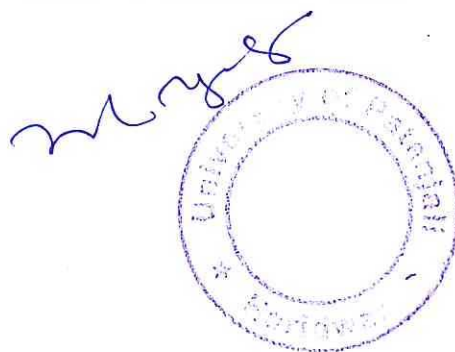


ISR Activities

Report with Photos

University of Patanjali, from the day of its establishment has been engaged in various extension activities viz., Plantation (Medicinal and Aromatic Plants) Drives, Yoga, Health and Hygiene Awareness Drives, Social Responsibilities and Awareness Programmes, Women Safety, Security and Empowerment Campaigns, Language Promotion Programmes especially Ancient Languages such as Sanskrit, Maithili etc., Psychological Awareness Drives, Science and Technological Intervention Programmes, Academic and Co-curricular Programmes, Drug Discovery and Development, Tribal Upliftment through Training, Communication, Education and Awareness, Agricultural Interventions etc. Some of the glimpses of different extension activities along with photographs from 2017 to 2022 are given, These are the combined Q₁M and Q_nM reports

1. 2018-19 PLANTATION DRIVE BY THE COLLEGE STUDENTS



2021-22 Bharat Swatch Abhiyan led by Teacher and Students

Delhi-Haridwar NH-58 highway Cleanliness drive by students



2021-22 Rag picking by Students and Teachers





2018-19 Rag picking by the Students

A brief report on; **Cleanliness Awareness Program and Cleaning by B.Sc. Yoga Science, 1st Year** **students - passage to Chandi Mandir, Haridwar**

It is a dilemma of our country that even after continuous efforts by our government on awareness regarding cleanliness, we often fail to bring it in our actions...

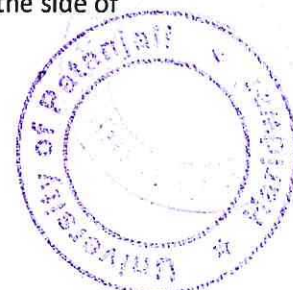
We all want change but we need to understand is that all starts from taking initiative!!

One such beautiful initiative was taken by B.Sc. first year students of University of Patanjali.

Entire First year was taken on a one day camp to Chandi Devi Jan 2020 by their coordinator **Dr. NidheeshYadav**. The main purpose was to clean the way that leads to Chandi Devi along with getting the blessings of MaaChandi. The journey started at 11:00 a.m. When the students and their coordinator assembled at Patanjali Yogpeeth Phase 1 to go on their cleanliness drive! This was the first part of the journey which was a wonderful one! Thanks to the lovely weather that day! A fine morning, views of Maa Ganga from the window, entire class together with lovely songs makes the perfect combo.

Since not many students had visited the place before nor they had the chance to travel by that path, a lot of things were new to them, whose descriptions were given to the students by their coordinator to make them a little more familiar with the city of Haridwar! The first phase was completed and excited students arrived at the foot of Chandi Devi Hills.

Here the real journey started!! Trekking is fun but more so when you have your friends together. Climbing was crazy!! Laughing, panting everyone arrived at the top of Chandi Devi. Very peacefully everyone was directed towards the Mandir by Dr. Nidheesh. After receiving the blessings he made everyone sit near mandir and annadaanushthan was conducted with number of OM CHANTINGS and Gayatri Mantra. What a surreal experience!! The peace was inexpressible. Top of the Hills, by the side of



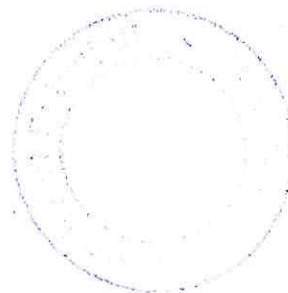
MaaChandi like a single voice the chanting were echoing after which everyone sat in silence and at peace for a couple of minutes.

Henceforth students visited another temple, whose way was lined up by monkeys!! Who were cute for some but terrific for most of us!! What a fun time!! After this ecstatic experience now was the time to move ON! It was 2 pm and everyone start feeling hungry so after doing bhojan Mantra everyone had their Prasad and snacks!

