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 80 | Yogic interventions reduces stress and improves self-esteem in orphanage children with highly aggressive behavior   | Amandeep. Singh, N., Gaur, V., Gowda, P   | Kala Sarovar                                | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 81 | Sn Guru Granth Sahib tenets called to yoga: a conceptual frame development  | Gurmeet Kaur, Gowda, P  | Yoga Mimamsa                                | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 82 | Sn Guru Granth Sahib's Yoga concept and it's Scale development  | Gurmeet Kaur, Gowda, P  | Kala Sarovar                                | 2021 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 83 | ETHNOMEDICINAL STATUS AND PHARMACOLOGICAL PROFILE OF SOME IMPORTANT ORCHIDS OF UTTARAKHAND (NORTHWESTERN HIMALAYAS), INDIA  | A Balkrishna, R Juyal, R Devi, J Kumar, A Prakash, P Pathak, VP Arya, A Kumar                         | THE JOURNAL OF THE ORCHID SOCIETY OF INDIA  | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 84 | GermX: A skin friendly hand sanitizer with prolonged effectivity against pathogenic bacteria  | A Balkrishna, K Singh, H Singh, S Halder, A Varshney  | AMB Express                                 | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 9  |
| 85 | Unveiling Role of MicroRNAs as Treatment Strategy and Prognostic Markers in Triple Negative Breast Cancer   | A Balkrishna, R Mittal, V Arya  | Current Pharmaceutical Biotechnology        | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 3  |
| 86 | Herbal Decoction Divya-Peeditank-Kwath Alleviates Allodynia and Hyperalgesia in Mice Model of Chemotherapy-Induced Peripheral Neuropathy via Modulation in Cytokine Response  | A Balkrishna, SS Sakat, S Karumuri, H Singh, M Tomer, A Kumar, N Sharma, P Nain, S Halder, A Varshney | Frontiers in Pharmacology                   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 6  |
| 87 | Polyphenolic rich extract of Oroxyllum indicum alleviate $\beta$ -glucuronidase activity via down-regulate oxidative stress: Experimental and computational studies   | P Pathak, J Novak, V Naumovich, M Grishina, A Balkrishna, N Sharma, V Sharma, V Potentkin, A Verma    | Biocatalysis and Agricultural Biotechnology | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 9  |
| 88 | Comparative COX I Molecular Docking of Phyto-chemicals (Flavonoids, Alkaloids, Lignans and Terpenoids) for Anti-platelet Aggregation Dynamics   | A Balkrishna, S Pokhrel, A Varshney   | Current Computer-Aided Drug Design          | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 89 | Body temperature in practitioners of a yoga breathing technique considered to be heat generating  | S Telles, K Gandharva, RK Gupta, SK Sharma, A Balkrishna  | International Journal of Yoga               | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 2  |



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| 90  | Tinospora cordifolia (Gilo) may curb COVID-19 contagion (tinocordiside disrupts the electrostatic interactions between ACE2 and RBD)  | A Balkrishna, S POKHREL, A Varshney   | Authora Preprints   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 18 |
| 91  | Computational screening approaches for investigating potential activity of phytoligands against SARS-CoV-2  | A Balkrishna, P Thakur, S Singh, S Narsingh, N Singh, RK Sharma   | Research Square   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 92  | Yoga as an add-on therapy in the management of migraine   | SK Sharma, A Singh, S Telles, A Balkrishna  | Indian Journal of Community Medicine  | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 93  | Polyherbal Medicine Divya Sarva-Kalp-Kwath Ameliorates Persistent Carbon Tetrachloride Induced Biochemical and Pathological Liver Impairments in Wistar Rats and in HepG2 Cells | A Balkrishna, SS Sakat, R Rangan, K Joshi, S Shukla, K Joshi, S Verma, A Gupta, K Bhattacharya, A Varshney  | Frontiers in pharmacology   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 6  |
