# **Evaluative Report of the Faculty of naturopathy & Yogic Sciences**

Name of the University : **University of Patanjali** विश्वविद्यालयस्य नाम : **पतंजांले विश्वविद्यालय** 

Dist : Haridwar State: Uttarakhand राज्यम् : उत्तराखंड जनपदम् : हरिद्वार

Total Number of Departments in the institution: 10

संस्थायां विद्यमानविभागानां सङ्ख्या : 10

(Report of the year 2023)

प्रभागः कि फैस्ताब्र अध्यप्त शाराः  Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि  a. Regular (UG/PG/Research Programs) नियमिताः(स्नातक-स्नातकोत्तर- अनुसन्धानपाठ्यक्रमाः)  b. Interdisciplinary/ अन्तःशास्त्रीयम्  c. others/ अन्ये  Number of teaching posts अध्यापकपदानां सङ्ख्या  a. Sanctioned / प्रवत्तानि  b. Filled / पूरितानि  c. Total Faculty including guest faculties  Number of Research Projects: परियोजनानां सङ्ख्या  Total grants received/प्राप्तमनुदानम्  Inter-institutional collaborative projects and associated grants received  अन्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च  National collaboration/ राष्ट्रस्तरीयसहयोगः International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः  Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc.,: Total grants received  वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः			
Is the Department part of a School / Faculty of the University विभागः कि कस्याश्चित् अध्ययनशालायाः / कस्यचित् सङ्घायस्य भागः  Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि  a. Regular (UG/PG/Research Programs)	S. No.		Department of Naturopathy
University विभागः कि कस्याश्चित् अध्ययनशालायाः / कस्यचित् सङ्घायस्य भागः  Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि  a. Regular (UG/PG/Research Programs)	1	Year of Establishment /स्थापनायाः संवत्सरः	Jan. 2022
प्रचाल्यमानानां पाठ्यक्रमाणां नामानि  a. Regular (UG/PG/Research Programs)	2	University विभागः किं कस्याश्चित् अध्ययनशालायाः / कस्यचित्	Faculty of naturopathy & Yogic Sciences
अध्यापकपदानां सङ्ख्या  a. Sanctioned / प्रदत्तानि  b. Filled / पूरितानि  c. Total Faculty including guest faculties  Number of Research Projects:  परियोजनानां सङ्ख्या  Total grants received/प्राप्तमनुदानम्  Inter-institutional collaborative projects and associated grants received  अन्तः संस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च  National collaboration/ राष्ट्रस्तरीयसहयोगः  International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः  Departmental projects funded by UGC-SAP/CAS,DPE,  ICSSR, ICPR etc.,: Total grants received	3	प्रचाल्यमानानां पाठ्यक्रमाणां नामानि a. Regular (UG/PG/Research Programs) नियमिताः(स्नातक-स्नातकोत्तर- अनुसन्धानपाठ्यक्रमाः) b. Interdisciplinary/ अन्तःशास्त्रीयम् c. others/ अन्ये	(2) 1 UG, (Bachelor in Naturopathy and Yoga Science B.N.Y.S.).1 Diploma, (Diploma in Naturopathy & Yoga Therapy D.N.Y.T.)
5परियोजनानां सङ्ख्या Total grants received/प्राप्तमनुदानम्	4	अध्यापकपदानां सङ्ख्या a. Sanctioned / <b>प्रदत्तानि</b> b. Filled / पूरितानि	6
grants received अन्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च National collaboration/ राष्ट्रस्तरीयसहयोगः International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc., : Total grants received वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः	5	परियोजनानां सङ्ख्या	_
वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः	6	Inter-institutional collaborative projects and associated grants received अन्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च National collaboration/ राष्ट्रस्तरीयसहयोगः International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः Departmental projects funded by UGC-SAP/CAS,DPE,	
विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च	7	वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः	_

8	Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnashala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions.  उद्यमैः/ औद्योगिकनिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्धानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीथिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।	(6) 3 - Laboratories,1 - Museum, 1- Yajnashala, 1- Yogashala
	Publications:/ प्रकाशनानि	
	Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या	_
	Number of Books with ISBN/	
	ISBN -युतानां ग्रन्थानां सङ्ख्या	-
	Number of Journals with ISSN	
	ISSN -युतानां शोधपत्रिकाणां सङ्ख्या	_
	Number of Creative writings	
	सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या Number of Text Books	_
	पाठ्यपुस्तकसङ्ख्या	_
	Number of Patents acquired/Creative writings/ Critical	
	Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown	
	manuscripts brought to light through publication during	
9	the last five years	
9	विगृतपञ्चवर्षेषु प्राप्तानां स्वत्त्वाधिकाराणां /	-
	सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां विमर्शात्मकशास्त्रीयलेखानां कृते राज्य/ राष्ट्रीयनिकायैः	
	प्राप्तपुरस्काराणाम् सङ्ख्या। अप्रकाशितमातृकाणां/	
	प्राकाश्यमानीतानां मातृकाणां सङ्ख्या	
10	Areas of consultancy and income generated from various sources/	
10	परामर्शस्य क्षेत्राणि तथा नानास्रोतोभ्यः अर्जित आयः	-
	Number of seminars/workshops/summer schools etc.	
11		13
	सङ्गोष्ठीनां/ कार्यशालानां/ ग्रीष्मकालिकाध्ययनशालानां च सङ्ख्या	20
	Awards/Recognitions /fellowships/invitations as	
	visiting professors received at the National and	
	International level by:	4
	राष्ट्रियस्तरे तथा अन्ताराष्ट्रियस्तरे लब्धानां सहवृत्तीनां/ पुरस्काराणां सूची/ अतिथि-आचार्यरूपेण आह्वानम्	
	Faculty (including guest faculties)	
	अध्यापकेः (अतिथ्यध्यापकसहितम्)	-
	Doctoral/Post doctoral fellows /research assistants and associates/ शोध-शोधोत्तर-गवेषकैः/ शोधसहायकैः/	
	associates/ शाध-शाधात्तर-गवषकः/ शाधसहायकः/ शोधसहयोगिभिश्च	- City OF A
	Students/ ন্তারা:	(8)
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		(5) (a)
		(* \ \alpha
		Haridwal
		GIIOW

12	How many students have cleared Civil Services and Defense Services examinations, NET, SET (SLET), GATE and other competitive examinations including traditional exams conducted byRecognized Institutions /Trusts/NGO's	_
	नागरिकसेवा, रक्षासेवा, नेट्, सेट् (स्लेट्), परीक्षासु तथा अन्यान्य- प्रतियोगितामूलपरीक्षासु कतिच्छात्राः उत्तीर्णाः	
	List of doctoral, post-doctoral students and research associates शोध-शोधोत्तर-गवेषकानां शोधसहयोगिनां च सूची	_
13	From the host institution/university स्वकीयविश्वविद्यालयतः / संस्थातः	_
	From other institutions/universities इतरविश्वविद्यालयतः / संस्थातः	-
14	Number of Research Scholars/ Post Graduate students getting financial assistance from the University/State/ Central Governments and NGO's विश्वविद्यालयात् राज्यसर्वकारात् केन्द्रसर्वकाराद्वा प्राप्नुवताम् आर्थिकसाहाय्यं/ शोधच्छात्राणां/स्नातकोत्तरच्छात्राणां सङ्ख्या	_





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# पतंजिल विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.): UOP | PVC | 2023 | 3133

दिनांक (Date) : 04 01 2023

# कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारियों, संकायाध्यक्षों, प्राध्यापकों, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षक, योग प्रशिक्षक, शिक्षकेत्तर कर्मचारियों एवं छात्र/छात्राओं को सूचित किया जाता है कि पतंजिल परिवार के 28वें स्थापना दिवस के अवसर पर दिनांक 05 जनवरी, 2023 को माननीय कुलाधिपित, परम पूज्य योगऋषि स्वामी जी महाराज एवं माननीय कुलपित, आयुर्वेद शिरोमणि श्रद्धेय आचार्यश्री जी के पावन सानिध्य में आयोजित समारोह में निम्न कार्यक्रमानुसार सभी की उपस्थित अनिवार्य है।

#### ॥ कार्यक्रम विवरण ॥

क्र.सं.	कार्यक्रम	समय	स्थान
1.	प्रात: कालीन योग सत्र	प्रात: 05:00 बजे से	योग भवन, पतंजिल वैलनेस,
			पतंजलि योगपीठ, फेस-2
2.	सायंकालीन कार्यक्रम	अपराह्न 03:30 बजे से	पतंजिल विश्वविद्यालय,
		8	ऑडिटोरियम

उपरोक्त कार्यक्रमानुसार सभी की शत-प्रतिशत उपस्थिति अनिवार्य है। कार्यक्रम प्रारम्भ होने से 15 मिनट पूर्व अपना स्थान सुनिश्चित कर लें।

नोटः शारीरिक शिक्षा विभाग के शिक्षकों, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षिका, पर्यवेक्षक, योग प्रशिक्षक/प्रशिक्षिकाएं समस्त छात्र/छात्राओं की उपस्थिति कार्यक्रम स्थान पर सुनिश्चित करेंगे।

( प्रति-कुलपति )

पतंजिल विश्वविद्यालय, हरिद्वार

प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- निजी सचिव कुलाधिपित, माननीय कुलाधिपित महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 6. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष- दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, को संकाय के व्यवस्थानुसार कार्यवाही हेतु।
- 9. निदेशक, अभियांत्रिकी, पतंजलि विश्वविद्यालय।
- 10. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- ।।. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 12. समस्त अधिकारीगणों, प्राध्यापकगणों, योग प्रशिक्षक, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षक पर्यवेक्षक शिक्षकेत्तर कर्मयोगियों एवं छात्र/छात्राओं को सूचनार्थ आवश्यक कार्यवाही हेतु प्रेषित।

13. कार्यालय प्रति।

कार्यालय : पतंजिल विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार—249405, उत्तरिराह, भारत Office : University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhand India

(फोन) Phone : 01334-242526 (ई-मेल) E-mail : contact@uop.edu.in (वैब) Web. : www.universityofpatanja

्रिप्यविक्षक,













# पतंजलि विश्वविद्यालय, हरिद्वार

पत्रांक: 000/100/2023/3/49

दिनांक: 17.01.2023

# कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारियों, संकायाध्यक्षों, विभागाध्यक्ष, विभाग प्रभारी/समन्वयक, प्राध्यापकों, योग प्रशिक्षकों, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षक, पर्यवेक्षक, शिक्षकेत्तर कर्मचारियों तथा समस्त छात्र-छात्राओं को सूचित किया जाता है कि भारत गणराज्य के 74वें गणतंत्र दिवस के अवसर पर दिनांक 26 जनवरी, 2023 को ध्वजारोहण कार्यक्रम माननीय कुलाधिपति परम पूज्य स्वामी जी महाराज एवं माननीय कुलपति श्रद्धेय आचार्य जी की पावन उपस्थिति में निम्नानुसार सम्पन्न होगा। ध्वजारोहण कार्यक्रम में संस्था के समस्त कर्मयोगियों का आगमन पतंजिल विश्वविद्यालय परिसर में होगा। कार्यक्रम में विश्वविद्यालय परिवार के समस्त सदस्यों की उपस्थिति अनिवार्य है।

## ॥ कार्यक्रम विवरण ॥

कार्यक्रम	समय	कार्यक्रम स्थल	
श्वजारोहण कार्यक्रम	प्रातः 09:00 बजे	खेल मैदान	
		पतंजिल विश्वविद्यालय	

विशोष: ध्वजारोहण कार्यक्रम की व्यवस्था स्वामी आर्षदेव जी एवं डॉ. निर्विकार जी अपने सहयोगियों के साथ देखेंगे। प्रसाद वितरण की व्यवस्था डॉ. नरेन्द्र सिंह व डॉ. निधीश यादव जी निर्वहन करेंगे।

समस्त प्राध्यापक एवं योग प्रशिक्षक, कर्मयोगी एवं छात्र/छात्राएं अनुशासन व्यवस्था बनाए रखने में अपना पूर्ण सहयोग प्रदान करें। सभी प्रातः 08:45 तक अपना स्थान सुनिश्चित कर लें।

(डॉ. महावीर अग्रवाल)

प्रति-कुलपति

# प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 6. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष- दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 10. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 11. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजलि योगपीठ, हरिद्वार।
- 12. समस्त प्राध्यापकगणों एवं छात्र/छात्राओं एवं विश्वविद्यालय परिवार से सम्बन्धित समस्त सदस्यगणों को एवं आवश्यक कार्यवाही हेतु प्रेषित।
- 13. कार्यालय प्रति।











26 January 2023





# पतंजिल विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.): UOPIPUC/2023) 3,213

दिनांक (Date): 27/02/2023

# कार्यालय आदेश

पतंजलि विश्वविद्यालय समस्त अधिकारियों, संकायाध्यक्षों, विभागाध्यक्ष, को प्रभारी/समन्वयक, प्राध्यापकों, योग प्रशिक्षकों, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षक, पर्यवेक्षक, शोधार्थियों तथा समस्त छात्र-छात्राओं को सूचित करते हुए हर्ष हो रहा है कि दिनांक 28 फरवरी से 02 मार्च, 2023 तक पतंजलि विश्वविद्यालय, ऑडिटोरियम में तीन दिवसीय शोध सम्मेलन "Plants to Patients-Series III- Rethinking Ethnopharmacology" का आयोजन किया जा रहा है।

इसमें सभी की उपस्थिति अनिवार्य है। सभी अपने परिचय पत्र एवं निर्धारित वेशभूषा के साथ प्रात: 08:45 तक अपना स्थान ग्रहण कर लें। अनुशासन बनाए रखने में सभी शिक्षकों एवं योग प्रशिक्षकों का सहयोग अपेक्षित है।

(प्रति-कुलपति)

पतंजिल विश्वविद्यालय, हरिद्वार

संलग्न- कार्यक्रम विवरण (हिन्दी एवं अंग्रेजी)

# प्रतिलिपिः सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषितं।

- 1. निजी सचिव कुलपति, माननीय कुलपति महोदय के सादर सूचनार्थ।
- 2. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 3. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 4. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 5. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, एवं विभागाध्यक्ष- दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 6. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 7. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 8. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 9. स्वामी आर्षदेव जी, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 10. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।
- 11. कार्यालय प्रति।

कार्यालय : पतंजिल विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार—249405, उत्तराखण Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhand, India Color (फोन) Phone : 01334-242526 (ई-मेल) E-mail : contact@uop.edu.in (वैब) Web. : www.universityofpatanjali.com

# <u>प्लांट्स टू पेशेंट्स-सिरीज III:</u> रीथिंकिंग एथ्नोफार्माकॉलोजी

# **Plant to Patients-Series: Rethinking Ethenopharmacology**

प्रथम दिवस: 28th फरवरी, 2023 (मंगलवार)						
	स्थान: पतंजलि विश्वविद्यालय सभागार, हरिद्वार					
9:00 - 9:30 am		अतिथियों का स्वागत				
9:30 - 9:45 am		दीप प्रज्वलन				
9:45 - 10:00 am		स्वागत संबोधनः <b>प्रो. महावीर अग्रवाल</b>				
10:00 - 10:30 am	उद्घा	टन संबोधन: <b>परम पूज्य स्वामी रामदेव जी</b>				
10:30 - 11:00 am	उद्घाटः	न संबोधन: <b>परम श्रद्धेय आचार्य बालकृष्ण जी</b>				
11:00 – 11:05 am	पतंजलि अनुसंध	<b>ान संस्थान की यात्रा: एक परिचय</b> (संक्षिप्त डाक्यूमेंट्री)				
11:05 - 11:25 am	<b>डॉ. अनुराग वार्ष्णेय</b> पतंजलि अनुसंधान संस्थान, हरिद्वार, भारत	पतंजलि अनुसंधान संस्थान का परिचय				
11:25 – 11:45 am	<b>डॉ</b> . <b>वेदप्रिया आर्या</b> पतंजलि अनुसंधान संस्थान, हरिद्वार, भारत	पतंजलि हर्बल अनुसंधान का परिचय				
प्रो. (डॉ.) अनुराग श्रीवास्तव निदेशक, सर्जिकल डिसिप्लिन्स, निम्स विश्वविद्यालय राजस्थान, जयपुर अॉनोररी एडवाइजर- क्लीनिकल रिसर्च, पतंजिल अनुसंधान संस्थान, हरिद्वार, भारत		सम्मेलन के उद्देश्यों का परिभाषण और अगले तीन दिनों की रूपरेखा।				

# थाम 1: फडामटल इसन्स आफ डिफरट सिस्टम्स आफ एथ्नामाडासन्स : दि व आफ आवर अनसस्टस

#### Theme 1: Fundamental Essence of Different Systems of Ethnomedicines: The Way of Our **Ancestors**

12:00 - 12:20 pm	प्रो. जैकोबस निकोलास एलोफ़	बोर्ड मेंबर, ISE फाइटोमेडिसिन प्रोग्राम फैकल्टी ऑफ वेटेरिनरी मेडिसिन प्रिटोरिआ विश्वविद्यालय प्रिटोरिआ, साउथ अफ़्रीका	An Interaction between Indigenous Knowledge, Science and Technology is Required to Commercialize Promising Compounds and Extracts
12:20 - 12:40 pm	प्रो. (डॉ.) सुनील कुमार जोशी	कुलपति, उत्तराखंड आयुर्वेद विश्वविद्यालय, देहरादून	Ayurveda and its Role for Disease-Free Society
12:40 - 1:00 pm	प्रो. सितेश सी. बचार (ऑनलाइन)	प्रोफेसर डिपार्टमेंट ऑफ फार्मेसी ढाका विश्वविद्यालय, बांग्लादेश	Synthesis to Natural Products: An Approach to Drug Development

