## **Enclosure 3.5.1**b Yoga related consultancies

### 1. YOGIC CONSULTANCY

University of Patanjali in accordance with the Ayurvedacharya's, Yogacharya's and Vaidya's of Patanjali Yogpeeth Trust, render free Yogic consultancy through letters, fax, e-mails & phone. Patients who can't visit personally for consultations, forward their case histories alongwith investigation reports through post/fax or mail. These letters/faxes/mails are thoroughly studied by the Ayurvedacharya's, Yogacharya's and Vaidya's. Thereafter, proper advice is given to the patients followed by a call center which works between 6 AM to 10 PM daily to provide free consultancy & resolve other problems of patients & devotees over phones.

#### 2. THERAPEUTIC YOGA CONSULTANCY

With a focus on "unity in diversity" and the acceptance of different approaches to yoga, University of Patanjali's mission is to promote knowledge of the therapeutic benefits of yoga, through teaching, research, and training yoga teachers and yoga therapists. Committed to helping usher in a new era of peace, UoP strive to encourage people of all ages and abilities—including children, adolescents, those with disabilities or chronic health conditions, and other underserved populations—to embrace the practice of yoga as a basis for both individual health and a revitalized society.

UoP has a serene and spiritual ambiance that provides positive and refreshing vibes. UoP have an in-depth understanding of religious and traditional yogic philosophy and values along with the medical approach as per patients' needs. UoP enables one to learn the art that gives more positive outlook of life with traditional as well as therapeutic yoga. It help in attaining complete relaxation and rejuvenating oneself under the guidance of proficient teachers, instructors and experts.

UoP further extends the mission, through the expansion and development of programs, trainings, community clinics, symposiums, and outreach initiatives in universities, schools, and health-care facilities—all aimed at shifting paradigms through the use of yoga, yoga therapy, and meditation. UoPs ongoing research activities are designed to validate the positive impact of yoga on all aspects of life. Also, wholesome syllabus has been designed for Therapeutic Yoga Consultancy by UoP.

### 3. AYURVEDIC CONSULTANCY

# • Free Ayurvedic Consultancy by University of Patanjali in accordance with Patanjali Yogpeeth Trust

• Free consultancy in Ayurveda and allied expanses is provided by the University of Patanjali. Over fifty well educated Ayurvedacharya's/Vaidya's, extend their valuable services to about two more than thousand patients suffering from various chronicle diseases daily, free of cost. This team of Vaidyas is also engaged in giving Free Ayurvedic Consultancy through letters, fax, e-mails & phone.

# • Free Ayurvedic Consultancy by University of Patanjali in accordance with Patanjali Chikitsalayas

University of Patanjali's MoU (dated: 5<sup>th</sup>. April. 2007) with DivyaYog Mandir (Trust) enables it to run over five thousand Patanjali Chikitsalayas and Patanjali Arogya Kendras in India and abroad, where about one thousand able Ayurvedacharya's/Vaidya's (B.A.M.S./M.D./M.S.), examine and prescribe treatment, free of cost to about 1 lakh patients daily.

