

# University of Patanjali

PVC & R/Notification-2018

Office of the Registrar  
June 18, 2018

## **NOTIFICATION**

### **Sub.: Policy on Teaching and Learning Mechanism**

The University Policy on Teaching and Learning Mechanism to be adopted henceforth is enclosed.

This comes into effect immediately.

By Order



**Pro Vice-Chancellor and Registrar incharge**

**To,**

1. Dean, Academic and Administrative Affairs
2. Professor, Philosophy
3. Professor, Yoga
4. Director, Placement cum Academic Administrator
5. Finance
6. Library
7. Hostel Warden Girls Hostel & Boys Hostel

**Submitted to,**

1. The Chancellor
2. The Vice Chancellor

# University of Patanjali

## Policy on Teaching and Learning Mechanism

Teaching-learning is a process that includes multiple factors. Particularly, well defined **Teaching and Learning Mechanism** for selecting learners having good learning attitude and aptitude, quality curricula and course contents development, provision of teaching aids and study resources, recruiting competent and supportive teachers, implementing rigorous evaluation process and conducting placement interviews are the crucial ones. These factors help learners to attain their major educational goals to be self-reliant, professionally competent, personally developed, healthy, wealthy and socially empathetic.


### General principles underlying the policy

- i. The faculty members and the students of the University of Patanjali have to share, follow and uphold the values and principles set out in this policy.
- ii. There should be provision for subsequent guidance and motivation for the teaching and non-teaching staff to attend/contribute to empowerment programs— Refresher and Orientation Courses on pedagogy, NEP, research advancement and university administration organized by INFLIBNET, AICTE, UGC and Association of Indian Universities (AIU); and workshops on curricula and course contents design related to Open Distance Learning, SWAYM; Research and Advocacy programs jointly organized by Patanjali Research Institute, and Patanjali Ayurved College in collaboration with ministries of AYUSH and Agriculture and Farmers Welfare, New and Renewable Energy, Environment, Forest and Climate Change to update and enrich teaching-learning, research and university management at UoP.
- iii. All students and staff should be encouraged to be punctual, hardworking, studious, ethical, committed, cooperative, imaginative and scientifically tempered to develop globally competitive teaching-learning and research aptitude particularly on Yoga, Ayurveda, Vedic Culture and Wisdom for their scientific validation and advocacy.

### Objectives:

- i. To produce professionally competent, healthy, self developed and socially empathetic youths well versed in Yoga, Ayurveda, Vedic knowledge and modern education.
- ii. To awake hidden potentials of the learners for their breakthrough contributions in the fields of traditional knowledge and Vedic wisdom.
- iii. To produce youths with sound cognitive, technical and social skills, optimal health, well-being, dignity, divinity and spirit of social and ecological welfare.

  
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(Vice-Chancellor)  
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## Teaching & learning principles


The approach of the University towards teaching & learning is underpinned by the underneath principles:

- i. Teaching & learning should be professional, positive, interesting, engaging, reinforcing, and rewarding exchanges of learning experiences between teachers and learners.
- ii. Teaching staff should bear professional, personal and social qualities to ensure effective teaching-learning, research and innovation.
- iii. Students should be curious, enthusiastic, progressive, punctual, studious, hardworking, committed, ethical and receptive for reaching their educational goals and apply their learned behaviours and experiences to address contemporary needs/issues.
- iv. Teachers have to follow the appropriate teaching method/s to develop the insightful understanding, skills, analytic, synthesizing, and creative capabilities/abilities among the learners particularly on their academic arena.
- v. Teachers should be provided opportunities to attend/contribute to their career advancement and empowerment programs along with incentives, reinforcement, rewards, quality teaching and training aids, resources and honour to be enriched, motivated and updated.
- vi. Teachers are encouraged to be reflective, introspective and imaginative for their self-assessment, identifying developmental needs, bearing team spirit and sharing best practices for organizational excellence.
- vii. Curricula and Course Contents for every programme/Course should be interdisciplinary, reviewed and updated subsequently to address needs and goals of learners to be healthy, competent and competitive in global context.
- viii. Selection and admission of learners with optimal attitude and aptitude, development and implementation of updated and interdisciplinary curricula and course contents to produce globally competitive human resources on Yoga, Ayurveda, Vedic Wisdom and modern education; recruitment of teaching staff with the best professional, personal and social qualities; and implementation of rigorous formative and summative evaluation procedure should be top priority to ensure placement/explore self-employability opportunities.

## Some Approaches to Teaching & Learning at UoP

The University defines its teaching & learning approaches based on its vision, mission, context, curricula, course contents, human values. For instance,

### Cognitive Learning Strategy

  
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Though Cognitive Learning Strategy is mainly used for Vedas, Darshans, Upnishads, Sanskrit Grammar texts of Arsh Vidhya and other Shastras. However, such experiential and constructive learning strategies are also applicable to better teaching-learning in the courses of the university. This approach also assists to induce conducive ambience for quality teaching-learning, creativity, innovation and cordial intrapersonal, interpersonal and business communications and professional competency among UoPians.

### **Experiential Learning**

Experiential learning defines learning as the process whereby knowledge is created through the transformation of experience. Knowledge results from the combination of grasping and transforming experience.

### **Admissions**


- i. Interested national/international students can apply online/offline to take admission in desired Program/Courses of the UoP.
- ii. Admission criteria merit cum physical fitness test/ written entrance test covering background knowledge of applied course, human values, general and Patanjali Yogpeeth related knowledge followed by interview and medical tests for the shortlisted applicants.