1:00 - 1:20 pm 1:20 - 2:30 pm	भोजन	पतंजलि अनुसन्धान संस्थान हरिद्वार,भारत स्थानः विश्वविद्या	Ethnopharmacological Approach ालय भोजनालय
	डॉ. राजेश मिश्रा	असिस्टेंट प्रोफेसर पतंजलि आयुर्वेद कॉलेज	Nature's Signature in Ayurved with an

1:20 – 2:30 pm	भाजन स्थानः विश्ववद्यालयं भाजनालय				
2:30 – 2:40 pm	30 – 2:40 pm संगीतमय प्रस्तुति				
ર્થ	) म 2: प्री-क्लीनिकल वेलिङे	शन ऑफ एथ्ने	मिडिसिन्स: ओल्ड अ	ाइडियाज थ्रू न्यू लेन्सेस	
Thoma 2:	Pro-clinical Validation	of Ethnomo	dicinas: Old Idaas	through Now Longos	
2:40 - 3:00 pm	प्रो. युआन श्युन चांग	n of Ethnomedicines: Old Ideas प्रोफेसर ऑफ फार्माकोग्नॉसी डिपार्टमेंट ऑफ चाइनीज फार्मास्युटिकल्स साइंस एंड चाइनीज मेडिसिन रिसोर्सेज कॉलेज ऑफ चाइनीज मेडिसिन चाइना मेडिकल यूनिवर्सिटी ताईवान		Quality Control of TCM Herbs and Herbal Preparations in Taiwan	
3:00 - 3:20 pm	डॉ. संदीप बी. भराते	चाइना माडकल यूनवासटा ताइवान  HoD एंड सीनियर प्रिंसिपल साइंटिस्ट नेचुरल प्रोडक्ट्स एंड मेडिसिनल केमिस्ट्री डिवीज़न  CSIR - इंडियन इंस्टिट्यूट ऑफ इंटीग्रेटिव मेडिसिन जम्मू, भारत		Phytopharmaceuticals: A New Hope for Uplifting the Traditional Medicine in India	
थ्रस्ट ए	रिया 1: एथ्नोफार्माकोलोजी	इन कैंसर: अ	सोल्युशन टू अ स्टबब	र्न मॉडर्न डे हेल्थ मीनास	
Thrust area	1: Ethnopharmacology			bborn Modern Day Health	
3:20 - 3:40 pm	प्रो. (डॉ.) अनुराग श्रीवास्तव	ऑनोररी एडवाडजर-क्लीनिकल रिसर्च		Use of Medicinal Plants in Cancer Treatment: A Learning from Ayurveda	
3:40 - 4:00 pm	प्रो. पार्थ रॉय	ा डिपार्टमेंट अ बायो इंडियन इंस्टि	प्रोफेसर ॉफ बायोसाइंस एंड इंजीनियरिंग ट्यूट ऑफ टेक्नोलॉजी डकी, भारत	Phytochemicals and their Role in the Cure and Management of Cancer: A Mechanistic Approach	
4:00 - 4:20 pm	डॉ. सविता लोचब	सीनियर पतंजलि उ हरि	रिसर्च साइंटिस्ट अनुसंधान संस्थान द्वार, भारत	Identifying Novel Mechanistic Paradigms of Ayurvedic Medicines that could Combat Cancer	
4:20 – 4:45 pm		चा	य/कॉफी ब्रेक		
4:45 - 5:45 pm	समूह चर्चा चेयर पर्सन: • प्रो. (डॉ.) डोमेनिको डेलिफनो • प्रो. (डॉ.) सी.बी. धनराज		How to put E Center	गर्माकोलोजी ऑन द सेन्टर स्टेज ऑफ ट्रीटमेंट thnopharmacology on he Stage of Treatment	
5:45 - 6:00 pm	समापन सम्बोधन : प्रथम दिवस				
6:00 – 6:30 pm पतंजित विश्वविद्यालय के छात्रों द्वारा संगीतमय योग					

# द्वितीय दिवस: 1st मार्च, 2023 (बुद्धवार)

# स्थानः पतंजलि विश्वविद्यालय सभागार, हरिद्वार

9:30 - 10:00 am	संबोधन: <b>परम पूज्य स्वामी रामदेव जी</b>	
10:00 - 10:30 am	संबोधन: <b>परम श्रद्धेय आचार्य बालकृष्ण जी</b>	

# थीम 2: प्री-क्लीनिकल वेलिडेशन ऑफ एथ्नोमेडिसिन्स: ओल्ड आइडियाज थ्रू न्यू लेन्सेस

#### Theme 2: Pre-clinical Validation of Ethnomedicines: Old Ideas through New Lenses

थ्रस्ट एरिया 2: एथ्नोफार्माकोलोजी इन नॉन-कम्युनिकेबल/लाइफस्टाइल डिसॉर्डर्स: पेसिफायर ऑफ दि स्टॉर्म ब्रंहिग इन दि यार्ड

Thrust area 2: Ethnopharmacology in Non-communicable/Lifestyle Disorders: Pacifier of the Storm Brewing in the Yard

Storm Brewing in the Yard				
10:40 - 11:00 am	प्रो. शुभिनी ए. सराफ	डायरेक्टर नेशनल इंस्टिट्यूट ऑफ फार्मास्युटिकल्स एजुकेशन एंड रिसर्च (NIPER) रायबरेली, भारत	Reaping the Benefits of Ethnopharmacology through Nano Formulations	
11:00 - 11:20 am प्रो. (डॉ.) चिंतामणि		हेड ऑफ सर्जरी एंड सर्जिकल ऑन्कोलॉजी सफदरजंग हॉस्पिटल एंड वर्धमान महावीर मेडिकल कॉलेज नई दिल्ली, भारत	Indian Cancer- Finding Indian Solutions to Indian Problems	
प्रो. ज़ीलिंग यू 11:20 – 11:40 am (ऑनलाइन)		प्रोफेसर टीचिंग एंड रिसर्च डिविजन डायरेक्टर कंसन चाइनीज मेडिसिन्स रिसर्च सेंटर फॉर रीनल डिसीसेस डायरेक्टर मास्टर ऑफ़ फार्मास्यूटिकल साइंसेज इन चाइनीस मेडिसिन प्रोग्राम हांगकांग बैपटिस्ट विश्वविद्यालय हांगकांग	A Traditional Chinese Medicine Formula is Beneficial in Treating Rheumatoid Arthritis	
11:40 – 12:00 am	डॉ. कुणाल भट्टाचार्य	प्रिंसिपल साइंटिस्ट पतंजलि अनुसंधान संस्थान हरिद्वार, भारत	Ethno-nanomedicine: Traditional Medicine in a Modern Delivery System	
12:00 – 12:20 pm	प्रो. पी. बलराम (ऑनलाइन)	केमिकल इकोलॉजी टाटा इंस्टिट्यूट ऑफ फंडामेंटल रिसर्च नेशनल सेंटर फॉर बायोलॉजिकल साइंसेज (TIFR – NCBS) बेंगलुरु, भारत	Reviving Natural Products Chemistry, a Discipline in Decline in India	
12:20 – 12:40 pm	संदीप सिन्हा	सीनियर प्रिंसिपल साइंटिस्ट पतंजलि अनुसंधान संस्थान हरिद्वार, भारत	Novel Ayurvedic Approach to Combat Organic and Iatrogenic Kidney Disorders: A Pre-clinical Perspective	
12:40 – 1:00 pm	डॉ. राकेश के. सिंह	असोसिएट प्रोफेसर नेशनल इंस्टिट्यूट ऑफ़ फार्मास्यूटिकल एजुकेशन रिसर्च (NIPER) रायबरेली, भारत	Protective Effect of Natural Compounds in Models of Neuroinflammation	
1:00 – 1:20 pm	प्रो. गणेश एस.	प्रोफेसर डिपार्टमेंट ऑफ बायोलॉजिकल साइंसेज एंड बायोइंजीनियरिंग	Neuroprotective Mechanisms of Ayurvedic formulations Amalaki Rasayana and Rasa Sindoor	

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		इंडियन इंस्टिट्यूट ऑफ़ टेक्नोलॉजी (IIT) कानपुर, भारत	
1:20 – 1:40 pm	प्रो. रॉबर्ट वेरपूर्ते	प्रोफेसर एमेरिटस ऑफ़ फार्माकोग्नॉसी यूनिवर्सिटी ऑफ लीडेन लीडेन, नीदरलैंड्स	Food for Health, Food for Thought: Learn from Nature, Learn from your Ancestors
1:40 – 2:40 pm	भोजन	स्थान: विश्वविद्यालय भोजनालय	
2:40- 2:50 pm संगीतमय प्रस्तुति			

थ्रस्ट एरिया 3: एथ्नोफार्माकोलोजी इन कम्युनिकेबल डिजीज: डैम्पनर्स ऑफ दि शॉक्स लर्किंग इन एवी नुक एंड कॉर्नर

# Thrust area 3: Ethnopharmacology in Communicable Diseases: Dampeners to the Shocks Lurking in Every Nook and Corner

in Every Nook and Corner				
2:50 – 3:10 pm	प्रो. (डॉ.) डोमेनिको डेलफिनो	बोर्ड मेंबर ISE डिपार्टिमेंटो डी मेडिसिन ए चिरुर्गिया सेज़िओन डी फ़ार्माकोलोजिया यूनिवर्सिटी डेगली स्टडी डी पेरुगिया इटली		Ethnopharmacology of Endophytic Fungi
3:10 – 3:30 pm	प्रो. (डॉ.) अभिषेक परोलिया	असोसिएट प्रोफेसर एसोसिएट डीन पोस्ट-ग्रेजुएट, कंटीन्यूइंग एजुकेशन रिसर्च स्कूल ऑफ डेंटिस्ट्री इंटरनेशनल मेडिकल यूनिवर्सिटी मलेशिया		Role of Propolis in Dentistry: Facts vs Fantasy
3:30 – 3:50 pm	डॉ. कुलदीप सिंह	पतंजी	प्रमुख लिनिक एंड रिसर्च सेंटर ले आयुर्वेद हॉस्पिटल हरिद्वार, भारत	Traditional Indian Knowledge of Yoga and Ayurveda with Integration of Modern Dental Sciences
3:50 – 4:10 pm	डॉ. स्वाति हालदार	प्रिंसिपल साइंटिस्ट पतंजलि अनुसंधान संस्थान हरिद्वार, भारत		Withania somnifera: Ayurvedic Arsenal Against Antimicrobial Resistance
4:10 – 4:30 pm	डॉ. राकेश मौर्य	पूर्व चीफ साइंटिस्ट मेडिसिनल एंड प्रोसेस केमिस्ट्री डिवीजन सेंट्रल ड्रग रिसर्च इंस्टिट्यूट (CDRI) लखनऊ, भारत		Application of Traditional Knowledge in Search of Potential Leads for Drug Discovery
4:30 – 4:45 pm	चाय/कॉफी ब्रेक			
4:45 – 5:45 pm	समूह चर्चा       रेगुलेटरी एनवायरनमेंट रिकायर्ड टू ब्रिं         चेयर पर्सन:       स्ट्रीम ट्रीटमेन्ट : ए ग्लोब         प्रो. जैकोबस निकोलास एलोफ़       Regulatory Environment I         प्रो. शुभिनी ए. सराफ       Ethnomedicine in the Main S         Global Perspect		: ए ग्लोबल पर्सपिक्टिव nment Required to Bring Main Stream Treatment: A	
5:45 – 6:00 pm	समापन सम्बोधन : द्वितीय दिवस			
6:00 – 6:30 pm	पतंजलि विश्वविद्यालय के छात्रों द्वारा सांस्कृतिक कार्यक्रम			



# तृतीय दिवस: 2<sup>nd</sup> मार्च, 2023 (गुरुवार)

# स्थानः पतंजलि विश्वविद्यालय सभागार, हरिद्वार

9:30 - 10:10 am	संबोधनः <b>परम पूज्य स्वामी रामदेव जी</b>
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10:10 - 10:40 am संबोधन: परम श्रद्धेय आचार्य बालकृष्ण जी

# थीम 3: मॉडर्न क्लीनिकल एंड क्वालिटी आउटलुक फॉर दि एन्सिएंट एथ्नोमेडिकल प्रैक्टिसेज

#### Theme 3: Modern Clinical and Quality Outlook for the Ancient Ethnomedical Practices

Theme 3: Modern Clinical and Quality Outlook for the Ancient Ethnomedical Practices				
10:40 - 11:00 am	प्रो. रमेश के. गोयल	कुलपति दिल्ली फार्मास्यूटिकल साइंसेज एंड रिसर्च यूनिवर्सिटी नई दिल्ली, भारत	Ethnopharmacology to Clinical Pharmacology: Changing Trends and Success Stories	
11:00 – 11:20 noon	प्रो. (डॉ.) रबिनारायण आचार्य	डायरेक्टर जनरल सेंट्रल काउन्सिल फॉर रिसर्च इन आयुर्वेदिक साइंसेज (CCRAS) मिनिस्ट्री ऑफ आयुष (भारत सरकार) नई दिल्ली, भारत	Repurposing of Ayurvedic Drugs: Ethnopharmacology, a Tool	
11:20 - 11:40 am	प्रो. (डॉ.) मीनू सिंह	CEO एंड एक्सिक्यूटिव डायरेक्टर ऑल इंडिया इंस्टिट्यूट ऑफ मेडिकल साइंसेज (AIIMS) ऋषिकेश, भारत	Herbal Medicines: The Integrative Approach	
11:40 – 12:00 pm	प्रो. नमृता लाल	NRF/DST चेयर: प्लांट हैल्थ प्रोडक्ट्स फ्रॉम IKS मेडिसिनल प्लांट साइंस (डिपार्टमेंट ऑफ प्लांट एंड सॉयल साइंस) यूनिवर्सिटी ऑफ प्रिटोरिआ प्रिटोरिया, साउथ अफ्रीका	Natural science-based solutions to improve health; Pure solutions for natural Beauty Products	
12:00 – 12:20 pm	डॉ. रमन मोहन सिंह	डायरेक्टर फार्माकोपिया कमिशन फॉर इंडियन मेडिसिन एंड होम्योपैथी (PCIM&H) गाजियाबाद, भारत	Role of PCIM&H in Maintaining Quality Traditional Medicine in India	
12:20 – 12:40 pm	प्रो. (डॉ.) अजय सिंह	डायरेक्टर ऑल इंडिया इंस्टिट्यूट ऑफ मेडिकल साइंसेज (AIIMS)भोपाल, भारत	Herbal Medicines and Human Health: The Way Forward	
12:40 – 1:00 pm	प्रो. (डॉ.) भानु दुग्गल	प्रोफेसर एंड हेड कार्डियोलॉजी ऑल इंडिया इंस्टिट्यूट ऑफ मेडिकल साइंसेज (AIIMS) ऋषिकेश, भारत	Herbal Classical Medicines in Cardiac Diseases: An Ethnopharmacological Perspective	
1:00 – 2:00 pm	भोजन	भोजन स्थान: विश्वविद्यालय भोजनालय		
2:00- 2:10 pm		संगीतमय प्रस्तुति	ity of	
2:10- 2:30 pm	डॉ. अशोक शर्मा	असोसिएट प्रोफेसर डिपार्टमेंट ऑफ बायोकेमिस्ट्री ऑल इंडिया इंस्टिट्यूट ऑफ मेडिकल साइंसेज (AIIMS)	Anticancer Potentials of Indian Medicinal Plants against Ovarian Cancer	

		नई 🗆	देल्ली, भारत	
2:30- 2:50 pm	सुश्री राधा सैनी		र्गनाइजेशन (WHO) ता, फिलिपींस	Revitalizing the Global Health
2:50 – 3:50 pm	समूह चर्चा चेयर पर्सन: • प्रो. युआन श्युन चांग • डॉ. रमन मोहन सिंह		क्लीनिकल स्टडीज़ ऑन एथ्नोमेडिसिन्स : चैलेंजेस एंड वेज़ टू ओवरकम Clinical Studies on Ethnomedicines: Challenges and Ways to Overcome	
3:50 - 4:30 pm	धन्यवाद और सम्मेलन का समापन			









Patanjali Research Institute, Haridwar presents

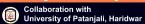
# PLANTS TO PATIENTS-SERIES III: RETHINKING ETHNOPHARMACOLOGY



28<sup>th</sup> Feb. - 02<sup>nd</sup> Mar., 2023

2 Auditorium-University of Patanjali, Haridwar-INDIA







Centre of Excellence Patanjali Ayurved Hospital, Haridwar

#### PATANJALI RESEARCH INSTITUTE

Patanjali Research Foundation Trust, Haridwar, Uttarakhand, India ⊠ info@patanjali.res.in ⊛ www.patanjali.res.in

Day 1: 28<sup>th</sup> February, 2023 (Tuesday)
Plants to Patients-Series III: Rethinking Ethnopharmacology