Now came the main part: **Cleanliness Drive!** On our way down!! Dr. Nidheesh divided students into three groups A, B and C. Groups A& B were given two sides of the way to clean whereas group C had to clean the main road and had to supervise group A and B. All the groups were given masks, protective gloves and big bags to collect the plastic and waste which was littered everywhere. A competition was placed between the groups with the condition that the group with maximum amount of waste collected will win the competition!

A dull job was made exciting with the competition aspect, coordination and cooperation of everyone! So this is how everyone was back to the foot of the hills. Henceforth, students were taken to droliaPustakBhandar to buy books, which was a pre planned part of this camp. With all the work done, the food that everyone had earlier also got digested! So there we go again! Everyone had the lunch near Bharat Mata Mandir, Haridwar and we boarded the bus again to come back.

This was the last part of the journey and to make it a memorable one an antakshari competition was held between boys and girls. No group journey can ever be completed without antakshari!! But what was more? A **bhajanantakshari**... yup you read it right!! Again a brilliant idea by Dr. Nidheesh! And now came the toughest part!! Parting ways!! Although we were set to meet next day in the class! this journey came to an end when the bus arrived at Patanjali Yogpeeth! Everyone was feeling strong emotions... a circle was completed!!

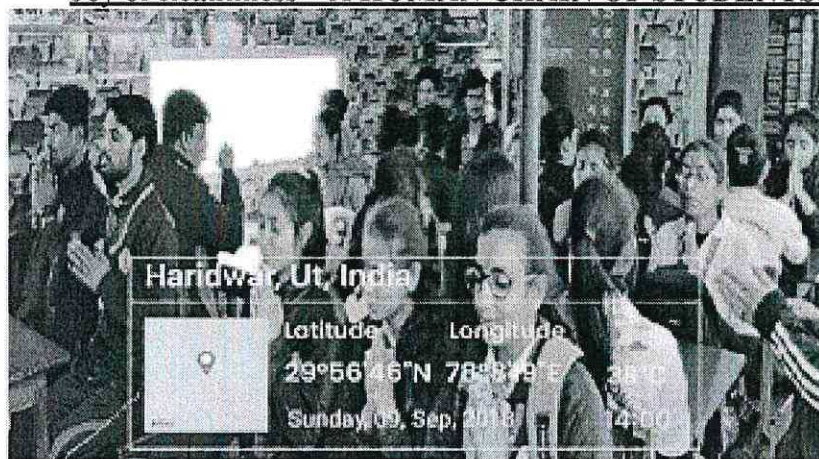




Volunteers carrying the waste like lap-top-bag!!!!!!



Joy of cleanliness – A HUMAN CHAIN OF STUDENTS!!!!



CLEANLINESS IS GODLINESS

Day -wise action plan for SwachhtaPakhwada

Day	Date	Activity	Detail
Day 1	6 September	Clean Campus Day	All students participated in cleaning the campus
Day 2	7 September	Clean Hostel Day	In both girls and boys hostel
Day 3	8 September	Clean Mess day	In girls hostel only
Day 4	9 September	Care for the Surrounding and say no to violence by a Rally	In Shantarshah Village with the help of Gram Pradhan by the Students of University of Patanjali, Haridwar. NukkadNatak was also shown
Day 5	10 September	Essay Competition entitled as "What I can do for a clean India"	Only 15 girls and boys could participated as Internal exams were on. Winners were promised awards for best essays.
Day 6	11 September	Green Campus Day	Both Girls and Boys helped Gardeners in planting saplings.

2.

3. Photographs taken during the activities are also enclosed.

4. With kind regards,

5. Dr.VachaspatiKulwant

6. Pro-Vice Chancellor,

7. Univeristy of Patanjali,

8. Haridwa

9.



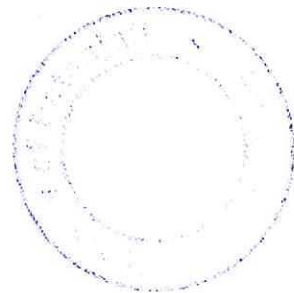
10.

11. Essay competition entitled as "what I can do for clean India "dated on 9 Sept.2017



12.