### **Monitoring attendance and progress**

- i. Using individual student profile reports and the results of cognitive abilities and/or English language tests as a means to determine academic targets, proctor meet with students regularly to monitor their progress during academic sessions.
- ii. Teachers need to record attendance, lesson plans, formative and summative evaluation marks for the students of the respective classes.
- iii. Proctors identify and manage somatic, psychological, psychosomatic, social and spiritual needs/problems of the students to maintain their discipline, healthy living and optimal learning.

### **Providing feedback**

Confidential and open feedback mechanism and mind-set needs to be developed and exercised to identify the ground reality regarding teaching-learning, research and assessment activities, university administration, canteens, and hostels management.

  
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### **Advice and support**

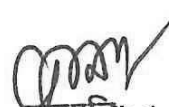
- i. UoP authorities, proctors and teachers have to observe, discuss, consider feedback of learners'/teachers'/observers'. To addresses academic and disciplinary problems and improve quality and hygiene of hostel and canteens for healthy, happy and harmonious living and communications.
- ii. Availability of the counsellors in working hours to listen and address psychological and social problems of the learners.
- iii. Concerned teacher to dedicate tutorial hours to facilitate spiritual, mental, social, and physical development of the learners.

### **Learner support and development**

- i. Access to lesson plans, class recordings and online/offline study materials facilitates learners' independent and skipped learning and living.
- ii. Review of learning outcomes via formative and summative assessments, filed work, research projects, internships and outreach activities.
- ii. Learners' shall have access to their formative and summative score card and feedback given by faculty/discipline committee members/any other related committees motivate them for self-evaluation and remedial measures.
- iii. UoP students have free access to all seminars/ conferences /webinars/ workshops/ discourses organized by different wings of Patanjali Yogpeeth system.
- iv. UoP learners have the opportunity for filed work/research project and have to present report in front of the peers and evaluation committee to boost their confidence and communication skills.
- vi. Learners have access to web-based contents, e-books, databases, open digital library, uploaded class and program recordings to enrich and update their learning experiences and behaviours.
- v. Access and explore a wide range of digital technologies and methodologies such as Flipped Learning videos created by teachers and accompanying activities embedded into VLE courses.
- vi. All learners will be privileged to attend daily Yajnya at their respective hostels.



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**Students are expected to:**

- i. participate in classroom teaching-learning activities, and other online/offline conferences/seminars/workshops and discourses/delegations of prolific figures that keep visiting.
- ii. Strive to be self-reliant, well mannered, healthy, happy, empathetic and elevated.
- ii. Behave friendly to promote self and other learning, sharing and support exchanges.
- iii. Demonstrate diligence, enthusiasm and a genuine interest in their studies
- v. Attend all classes and obtain permission in advance for any planned absence and excuses.
- vi. Attend University classes and other learning associated events and programs with their teaching-learning aid/materials.
- vii. Have access to needful learning resources they are responsible
- viii. Complete assignments timely at par.
- ix. Take class tests, formative and summative tests conscientiously.
- xi. Adhere to examination rules and regulations.
- xii. Be co-operative and receptive to different teaching-learning modes and approaches.
- xiii. Be prepared to study additional modules as provided by the University.
- xiv. Interact with fellows and staff to promote collective learning, well-being, dignity, divinity and welfare.
- xv. Provide feedback regarding teaching-learning, canteens, hostels and evaluations.
- xvi. Respect and safeguard learning resources, aids, facilities, and setups provided by the university and teachers.
- xvii. Respect the diverse cultural ideology, religion, race, gender, creed, socioeconomic background and body image of the peers/fellows and staff.
- xviii. Show courtesy and due etiquettes to fellow students and staff.
- xix. Wear specified dress during University learning hours.



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The University has defined objective and mechanisms for admission, teaching-learning, research, field work, outreach activities, extra-curricular activities, sports, personality development, medical facilities, evaluation and placements.

- Annual Academic Colander
- Academic Plan
- Course work File of individual teachers.
- Teaching/lesson plans
- Annual, monthly and quarterly Sports Activities
- NSS and NCC related social activities
- Online and offline attendance Records.
- Adoption of innovative teaching methods by using ICT.
- Mandatory Research and Field Work to all UG and PG students in final year of their course.
- Subsequent deliberations of in-house and profile outsiders on personality development.
- Free medical facility for UoPian in Patanjali Ayurved Hospital and emergency care.
- Regular monitoring and mentoring of the teaching-learning process/activities by Heads, Deans, Pro Vice Chancellor and Vice Chancellor.
- Conduct of formative assessment to prescribe remedial measures and summative tests as per declared academic plan.
- Evaluation of all academic and funding research proposals by Institutional Ethics Committee.
- Self-Assessment Report of teacher for career advancement.
- Anonyms feedback from student, teachers and visitors.
- Subsequent organization of research related conferences, seminars and workshops
- Participation of UoPians in Ganga Cleanliness Campaign, Planation, Blood donation and rescue of personnel suffered by natural calamities.

### **Expected Outcome**

Policy on Teaching and Learning Mechanism is expected to improve academic, administrative, evaluative, research and placement activities to induce harmonious and teaching-learning environment at UoP and make learner professionally competent, personally developed and social empathetic.



(Pro. Vice Chancellor and Registrar In-charge)



(Vice-Chancellor)