1	Venue: Auditorium, University of Pa	tanjali, Haridwar		
9:00 - 9:30 am	Welcoming of Guests			
9:30 - 9:45 am	Lamp Lighting			
9:45 - 10:00 am	Formal Welcome by <b>Pro</b>	f. Mahavir Agrawal Jee		
10:00 - 10:30 am	Inaugural address by <b>Param I</b>	Pujya Swami Ramdev Jee		
0:30 - 11:00 am	Inaugural address by Param Shrac	lheya Acharya Balkrishna Jee		
1:00 – 11:05 am	Short Documentary	Journey of Patanjali Research Institute: An Introduction		
11:05 - 11:25 am	<b>Dr. Anurag Varshney</b> Patanjali Research Institute, Haridwar, India	An Introduction to Patanjali Research Institute		
11:25 – 11:45 am	<b>Dr. Vedpriya Arya</b> Patanjali Research Institute, Haridwar, India	An Introduction to Patanjali Herbal Research		
11:45 – 12:00 noon	Prof. (Dr.) Anurag Srivastava Director Surgical Disciplines, NIMS University Rajasthan, Jaipur, India  Honorary Advisor-Clinical Research, Patanjali Research Institute, Haridwar, India			
Theme 1: Fur	ndamental Essence of Different Systems of Ethn	omedicines: The Way of Our Ancestors		
12:00 - 12:20 pm	Prof. Jacobus Nicolaas Eloff Board Member, ISE Phytomedicine Programme Faculty of Veterinary Medicine University of Pretoria, Pretoria, South Africa  An Interaction between Indigenous Knowledge, Science and Technology Required to Commercialize Promisin Compounds and Extracts Compounds and Extracts			
12:20 - 12:40 pm	<b>Prof. (Dr.) Sunil Kumar Joshi</b> Vice-Chancellor Uttarakhand Ayurved University, Dehradun, India	Ayurveda and its Role for Disease-Free Society		
12:40 - 1:00 pm	Prof. Sitesh C. Bachar Professor, Department of Pharmacy University of Dhaka, Bangladesh	Synthesis to Natural Products: An Approach to Drug Development Online		
1:00 - 1:20 pm	<b>Dr. Rajesh Mishra</b> Assistant Professor, Patanjali Ayurved College Patanjali Research Institute, Haridwar, India	Nature's Signature in Ayurved with an Ethnopharmacological Approach		
1:20 – 2:30 pm	Lunch	Venue: University Cafeteria		
2:30 – 2:40 pm	Soulful Me	elodies		
Them	e 2: Pre-clinical Validation of Ethnomedicines: C	ld Ideas through New Lenses		
2:40 – 3:00 pm	Prof. Yuan Shiun Chang Professor of Pharmacognical Sciences Department of Chinese Pharmaceutical Sciences and Chinese Medicine Resources College of Chinese Medicine China Medical University, Taiwan	Quality Control of TCM Herbs and Herbal Preparations in Taiwan		
3:00 – 3:20 pm	Dr. Sandip B. Bharate Senior Principal Scientist and HoD Natural Products & Medicinal Chemistry Division CSIR – Indian Institute of Integrative Medicine Jammu, India	Phytopharmaceuticals: A New Hope for Uplifting the Traditional Medicine in India		
Thrust area 1:	Ethnopharmacology in Cancer: A Solution to a	Stubborn Modern Day Health Menace		
3:20 – 3:40 pm	Prof. (Dr.) Anurag Srivastava Director Sugical Disciplines NIMS University Rajasthan, Jaipur, India Honorary Advisor-Clinical Research, Patanjali Research Institute, Haridwar, India	Use of Medicinal Plants in Carcer (reatment: A Learning from Ayun ceda		
3:40 – 4:00 pm	Prof. Partha Roy Professor, Department of Bioscience and Bioengineering Indian Institute of Technology, Roorkee, India	Phytochemicals and their Role in the Cure and Management of Cancer: A Mechanistic Approach		
4:00 – 4:20 pm	<b>Dr. Savita Lochab</b> Senior Research Scientist Patanjali Research Institute, Haridwar, India	Identifying No: el Mechanistic Paradigms of A un edic Medicines that could Combat Cancer		
4:20 – 4:45 pm	Tea/Coffee	e Break		
4:45 – 5:45 pm	Panel Discussion  Chairs: Prof. (Dr.) Domenico Delfino on the Center Stage of Treatment  How to put Ethnopharmacology on the Center Stage of Treatment			
	• Prof. (Dr.) C.B. Dhanraj	/ <b>*</b> /		
5:45 - 6:00 pm	• Prof. (Dr.) C.B. Dhanraj  Closing Rema	arks		

# Day 2: 1<sup>st</sup> March, 2023 (Wednesday)

Venue: Auditorium, University of Patanjali, Haridwar			
:30 - 10:10 am	Address by <b>Param Pujya</b>	Swami Ramdev Jee	
0:10 - 10:40 am	Address by <b>Param Shradhey</b>	a Acharya Balkrishna Jee	
Them	e 2: Pre-clinical Validation of Ethnomedicines: O	ld Ideas through New Lenses	
Thr	ust area 2: Ethnopharmacology in Non-commur Pacifier of the Storm Brewing in t	•	
	Prof. Shubhini A. Saraf		
10:40 – 11:00 am	Director National Institute of Pharmaceutical Education and Research (NIPER), Raebareli, India	Reaping the Benefits of Ethnopharmacology through Nano Formulations	
11:00 – 11:20 am	<b>Prof. (Dr.) Chintamani</b> Head of Surgery and Surgical Oncology Safdarjung Hospital and Vardhman Mahavir Medical College, New Delhi, India	Indian Cancer- Finding Indian Solutions to Indian Problems	
11:20 – 11:40 am	Prof. Zhilling Yu Professor, Teaching and Research Division Director, Consun Chinese Medicines Research Centre for Renal Diseases Director, Master of Pharmaceutical Sciences in Chinese Medicine Programme, Hong Kong Baptist University, Hong Kong	A Traditional Chinese Medicine Formula is Beneficial in Treating Rheumatoid Arthritis Online	
11:40 – 12:00 noon	<b>Dr. Kunal Bhattacharya</b> Principal Scientist, Patanjali Research Institute, Haridwar, India	Ethno-nanomedicine: Traditional Medicine in a Modern Delivery System	
12:00 – 12:20 pm	Prof. P. Balaram Chemical Ecology, Tata Institute of Fundamental Research National Centre for Biological Sciences, (TIFR - NCBS) Bengaluru, India	Reviving Natural Products Chemistry, a Discipline in Decline in India	
12:20 – 12:40 pm	<b>Sandeep Sinha</b> Senior Principal Scientist Patanjali Research Institute, Haridwar, India	Novel Ayurvedic Approach to Combat Organic and latrogenic Kidney Disorders: A Pre-clinical Perspective	
12:40 – 1:00 pm	Dr. Rakesh K. Singh Associate Professor National Institute of Pharmaceutical Education and Research (NIPER), Raebareli, India	Protective Effect of Natural Compounds in Models of Neuroinflammation	
1:00 – 1:20 pm	Prof. Ganesh S. Professor Department of Biological Sciences and Bioengineering Indian Institute of Technology, Kanpur, India	Neuroprotective Mechanisms of Ayurvedic formulations Amalaki Rasayana and Rasa Sindoor	
1:20 – 1:40 pm	Prof. Robert Verpoorte Professor Emeritus of Pharmacognosy University of Leiden, Leiden, Netherlands	Food for Health, Food for Thought: Learn from Nature, Learn from your Ancestors Online	
1:40 – 2:40 pm	Lunch	Venue: University Cafeteria	
:40 – 2:50 pm	Soulful Mo	elodies	
Thrust area 3:	Ethnopharmacology in Communicable Diseases		
	Every Nook and Corner		
:50 – 3:10 pm	Prof. (Dr.) Domenico Delfino Board Member ISE Dipartimento di Medicina e Chirurgia Sezione di Farmacologia Università degli Studi di Perugia, Italy	Ethnopharmacology of Endophytic Fungi	
3:10 – 3:30 pm	Prof. (Dr.) Abhishek Parolia Associate Professor, Associate Dean Postgraduate, Continuing Education and Research School of Dentistry, International Medical University, Malaysia	Role of Propolis in Dentistry: Facts vs Fantasy	
3:30 – 3:50 pm	<b>Dr. Kuldeep Singh</b> HoD, Dental Clinic and Research Center Patanjali Ayurved Hospital Haridwar, india	Traditional Indian Knowledge of roga and Ayurveda with Integration of Modern Dental Sciences	
3:50 – 4:10 pm	<b>Dr. Swati Haldar</b> Principal Scientist Patanjali Research Institute, Haridwar, India	<i>Withania somnifera;</i> Ayurvedic Arsenal Against Antimicrobial Resistan e	
4:10 – 4:30 pm	<b>Dr. Rakesh Maurya</b> Former Chief Scientist Medicinal and Process Chemistry Division Central Drug Research Institute, Lucknow, India	Application of Traditional Knowledge in Search of Potential Jeads for Drug Ducovery	
	Tea/Coffee	e Break	
4:30 – 4:45 pm		121	
4:45 – 4:45 pm 4:45 – 5:45 pm	Panel Discussion  • Prof. Jacobus Nicolaas Eloff • Prof. Shubhini A. Saraf	Regulatory Environment Required to Bring Ethnomedicine in the Main Stream Treatment: A Clobal Perspective	
<u> </u>	Chairs: • Prof. Jacobus Nicolaas Eloff		

#### Day 3: 2<sup>nd</sup> March, 2023 (Thursday)

Venue: Auditorium, University of Patanjali, Haridwar			
9:30 - 10:10 am	Address by Param Puiva Swami Ramdev Jee		
10:10 - 10:40 am	Address by Param Shradhey		
Theme 3: Modern Clinical and Quality Outlook for the Ancient Ethnomedical Practices			
10:40 – 11:00 am	<b>Prof. Ramesh K. Goyal</b> Vice Chancellor Delhi Pharmaceutical Sciences and Research University New Delhi, India	Ethnopharmacology to Clinical Pharmacology: Changing Trends and Success Stories	
11:00 – 11:20 am	Prof. (Dr.) Rabinarayan Acharya Director General, Central Council for Research in Ayurvedic Sciences (CCRAS) Ministry of AYUSH (Govt. of India), New Delhi, India	Repurposing of Ayurvedic Drugs: Ethnopharmacology, a Tool	
11:20 – 11:40 am	<b>Prof. (Dr.) Meenu Singh</b> CEO and Executive Director All India Institute of Medical Sciences (AIIMS) Rishikesh, India	Herbal Medicines: The Integrative Approach	
11:40 – 12:00 noon	Prof. Namrita Lall NRF/DST Chair: Plant health Products from IKS Medicinal Plant Science (Department of Plant and Soil Science) University of Pretoria, Pretoria, South Africa	Natural Science based solutions to improve health; Pure solutions for natural Beauty Products  Online	
12:00 – 12:20 pm	<b>Dr. Raman Mohan Singh</b> Director, Pharmacopeia Commission for Indian Medicine & Homoeopathy, Ghaziabad, India	Role of PCIM&H in Maintaining Quality Traditional Medicine in India	
12:20 – 12:40 pm	<b>Prof. (Dr.) Ajai Singh</b> Director All India Institute of Medical Sciences (AIIMS) Bhopal, India	Herbal Medicines and Human Health: The Way Forward Online	
12:40 – 1:00 pm	<b>Prof. (Dr.) Bhanu Duggal</b> Professor and HoD Cardiology All India Institute of Medical Sciences (AIIMS) Rishikesh, India	Herbal Classical Medicines in Cardiac Diseases: An Ethnopharmacological Perspective	
1:00 – 2:00 pm	Lunch	Venue: University Cafeteria	
2:00 – 2:10 pm	Soulful Melodies		
2:10 – 2:30 pm	<b>Dr. Ashok Sharma</b> Associate Professor, Department of Biochemistry All India Institute of Medical Sciences (AlIMS) New Delhi, India	Anticancer Potentials of Indian Medicinal Plants against Ovarian Cancer	
2:30 – 2:50 pm	<b>Ms. Radha Saini</b> World Health Organization (WHO) Manila, Philippines	Revitalizing the Global Health	
2:50 – 3:50 pm	Panel Discussion  Chairs:  Prof. Yuan Shiun Chang Prof. Ramesh K. Goyal	Clinical Studies on Ethnomedicines: Challenges and Ways to Overcome	
3:50 - 4:30 pm	Vote of Thanks and Conclusion of the Conference		

















# पतंजिल विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) : U O P | P U C | 2023 | 3238

दिनांक (Date) : 29/03/2023

# आदेश/सूचना

पतंजिल विश्वविद्यालय के समस्त अधिकारियों, संकायाध्यक्षों, विभागाध्यक्ष, विभाग प्रभारी/समन्वयक, प्राध्यापकों, योग प्रशिक्षकों, छात्रावास अधीक्षक/अधीक्षिका, सह अधीक्षक, पर्यवेक्षक, शिक्षकेतर कर्मयोगियों, शोधार्थियों तथा समस्त छात्र-छात्राओं को सूचित किया जाता है कि परम पूज्य स्वामी जी महाराज एवं श्रद्धेय आचार्य जी महाराज के संकल्प व प्रेरणा से कल दिनांक 30.03.2023 को पतंजिल विश्वविद्यालय के परिसर का लोकार्पण समारोह एवं संन्यास दीक्षा महोत्सव संलग्न कार्यक्रम विवरणानुसार आयोजित किया जा रहा है।

कार्यक्रम में भारत सरकार के माननीय गृहमन्त्री परम आदरणीय श्री अमित शाह जी तथा उत्तराखण्ड सरकार के मुख्यमंत्री श्री पुष्कर सिंह धामी जी का शुभागमन हो रहा है।

अतः उनके सम्मान में निर्धारित किये गये कार्यक्रमों/कार्यों में जिन-जिन अधिकारियों, शिक्षकों एवं छात्र/छात्राओं की ड्यूटी लगायी गयी है वह समय से अपने कार्यस्थल पर उपस्थित रहें। जिनको कोई दायित्व नहीं दिया गया है वे योग भवन में समय से स्थान ग्रहण कर लेंगे।

कार्यक्रम में सभी की उपस्थित अनिवार्य है।

Ly

( प्रति-कुलपति )

पतंजिल विश्वविद्यालय, हरिद्वार

#### संलग्नक- यथोपरि।

#### प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेत् प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपति, माननीय कुलपति महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 6. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष- मानविकी एवं प्राच्य विद्या अध्ययन, एवं विभागाध्यक्ष- दर्शन विभाग, पतंजिल विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 10. स्वामी आर्षदेव जी, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 11. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजलि विश्वविद्यालय।
- 12. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतू प्रेषित।
- 13. कार्यालय प्रति।

, उत्तर। धण्ड भारत Uttarakhand **hour (N** )

कार्यालय: पतंजिल विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार—249405, उत्तराखण्ड भारत.

Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhand, India (फोन) Phone: 01334-242526 (ई-मेल) E-mail: contact@uop.edu.in (वैब) Web.: www.universityofpatanjali.com

# P.Y. P.J.) H.R. D-semp | email-01



29.03.2023

# कार्यालय ज्ञाप

पतंजिल योगपीठ-I. पतंजिल वैलनेस-प.यो.पी.-II, राजीव दीक्षित भवन, पतंजिल अनुसंधान संस्थान, पतंजिल विश्वविद्यालय, पतंजिल आयुर्वेद कॉलेज एवं हॉस्पिटल, आचार्यकुलम्, पतंजिल गुरुकुलम्, वैदिक गुरुकुल, सन्यास आश्रम, भारतीय शिक्षा बोर्ड, गौशाला कृषि फार्म, पतंजलि ग्रामोद्योग, तेलीवाला कृषि फार्म, पराक्रम सिक्यूरिटी, दिव्य योग मंदिर, कनखल, पतंजिल योगपीठ-। दिशा भवन में अवस्थित पतंजिल आयुर्वेद लि., भरूआ सोल्युशन, फिट इण्डिया व पी.ओ.आर.आई. तथा पतंजिल फुड एवं हर्बल पार्क लि., पतंजिल आयुर्वेद लि., दिव्य फार्मेसी, वैदिक ब्राडकास्टिंग लि. व उससे सम्बद्ध समस्त संस्थानों/ इकाईयों के समस्त सन्यासीगणों, इकाई प्रमुखों, विभागाध्यक्षों, प्रभारियों तथा निरीक्षकों को सहर्ष सुच्य है कि प.पू. योगऋषि स्वामी रामदेव जी महाराज एवं श्रद्धेय आचार्य बालकृष्ण जी के संकल्प व प्रेरणा से दिनांक 30 मार्च, 2023 को "पतंजिल विश्वविद्यालय" के नवीन परिसर का लोकार्पण समारोह एवं ''संन्यास दीक्षा महोत्सव'' निम्न कार्यक्रमानुसार आयोजित किया जा रहा है। समारोह के मुख्य अतिथि के रूप में प्रखर राष्ट्रवादी नेता माननीय श्री अमित भाई शाह जी, मा. केन्द्रीय गृह एवं सहकारिता मंत्री एवं विशिष्ट अतिथियों के रूप में श्री पुष्करसिंह धामी जी, मा. मख्यमंत्री- उत्तराखण्ड व डा. धनसिंह रावत जी- मा. उच्च शिक्षा, स्वास्थ्य एवं सहकारिता मंत्री, उत्तराखण्ड पधार रहे हैं। समस्त इकाई प्रमुखों, विभाग प्रमुखों, अनुभाग प्रभारियों तथा निरीक्षकों से अनुरोध है कि वह कार्यक्रम की सूचना अपनी-अपनी इकाईयों, विभागों व अनुभागों में देकर निम्नवत् कार्यक्रमानुसार सभी की अनिवार्य उपस्थिति सुनिश्चित करने का कष्ट करें:

# कार्यक्रम

दिनांक

30.03.2023

समय

दोपहर 02:00 बजे

स्थान

योगभवन, पतंजलि योगपीठ-II

विशेष नोट: मुख्य अतिथि महोदय द्वारा दोपहर 04:15 बजे पतंजिल विश्वविद्यालय का लोकार्पण किया जायेगा। उक्त कार्यक्रम पूर्ण होने तक समस्त सम्बन्धित स्टाफ अपने-अपने कार्यस्थल पर पूर्ण मुस्तैदी के साथ अनिवार्य रूप से उपस्थित रहेगा।



इस समारोह के सुव्यवस्थित एवं सफल आयोजन हेतु तत्काल प्रभाव से निम्न सिमितियों का गठन किया जाता है। जिन-जिन महानुभावों की ड्यूटी निम्न सिमितियों के अन्तर्गत लगायी गयी है, वे अपनी सिमितियों के मुख्य प्रभारियों/ प्रभारियों के निर्देशन में पूर्ण कर्मठता व जागरुकता से अपने-अपने दायित्वों का निर्वहन करेंगें। सिमितियों में शामिल किये गये महानुभावों को कार्यक्रम से पूर्व किसी प्रकार का कोई अवकाश देय नहीं होगा। ड्यूटीकाल में किसी प्रकार की शिथिलता पाये जाने पर सम्बन्धित अधिकारी/ कर्मचारी के विरुद्ध कठोर अनुशासनात्मक कार्यवाही की जायेगी:

#### स्वागत व्यवस्था

#### हैलीपैड, पतंजलि विश्वविद्यालय

मुख्य उपस्थिति - प.पू. योगऋषि स्वामी रामदेव जी महाराज, परमाध्यक्ष- पतंजलि योगपीठ

- **श्रद्धेय आचार्य बालकृष्ण जी**, महामंत्री-पतंजलि योगपीठ

श्रद्धेय डा. आचार्या देवप्रिया, डीन-मानिवकी एवं प्राचीन विज्ञान, प.वि.

श्रद्धेय स्वामी विदेहदेव, प्रभारी- सेवा प्रमुख-वेलनेस

कार्य - प.पू. योगऋषि स्वामी रामदेव जी महाराज व श्रद्धेय आचार्य जी के साथ

अतिथिगणों का स्वागत करना व उन्हें उद्घाटन स्थल तक ले जाना।

स्थान - हैलीपैड-पतंजिल विश्वविद्यालय

#### उद्घाटन समिति

मुख्य उपस्थिति - श्रद्धेय आचार्य बालकृष्ण जी, महामंत्री-पतंजिल योगपीठ

- **श्री एन.पी. सिंह**, कार्यवाहक अध्यक्ष- भारतीय शिक्षा बोर्ड

- श्रद्धेय डा. आचार्या देवप्रिया, डीन-मानविकी एवं प्राचीन विज्ञान, पतंजिल

विश्वविद्यालय, मो. 09997683730

प्रभारी - डा. महावीर अग्रवाल, प्रतिकुलपति- पत्ंजिल विश्वविद्यालय

**श्रीमती प्रवीन पुनिया**, कुलसचिव, पतंजिल विश्वविद्यालय

सहप्रभारी - डा. के.एन.एस. यादव, जनरल सेक्रेटरी, एडवाइरी बोर्ड, पतंजिल विश्वविद्यालय,

मो. 09479758107

- **डा. वी.के. कटियार**, डीन- एकेडिमक एण्ड रिसर्च, पतंजलि विश्वविद्यालय,

मो. 09897000998

- **डा. ओमनारायण तिवारी**, डीन- योग विज्ञान, पतंजिल विश्वविद्यालय,

मो. 9425838247

डा. तोरन सिंह, - डीन- फैकल्टी ऑफ नेचुरोपैथी एण्ड यौगिक सांइस,

पतंजलि विश्वविद्यालय, मो. 07408517179

डा. अरविन्द कुमार सिंह, कन्ट्रोल ऑफ एक्जिमिनिर पतंजिल

विश्वविद्यालय, मो. 09871293077

- **डा. निर्विकार**, उपकुलसचिव, पतंजिल विश्वविद्यालय, मो. 09871293077

कार्य - प.पू. योगऋषि स्वामी रामदेव जी महाराज व श्रद्धेय आचार्य जी के साथ उद्घाटन कार्य सम्पन्न कराना।

स्थान - एडिमन ब्लॉक, पतंजिल विश्वविद्यालय

नोट- मुख्य अतिथि महोदय द्वारा नवनिर्मित भवन के उद्घाटन के समय पतंजिल विश्वविद्यालय के छात्र-छात्राओं द्वारा मंगलाचरण आदि की व्यवस्था प्रति कुलपित जी द्वारा की जायेगी।

#### जलपान व्यवस्था समिति (पतंजिल विश्वविद्यालय)

प्रभारी - श्री निर्विकार, उपकुलसचिव, पतंजिल विश्वविद्यालय, मो. 09568856277

सहप्रभारी - श्री प्रिंस, प्रभारी- फेसेलिटी, पतंजिल विश्वविद्यालय, मो. 07055499128

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे

कार्य - अतिविशिष्ट अतिथिगणों के आगमन के उपरान्त एडिमन ब्लॉक में जलपान

की व्यवस्था

स्थान - एडिमन ब्लॉक, पतंजिल विश्वविद्यालय

#### यज्ञ व्यवस्था (ऋषिग्राम)

प्रभारीगण - साध्वी देवप्रिया, महिला मुख्य केन्द्रीय प्रभारी, भारत स्वाभिमान, मो. 09997683730

सहप्रभारी - स्वामी परमार्थ देव, मुख्य केन्द्रीय प्रभारी- भारत स्वाभिमान, मो. 09897907777

सहयोगी - सहयोगियों का चयन प्रभारी स्वयं करेंगे।

कार्य - कार्यक्रमानुसार मुख्य अतिथि एवं अन्य अतिथिगणों हेतु यज्ञ सम्बन्धी समस्त

व्यवस्था करना।

स्थान - ऋषिग्राम

#### मंच एवं मंच संचालन व्यवस्था

प्रभारीगण - साध्वी देवप्रिया, मुख्य केन्द्रीय प्रभारी (महिला)- भारत स्वाभिमान,

मो. 09997683730

श्री जयदीप आर्य, महामंत्री, भारत स्वाभिमान, मो. 09760095100

श्री राकेश कुमार, मुख्य केन्द्रीय प्रभारी, भारत स्वाभिमान, मो. 09760095214

aridw?

उपप्रभारी - श्री राजेश पाल, शिविर संयोजक, पतंजिल योगपीठ, मो.-09760095215

सहयोगी - सहयोगियों का चयन प्रभारी स्वयं करेंगे।

कार्य - कार्यक्रमानुसार मंच व्यवस्था एवं बैकड्रॉप की व्यवस्था

स्थान – योग भवन, पतंजलि योगपीठ-II

नोट- मंच पर जलपान की समुचित व्यवस्था श्री उत्तम सिंह राणा द्वारा की जायेगी।

# बैठक व अनुशासन व्यवस्था

प्रभारी - स्वामी विदेहदेव, प्रभारी- सेवा प्रमुख-वेलनेस मो.- 08954300373

सहप्रभारी - स्वामी तीर्थदेव, भारत स्वाभिमान, मो. 09760095199

- डॉ. भास्कर ओली, राज्य प्रभारी- उत्तराखण्ड, मो.- 09837357980

श्रीमती सीमा जोहर, राज्य प्रभारी (महिला) - उत्तराखण्ड,

मो. 09634100200

सहयोगी - सहयोगियों का चयन प्रभारी स्वयं करेंगे।

कार्य - कार्यक्रमानुसार बैठक व्यवस्था कराना।

स्थान - योग भवन, पतंजिल योगपीठ-II

नोट: विभिन्न इकाईयों से पधारने वाले कर्मयोगियों की बैठक व अनुशासन व्यवस्था का प्रबन्ध सम्बन्धित इकाई प्रमुख स्वयं करेंगे।

# जलपान व्यवस्था समिति ( VIP- पतंजिल योगपीठ-II )

प्रभारी - स्वामी सोमदेव, पतंजिल योगपीठ, मो. 09456365965

सहप्रभारी - श्री अटल, प्रबन्धक- दाना-पानी कैटर्स, मो.- 09719101555

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे

कार्य - अतिविशिष्ट अतिथिगणों के आगमन के उपरान्त योग भवन के पीछे वी.वी.

आई. पी. कॉम्पलेक्स में जलपान की व्यवस्था

स्थान - वी.वी.आई.पी. कॉम्पलैक्स, योग भवन, पतंजिल योगपीठ-II

# भोजन एवं जल व्यवस्था

प्रभारी - स्वामी सोमदेव, पतंजिल योगपीठ, मो. 9456365965

सहप्रभारी - श्री उत्तम राणा, पतंजिल योगपीठ, मो. 9897600933

श्री अटल, प्रबन्धक - दाना-पानी कैटर्स, मो. - 09719101555

- श्री प्रवीन सोमल, फेसेलिटी विभाग, पतंजिल योगपीठ-II, मो. 09456013509

Yaridwa a

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - अतिविशिष्ट अतिथिगणों हेतु योग भवन के पीछे वी.वी.आई.पी. कॉम्पलेक्स

में भोजन की व्यवस्था।

स्थान - वी.वी.आई.पी. कॉम्पलैक्स, योग भवन, पतंजिल योगपीठ-II

## अतिथिगण भोजन एवं जलपान

प्रभारी - श्री उत्तम राणा, फेसेलिटी विभाग, पतंजलि योगपीठ-II, मो. 9897600933

सहप्रभारी - श्री बब्लू, फेसेलिटी विभाग, पतंजिल योगपीठ- II, मो. 08868051045

श्री हंसराज, फेसेलिटी विभाग, पतंजिल योगपीठ- II, मो. 08954890172

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - अतिथिगणों हेतु भोजन एवं जलपान की व्यवस्था।

स्थान - योगभवन के सामने, पतंजिल योगपीठ- II

#### आवास व्यवस्था

प्रभारी - श्री प्रवीन सोमल, फेसेलिटी विभाग, पतंजिल योगपीठ- II, मो. 09456013509

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - मुख्य अतिथि एवं अन्य अतिथियों के आवास की समस्त व्यवस्थायें पूर्ण करना।

स्थान - पतंजलि योगपीठ-II

#### अभियांत्रिकी व्यवस्था

प्रभारी - श्री शिवा प्रसाद, उपाध्यक्ष- पतंजलि योगपीठ

मो. 09557065999

सहप्रभारी - श्री भूपेश, वरिष्ठ प्रबन्धक- इलैक्ट्रिकल, मो. 09557564482

सहप्रभारी - श्री डी.बी. दास, वरिष्ठ प्रबन्धक- यूटिलिटी, मो. 9756002498

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - सम्पूर्ण परिसर में इलैक्ट्रिकल एवं यूटिलिटी से सम्बन्धित समस्त व्यवस्थायें

पूर्ण करना।

स्थान - पतंजिल योगपीठ-II

#### मीडिया प्रबन्धन

प्रभारी - श्री कपिल वालिया, प्रभारी- योग संदेश, मो.- 09760695935

उपप्रभारी - श्री मधुकर, भारत स्वाभिमान कार्यालय, मो. 08899464885

कार्य - मीडिया से सम्बन्धित प्रेस विज्ञप्ति आदि कार्य पूर्ण करना।

स्थान - पतंजिल योगपीठ-II



## फोटोग्राफी एवं वीडियोग्राफी व्यवस्था

प्रभारी - श्री अमित, प्रभारी-फोटोग्राफी,मो.- 08954890601

- श्री प्रमोद गोखले, प्रभारी-वीडियोग्राफी,मो.- 09634090388

**श्री मधुकर,** भारत स्वाभिमान कार्यालय, 08899464885

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - कार्यक्रम से सम्बन्धित समस्त फोटोग्राफी एवं वीडियोग्राफी की व्यवस्था

करना।

स्थान - योगभवन, पतंजिल योगपीठ-II

#### प्रशासन समन्वय

प्रभारी - श्री शिवा प्रसाद, उपाध्यक्ष- पतंजलि योगपीठ, मो. 09557065999

सहप्रभारी - श्री विनोद, पतंजिल योगपीठ, मो. 09001792915

उपसहप्रभारी - श्री वीर बहादुर, मा.सं. एवं प्रशासन विभाग, प.यो.पी., मो. 09997295522

श्री तरुण महेश्वरी, मा.सं. एवं प्रशासन विभाग, प.यो.पी.,मो. 09997212196

स्थान - पतंजिल योगपीठ-II

#### आकस्मिक चिकित्सा

प्रभारी - डा. दयाशंकर सिंह, उपाधीक्षक- पतंजिल आयुर्वेद हॉस्पिटल, मो. 08630707728

सहयोगी - सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - कार्यक्रम के दौरान आकस्मिक परिस्थितियों में चिकित्सा प्रदान करना।

स्थान - पतंजिल योगपीठ-II

#### साउण्ड व्यवस्था

प्रभारी - स्वामी सोमदेव, प्रमुख- साउण्ड व्यवस्था, पतंजिल योगपीठ, मो. 09456365965

सहप्रभारी - श्री अखिलेश कुमार, प्रभारी- साउण्ड व्यवस्था, मो. 08954890165

- सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - कार्यक्रम में पधारने वाले अतिथिगणों के वाहनों के पार्किंग की समुचित

व्यवस्था कराना।

स्थान - पतंजिल योगपीठ-II



#### सुरक्षा व्यवस्था

प्रभारी - श्री बाबूलाल, प्रमुख- मै. पराक्रम सुरक्षा, मो.-08937000489

सहप्रभारी - श्री सुभाष वर्मा, ए.एस.ओ.-मै. पराक्रम सुरक्षा, मो. 09216523200

सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - कार्यक्रमानुसार पतंजिल विश्वविद्यालय, ऋषिग्राम तथा पतंजिल योगपीठ- II

में सुरक्षा की उचित व्यवस्था करना।

स्थान - पतंजिल योगपीठ-II

#### पार्किंग व्यवस्था

**प्रभारी** - **श्री मांगीलाल**, सुरक्षा विभाग, प.यो.पी., मो.- 09760095213

उपप्रभारी - डा. कपिल शास्त्री, पतंजिल विश्वविद्यालय, मो. 09760695930

श्री सुभाष वर्मा, ए.एस.ओ.-मै. पराक्रम सुरक्षा, मो. 09216523200

- डॉ. विपिन दूबे, पतंजिल विश्वविद्यालय, मो.

- सहयोगियों का चयन प्रभारीगण स्वयं करेंगे।

कार्य - कार्यक्रम में पधारने वाले अतिथिगणों के वाहनों के पार्किंग की समुचित

व्यवस्था कराना।

**स्थान** - पतंजिल योगपीठ-II

नोट-

- कार्यक्रम के दौरान पतंजिल विश्वविद्यालय पिरसर में साफ-सफाई एवं हाउसकीपिंग व्यवस्था का कार्य श्री प्रिंस, प्रभारी- फेसेलिटी विभाग तथा पतंजिल योगपीठ-प्प में श्री प्रवीन सोमल, प्रमुख- फेसेलिटी द्वारा निष्पादित किया जायेगा।
- कार्यक्रमानुसार परिवहन व्यवस्था श्री नितिन, प्रमुख- परिवहन द्वारा की जायेगी।
- उ. पतंजिल फूड एवं हर्बल पार्क, पतंजिल आयुर्वेद लि. तथा अन्य इकाईयों से पधारने वाले महानुभाव अपने-अपने वाहनों से कार्यक्रम स्थल पर पहुँचेंगे। साथ ही उनकी इकाईयों/ कार्यस्थलों से बस की व्यवस्था भी रहेगी।
- विभिन्न इकाईयों में संचालित अनिवार्य/ आवश्यक सेवाओं के संचालन की व्यवस्था सम्बन्धित इकाई प्रमुख/ विभाग प्रमुख स्वयं करेंगे।

प्रतिलिपि: मानक वितरण प्रणाली के अनुसार।

प्राधिकृत हस्ताक्षरकर्ता











उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.): UOP/PUC/2023/3249

दिनांक (Date) : 10/04/2023

### सूचना/आदेश

समस्त शिक्षकों एवं शोधार्थियों, छात्र/छात्राओं को सूचित किया जाता है कि पतंजलि आयुर्वेद महाविद्यालय एवं पतंजिल अनुसंधान संस्थान द्वारा दिनांक 12 अप्रैल, 2023 को प्रात: 09 बजे से सांय 05 बजे तक पतंजिल विश्वविद्यालय परिसर में अन्तर्राष्ट्रीय मीलेट्स महोत्सव का आयोजन किया जा रहा है। कार्यक्रम में सभी की उपस्थिति आवश्यक है।

(प्रति-कुलपति)

पतंजिल विश्वविद्यालय, हरिद्वार

#### संलग्नक- कार्यक्रम विवरण।

#### प्रतिलिपिः सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- 1. निजी सचिव कुलपति, माननीय कुलपति महोदय के सादर सूचनार्थ।
- 2. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 3. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 4. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 5. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष- मानविकी एवं प्राच्य विद्या अध्ययन, एवं विभागाध्यक्ष- दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 6. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 7. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 8. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 9. स्वामी आर्षदेव जी, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 10. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजलि विश्वविद्यालय।
- 11. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।
- 12. कार्यालय प्रति।

कार्यालय : पतंजिल विश्वविद्यालय, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तराबण्ड Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttara (फोन) Phone: 01334-242526 (ई-मेल) E-mail: contact@uop.edu.in (वैब) Web.: www.universityofpata













Organized by

Centre of Excellence, Patanjali Ayurved Hospital and Patanjali Bhartiya Ayurvigyan Evam Anusandhan Sansthan in collaboration with Patanjali Research Institute

Last Date of Application 7th April 2023

Millet महोत्सव

**Programme Details** 

Date: 12th April, 2023

Talks On Millets 09:00 A.M. to 2:00 P.M.