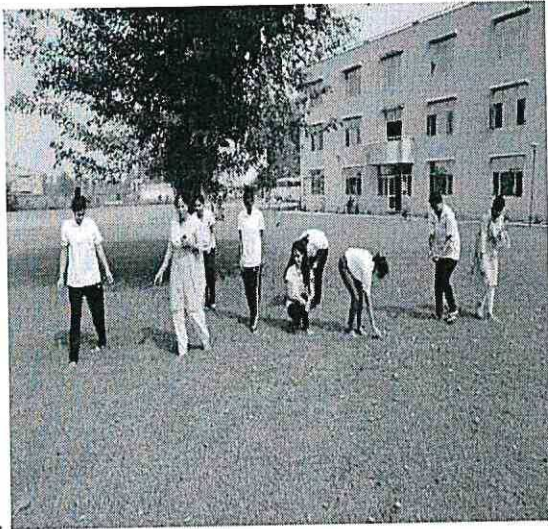
13. Clean Hostel Day was celebrated by the students of University of Patanjali, Haridwar





14.

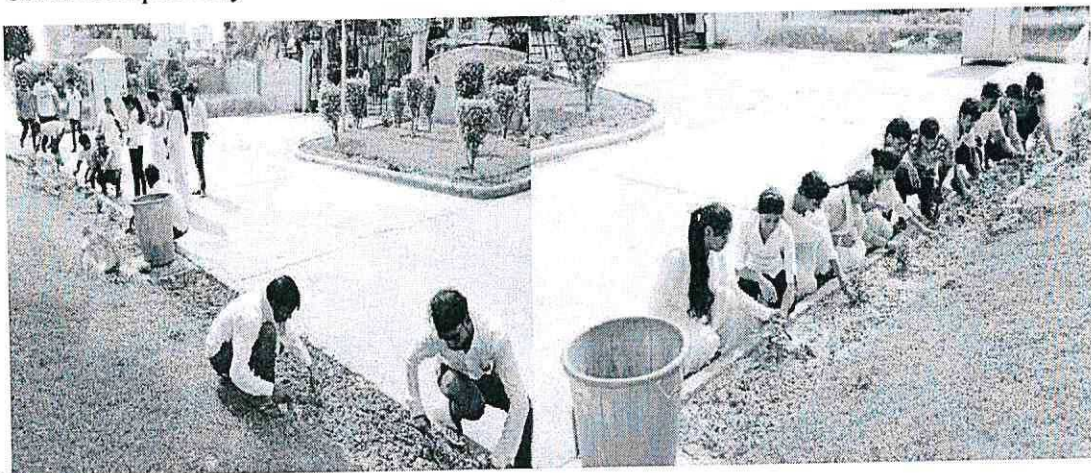
15. Mess were being cleaned by the girls



16.



17. Clean Campus Day was celebrated on 6th Sep.2017



18.

19. Green Campus Day was celebrated by Students on 11 September



20.

21. NukkadNatak – Keenly watched by the village school children



22.

2019 – A view of the Public campaign on Cleanliness in a per-urban area

23. NukkarNatak was shown by students to spread awareness of cleanliness and say no to domestic Violence on 9th September

24. This programme was organized by Dr. Vaishali Gaur NSS co-ordinator UOP to spread awareness of Cleanliness under the scheme of SwachtaPakhwada, (The Ministry of Human Resource Development, Govt. of India.)

25.25.



2017 Yoga – Students and a Village pond



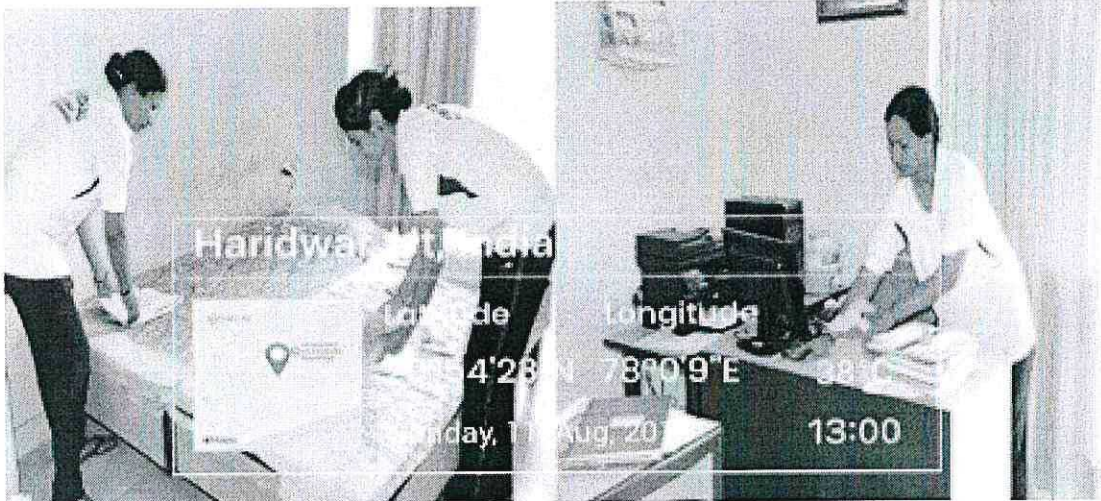
26.

