

University of Patanjali
Uttarakhand, Haridwar



Department of Psychology

Syllabus for Master of Arts in Psychology
(w. e. f. Academic Session: 2017-18)

CONTENTS

S. No	Program Details
1	Program Educational Objectives(PEOs)
2	Program Outcomes(POs)
3	Program Specific Outcomes(PSOs)
4	Course Details

UNIVERSITY OF PATANJALI, UTTRAKHAND, HARIDWAR
NAME OF PROGRAM: MASTER OF ARTS IN PSYCHOLOGY

The minimum duration of the programme will be two years (4 semesters).

(Academic Session: 2017-2018)

1. Program Educational Objectives (PEOs):

PEO1	Demonstrate basic competency in applied, clinical and counseling Psychology.
PEO2	Application of scientific skills to understand various psychological concepts.
PEO3	Integrate knowledge of how various cultures and dimensions impact clinical work and mental health /recovery.
PEO4	Implementation of psychological concepts and skills to career goals.
PEO5	Evaluate relevant research by illustrating critical thinking and producing scientific writing.

2. Program Outcomes (POs)

PO1	Application of research oriented Knowledge to understand and interpret psychological phenomena.
PO2	Applications of Yogic and spiritual approach in the solution of problems.
PO3	To promote the ability to work with <i>Manoyoga</i> (passion).
PO4	Application of psychological principles to understand various social, emotional and behavioural issues.
PO5	Implementation of psychological principles and theories to improve physical and mental wellbeing.

3. Program Specific Outcomes (PSOs):

PSO1	Students will apply interpersonal communication and presentation skills which are related to high practice.
PSO2	Students will be able to have congruence, unconditional positive regard and empathy towards others.
PSO3	Team building and leadership qualities will be enhanced.
PSO4	Students will be able to conduct short empirical researches so that they develop an understanding about application of statistics and research methodologies.
PSO5	Students will be able to create psycho-yogic ambience in various areas of life.

COURSE DETAILS

Course Code	Title of the Course	Course Objectives	Course Outcomes (COs)
MAP-101	Yoga Psychology	<ul style="list-style-type: none"> To initiate the understanding of psychological knowledge within yoga and meditation linking with the idea of mental health and well-being. To create understanding about different Indian Yogic techniques of Physical and mental health. 	<p>After completion of the course students will be able:</p> <p>CO 1- To achieve spiritual and mental wellbeing.</p> <p>CO 2- To promote ancient Indian Knowledge.</p> <p>CO 3 -To understand human behaviour as per Yogic Perspectives.</p>
MAP-102	Experimental Psychology	<ul style="list-style-type: none"> To learn about basic psychological processes through scientific experiments. To understand various mental processes: Attention, perception, memory, thinking and problem-solving ability. 	<p>After completion of the course, students will be able to:</p> <p>CO1- discuss various cognitive aspects of human behaviour.</p> <p>CO2 - guide learners understand the importance of these cognitive processes in everyday life.</p> <p>CO3- analyze scientific approach of different cognitive aspects.</p>
MAP-103	Psychology of Personality	<ul style="list-style-type: none"> To learn about basic concepts of personality through psychological theories. To understand various approaches of human personality. 	<p>After completion of the course, students will be able to:</p> <p>CO1- elaborates various personality theories of human behaviour.</p> <p>CO2 – apply scientific knowledge of human personality.</p> <p>CO3- analyzes scientific approach of different personality psychologists.</p>
MAP-	Advanced	<ul style="list-style-type: none"> To learn about basic concepts 	<p>After completion of the course,</p>

104	Social Psychology	<p>of social psychology.</p> <ul style="list-style-type: none"> To understand various approaches of social behaviour. 	<p>students will be able to:</p> <p>CO1- discuss about various social theories of human behaviour.</p> <p>CO2 – apply scientific knowledge of social behaviour.</p> <p>CO3- spread scientific approach of social psychology in various fields of life.</p>
MAP-105	Practical & Profiling of Equipments	<ul style="list-style-type: none"> The course aims to deliver practical and in-depth experience in accordance to the principles learnt in the theory courses covering the areas of verbal learning, memory, forgetting etc. To provide the students with the practical knowledge of conducting various experiments and Psychological Tests. 	<p>After completion of the course, students will be able to:</p> <p>CO 1-Describe the basic concepts of psychological testing.</p> <p>CO 2- Measure various psychological characteristics.</p> <p>CO 3- Compare individual differences.</p>
MAP-201	Statistical Techniques in Psychology	<ul style="list-style-type: none"> To develop an understanding of various statistical techniques in terms of their applications. To create understanding about different types of Design employed in Psychological Research. 	<p>After completion of the course, students will be able:</p> <p>CO 1- To collect organizes, interpret and analyze of psychological data in various fields of life.</p> <p>CO 2- To obtain scientific results by using different statistical methods.</p> <p>CO 3- To utilize statistical knowledge in various field of science and arts.</p>
MAP-202	Cognitive Psychology	<ul style="list-style-type: none"> To learn about basic concept of cognitive psychology. 	<p>After completion of the course,</p>