Poster Presentation 09:00 A.M. to 2:00 P.M.

**Food Fest** 

2:00 P.M. to 5:00 P.M.

Venue

University of Patanjali, Haridwar

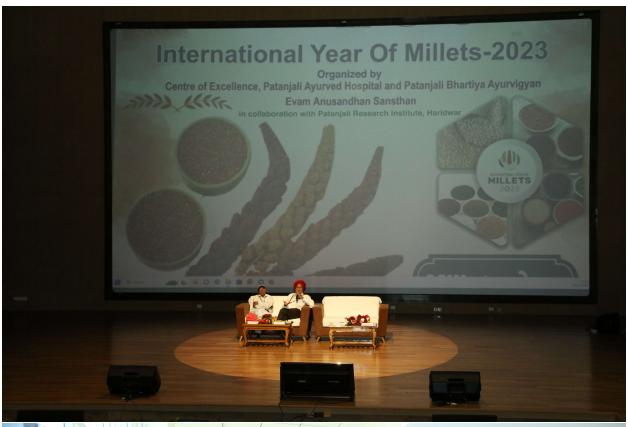




### **NOTE :- CERTIFICATE FOR ALL PARTCIPANTS**

Sponsored by Ministry of AYUSH under Ayurswasthya Yojana







Yaridwa







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उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.): UOP/PVC 2023 3261

दिनांक (Date) : 03/05/2023

#### कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारीगण, संकायाध्यक्ष, विभागाध्यक्ष विभाग प्रभारी/इंचार्ज, प्राध्यापकगण, योग प्रशिक्षक, छात्र-छात्राओं, शोधार्थियों एवं कर्मयोगियों को सूचित करते हुए हर्ष हो रहा है कि अभ्युदय सांस्कृतिक महोत्सव-2023 कार्यक्रम का आयोजन दिनांक 05 मई, 2023 (शुक्रवार) को होना सुनिश्चित हुआ है। कार्यक्रम में विश्वविद्यालय परिवार के समस्त सदस्यों की उपस्थिति अनिवार्य है।

सभी शिक्षक एवं योग प्रशिक्षक अनुशासन आदि आवश्यक व्यवस्थाओं में अपना सहयोग प्रदान करें।

अभ्युदय सांस्कृतिक महोत्सव-2023 कार्यक्रम स्थल- पतंजलि विश्वविद्यालय, ऑडिटोरियम समय- प्रात: 09:00 बजे से सायं 07:00 बजे तक

> (डॉ. महावीर अग्रवाल) प्रति-कुलपति

#### प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेत् प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपति, माननीय कुलपति महोदय के सादर सूचनार्थ।
- समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजिल विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजिल विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजिल विश्वविद्यालय।
- 6. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष- मानविकी एवं प्राच्य विद्या अध्ययन, एवं विभागाध्यक्ष- दर्शन विभाग, पतंजिल विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 10. स्वामी आर्षदेव जी, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 11. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजिल विश्वविद्यालय।
- 12. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेत् प्रेषित।
- 13. कार्यालय प्रति।

कार्यालय : पतंजिल विश्वविद्यालय, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तर Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhand India

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उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.): UOP/PUC/2023/3286

दिनांक (Date) : 20 06/2023

### कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारियों, शिक्षक/शिक्षिकाओं, छात्रावास अधीक्षक/अधीक्षिका, पर्यवेक्षक, योग प्रशिक्षक, छात्र/छात्राओं, कर्मयोगियों एवं शोधार्थियों को सूचित किया जाता है कि 21 जून 2023 (योग दिवस पर) परम पूज्य स्वामी जी महाराज (मा० कुलाधिपति) एवं परम श्रद्धेय आचार्य श्री (मा० कुलपति) जी के आर्शीवाद के साथ योग दिवस कार्यक्रम प्रात: 05:00 बजे से 7:30 बजे तक पतंजिल योगपीठ फेज-2 के समीप मैदान में सम्पन्न होगा। सभी अपना स्थान प्रात: 04:30 तक ग्रहण कर लेंगे। समारोह में श्वेत/निर्धारित वेश में ही उपस्थित होंगे। सभी की उपस्थिति पूरे कार्यक्रम समय में अनिवार्य है।

साथ ही पूर्वाभ्यास हेतु आज दिनांक 20.06.2023 को सायं 05:15 पर सभी उपस्थित होंगे।

(डॉ. महावीर अग्रवाल)

प्रति-कुलपति

प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपति, माननीय कुलपति महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश<mark>्वासन केन्द्र, पतंजलि विश्वविद्या</mark>लय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- शिक्षण एवं शोध, पतंजिल विश्वविद्यालय।
- 6. डॉ. साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष- दर्शन विभाग, पतंजिल विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 10. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 11. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।
- 12. कार्यालय प्रति।

Stelly of कार्यालय : पतंजिल विश्वविद्यालय, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तरार Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhan (फोन) Phone : 01334-242526 (ई-मेल) E-mail : contact@uop.edu.in (वैब) Web. : www.universityofpatanjali.com















उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) : UOP | PVC | 2023 | 3347 कार्यालय आदेश

दिनांक (Date) : 12/08/2023

पतंजिल विश्वविद्यालय के समस्त अधिकारियों, संकायाध्यक्षों, विभागाध्यक्ष, विभाग प्रभारी/इंचार्ज, प्राध्यापकगणों, योग प्रशिक्षक, छात्रावास अधीक्षक/अधीक्षिका, पर्यवेक्षक, शिक्षकेतर कर्मचारियों, शोधार्थियों एवं छात्र-छात्राओं को सहर्ष सूचित किया जाता है कि 15 अगस्त, 2023 को भारत के 77वें स्वतंत्रता दिवस के अवसर पर पतंजिल विश्वविद्यालय के माननीय कुलाधिपति, योगऋषि परम पूज्य स्वामी जी महाराज एवं माननीय कुलपित, श्रद्धेय आचार्य बालकृष्ण जी के पावन सानिध्य में अधोलिखित कार्यक्रमानुसार ध्वजारोहण सम्पन्न होगा।

-: ध्वजारोहण कार्यक्रम :-

समय- प्रातः 09:00 बजे

स्थान- योगभवन, पतंजलि वैलनेस, पतंजलि योगपीठ, फेस- 2

अतः आप सभी उपरोक्त कार्यक्रमानुसार निर्धारित वेशभूषा, परिचय पत्र धारण कर प्रातः 08:45 बजे तक कार्यक्रम स्थल पर पहुंचना सुनिश्चित करें।

(डॉ. महावीर अग्रवाल)

प्रति-कुलपति

### प्रतिलिपि: सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजिल विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजलि विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण एवं शोध, पतंजलि विश्वविद्यालय।
- 6. डॉ0 साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजलि विश्वविद्यालय।
- 8. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजलि विश्वविद्यालय।
- 10. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 11. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजलि योगपीठ, हरिद्वार।
- 12. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
- 13. समस्त सूचना पट्ट।
- 14. कार्यालय प्रति।

कार्यालय: पतंजिल विश्वविद्यालय, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तर Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttara

(फोन) Phone: 01334-273600, +91-8954555111 (ई-मेल) E-mail: contact@uop.edu.in (वैब) Web.: www.university



















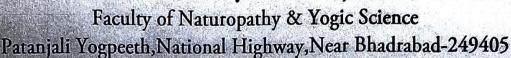






## पतंजलि विश्वविद्यालय

## University of Patanjali





Ref. No. U.O.P. FNYS/0.5

Date 26/07/2023

## **NOTICE**

सभी छात्र - छात्राओं को यह सूचित किया जाता है कि दिनांक 28/7/ 2023 को विश्व हेपेटाइटिस दिवस के उपलक्ष में एक ऑनलाइन प्रतियोगिता का आयोजन किया जा रहा है, अतः आप सभी इसमें प्रतिभाग करें, प्रतियोगिता गूगल फॉर्म प्लेटफार्म पर होगी।

स्थान : प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय

समय: 3:00 Pm से 4:00 Pm

नोट - अधिकतम अंक प्राप्त करने वाले छात्र-छात्राओं को पुरस्कार प्रमाण पत्र प्रदान किया जाएगा।

आज्ञा से

culty of Naturopathy Yogic Science
University of Patanjali

Haridwar, Uttarakhand

संकायाध्यक्ष

प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय

un.

समन्वयक

डॉ संगीता सिंह

सहायक प्राध्यापिका

aridw<sup>3</sup>

Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

उत्तराखंड विधान मंडल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अंत्रीत स्थापित



जतराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष 2006 के अन्तर्गत रथापित Established by Uttarakhand State Legislatura Under the University of Patanjali Act No. 4, Year 2006

чято (Ref.): FNYS 23 030

दिनांक (Date) : 25/9/2)

### **Notice**

On the month of October NIN and FNYS is going to organized Naturopathy health awareness camp in Haridwar, Roorkee & Dehradun. There should 10 camps in different places those who are interested provide their name to Dr. Nayan Biswas.

Dr. Toran Singh

Faculty of Naturopathy and Yoga Science

University of Patanjali Haridwar.

कार्यातय: पतंजित विश्वविद्यालय, दिल्ली–हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार—249405, उत्तराखण्ड, भारत Office: University of Patanjall, Delhi-Handwar National Highway, Near Bahadrabad, Haridwar-249405, Uttalakhand, India (कोन) Phone: 01334-242526 (ई-मेल) E-mail: contact@uop.edu.in (वैव) Web.: www.universityofpatanjali.com

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उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजिल विश्वविद्यालय अधिनियम संख्या ४, वर्ष २००६ के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

чліт (Ref.): FN75 23 юз 3

दिनांक (Date) : 7 (10 2 3

### Report

Celebrating Garh Bhoj Diwas at Faculty of Naturopathy and Yogic Sciences at Lecture Hall 2 with all three batches of students. Dr Sangeeta Singh welcomed all and introduced about the event and its importance.

Dr. Diksha gave power point presentation on nutritional and medicinal value of Garhwal food and crops and their Naturopathy aspects.

Dr. Suman Lata also emphasis on the food nutritional value. Dr. Lalit Kumar played an important role to make the event successful. Along with all BNYS students Dr. Nagaraj and Sadhvi Dev Poorna ji attended the program.

oran Singh

of Naturopathy and Yoga Science

University of Patanjali Haridwar.

कार्यालय : पतंजित विश्वविद्यालय, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तराखण्ड, भारत Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttainkhand, India

(ई-मेल) E-mail: contact@uop.edu.in (फोन) Phone : 01334-242526

(वेब) Web. : www.universityofgata











उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

чліф (Ref.): UOP | PVC | 2023 | 3352

दिनांक (Date) : 23/08/2023

### कार्यालय आदेश

हम भारतवासियों के लिए बड़े गौरव और हर्ष का विषय है कि भारतीय अतंरिक्ष वैज्ञानिकों द्वारा चन्द्रमा पर भेजे गये **चन्द्रयान-3** जो कि आज दिनांक 23 अगस्त, 2023 को सायं 06 बजकर 04 मिनट पर चन्द्रमा की सतह पर उतारा जाएगा।

उस क्षण का प्रत्यक्ष दर्शन कर आनन्द भाव प्रकट करने हेतु सभी शिक्षकगण, छात्र/छात्राएं, कर्मयोगीगण प्रशासनिक भवन के द्वितीयतल पर स्थित मिनि ऑडिटयोरियम में सांय 05:30 बजे से आमंत्रित हैं।

(डॉ. महावीर अग्रवाल)

प्रति-कुलपति

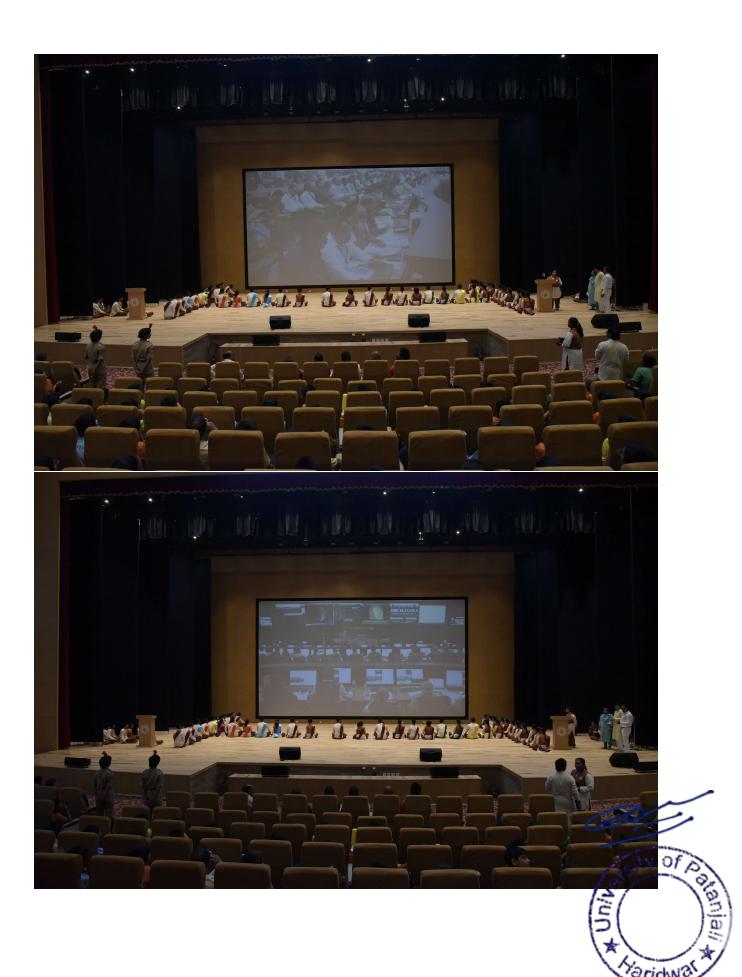
### प्रतिलिपिः सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सिचव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- शिक्षण, शोध पतंजिल विश्वविद्यालय।
- 6. डॉ0 साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष दर्शन विभाग, पतंजिल विश्वविद्यालय।
- 7. संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 10. स्वामी आर्षदेव, कुलानुशासक, पतंजलि विश्वविद्यालय।
- 11. विभागाध्यक्ष- मानव संसाधन विभाग, पतंजलि योगपीठ, हरिद्वार।
- 12. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
- 13. आई.टी. विभाग को प्रसारण की उचित व्यवस्था के लिए कार्यवाही हेतु।
- 14. समस्त सूचना पट्ट।
- 15. कार्यालय प्रति।

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कार्यालय : पतंजलि विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तरा Office : University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttar

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Yaridwal





उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या ४, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) : UDP | PVC | 2023 | 3383

दिनांक (Date) : 27/10/ 2023

(सन्दर्भ पत्रांक: 364/जी दिनांक 16 अक्टूबर, 2023)

पतंजिल विश्वविद्यालय विश्वविद्यालय में N.C.C ईकाई में पंजीकृत कैडेटस् को सूचित किया जाता है कि विश्वविद्यालय एन.सी.सी. ईकाई द्वारा दिनांक 30.10.2023 को खादी महोत्सव कार्यक्रम के अर्न्तगत निम्नलिखित प्रतियोगिताओं का आयोजन किया जा रहा है:

खादी महोत्सव कार्यक्रम प्रतियोगिता		
स्थान- प्राच्य विद्या संकाय भवन, योगाहॉल		
समय- सां <mark>य</mark> 03 बजे से 05 बजे तक		
क्र.सं	प्रतियोगिता का नाम	विषय
1.	क्विज प्रतियोगिता	खादी, एन.सी.सी. स्वतंत्रता, स्वतंत्रता सेनानी
2.	स्लोगन प्रतियोगिता	देश भक्ति पर आधारित स्लोगन, आजाद हिन्द फोज, एन.सी.सी,
		खादी, भारतीय सेना, भारत की आजादी में खादी का महत्व
3.	निबन्ध लेखन	भारतीय स्वतंत्रता में खादी का योगदान, ग्राष्ट्रपिता महात्मा गाँधी और
		खादी, वर्तमान समय में खादी की उपयोगिता

