

BIO-DATA

Name	-	Dr. Anju Kumari
Designation	-	Assistant Professor
Dept./Centre of study-		Yoga Science, Univesity of Patanjali
Date of joining	-	25/01/2020
Work Experience	-	2.5 YEAR
Husband's Name	-	Shri Rakesh Kumar
Date of Birth	-	4 February, 1981
Address	-	101, Vidhya Vihar Clolny, Kankhal (Haridwar)-249408
Contact No.	-	9634465292, 9760095214

Qualification	Year	Board/University	Total	Percentage	Division
‘‘योगिक परिप्रेक्ष्य में व्यक्तित्व विकास के विविध आयाम’’ एक विवेचनात्मक अध्ययन	2012-2016	Gurukul Kangri Vishvavidyalaya, Haridwar			
M.A. (Yog)	Sep, 2010	Uttarakhand Sanskrit Vishvavidyalaya	1602/2400	66.75%	First
M.Com	Aug, 2004	M.D.U.	454/1000	45.4%	Third
B.Com	Nov, 2001	M.D.U	900/1800	50%	Second
10+2	Sept, 1998	B.S.E.H.	265/500	53%	Second
Matriculation	March,1996	B.S.E.H.	328/600	54.66%	Second

Workshop/Research Paper Published :

1. Participated in International Conference (24th to 26th Feb, 2012) Global Innovation strategies and policies in physical education & sports science Gurukul Kangri Vishvavidyalaya, Haridwar.
2. National Symposium held in Patanjali Yogdham Trust, Arya Nagar Jwalapur-Haridwar. In present time the importance of yog 10 April 2010. Research Papers Presented- ‘‘Yog Shiksha Dwara Vyaktitva Nirman’’.
3. Uttarakhand Council of Science and Technology. National Seminar on **Yogic Mgt. of Life Style Disorders. Research Paper Presented- ‘‘Yogabhyas Dwara Tanav Prabandh’’** (30th to 31st March 2015 – G.K.V.V.)
4. IInd National Workshop on Yoga & Alternative therapies (9 March 2015 ot 15 March, 2015) Deptt- Human Cons. & Yogic Science, G.K.V.V.
5. Deptt.- Human Cons. & Yogic Science, G.K.V.V. National Workshop on Marma Therapy, (7-8 December, 2015)
6. G.K.V.V. National Semminar on World Peace & Harmony Through Yoga, (2-3 April, 2016.) Research Paper Presented ‘‘Yog Dwara Vishva Ki Samasyaon Ka Samadhan’’

Date :.....

(ANJU KUMARI)