| 94  | Note on Extended Distribution of Ficus geocarpa Tejasm. ex Miq (Moraceae) from East Kameng district, Arunachal Pradesh, India   | A Balkrishna, A Srivastava, B Joshi, R Shankar, RK Mishra, S Patel, S Tiwan   | Indian Forester   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 95  | Population structure, regeneration status and conservation measures of threatened <i>Cyathea</i> spp  | A Balkrishna, V Arya, AK Kushwaha   | Journal of Tropical Forest Science  | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 8  |
| 96  | Diversity, ethnomedicinal knowledge and conservation status of plant species in a part of North West Himalaya   | A Balkrishna, P Savena, S Patel, RK Vashishtha, DK Gond, JS Butola, B Rawat   | Medicinal Plants-International Journal of Phytomedicines and Related Industries | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 8  |
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| 98  | Cellular internalization of Godanti Bhasma (anhydrous CaSO <sub>4</sub> ) induces massive cytoplasmic reversible vacuolation and survival response of mammalian cells           | Subrata K. Das, Alpana Joshi, Vinamra Sharma, Lavni Bisht, Neeladrisingha Das, Niti Sharma, Sunil Shukla, Deepika Mehra, Kamal Joshi, Acharya Balkrishna, Santanu Dhara | bioRxiv   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 3  |
| 99  | LC/MS-QToF Profiling, Anti-Diabetic and Anti-Adipogenic potential of Divya MadhuKalp: A Novel Herbo-mineral Formulation   | A Balkrishna, A Joshi, SK Das, L Bisht, S Sakat, V Sharma, N Sharma, K Joshi, S Verma, VK Sharma, CS Joshi  | bioRxiv   | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 100 | Body Temperature and Energy Expenditure During and After Yoga Breathing Practices Traditionally Described as Cooling  | S Telles, K Gandharva, SK Sharma, RK Gupta, A Balkrishna  | Medical science monitor basic research  | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 4  |
| 101 | Action-Outcome Outline's Recall, Usability, & Utility   | CC Ugale, SD Singh  | Srvidyamantramahavog  | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 1  |
| 102 | The Innovative Methods Of Teaching Of ABC Of Yoga Charts For School Children: Design & Development  | M Kumar, P Gowda  | International Journal of Yoga and Allied Sciences                               | 2020 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand | 2  |
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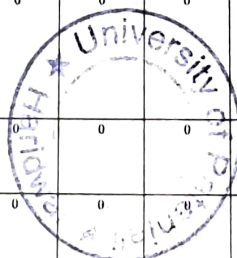


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| 108 | CLASSIFICATION OF EXTANT PTERIDOPHYTES A NEW APPROACH  | A BALKRISHNA, B JOSHI, A SRIVASTAVA, R SHANKAR, BK SHUKLA  | THE INDIAN FERN JOURNAL   | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
| 109 | A COMPARISON OF THE ANGIOSPERM PHYLOGENY GROUP CLASSIFICATION AND OTHER PROMINENT CLASSIFICATIONS OF ANGIOSPERMS | A Balkrishna, B Joshi, A Srivastava, R Shankar, BK Shukla  | Indian Journal of Plant Sciences                                      | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
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| 111 | Effect of Pranayama & Yogasana on HIV/AIDS-3   | A Balkrishna, A Upadhyay, R Upadhyay   | ayurveda-foryou   | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
| 112 | The impact of yoga on teachers' self-rated emotions  | S Telles, SK Sharma, RK Gupta, DK Pal, K Gandharva, A Balkrishna   | BMC research notes  | 2019 | 0 | 0 | 0 | 0 | 0 | 8 |
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| 114 | Quality of Life in Yoga Experienced and Yoga Naive Asian Indian Adults with Obesity                              | S Telles, SK Sharma, A Singh, N Kala, V Upadhyay, J Arya, A Balkrishna   | Journal of obesity  | 2019 | 0 | 0 | 0 | 0 | 0 | 2 |
| 115 | Yoga as a holistic treatment for chronic illnesses: Minimizing adverse events and safety concerns                | S Telles, SK Sharma, N Kala, A Balkrishna  | Frontiers in psychology   | 2019 | 0 | 0 | 0 | 0 | 0 | 6 |
| 116 | Study of medicinal weeds occurring around the Patanjali Yogpeeth, Haridwar, Uttarakhand, India                   | A Balkrishna, S Sharma, A Kumar, A Srivastava, R Shankar, B Joshi, RK Mishra   | Journal of Non Timber Forest Products                                 | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
| 117 | Alternative and Supplementary Health Model on Traditional Sugars   | K Nagarajan, A Balkrishna, P Gowda   | Journal of Nutrition & Weight Loss                                    | 2019 | 0 | 0 | 0 | 0 | 0 | 4 |