अत: सभी इच्छुक कैडेट्स दिनांक 28 अक्टूबर, 2023 सायं 05 बजे तक एनसीसी कार्यालय में अपना नाम पंजीकृत करा लें। कार्यक्रम की सफलता हेतु डॉ. बिपिन दूबे, डॉ. शिव कुमार, डॉ. भागीरथी, डॉ. अंकुर, डॉ. निवेदिता, डॉ. कपिल शास्त्री, <mark>डॉ. अंजू</mark> व श्री संदीप माणिक पुरी जी सहयोग प्रदान करेंगे।

(प्रति-कुलपति)

पतंजिल विश्वविद्यालय, हरिद्वार

प्रतिलिपि: सचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजिल विश्वविद्यालय।
- कुलसचिव पतंजिल विश्वविद्यालय। 3.
- वित्ताधिकारी, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- शिक्षण एवं शोध, पतंजिल विश्वविद्यालय।
- डाॅंं साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन एवं विभागाध्यक्ष दर्शन विभाग, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- उपकुलसचिव, पतंजिल विश्वविद्यालय, हरिद्वार।
- स्वामी आर्षदेव जी, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 10- समस्त शिक्षक, योग प्रशिक्षक, छात्रावास अधीक्षक/अधीक्षिका, पर्यवेक्षक, छात्र/छात्राओं को सूचनार्थ तथा आवश्यक

11- नोटिस बोर्ड हेतु। कार्यालय प्रति।

कार्यालय : पतंजिल विश्वविद्यालयं, दिल्ली-हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबांद, हरिद्वार-249405, उत्त

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sefeity of कार्यवाही हेतु।







Yaridwal \*







जाताला उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) : UOP PVC 2023 3392

दिनांक (Date) : 17 | 11 | 2023

### कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारीगण, संकायाध्यक्ष, विभागाध्यक्ष, विभाग प्रभारी/इंचार्ज, प्राध्यापकगण, योग प्रशिक्षक, छात्र-छात्राओं, शोधार्थियों एवं कर्मयोगियों को सूचित किया जाता है भारत सरकार आयुष मंत्रालय, केंद्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद् एवं पतंजिल विश्वविद्यालय, हरिद्वार के प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय तथा पतंजिल अनुसंधान संस्थान के संयुक्त तत्त्वावधान में दिनांक 18 एवं 19 नवम्बर, 2023 को ''Naturopathy for Holistic Health'' विषय पर दो दिवसीय 'अन्तर्राष्ट्रीय प्राकृतिक चिकित्सा सम्मेलन' का पतंजिल विश्वविद्यालय परिसर में आयोजन किया जा रहा है।

अतः सभी पतंजिल विश्वविद्यालय, ऑडिटोरियम में प्रातः 09 बजे तक अपना-अपना स्थान अनिवार्य रूप से ग्रहण कर लें।

नोटः छात्रावास अधीक्षक/अधीक्षिका, पर्यवेक्षक एवं अनुशासन समिति के सदस्यगण अनुशासन व्यवस्था एवं बैठक व्यवस्था में सहयोग प्रदान करेंगे।

संलग्नक- कार्यक्रम विवरण।

(प्रो. महावीर अग्रवाल) प्रति-कुलपति

### प्रतिलिपिः सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजिल विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजिल विश्वविद्यालय।
- 5. संकायाध्यक्ष- शिक्षण, शोध पतंजिल विश्वविद्यालय।
- डाँ० साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष दर्शन विभाग, पतंजिल विश्वविद्यालय।
- 7. डॉ. अनुराग वार्ष्णेय, पतंजलि अनुसधान संस्थान, पतंजलि विश्वविद्यालय।
- संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 10. संकायाध्यक्ष- छात्र कल्याण, पतंजिल विश्वविद्यालय।
- 11. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 12. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 13. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
- 14. कार्यालय प्रति। समस्त सूचना पट्ट।

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कार्यालय: पतंजिल विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तर बण्ड भारत
Office: University of Patanjali, Delhi-Haridwar National Highway, Near Bahadrabad, Haridwar-249405, Uttarakhand, India
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**Yaridwa** 

# INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

**18** 18 th & 19 th November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

		Day 1: November 18 <sup>th</sup> 2023				
	Day 1. November 16 2025					
Time		Event in Main Auditorium	Event in Annexe Hall			
8.00 am to 9.30 am		CONFERENCE REGISTRATION				
10.00am to12.00 noon		INAUGURAL PROGRAM				
	Session 1:	Acharya Balakrishnaji				
12.00 noon to1.00 pm	Key note Address	<b>Topic:</b> Blessings from Acharya Balakrishnaji and setting the tone for the conference				
		Chairpersons: Dr. Manjunath NK and Dr Babu Joseph				
1.00 pm to 2.00 pm		Lunch				
2.00 pm to 3.00 pm	Session 3: Bridging philosophy with science	Dr.Raghavendra Rao,	Public lecture 1:			
		Naturopathy: From Philosophy to Science	2.30 pm-3.30 pm			
		Dr. Apar Saoji	Dr. Akalvya Bohara:			
		Naturopathy: The philosophical basis of evidence based medical system.	Reversing Lifestyle disorders- A Naturopathic Perspective			
		Chairpersons: Dr. Babina N	Dr. Gulab Tewani:			
		Dr. Asha Manjunath	Health without Medicine			
			Dr. Hemanshu Sharma:			
			Holistic health through Natur	ropathy		
3.00 pm to 3.30 pm	Session 4:	Panelists:	Public lecture 2:			
3.00 рш со 3.50 рш	Panel Discussion 1: Global perspective in Naturopathy	Dr.Chandrashekaran	3.45 pm to 5.00 pm			
		Dr Sangeeth S	Dr. Nagendra Neeraj			
		Dr Raghavendra Rao	Scientific Importance of Foo	d in Naturopathy		
		Dr Rajesh Singh	Dr. R. S. Dawas			
		Moderator- Dr Manjunath NK				
3.30 pm to 4.00 pm		High Tea				
4.00 pm to 4.30 pm	Session 5:	-				
	Recent advances in yoga and naturopathy rehabilitation	Session 9: Key note address Role of yoga and Naturopathy in Neuro rehab <b>Dr Manjunath Nk</b>	Public lecture 3 (4.00 pm to 5.30 pm)			
		Dr Naveen GH & Dr Mohan Rao	Dr. Vijaya Lakshmi Reddy			
4.30 pm to 5.30 pm	Session 6:	Dr. Anurag Varshney	Dr. Sangeeta Nehra:			
	Role of Nutraceuticals and Functional foods in Naturopathy	Natural Nutraceutical-Holistic health in sync with nature	Integrative Healing with Nature Cure			
		Dr.Vedapriya Arya Unlocking the ancient wisdom of herbal Naturopathy-a promising	Dr. Jitendra Arya:	GIV OF		
		future of wellness	Therapeutic effects of Fasting	00		
		Chairperson: Dr. Latha R	/.:			
6.00 pm onwards		Dr Rajesh Singh CULTURAL PROGRAM BY UNIVERSITY OF PATANJALI	15	1		
			-			
7.00 pm		Cultural Program	1.	*		













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# INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

**18** 18 th & 19 th November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

	Day 2: Nov	vember 19 <sup>th</sup> 2023	
Time	Event in Main Auditori		Event in Annexe
9.00 am to 11.00 am	Session 8: Oral free Paper Presentation		
	<b>Jury panel:</b> Dr. Vadiraj H. S. Dr.Chandrashekaran		
11.00 am to 11.30 am	Dr. Pradeep MK		
	Recent advances in Naturopathy	Medicine	
	Dr. Sunil Paudel		
	Role of Naturopathy in Holistic Pair	n Management	
	Chairpersons: Dr. Prashant	h Shetty	
	Dr. Nagendra Neeraj		
	Chairperson: Dr Rajesh Singh, D	r Naveen GH	
11 20 4. 11 17		High Tr.	
11.30 am to 11.45 am	Session 10:	High Tea Panelists: Dr. Rajkumar	Poster Session:
	Panel discussion -Naturopathy principles in Clinical practice: Challenges and Need for rationalization	Dr. S.N. Murthy	11.45 am to 01.30 pm
11.45am to12.30 pm		Dr.B.T.C. Murthy Dr. M. Sarju Dr.Nagajyoti Dr. Srinivas Reddy Dr. Sateesh MHombali	<b>Jury panel:</b> Dr. Puneeth Raghavendra Dr. Vinutha Rao
		Moderator: Dr. Gurudutta HK	
	Session 11:	Panelists: Dr. Manoj Nambiar	
	Panel Discussion - Naturopathy in wellness Industry	Dr. Kirti Singh	
		Dr. Shyamraj N <b>.</b>	
12.30 pm to 1.00 pm		Dr. Abhishek Jain	
		Dr. Kanak Soni	
		Dr. Cijith Shreedhar	
		Moderator: Dr Narendra Shetty	
1.00 pm- 2.00 pm		Lunch	
	Session 12:	Panelists: Dr Prashanth Shetty	Public lecture 4:
	Panel Discussion yoga and Naturopathy education : Need for standardization	Dr Sangeeth S	2.00 to 3.00 pm
	and the same of th	Dr.Vibhas	Shri Anant Birader:
2.00 pm to 2.45 pm		Dr. Puneeth Raghavendra Dr. Hemanshu Sharma Dr. Jyoti Nair Dr. Aklavya Bohra Dr. Vinayak Amberker Dr. Toran Singh Chahar Moderator: Dr. Abhay Shankar	Health Reliance through Nature Cure & Gandhiji  Dr.Ramesh Tewani:  Cure of irregular lifestyle related diseases  Naturopathy
		Gowda	*













# INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

**18**<sup>th</sup> & 19<sup>th</sup> November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

	0 1 10	B NO B W - 11 C	
	Session 13:	Panelists: Dr Vartika Saxena	
	Naturopathy in Public Health	Dr Gulab Tiwani	
		Dr Srinivas Bairy	
2.45 pm to 3.30 pm		Dr Naresh Kumar	
2.45 pm to 5.50 pm		Dr Geetha Shetty	
		Moderator:	
		Dr. Ambalam M	
		Chandrasekaran	
3.30 pm to 3.45 pm		High Tea	
	Session 14:	Panelists: Dr Deepa Shukla	Public Lecture 5:
	Integrating Yoga and Naturopathy departments in AHMS: Challenges and strategy	Dr Sophia Mudda	3.45 pm to 4.45 pm
3.45 pm to 4.15 pm	a a.	Dr Shweta Mishra	Dr. DN Sharma:
		Dr Vartika Saxena	Role of Naturopathy in Lifestyle Disease
		Dr Vadiraja HS	Dr. Poornima Bansal:
		Moderator: Dr Sriloy	Five White poisons in Naturopathy
	Session 15:	Speakers:	
	Yoga and Naturopathy in Integrative Medicine	Dr.Kuldeep Singh	
		Yoga Traditional Indian	
		Knowledge- a boon for Dentist &	
		Dentistry	
		Dr. RudraBhandari	
4.15 pm to 4.45 pm		Traditional Formulations for Managing Covid-19: systematic Review and Meta-Analysis.	
		Chairperson: Dr. Himanshu Paliwal and Dr Geetha Shetty	
5.00 pm to 5.45 pm		Valedictory Function	























# **Conference Report**

# **UNIVERSITY OF PATANJAL**

seity of Patanjali Yog Peeth, Roorkee-Haridwar Road, Haridwar, Uttarakhand 249405 (INDIA) 01334-273600, 8871512273 info@uop.edu.in



# 6th Naturopathy Day and international Conference, 2023

It was again for the 2nd time when CCRYN (Central Council of Research in Yoga & Naturopathy) has decided to organise the International Conference on Naturopathy in Association with University of Patanjali, NIN(Pune)& World Naturopathy Federation to mark the celebration of 6th Naturopathy day, 2023. It was held at University of Patanjali, Haridwar, Uttarakhand on 17th, 18th and 19th November, 2023. The conference was based on the theme - "Naturopathy For Holistic Health" and it's objectives were to articulate Naturopathy & Yoga therapy as an evidence-based treatment by providing a platform for scientists and experts to show case their research and presentations. The conference also comprised of Panel discussions, Workshops and cultural programmes. It was witnessed by 2,500 beneficiaries.





The day we got to know that our University is going to conduct this Conference, we had started all the preparations with great exhilaration and enthusiasm But also faced many challenges during this conference. The plannings and discussions regarding the conference were started 1 month before the scheduled date of International Conference bv whole **Faculties** University of Patanjali. Several meetings were conducted and 12 Committees were formed, then leaders were chosen from PYP (Patanjali yogpeeth) and CCRYN team to

lead specific Committee. The detailed list for Committees is given in Annexure - 1 All the Committee's heads started their work by assigning specific Committee and duties to Individuals/Students at University of Patanjali and their list is attached with this report in Annexure -2

On 17th November, there was a Workshop based on Research Methodology that was organized at Administration building by Center for Chronic Disease Control, New Delhi.

## 6th Naturopathy Day -2023

#### **International Conference on Naturopathy**

On 18th November,2023 The Conference started at 10:00 a.m.



Lamp lighting Ceremony was held with chanting of mantras by <u>Param Pujya</u> <u>Swami Ramdev Ji</u> and <u>Param shradhey</u> <u>Aacharya ji</u> along with the felicitation of all Delegates.

Later opening remarks and formal Welcome Address was given by <u>Pujya</u> Anand Dev Ji & Dr. Raghavendra Rao.

The Event was Initiated by the Inspiring words of PP swami Ramdev ji followed by the several Presentations Staged by the listed Presenters.



Shri Satyajit Paul (Deputy Director General, Ministry of AYUSH, Government of India) He emphasized Naturopathy day Celebration Nationwide since 2018 and mentioned regarding Mahatma gandhi ji recognised as 'Father of Naturopathy' in India.



Dr. H.R. Nagendra (Chancellor, Swami Yoga Vivekananda Anusandhana Samsthana, Bengaluru, Karnataka) He Highlighted the need to record treated cases as evidence to authenticate Naturopathy and emphasized publishing reputed Journals establish International to Naturopathy Worldwide.

Prof. Dr. Mahavir Agarwal (pro-Vice-Chancellor, UoP, haridwar) Importance of health was emphasized stating that health is synonymous with prakriti and the World is governed by Panch Mahabuta.



Vaidya Rajesh Kotecha (Secretary, Ministry of AYUSH, GoI) He encouraged integration He encouraged integration of basic science with Ayurveda and praising Patanjali for its effort in this field and evidence generation in naturopathy was emphasized during the meeting.

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The large described

Video messages were shared by <u>Dr. Saruanand Sanowal ji</u> (Union Minister of Ports, Shipping and Waterways and Ministry of AYUSH, Government of India) and <u>Dr. Mahendra Munjapara ji</u> (Minister of State for AYUSH and Minister of State for Woman and Child Development).



Dr. Raghvendra Rao (Director at Central Counsel of research in Yoga and Naturopathy) Ministry of AYUSH, Government of India

He awarded the distinguished personalities and pointed out the highlights of talks. Also acknowledge the existing challenges in the medical field.



# Dr. Manjunath NK (Director of Research and International Affairs) S-VYASA University

He started his presentation on topic "Bringing the gaps in Neuro-Rehabilitation through an Integrative approach." He

emphasised on the importance of integrating various streams with evidence including Modern Medicine, Naturopathy, Ayurveda.

**Dr. Apar Saogi** emphasized the importance of food, adequate sleep, determining health outcomes. He referenced "The China Study" as a 20- year follow up study on diet and health. He also pointed out stress and sedentary lifestyle as a significant health hazard.



#### Panel Discussion :-

The session was followed by panel discussion on the topic "Understanding the Global Perspective on Naturopathy" moderated by **Dr. Rajesh Singh.** 



Dr. Anant Biradar (National President)
International Naturopathy
Organization (INO) He lighted of naturopaths as a teacher for the patients for better way to live, improving patience and

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preventing future ailments. Emphasized the need to work on the inclusions of naturopathy in a National Health initiative.



**Dr. Jitendra Arya (Chairman Health Naturopathy, Raigarh)** Started his presentation by discussing the importance of introducing youth to the Indian Medicinal System birth and evaluated the collective preparedness deal with the subject matter.



Dr. Anurag Varshney (Head, Drug Discovery and Development Division, Patanjali Research Institute, Haridwar) He presented on topic "Natural Nutraceutical- Holistic health in sync with nature" and overviewed the role of vitamins and minerals in body. He shared study designs and Research activities behind this topic.





**Dr. VedpriyaArya** (Head, Herbal Research Division, Patanjali Research Institute, Haridwar) She deliverd her presentation on topic, "Unlocking the ancient wisdom of herbal naturopathy-promising future of Wellness". She highlighted the necessity for the development of herbal monographs and toxonomic identification to support naturopathy.

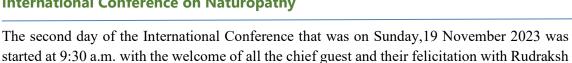
The summing up of the conference at 6 p.m. was followed by falicitation of Dr Anurag Varshney and Dr. Vedpriya Arya and the cultural performances done by the cultural committee of University of Patanjali.





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Mala by Swami Ramdev Ji.

The theme of conference was Naturopathy For Holistic Health. Several panel discussions were conducted.