		<ul style="list-style-type: none"> To understand physiological aspects of human behavior. 	<p>students will be able to:</p> <p>CO1- discusses origin and current status of cognitive psychology.</p> <p>CO2 - guide learners understand the importance of these cognitive processes in everyday life.</p> <p>CO3- analyze scientific approach of human physiology.</p>
MAP-203	Counselling Psychology	<ul style="list-style-type: none"> To gain the knowledge about guidance and counseling. Importance of counseling in real life. 	<p>After completion of the course, students will be able:</p> <p>CO-1To understands bio-psycho-social issues of human life as per psychological perspectives.</p> <p>CO-2To assists clients under the supervision of clinical psychologists in various areas of life.</p> <p>CO-3To provides counselling in school, college and university levels.</p>
MAP-204	Applied Psychology	<ul style="list-style-type: none"> To gain the knowledge about applied psychology. Importance of various fields of applied psychology. 	<p>After completion of the course, students will be able:</p> <p>CO-1To understands applied issues of human life as per psychological perspectives.</p> <p>CO-2To enhances quality of sports, media and information technology.</p> <p>CO-3To provides scientific knowledge of applied</p>

			psychology.
MAP-205	Practical & Profiling of Equipments	<ul style="list-style-type: none"> To provide a understanding of psychological tests having applications in clinical practice. Exposure to the general concepts of psychology through experimentation and testing. 	<p>After completion of the course students will be able:</p> <p>CO -1 Detect various mental diseases through psychological tests.</p> <p>CO - 2Provide scientific report of psychological qualities.</p> <p>CO-3Compare individual differences.</p>
MAP-301	Applied Psychometry	<ul style="list-style-type: none"> To inform students about the basics of applied psychometry. To make them learn the statistical rigors in designing psychological tests. 	<p>After completion of the course, students will be able:</p> <p>CO1- To construct psychological tests.</p> <p>CO 2- To utilize practical knowledge of various psychological tests.</p> <p>CO 3- To discuss about basic concepts of psychological scaling.</p>
MAP-302	Research Methodology	<ul style="list-style-type: none"> To inform students about the basics of scientific research in applied psychology. To make them learn the statistical rigors in designing research and processing data. 	<p>After completion of the course, students will be able:</p> <p>CO1- To conduct short empirical research.</p> <p>CO 2- To prepare and present scientific research report in various fields of life.</p> <p>CO 3- To prepare research reports.</p>
MAP-303	Health Psychology	<ul style="list-style-type: none"> To familiarize with the concept of health psychology to live healthy life. 	<p>After completion of the course, students will be able to:</p>

		<ul style="list-style-type: none"> To orient the students about management of stress. 	<p>CO 1- Maintain a holistic approach of health.</p> <p>CO 2 - Promote Indian psychologic views of health in the society.</p> <p>CO 3- Describe conceptual knowledge of behavioural health.</p>
MAP-304	Psycho Diagnostic Techniques	<ul style="list-style-type: none"> To familiarize with the concept of Psycho Diagnostic Techniques. To orient the students about Psycho logical testing. 	<p>After completion of the course, students will be able to:</p> <p>CO 1- Maintain a holistic approach of Psycho Diagnostic Techniques.</p> <p>CO 2 - Promote knowledge of psychological testing.</p> <p>CO 3- Describe conceptual knowledge of neuropsychological testing.</p>
MAP-305	Practical	<ul style="list-style-type: none"> To provide a understanding of psychological tests having applications in clinical practice. Exposure to the general concepts of psychology through experimentation and testing. 	<p>After completion of the course, students will be able to:</p> <p>CO -1 Detect various mental diseases through psychological tests.</p> <p>CO - 2Provide scientific report of psychological qualities.</p> <p>CO-3Compare individual differences.</p>
MAP-401	Psychological Testing	<ul style="list-style-type: none"> To gain familiarity with psychological testing and its nature and functions To create understanding about different types of testing. 	<p>After completion of the course, students will be able:</p> <p>CO1-To administer psychological testing in various settings like school, hospitals and NGO.</p>

			<p>CO2-To provide help in the assessment of mentally retarded and physically handicapped persons</p> <p>CO3- To explain about various types of psychological testing.</p>
MAP-402	Clinical Interventions	<ul style="list-style-type: none"> To gain familiarity with Clinical Interventions. To create understanding about different skill training program. 	<p>After completion of the course, students will be able:</p> <p>CO1-To administer clinical intervention program in various settings like school, hospitals and NGO.</p> <p>CO2-To provide help in the assessment of mentally retarded persons.</p> <p>CO3- To explain about various types of clinical interventions.</p>
MAP-403	Therapeutic Techniques	<ul style="list-style-type: none"> To gain knowledge about different therapies To create understanding and awareness about the use of therapies in professional life. 	<p>After the completion of this course students will be able:</p> <p>CO1-To apply psycho - therapeutic knowledge in practical life.</p> <p>CO2-To assist psychotherapist and clinical psychologist.</p> <p>CO3- To explain the basic utility of psychotherapies.</p>
MAP-404	Dissertation		
MAP-405	Practical And Project Report		
MAP-301	Applied Psychometry	<ul style="list-style-type: none"> To gain familiarity with Psychometry and psychological measurement. 	<p>After completion of the course, students will be able:</p> <p>CO1- To create critical</p>