| 118 | Solanum diphyllum L. (Solanaceae): A new addition to the Flora of Uttarakhand, India                             | IP Sharma, P Savena, D Gond, SP Patel, A Balkrishna  | Indian Forester   | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
| 119 | Effect of yoga on vigilance, self-rated sleep and state anxiety in border security force personnel in India      | Shirley Telles, Niranjan Kala, Ram Kumar Gupta, Sadhana Verma, Babita Vishwakarma, Savita Agnihotri, Kumar Gandharva, Acharya Balkrishna | Work  | 2019 | 0 | 0 | 0 | 0 | 0 | 7 |
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| 121 | A Measure of Yoga Self-restraint Scale using Confirmatory Factor Analysis  | S Dadhore, GP Gowda  | International Journal of Reviews and Research in Social Sciences      | 2019 | 0 | 0 | 0 | 0 | 0 | 2 |
| 122 | WAIT & WATCH THROUGH YOGA TECHNIQUES TO OVERCOME TENTATIVE INTERNET GAME DISORDER IN ADOLESCENT GROUPS           | K Maurya, S Dadhore  | International Journal of Adapted Physical Education & Yoga            | 2019 | 0 | 0 | 0 | 0 | 0 | 2 |
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| 124 | Indian knowledge tradition's perspective on Economics & Values   | CC Ugale, SD Singh   | PIMT Journal of Research  | 2019 | 0 | 0 | 0 | 0 | 0 | 1 |
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| 139 | Effect of meditation on anxiety of college girls  | V Gaur, P Gowda   | International journal of yoga   | 2019 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
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| 142 | Medicinal Plants of Morni Hills, Shivalk Range, Panchkula, Haryana  | A Balkrishna, A Srivastava, BK Shukla, RK Mishra, B Joshi             | Journal of non timber forest products                                 | 2018 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 3 |
| 143 | Anthropometric variables as predictors of aspects of quality of life in persons with central obesity                                    | S Telles, N Kala, SK Sharma, A Balkrishna                             | BMC research notes  | 2018 | 0 | 0 | 0 | 0 | 0 | Patanjali Research Foundation, Patanjali Yogpeeth, Haridwar, Uttarakhand, 249405, India | 7 |
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| 153 | Phyto-resources of Morni Hills, Panchkula, Haryana   | A Balkrishna, B Joshi, A Srivastava, BK Shukla                         | Journal of Non Timber Forest Products                                 | 2018 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
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| 155 | Phytoecology and ethnobotany of indigenous or introduced gymnosperms in India  | A Balkrishna, UB Prajapati, A Srivastava, R Mishra                     | International Journal of Unani and Integrative Medicine               | 2018 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 2 |
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| 161 | YOGA SCIENCE BASED ACTION-OUTCOMES OUTLINE   | CC Ugale, SD Singh, P Gowda  | Journal of Ayurveda and Integrated Medical Sciences                   | 2018 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 2 |
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| 165 | Effect of yoga therapy on the symptoms of sensory processing disorder in autistic individuals  | K Gulati, N Loganathan, A Mooventhan, A Lahiri, S Telles               | Yoga Mimamsa  | 2018 | 0 | 0 | 0 | 0 | 0 | Patanjali Research Foundation, Patanjali Yogpeeth, Haridwar, Uttarakhand, 249405, India | 6 |
| 166 | Live healthier through Yoga and Ayurveda   | N singh, Amandeep  | AICPE Human kinetics  | 2018 | 0 | 0 | 0 | 0 | 0 | University of Patanjali, Haridwar, Uttarakhand  | 1 |
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| 175 | Sustained improvement in self-esteem in children after 13 months of unsupervised yoga practice                    | AK Bhardwaj, N Singh, A Balkrishna, S Telles                      | International Journal of Complementary and Alternative Medicine | 2017 | 0 | 0 | 0 | 0 | Patanjali Research Foundation, Patanjali Yogpeeth, Haridwar, Uttarakhand, 249405, India | 2 |
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*V.K. Katiyar*  
**Dr. V.K. KATIYAR**  
 DEAN  
 (ACADEMICS & RESEARCH)  
 University of Patanjali, Haridwar