Panel **Discussion** the on topic "Naturopathy **Principles** Clinical in Challenges Practice: and Need for Rationalization"

Panel Discussion 2 on the "Naturopathy in the Wellness Industry".

Panel Discussion 3 on the topic "Yoga and Naturopathy Education: Need for Standardization".

The occasion was proceeded by several poster and oral presentations staged by the following presenters listed below.



Dr. Sunil paudel:- presented Role of Naturopathy in holistic pain management with a case study of patient with LDH(lumbar disc herniation). He shared naturopathic approach for curing defect. GILY OF

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<u>Dr. Pradeep MK Nair:</u>-Stated on Integrative Oncology Advancements and opportunities for Yoga & Naturopathic medicines. He discussed cancer, it's treatment in terms of holistic therapies.

Dr. Gurudutta HK :- Discussed about Naturopathy principles and clinical practices, thereby addressing the need for rationalization, participants to exchange ideas as a result refining training methodologies in application of Naturopathy.



Dr. Kuldeep singh (Head, Dental clinic and research, Patanjali Ayurvedic Hospital) Presented "Yoga Traditional Indian knowledge" and discussed exaggerated Gingival inflammatory response and bruxism linked to stress.



**Dr. Rudra B. Bhandari:**He delivered his presentation on topic traditional formations in managing covid-19 and systematic review & meta analysis.

Felicitation of panel speaker with momentos as a token of gesture by the session chairs.

#### **Oral presentations:-**

**<u>Dr. Sataz Rahamania</u>:-** He shared views on "Efficiency of Yoga Therapy as a complementary therapy along with Modern medication in management of Schizophrenic patients.



**Dr. Poornima Bansal:-** He provided brief overview on "Immediate effect of Neutral spinal compression on heart rate variability in hypertensive individuals". Graphical data was illustrated.



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**Dr. Karishma Silwal:-** He introduced "Impact and feasibility of Arogya Rakshak Panchtantra on Menstrual symptoms, Heart

rate variability and Health related quality of life in young female adult with primary Dysmenorrhea". It's methodology and impact was briefly described.

<u>Dr. S. Anuburani</u>:- He shared case study "Naturopathic Management of Creatinine Levels in CKD patients". Highlighted significant results and effectiveness of yoga and naturopathy in this context.



Presentations were brought to end with a Validatory Function by momentous felicitation of our esteemed panellists and all the leaders of the committee with well deserved mementos. Closing remarks were given by P. S. Acharaya ji defining the closing of the 2 day conference followed by luch. MoM of this conference is given in Annexure -3.

This Conference was a great success as everyone got chance to showcase their knowledge and exchange ideas on refining training methodology to Bridge gaps and elevate the standards of naturopathic practice. Students also got the opportunity by taking responsibilities for organising and managing this event and also acknowledged themselves with scientists and their researches to expand awarenes about the evidence based Naturopathy and Yoga therapy.

#### Dr. Nayan Biswas

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# <u>Annexure - 1</u> Committee for 6<sup>th</sup> International Naturopathy Day (18<sup>th</sup> -19<sup>th</sup> November)

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		PRF			
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3	Transport Committee	Dr. Lalit Chaudhary	9319053297		Surendar sandhu, Dheeraj in delhi)
		Dr. Kapil Shastri	9760695930		Sh. Sunil Anand 9868815217
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		Dr. Toran Singh Chahar	7408517179		
5	Decoration Committee	Dr. Diksha Ojha	9753084759/ 7060232704	Banners/Floral decoration/Memento	KL Gotwal 9818613323
		Dr. Poornima Bansal	6364728979		Anil, Seema, Ritu
6	Media Committee	Kapil Valiya	9760695935		Sanjay Dev &Team, Vikas,
		Dr. Abhishek	7906023622		8470818987
7	Registration Committee	Dr. Nagaraj A. Hosamani	894665230	Id card / kit /Cert.	Kavitha , Rakesh, Nithin, Yogesh, Dr Sindhul , Dr Veerbhadra, Dr
		Dr. Gautham	973820115		9013704984/ 9971300000
8	Food Committee	Pujya Swami Parmarthdev ji	9897907777	Dr. Vaishali (8126422256)	KL Gotwal 9818613323,
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		Dr. Kuldeep (PRF)	9760095217	Bhavpreeta ji (6397971397)	ereity
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		Dr. Deenanath	7217456434/8800219286		121

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		Dr.Alka Giri	9451585755		
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		Dr. Nivedita Sharma	9634676792		
12	Abstract Book Committee	Dr. Pradeep Nain (PRF)	7217015010		Dr Shalini/Dr Ghanapriya /Rahul 7985237927, 9611830318, 9675918352
13	Master of Ceremony	Dr. Anurag Varshney (PRF)	9899579510		Dr Vadiraja HS 9350147313
14	Minutes Committee	Dr. Anurag Varshney (PRF)	9899579510		Dr Raghavendra 9916488864, Dı Nidhishree, Dr Karthik
15	Workshop on 17th (small audi)				Dr Chandrashekaran CCDC 8287992563
16	Hindi Track on 18th- 19th (Small Audi)				Dr Preeti Joshi, Sh Ananth Biradar, INO 9845594292
17	IT , Audio visual				Gopal Krishna Shukla, Vikas and Rahul
18		Liaso	n officers for speakers 30 fron	n PYP and 20 from CCRYN	



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Theme	Naturopathy For Holistic Health				
Day and Date	Saturday, 18 <sup>th</sup> November, 2023				
Time	10:00 AM to 6:00 PM				
Venue	Auditorium, University of Patanjali, Haridwar				
List of presenters	<b>Shri Satyajit Paul</b> (Deputy Director General, Ministry of AYUSH, Government of India)				
	<b>Dr. H.R. Nagendra</b> (Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru, Karnataka)				
	<b>Prof. Dr. Mahavir Agarwal</b> (Pro-Vice-Chancellor, University of Patanjali, Haridwar)				
	Vaidya Rajesh Kotecha (Secretary, Ministry of AYUSH, Government of India)				
	<b>Dr. Raghavendra Rao</b> (Director at Central Council for Research in Yoga and Naturopathy, Ministry of AYUSH, Government of India)				
	<b>Dr. Manjunath NK</b> (Director of Research and International Affairs, S-VYASA University)				
	Dr. Apar Saoji				
	<b>Dr. Anant Biradar</b> (National President, International Naturopathy Organisation (INO))				
	<b>Dr. Jitendra Arya</b> (Chairman Health Naturopathy, Raigarh)				
	<b>Dr. Anurag Varshney</b> (Head, Drug Discovery and Development Division, Patanjali Research Institute, Haridwar)				
	<b>Dr. Vedpriya Arya</b> (Head, Herbal Research Division, Patanjali Research Institute, Haridwar)				

The objectives of the conference were defined as follows:

 To provide a platform for Scientists and experts in the field of naturopathy to share their knowledge, experiences, and research findings of naturopathy for holistic health.

 Disseminate the latest research and advancements in naturopathic medicine.

 To showcase how naturopathy addresses the root causes of health issue rather than just symptoms.



- To identify gaps in knowledge and research in the field of naturopathy, and to suggest ways to address these gaps through future research and collaborations.
- Highlight evidence-based research supporting the efficacy of naturopathic treatments.

Lamp lighting ceremony was performed with chanting of mantras by Param Pujya Swami Ji, Param Shradheya Acharya Ji along with all dignitaries. All the delegates were welcomed on stage and were felicitated with Bouquet, Shawl, Rudraksha mala and Momento by P.P. Swami Ramdev ji and P.S. Acharya Balkrishna ji. Later, opening remarks and formal welcome address was given by Pujya Swami Anand Dev ji.

#### Blessing words by Param Pujya Swami Ramdev Jee

- Initially, he commenced with a series of slogans and mentioned about the Sanatan golden period, emphasizing the fortunate timing of being born in this era.
- Delegates were welcomed, and a brief introduction of each was provided.
- India's leadership in naturopathy was highlighted, emphasizing that it originated in India.
- Patanjali is organizing this Mahakumbh of naturopathy this year for the whole world.
- The historic appointment of a Vaidya as the secretary of the department was noted, highlighting the efforts to uplift Ayurveda.
- The Prime Minister of India was acknowledged as a supporter of Sanatan Ayurveda, actively practicing yoga daily.
- Acharya Ji's recognition as one of the world's top 2% scientists for two consecutive years was highlighted.
- Honored our Gurukul system of Education.
- Life was described as "Panchprana," and naturopathy as "Pranchikitsa," with a connection to Vedas and Upanishads.
- The significance of "Mitti" as "Moolprakriti" and the source of all medicines was discussed.
- Actual cases of patients successfully treated for diseases such as SNV, thyroid issues, and autoimmune diseases were presented.
- The presentation emphasized having real and clinical evidence for the treatment of each disease.
- It is a principle of yoga, Ayurveda and naturopathy to not survive with diseases.
- Further, he discussed some of the objectives of the conference and how it will be impactful and beneficial for the participants.
- Concluded by saying that, "Naturopathy practitioner should retained nature by his personality".



# Shri Satyajit Paul Deputy Director General Ministry of AYUSH, Government of India

- In his opening words, he acknowledged the esteemed presence of P.P. Swami Ramdev ji, P.S. Acharya Balkrishna ji and warmly welcomed all the delegates.
- Expressed his admiration for P.P. Swami ji's wisdom and humility, stating that he has no guts to speak after listening to such profound insights.
- Emphasized that Naturopathy Day has been cherished and celebrated nationwide since 2018.
- A notable mention was made regarding Mahatma Gandhi ji being recognized as the father of naturopathy in India.
- P.P. Swami ji reinforced the idea that naturopathy originated in India, underscoring the rich heritage and ancient wisdom associated with natural healing methods.
- Extended gratitude to the Central Council for Research in Yoga and Naturopathy (CCRYN) for organizing and conducting Naturopathy Day.

#### Dr. H.R. Nagendra

#### Chancellor

#### Swami Vivekananda Yoga Anusandhana Samsthana

#### Bengaluru, Karnataka

- Began with the chanting of mantras and a namaskar to all present. P.P. Swami ji was acknowledged with applause.
- He stated, "A fire has been ignited within us all to celebrate".
- Emphasized that naturopathy is often misunderstood as a foreign concept, debunking this notion by highlighting its presence in the Vedas.
- Expressed gratitude towards the Ministry of AYUSH for their efforts in promoting naturopathy.
- Recognition was given to the practitioners and doctors who have dedicated their lives to the practice of naturopathy.
- Importance of publishing in reputed international journals to establish naturopathy worldwide was emphasized.
- Mentioned that "If we can bring the world together, it would be wonderful".
- Highlighted the need to record treated cases as evidence to authenticate naturopathy.
- Congratulated and thanked Ministry of AYUSH and the organizers for their efforts in promoting naturopathy and for organizing the grand event.
- P.P. Swami ji mentioned the documentation of 5 crore patient case underscoring the vast experience and impact of naturopathy.



The talk was followed by musical performance by the team of University of Patanjali.

### Prof. Dr. Mahavir Agarwal **Pro-Vice-Chancellor University of Patanjali, Haridwar**

- Commenced with the chanting of mantras.
- He stated, "At the holy place of Haridwar, the organization of this fair of knowledge."
- P.P. Swami ii's address was described as impactful, with the observation that when he speaks, it resonates as if 140 crore Indians are addressing the world.
- He bestowed the title of "Modern Dhanvantri" upon P.S. Acharaya ji, recognizing his contributions to the field.
- Regarded all the chief quests, and special praise was given to Dr. Raghavendra Rao for his efforts in organizing the event.
- Participants were welcomed, and it was expressed that the conference is a significant step towards making Mother India the Mother of the world, with a vision that the world would be ultimately led by yoga and Ayurveda.
- Importance of health was emphasized, stating that health is synonymous with Prakriti, and the world is governed by Panchabhoota.
- The ultimate sources of energy, the Sun, and Agni were acknowledged.
- Conference was metaphorically referred to as the Ganga of yoga and knowledge.
- Concluded with gratitude and a call for all attendees to metaphorically "bathe" in the Ganga of yoga and knowledge.

## Vaidya Rajesh Kotecha Secretary

#### Ministry of AYUSH, Government of India

- Regarded P.P. Swami ji and P.S. Acharaya ji along with all the chief
- Congratulations were extended to everyone on the occasion of Naturopathy Day.
- P.P. Swami ji shared that approximately 1500 saints and saintesses are currently studying naturopathy at the University of Pataniali. Both P.P. Swami ji and P.S. Acharaya ji were recognized as the motivation behind this initiative.
- Highlighted that Mahatma Gandhi established a naturopathy center in Jefelly of A Pune on 18th November, explaining the significance of celebrating Naturopathy Day on this date.
- Acknowledged that naturopathy is widely accepted worldwide.



- Shortage of naturopathists globally was recognized as a challenge, and emphasized the need to address this demand, despite the associated challenges.
- Mentioned that competence tests are available for naturopathists worldwide.
- Encouraged the integration of basic sciences with Ayurveda, praising Patanjali for its efforts in this field.
- Importance of evidence generation in naturopathy was emphasized during the meeting.
- The Indian government's efforts in the field of naturopathy were praised, including the readiness of two hospitals and the permission to establish five naturopathy hospitals in Pune.
- Highlighted the growth of Ayurveda, mentioning that India will soon be a developed nation with Ayurveda playing a significant role.
- All students were praised for their hard work, with a reminder that excellence requires dedication and there are no shortcuts.
- The level of work at Patanjali was acknowledged to be at par with the best standards.

#### Blessing words by Param Shradheya Acharaya Jee

- Initially, he began with slogans, expressing the delight of the Patanjali family for the presence of everyone at the 6th Naturopathy Day celebration.
- Extended a warm welcome to all attendees, praising their presence and emphasizing the significance of the day.
- Stated that "You all will learn a lot from here today as we are celebrating 6th Naturopathy Day".
- Highlighted the importance of delving into the prakritik mool of naturopathy as we need to address defects and work towards a deeper understanding of this holistic healing system.
- Proudly discussed Patanjali's contribution to the completion of the World Herbal Encyclopedia. This type of work had initially been started by WHO and later discontinued due to complexity, he commended the Patanjali team for their relentless efforts in documenting this valuable information.
- Emphasized that 70-80% of the world's population depends on traditional medicines.
- Highlighted the existence of 50,000 plants with potent medicinal uses, underlining the importance of recognizing and preserving traditional healing practices.
- Addressed the importance of Ayurveda on a global scale and stressed the significance of Ayurveda as the most descriptive healing system among the nine existing worldwide.



- Expressed the intention to present comprehensive evidence establishing Ayurveda as the foundational system for all.
- Shared the motto of naturopathy, "Do not let someone who is not sick become sick".
- Delved into the principles of Ayurveda, emphasizing the significance of Dincharya and Ratricharya in maintaining a healthy lifestyle.
- Mentioned that Ayurveda encourages a holistic approach, exempting the unnecessary use of medicines.
- Announced Patanjali's initiation of the first Panchkarma center in North India, followed by the establishment of yoga centers.
- Highlighted the global acknowledgment of Ayurveda's efficacy during the COVID-19 pandemic.
- Urged everyone to be confident in their pursuits, emphasizing the need to celebrate Naturopathy Day in a manner that communicates its importance to the world.
- Expressed concern over the commercialization of diagnosis in medical science and highlighted Patanjali's efforts in documenting treatments for around 550 diseases and over 4000 clinical conditions.
- Concluded by encouraging students studying Ayurveda and Naturopathy, asserting that the future belongs to them.

Video messages were shared by Mr. Saruanand Sonowal ji, Union Minister of Ports, Shipping and Waterways and Ministry of AYUSH, Government of India and Dr. Mahendra Munjapara, Minister of State for AYUSH and Minister of State for Woman and Child Development.

#### Dr. Raghavendra Rao

### Director at Central Council for Research in Yoga and Naturopathy Ministry of AYUSH, Government of India

- Commenced with a warm Pranam to all attendees, extending regards to guests and delegates.
- Appreciation was expressed for the commendable effort in organizing such a significant event.
- Awards were presented to the following distinguished personalities:
  - o Prof. S. N. Pandey, Former Vice Chancellor of Indira Gandhi Technological and Medical Sciences University, Ziro, Arunachal Pradesh.
  - o Dr. R. M. NAIR is Founder & Ex Director, Bapu Nature Cure Hospital Yogashram, Delhi.
  - o Dr. Y. RUDRAPPA is MEDICAL DIRECTOR of Sanathana Yoga and
  - o Shri. Sankaran Manipuzha is the President & Chief Consultant of Natural Hygiene Association, Vadodara, Guiarat



- The session was lauded for its excellent start, and praise was given to all speakers. Pointed out the highlights of their talks.
- Recognition of Naturopathy's importance by the Ministry of AYUSH was highlighted.
- Delving into the roots of Naturopathy was discussed, citing Mahatma Gandhi's view that it is a way of life.
- Acknowledgment of the existing challenges in the medical field, with the observation that despite advances, many diseases lack a definitive cure. Commitment to concerted efforts to address this issue was emphasized.
- Thanks were extended to the University of Patanjali and the event organizers for their warm welcome and efficient organization of the esteemed event.

The national anthem was played, signifying the closing of the inaugural session.