		<ul style="list-style-type: none"> Criteria of psychological test and the steps used in test construction. 	<p>understanding of measurement issues and techniques in psychological inquiry</p> <p>CO 2- To develop skills and competencies in test construction and standardization</p> <p>CO3- To learn the application and contextual interpretation of data from psychological measurement</p>
MAP-302	Organizational Behaviour	<ul style="list-style-type: none"> To gain familiarity with organizational concepts of human behaviour. To gain knowledge regarding organizational behaviour. 	<p>After completion of the course, students will be able:</p> <p>CO-1To create critical understanding of organizational behaviour.</p> <p>CO-2To develop skills and competencies of organizational behaviour.</p> <p>CO-3To learn the application and contextual interpretation of organizational behaviour.</p>
MAP-303	Human Resource Management	<ul style="list-style-type: none"> To gain knowledge about Human Resource Management. To create understanding and awareness about the psychological well- being in Organization. 	<p>After completion of the course, students will be able:</p> <p>COs 1- Explain about the concept of Human resource and its management especially in organizational setup.</p> <p>COs 2- Gain knowledge of future startup.</p> <p>COs 3- Apply obtained knowledge in the field of human resource development.</p>

MAP-304	Psychology at Workplace	<ul style="list-style-type: none"> To gain familiarity with psychology at work place. To create understanding about various aspects of working conditions. 	<p>After completion of the course, students will be able:</p> <p>CO1-To administer psychological testing in various settings of work place.</p> <p>CO2-To provide help in the solution of working problems.</p> <p>CO3- To enhance the quality of communication within organization.</p>
MAP-305	Practical	<ul style="list-style-type: none"> To provide an understanding of psychological tests having applications in clinical practice. Exposure to the general concepts of psychology through experimentation and testing. 	<p>After completion of the course, students will be able:</p> <p>CO-1 Demonstrate working knowledge of report writing and providing psychological consultancy in various setting.</p> <p>CO-2Developing an appreciation of how psychological tests can be applied to real life settings.</p> <p>CO-3 Compare individual differences.</p>
MAP-401	Psychological Testing	<ul style="list-style-type: none"> To gain familiarity with psychological testing and its nature and functions To create understanding about different types of testing. 	<p>After completion of the course, students will be able:</p> <p>CO1-To administers psychological testing in various settings like school, hospitals and NGO.</p> <p>CO2-To provide help in the assessment of mentally retarded and</p>

			<p>physically handicapped persons</p> <p>CO3- To explain about various types of psychological testing</p>
MAP-402	Stress Management	<ul style="list-style-type: none"> • To gain knowledge about Stress Management. • To create understanding and awareness about the therapeutic approaches to Stress Management. 	<p>After completion of the course, the students will be able to</p> <p>CO 1- Gain expertise in the understanding of stress and its management.</p> <p>CO 2- Organize stress management workshops in various government and public institutions.</p> <p>CO 3 – Apply stress management skills in various areas of life.</p>
MAP-403	Organizational Change	<ul style="list-style-type: none"> • To gain knowledge about organizational development and change. • To create understanding and awareness about the therapeutic approaches to organizational development. 	<p>After completion of the course, the students will be able to</p> <p>CO 1- Gain expertise in the understanding of organizational development.</p> <p>CO 2- enhance the quality of government and private organizations.</p> <p>CO 3 – Apply management skills in various areas of Government and private organizations.</p>
MAP-404	Employee Counseling or Dissertation	<ul style="list-style-type: none"> • To gain knowledge about employee counselling. • To create understanding and awareness about the therapeutic approaches of counselling. 	<p>After completion of the course, the students will be able to</p> <p>CO 1- Gain expertise in the understanding of employee Counselling.</p> <p>CO 2- Organize counselling program in various government and public institutions.</p> <p>CO 3 – Apply counselling skills in</p>

			various areas of life.
MAP-405	Practical and Project Report	<ul style="list-style-type: none"> • To provide an understanding of psychological tests having applications in clinical practice. • Exposure to the general concepts of psychology through experimentation and testing. 	<p>After completion of the course, students will be able:</p> <p>CO-1 Demonstrate working knowledge of report writing and providing psychological consultancy in various setting.</p> <p>CO-2 Developing an appreciation of how psychological tests can be applied to real life settings.</p> <p>CO-3 Compare individual differences.</p>