ESSAY COMPETITION ENTITLED: "WHAT I CAN DO FOR CLEANINDIA",



DATED: 9TH Sept. 2017

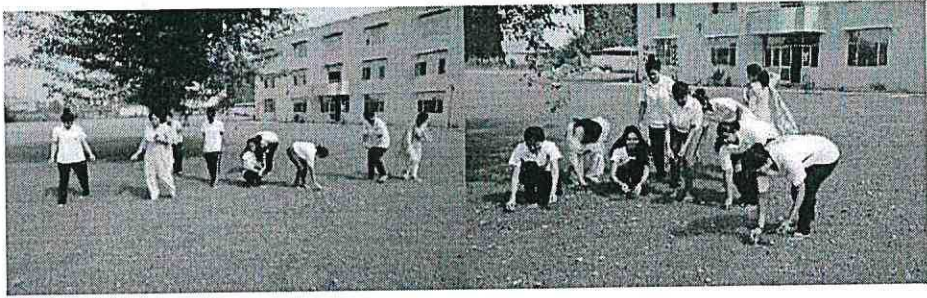
2017 CLEAN HOSTEL DAY (CELEBRATED BY THE STUDENTS OF UNIVERSITY)



2017 MESS CLEANING BY THE GIRL STUDENTS



2017 CLEAN CAMPUS DAY (6th Sep. 2017)



GREEN CAMPUS DAY (11TH. Sept. 2017)



NUKKAR NATAK BY UNIVERISTY STUDENTS TO SPREAD AWARENESS OF CLEANLINESS (9TH. Sept. 2017)



STUDENTS AND STAFF TYING RAKHI TO ARMY OFFICIALS (RAKSHA BANDHAN) – AN EXTENSION ACTIVITY EVERY YEAR



27.

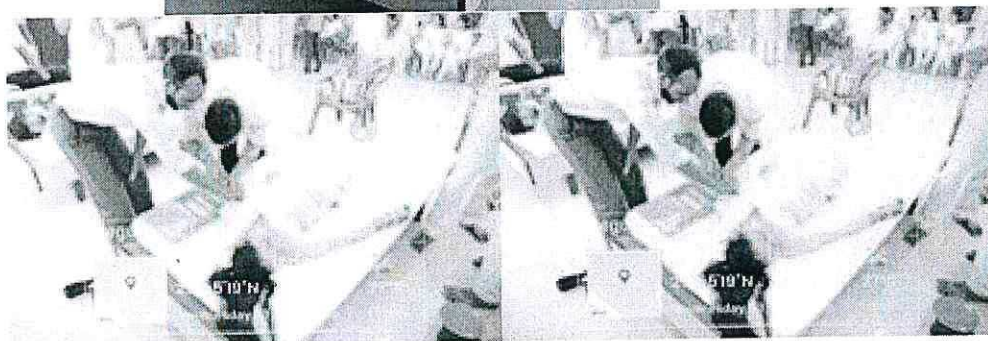
BLOOD DONATION (NSS)



