

CURRICULUM VITAE



Dr. NAYAN BISWAS (BNYS)

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OBJECTIVE

To work, serve and grow in an holistic health care industry as well as teaching organization, which provides a challenging profile to express my skills and expertise as well as push me to acquire new skill sets and progressively, to contribute to the growth of the organization.

COMPETENCY OVERVIEW

- Assistant professor at University of Patanjali in FNYS.
- Experience in teaching –Responsible for ensuring that all students in college understood the topic cleared there doubt as well.
- Experience in patient consultation for Diabetes Mellitus, hormonal imbalance, asthma, anemia, calf pain, hypertension, hypotension, insomnia, stress, anxiety, knee pain, RA, OA, varicose veins etc.
- Treated more than 200 patients independently.
- Outstanding ability to use EMR (Electronic Medical Records)
- High skills in resolving client personal issues Strong ability to recommend healthy regimens for patient lifestyles Profound experience in virtual yoga classes, prescribing diet and naturopathic remedies according to patient's disease condition
- Profound experience in prescribing health food supplements and other naturopathic remedies
- Good ability to maintain patient confidentiality.
- Also involved in General Admin work and other activities as assigned/required by the college and hospital.
- Took personal yoga classes, on a mass basis, with different styles of yoga.

KEY ROLES AND SKILLS

- Good Interpersonal and Communication skills. .
- Loyal and sincere to the cause.
- Great doubt clearing and understanding ability.
- Core team member of the Infection Control committee.
- Coordinated with team members and responsible for Full Hospital Inspection and reporting to the senior team member.
- Implemented all changes before the final NABH inspection.
- Got trained in Medical Emergency and Spill Management
- Trained therapists in Infection control techniques like proper handwashing protocol, fluid spill management.
- Learned Fire Safety Skills and took part in all the drills.
- Maintaining MRD (Medical record department)
- Also involved in general admin work and other activities as assigned/required by the college and hospital.

EDUCATIONAL QUALIFICATION

- SSE passed from CBSE Board - 2013
- SSCE passed from CBSE Board - 2015
- BNYS(UG) from Sant Hirdaram Medical College of Naturopathy & Yogic Sciences,(MPMSU Jabalpur)2022.

PROFESSIONAL CLINICAL TRAINING

SANTHIRDARAM YOGA AND NATURE CURE HOSPITAL (NABH ACCREDITED) AS MEDICAL INTERNEE

- Case history taking
- Conducted yoga classes
- Hydrotherapy treatment to patients
- Physiotherapy and acupuncture to patients
- Diet prescription and counseling to patients
- Documentation
- Night duty

KRISNANI MULTISPECIALIST HOSPITAL AS NIGHT DMO

- Emergency services
- First-aid
- casualty services

PATANJALI YOGGRAM AND NIRAMAYAM (YOG-NATUROPATHY-PANCHKARMA TREATMENT AND RESEARCH CENTER) AS RMO

- Consultation and prescribed naturopathy treatment to patients
- Panchakarma treatment to patients
- COVID duty
- Physiotherapy and Acupuncture to patients
- Hydrotherapy treatment to patients
- Diet prescription and counseling to patients
- Night duty
- Emergency Duty

PROFESSIONAL TRAINING

- **Assistant professor** : Faculty of Naturopathy and Yogic Sciences, University of Patanjali from 1/06/2022 to till now.
 - Yoga Philosophy
 - Physics
 - Holistic Therapy

EXTRA CURRICULAR ACTIVITIES

- Participated and organized 1st International Conference on Holistic Wellness through Naturopathy and Yoga, (**ICHW-2019**) from 15th -17th March 2020 at SantHirdaram Medical College of Naturopathy and Yogic Sciences,Bhopal .
- Participated inAyurYog Expo (A world assembly on ayurveda, yoga and naturopathy) (**AYURYOG EXPO-2019**),Delhi.
- At 87th Free Urology Camp at SewaSadan Eye Hospital, Bairagarh, Bhopal (24th to 30th September 2017).
- **Refresher Course on Vedic Science** from 19th June to 02nd July,2022,University of Patanjali.
- International Conference **on Modernization of Traditional Indian Medicine : Public Health & Industrial Perspectives** from August 1-4,2022, Haridwar,Uttarakhand.
- Participated in the faculty development program (Refresher Course) organized by university of Patanjali ,Haridwar from 19th June -2nd July 2022.
- International Yoga Day 2022 : under the guidance of Yog Rishi Swami Ramdev Ji on Tuesday, 21st June 2022 as we practise yoga. It will be telecast LIVE on Aastha Channel and other regional and national news channels. Come and be a part of 'Yoga Mahostav'.
- **International Conference on Modernization of Traditional Indian Medicine: Industrial Perspectives.**Patanjali Research Institute and Society for Conservation and Resource Development of Medicinal Plants are organizing an 'International Conference on Modernization of Traditional Indian Medicine: Industrial Perspectives.**Date:** 1st till 4th August 2022.**Venue:** University of Patanjali's Auditorium, Haridwar, Uttarakhand, India.
- **Integrative Approaches on Modern Medicines and Ayurveda** : Discussion Forum on Bridging the Gap (**Plant to Patients**) **Date:** 19th,20th Dec,2022 **Venue:** University of Patanjali's ,Auditorium-Administrative Block, Haridwar, Uttarakhand, India.

TECHNICAL SKILLS

- Electronic Medical Record (EMR) Windows 10, MS- Word, MS Excel, MS PowerPoint, etc.

DISSERTATION:

- **YOGA-** Yogic management of Diabetes Mellitus.
- **NUTRITION-** Nutrition and fatty liver.

PERSONAL DETAILS

Name : Dr. Nayan Biswas
Date of birth : 29/03/1997
Father's Name : Mr. Tapan Biswas
Gender : Male
Marital Status : Single
Nationality : Indian
Languages known : English , Hindi and Bangla.
Hobbies : Cricket, Reading Books, Listening music, gardening etc.

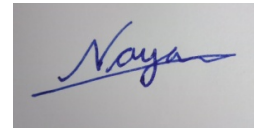
DECLARATION

I, hereby declare that the above said information which I have provided are completely true in my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Date: 21.02.2023

PATANJALI YOGGRAM

HARIDWAR



(NAYAN BISWAS)