

Curriculum Vitae

Personal Details

Name: Dr. Nidhi Pathak

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Nationality: Indian

Profile

Dedicated and passionate Naturopathy Doctor with expertise in holistic healing, natural therapies, and lifestyle management. Skilled in personalized treatment planning, detoxification therapies, chronic disease management, and patient counseling. Committed to promoting wellness through evidence-based naturopathic practices, yoga, and natural remedies.

Education

- MD Naturopathy | Swami Vivekanand Subharti University, Meerut | Dec 2022 – Oct 2025
- Bachelor of Naturopathy and Yogic Sciences (BNYS) | Banaras Hindu University, Varanasi | Dec 2016 – Nov 2022
- 12th, CBSE Board | K.T. Public School, Ayodhya | March 2014
- 10th, CBSE Board | Sunbeam School Varuna, Varanasi | March 2012

Internships

- 6 Months Internship, Sir Sunderlal Hospital, Banaras Hindu University, Varanasi (Nov 2021 – May 2022)
- 3 Months Internship, Divya Nayan Yoga and Naturopathy Wellness Centre (Jun 2022 – Aug 2022)
- 3 Months Internship, Patanjali Yoggram, Yog Naturopathy Panchkarma Treatment & Research Centre, Haridwar (Sep 2022 – Nov 2022)

Skills

- ✓ Naturopathic Consultation & Diagnosis
- ✓ Chronic Disease Management (Diabetes, Hypertension, Arthritis, etc.)

- ✓ Holistic Pain Management
- ✓ Patient Education & Counseling
- ✓ Teaching and mentoring students
- ✓ Research Methodology and Dissertation Guidance
- ✓ Seminar, Conference, and Workshop Organization

Certificates & Achievements

- 🏆 Certificate of Participation, Yeongdeok International H-Wellness FESTA 2024, Korea
- 🏆 Certificate of Appreciation & Participation, Gyeongbuk International Hi-Wellness FESTA 2023, Korea
- 🏆 Course Completion Certificate, First Aid & Emergency Care, Subharti Medical College, Meerut, 2023
- 🏆 Delegate, 1st National Naturopathy Conference (RAJNATCON 2023), Rajasthan
- 🏆 Proficiency Certificate for securing 1st Position in II Professional BNYS Exam 2019, BHU, awarded on Annual Day 2022

Extra-curricular Activities & Conferences

- International Conference on Prospective of Medical, Food, Pharma & Agro Technology (BHU, Feb 2018)
- International Conference on Recent Advances & Future Perspectives in Ayurveda and Yoga (BHU, Apr 2018)
- Arogya Sangosthi on Yoga, Namoo Gange, New Delhi (May 2018)
- Workshop on Stress Management, BHU (Sep 2018)
- 2nd International Conference on Holistic Wellness through Naturopathy & Yoga (Sant Hirdaram Medical College, Bhopal, Jun 2021)

Languages

- 🌐 English
- 🌐 Hindi