28. INTERNATIONAL HINDI CONVENTION



2017 BLOOD DONATION CAMP BY 'NSS' STUDENTS





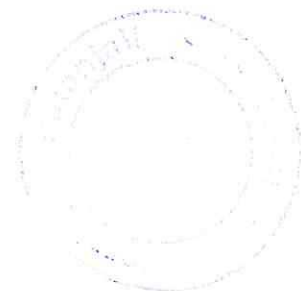


2018 EXTENSION ACTIVITIES

PLANTATION

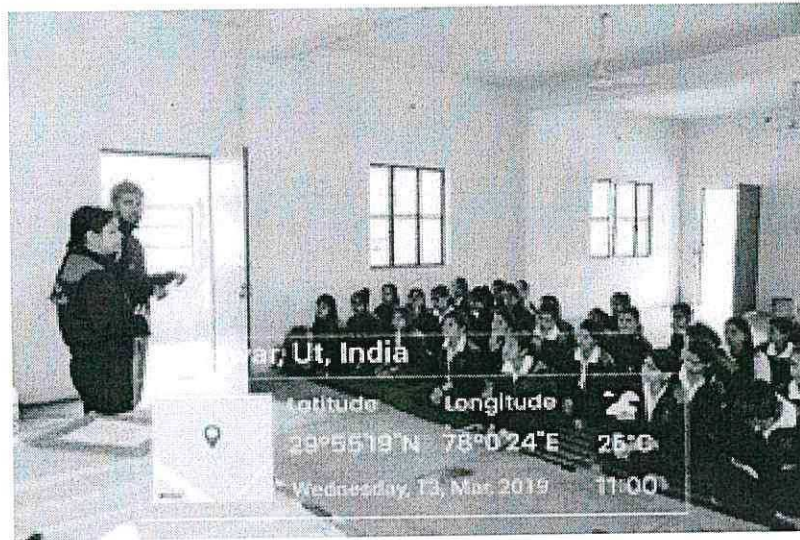


2019 NSS CAMP

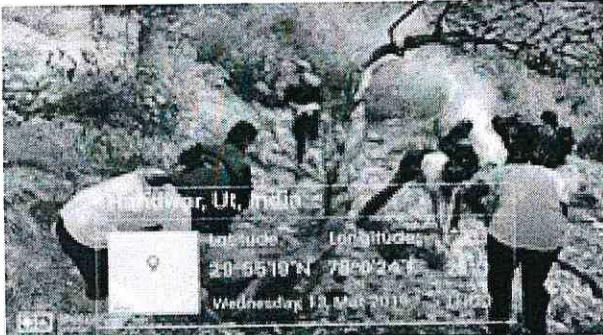




2019 - Teachers addressing NSSstudents



2019 – A village level class room



2018-19 NSS students clearing the Plastic junk in Forest Enjoying after hard days work



2021-Teacher instructing the students

2021 – Enjoyment of School boys after Yoga



2021 - Drainage cleaning by the students



2019-20 : COVID 19 Era Beginning

COVID 19NSS STUDENTS THEME , 2020
STAY HOME - LETS SAVE EVERY ONE
UoP, Hridwar



National Service Scheme



Haridwar, Ut, India

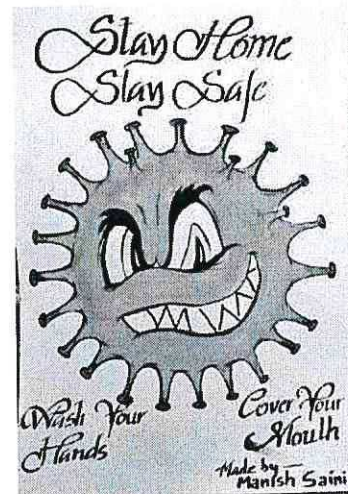
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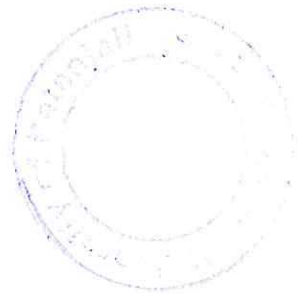
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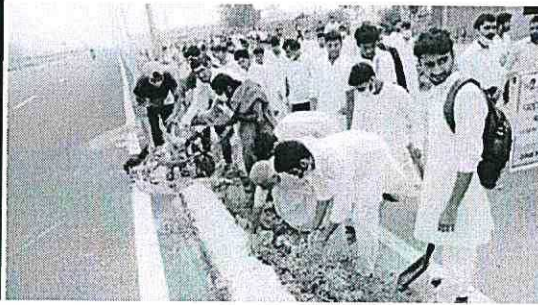
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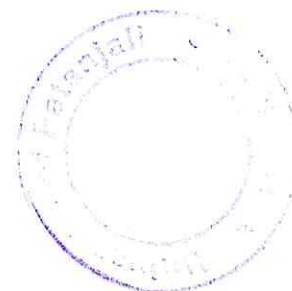
UNIVERSITY OF PATANJALI













Street Play -2017-18

Extension activities motivation by Sadvi and PVC 2021-22



NSS volunteers listening to the issues of a village woman, 2017-18

LEARNING FROM A VILLAGE WOMAN, 2017-18 ABOUT THE FOOD RECEIPE

IMPACT ON THE STUDENTS OF CARRYING OUT EXTENSION ACTIVITIES :

In terms of education, environmental issues like swachh Bharat, health and hygiene, awareness, eliminating illiteracy, delivery of free/subsidized health care and socio-economic development etc.

Fig: Impact indicator certificate of recognition of SOCIAL SERVICE activities by the STUDENTS of the UoP