# Dr. Manjunath NK Director of Research and International Affairs

#### **S-VYASA University**

- Presented on topic, "Bridging the gaps in Neuro-Rehabilitation through an Integrative approach".
- Regarded P.P. Swami ji and P.S. Acharaya ji
- She stated that, "A vacuum is left in research into chronic conditions".
- Explained the term "Rehabilitation" and its objectives, emphasizing optimized functioning and disability reduction.
- Discussed on the goals of neuro-rehabilitation, aiming to improve functional capacity, reduce symptoms, decrease dependency, and enhance the quality of life.
- Shed light on global burden of neurological disorder and presentation of global statistics, including 9 million deaths, with graphical representation via pie charts.
- Shared data on prevalence of neurological disorders in India.
- In-depth discussion on conditions that result in lifelong disabilities.
- Shared existing "Modus operandi"
  - o Residential exclusive rehabilitation centres
  - o Residential rehabilitation centres attached to a medical hospital
  - o Residential smaller rehabilitation centres
  - o Daycare based medium sized rehabilitation centres
  - Daycare based physiotherapy centres
- Mentioned collaboration with rehabilitation centers in Malaysia, cities
   "Pusat Rehabilitation Perkeso Melako" as an example.
- Shared details on some eminent specialties on orthopedic and sports medicine.
- Talked about Lans Med Concpet, emphasizing the symbiosis of traditional naturopathy and modern medical discoveries.



- Proposal to define goals of naturopathy within the rehabilitation framework.
- Discussed on notable rehab centres:
  - o Shephard Centre, USA
  - o Mayo Clinic for Neuro-rehabilitation
  - o Centres for Sports Science (CSS), Sri Ramchandra Institute, Chennai, India
  - o Kokilaben Dhirubai Ambani Hospital
- Emphasis on the importance of integrating various streams with evidence, including modern medicine, acupuncture, robotics, Ayurveda, physiotherapy, occupational therapy, yoga therapy, naturopathy, behavioral therapy, and sensory re-conditioning.
- Goals of rehabilitation:
  - o Physical
  - o Psycho-social goals (Daily living, social and behavioural skills)
  - o Cognitive retaining goals Improvement of cognitive skills
  - o Others Nutritional counselling, safety, and educational. Obtaining of assistive devices.
- Discussion on the broad scope and potential impact of rehabilitation.
- Shared knowledge on "World's first wearable cyborgy":
  - o Accupunture cits
  - o Naturopathy (Shared research papers on it)
  - Cryotherapy
  - o Shed light on cryotherapy for Alzheimer and its safety standards.
  - o Yoga therapy to bridge the gaps of rehabilitation.
- Shared research findings on the role of yoga in treating neuropsychological disorders.
- Yoga, Naturopathy and Ayurveda should be incorporated into the Indian Education System.
- Expressed gratitude to P.P. Swami ji, P.S. Acharaya ji, delegates and attendees.

Closing remarks by session chair, Dr. Babu Joseph. Felicitation ceremony of Dr. Manjunath NK and session chair with memento followed by lunch.

#### Dr. Raghavendra Rao

# Director at Central Council for Research in Yoga and Naturopathy Ministry of AYUSH, Government of India

- Presented on topic, "Naturopathy from Philosophy to Science".
- Acknowledged the audience and discussed about the principles of naturopathy in detail.
- Emphasized that vitality is equivalent to homeostasis, encompassing metabolic, cellular, and organ system balance.
- Explored molecular pathways of cellular homeostasis accompanying pictorial representations.



- Presented a diagrammatic representation of hormone and energy homeostasis.
- Discussed how unhealthy lifestyles contribute to stress, highlighting the importance of maintaining balance.
- Mentioned Sean Harribanee, recognizing their contributions to the field. Shared relevant research findings, providing insights into current advancements.
- Explored the concept of human biofield therapy and its relevance.
- Explained what lowered vitality is and presented research papers to provide statistical insights.
- Discussed abnormal composition of blood and lymph contributing to lowered vitality.
- Diagrammatically presented the impact of the accumulation of foreign material in the body. Differentiated between endogenous and exogenous matter.
- Shared insights into the effects of the gut microbiome on host health.
- Encouraged the audience to observe and read the natural life for a holistic understanding.
- Explained the process of detoxification in the human body.
- Discussed treatment methods, including the restoration of energy homeostasis through calorie restriction.
- Concluded the presentation by summarizing key points and showing gratitude to the organizers.

#### Dr. Apar Saoji

- Commenced with a warm greeting to the audience and Acknowledged the significance of celebrating World Naturopathy Day.
- Delivered presentation on topic, "Naturopathy from Philosophy to Science".
- Introduced the fundamental concepts of philosophy and science.
- Explored the interplay between philosophy and science in establishing reality.
- Quoted Einstein, "The more I study, the more I believe in God".
- Discussed medicine as both an art and a science.
- Questioned about the global acceptance of allopathy versus traditional practices like yoga and naturopathy.
- Shared WHO data on leading causes of mortality worldwide, highlighting the prevalence of non-communicable diseases.
- Emphasized the need for simple lifestyle corrections over complex treatments.
- Shared several research papers critiquing naturopathy.
- Addressed the challenge of connecting naturopathy with contemporary
- Talked about psychosomantic disorders and shed light on concept of "Adhija Vyadhi" and how adhi became Vyadhi.



- Provided detailed insights into gut dysbiosis. Shared research evidence on the impact of gut health on overall well-being.
- Emphasized the importance of food in determining health outcomes.
- Referenced "The China Study" as a 20-year follow-up study on diet and health.
- Pointed out stress and sedentary lifestyle as significant health hazards.
- Discussed the importance of adequate sleep for overall well-being.
- Shared insights on recent trends in Iridology, incorporating engineering, machine learning, and algorithms.
- Motivated students to excel in the field of naturopathy and contribute to scientific advancements. Provided insights on individual contributions to the field.

Felicitation of Dr. Raghavendra Rao and Dr. Apar Saoji with mementos by the session chair. Chairpersons were also felicitated by Dr. Anurag Varshney and Dr. Raghavendra Rao.

#### **Panel Discussion**

The sessions were followed by panel discussion on the topic "Understanding the Global Perspective on Naturopathy" moderated by Dr. Rajesh Singh. The discussion started with in-depth conversations on various aspects of naturopathy, including its cultural and regional variations, evolving trends, and the integration of traditional and modern approaches. The exchange of ideas during the panel highlighted the importance of considering a global perspective when exploring and promoting naturopathic practices. Panelists were engaged in constructive dialogue, emphasizing the need for collaboration and knowledge exchange among practitioners, researchers, and policymakers to enhance the understanding and acceptance of naturopathy on a global scale. The discussions likely contributed to fostering a more comprehensive and inclusive approach to naturopathic healthcare worldwide. Overall, the panel discussion covered a wide range of important topics in naturopathy.

Felicitation of panelists with mementos by Dr. Manjunath NK.

#### Dr. Anant Biradar National President

#### **International Naturopathy Organisation (INO)**

- Congratulated everyone on naturopathy day.
- Acknowledged the positive environment for naturopathy, highlighted that results are still pending.
- Emphasized that naturopathy is a natural approach, diligently promoted by Mahatma Gandhi.



- Gandhi's dream from 75 years ago led to the establishment of AINCF Trust. Noted that PM Narendra Modi from Gujarat fulfilled this dream 75 year later.
- Stressed the importance of acting when the opportunity arises, using the metaphor "shaping the iron when it is hot yields immediate results."
- Discussed naturopathy from Mahatma Gandhi's perspective.
- Highlighted that naturopaths don't sell treatments but teach patients better ways to live, improving conditions and preventing future ailments.
- Shared figures on the health budget of India in 2021-22. Questioned the budget allocation specifically for naturopathy.
- Compared India's health budget with Health GDP of America, China, Russia, and India.
- Advocated for the inclusion of naturopathy departments in state and central hospitals.
- Highlighted that Ayushman Bharat and National Ayush Mission have not included naturopathy and yoga.
- Stressed the importance of addressing these shortcomings.
- Acknowledged the outstanding work of P.P. Swami ji and P.S. Acharaya ji in establishing naturopathy in mainstream treatment options.
- Concluded the discussion by sharing points to promote naturopathy.
- Emphasized the need to work on the inclusion of naturopathy in national health initiatives.

### Dr. Jitendra Arya Chairman Health Naturopathy Raigarh

- Initially, he started by chanting mantras before starting the session.
- The foundation's mission of making health "Svavlambi" was reiterated, emphasizing the need for knowledge and simplicity in overcoming challenges.
- Discussed the importance of introducing children to the Indian Medicinal System from birth and evaluated the collective preparedness to deal with the subject matter.
- Multifaceted approach was highlighted as essential for maximizing the benefits of gatherings.
- Concept that every cell has space and disease arises when space reduces was presented.
- Fasting was explored as a method to create space in the body and treat diseases, with an emphasis on its historical significance in various cultures.
- Reversal of diseases through naturopathy principles was discussed, and the commitment to providing comprehensive care to patients, including various forms of rest, was underscored.
- Need to redefine fasting and conduct experiments to validate its benefit was proposed.



• Concluded with a collective expression of gratitude and a wish for divine grace to guide the foundation's efforts.

Felicitation of Dr. Anant was done by Dr. Nagendra Neeraj.

### Dr. Anurag Varshney Head, Drug Discovery and Development Division Patanjali Research Institute, Haridwar

- Commenced with congratulations on World Naturopathy Day.
- Regarded P.P. Swami ji, P.S. Acharaya ji, delegates and Ministry of AYUSH.
- Presented on topic, "Natural Nutraceutical-Holistic health in sync with nature".
- Overview of the foundation's work on Ayurvedic medicines and nutraceutical products.
- Detailed background on nutraceuticals, emphasizing the needs arising from dietary gaps, imbalances, busy lifestyles, soil depletion, and agerelated nutrient requirements.
- Classification of nutraceuticals based on origin and mechanism, including traditional and non-traditional types.
- Information on the role of vitamins and minerals in the body, with a comparison between natural and synthetic nutraceuticals.
- Presentation of microscopic images comparing food Vitamin B1 and USP Vitamin B1, highlighting the team's research on natural sources.
- Discussion on Vitamin D deficiency, exploration of natural sources like lichens, and the development of Neurela Vitamin D2K by the PRF team.
- Sharing of study design and research activities behind the development of Neurela Vitamin D2K, with graphical and pictorial representations of results showing comparable or better outcomes than synthetic Vitamin D3.
- Discussion on Iron, highlighting the drawbacks of available iron supplements and the PRF team's research on Mandoor Bhasma.
- Presentation of SEM analysis results showing natural nanoparticles in Mandoor Bhasma.
- Coating Mandoor Bhasma with ascorbic acid and elemental analysis, revealing a better release profile and higher accumulation in intestinal cells for AA-Mandoor Bhasma.
- Elevated ferritin levels observed with AA-Mandoor Bhasma.
- Shared key takeaway message: Synthetic supplements are often treated as xenobiotics by the body, while natural nutraceuticals provide a holistic solution to fill gaps in the daily nutrient requirements of modern society.

Dr. Vedpriya Arya Head, Herbal Research Division Patanjali Research Institute, Haridwar

Regarded P.P. Swami ji, P.S. Acharaya ji, delegates and Ministry of A\



- Acknowledged the presence of all the guests, audience, and students.
- Presented on topic, "Unlocking the ancient wisdom of herbal naturopathy- a promising future of wellness".
- Discussed the successful publication of 110 volumes of the World Herbal Encyclopedia (WHE), showcasing the collective effort of Patanjali's scientists.
- Shared information on ongoing projects at Herbal Research Division:
   WHE, Ancient Manuscript Conservation Republication, PRF Herbarium,
   Taxonomy & Floral work, Centre of excellence in AYUSH, Patanjali
   Ayurveda Hospital, COE (Ministry of Tribal Affairs), NMCG Project, Rural
   Livelihood Improvement under MoRD as NRO for SHG women,
   Technology partner with NiMSME for entrepreneurship development.
- Provided detailed insights into the World Herbal Encyclopedia (WHE), highlighting its significance and the wealth of information it contains.
- Shared data insights from WHE, shedding light on medicinal herbs used in different traditional medicinal systems.
- Presented a bibliometric analysis on naturopathy, emphasizing the vast research possibilities within the field.
- Discussed the current global research scenario on naturopathy, addressing existing setbacks and challenges.
- Explored the importance of clinical research in naturopathy and the need for further development in this area.
- Highlighted the necessity for the development of herbal monographs and taxonomic identification to support naturopathy.
- Concluded the meeting by expressing the ongoing commitment to research and the need to fulfill the dreams of exploration and discovery in the field of herbal naturopathy.
- Concluded by saying that "Abhi to aur sambhalna hai, anusadhan ke sapne ko hume poora karna hai".

Closing remarks by session chair. Felicitation of Dr. Anurag Varshney and Dr. Vedpriya Arya by Dr. Rajendra.

At last, Cultural performance was done by Students of University of Patanjali.





Theme	Naturopathy For Holistic Health
Day and Date	Sunday, 19 <sup>th</sup> November, 2023
Time	9:30 AM to 3:30 PM
Venue	Auditorium, University of Patanjali, Haridwar
List of presenters	Dr. Sunil Paudel
	<b>Dr. Kuldeep Singh (</b> Head, Dental Clinic and Research Centre, Patanjali Ayurved hospital, Haridwar)
	Dr. Rudra B. Bhandari
	Dr. Sataz Rahamania
	Dr. Poornima Bansal
	Dr. Karishma Silwal
	Dr. S. Anuburani

The session started with welcoming of all the chief guests were on stage and their felicitation was done with Rudraksha mala by Param Pujya Swami Ramdev ji.

## Blessing words by Param Pujya Swami Ramdev Jee

- Initially, welcome was extended to all the guests and expressed gratitude for the presence of everyone.
- Stated that, "Every speaker has done a phenomenal job in serving to this esteemed conference".
- Emphasized that the day's discussions would be memorable for all attendees.
- Thanks were extended to Dr. Raghavendra Rao for his dedicated efforts in ensuring the success of the conference.
- Shared insights into the evolution of Yoga, reminiscing about the humble beginnings where only a small group practiced together.
- Highlighted the transformation over the past 30 years, with Yoga now integrated into daily routines.
- Emphasized the significant progress made in the last three decades of Ayurveda and Naturopathy.
- Mentioned the increase in government jobs for practitioners and the success of Patanjali, which boasts over 1500 Ayurveda practitioners
   and more than 100 naturopathy doctors.



- Stressed the importance of equal pay for Ayurveda and Naturopathy doctors nationwide.
- Plans to establish five 5000-capacity naturopathy centers across India were unveiled, with an emphasis on the belief that naturopathy is a profession driven by passion rather than income.
- Need to revolutionize the field of naturopathy was highlighted, with an emphasis on promoting it as a holistic and honorable profession.
- Plans were announced to design an MBBS course that integrates Yoga, Ayurveda, and Naturopathy, reflecting the holistic approach to healthcare.
- Encouraged naturopathists to embody the principles of Yoga, becoming role models and icons for health.
- Emphasized the need for confidence, continuous learning, and updating of skills.
- The success of naturopathy in the South was attributed to the preservation of traditions.
- Emphasized the importance of adhering to fundamentals for the practice of naturopathy.
- Naturopathists were urged to undertake meaningful work and contribute to high-impact international journals to elevate the honor and recognition of naturopathy.
- Concluded his talk with expressing gratitude to everyone present, reiterating the significance of naturopathy in the past, present, and future.

#### Dr. Sunil Paudel

- Presentation on "Role of Naturopathy in Holistic Pain Management".
- Briefly introduced Sciatica/Lumbar CLDH disc herniation and its impact on the body.
- Addressed the dilemma surrounding the decision between surgery and surgical procedures for this condition.
- Discussed how Lumbar Disc Herniation (LDH) can lead to disc sequestration.
- Emphasized the need for effective treatment options considering the increasing frequency of the condition.
- Highlighted that conservative treatments for LDH have been widely supported by research, with success rates ranging from 60% to 90%.
- Noted the absence of studies on naturopathy-based conservative management.
- Presented a case study of a patient with LDH, including clinical y or presentation and MRI pictures. All doctors and surgeons suggested



- surgery. Shared that the team employed a naturopathic approach for three months, resulting in the curing of motor deficits.
- Shared the protocol for the treatment which include counselling, postural care, yoga & exercise, massage & manual therapy, GMS, acupuncture and lifestyle medications.
- Concluded by quoting, "Body heals itself ... till then entertain ...".

#### Dr. Pradeep MK Nair

- Presented on the topic, "Integrative Oncology Advancements and Opportunities for Yoga and Naturopathic Medicines".
- Provided an insightful overview of cancer and the role of Complimentary and Integrative Medicine Systems (CAM) in its treatment.
- Introduced Mirakle™ Integrated Health Centre, highlighting its mission and commitment to holistic healthcare.
- Detailed the holistic approach to cancer, emphasizing factors promoting it and the importance of addressing its root cause.
- It was stressed that cancer is not restricted to a single cell or organ, and its origin and progression are pluralistic processes.
- Highlighted the significant role that modern naturopathy and yoga techniques, integrated with modern medicine, can play in the treatment of cancer.
- Shared the unique approach employed at Mirakle™ Integrated Health Centre in the treatment of cancer.
- Importance of counseling in cancer treatment was emphasized, acknowledging its role in holistic patient care.
- Discussed the innovative "Oncothermia" process, which utilizes heat and energy to alter the tumor microenvironment.
- Detailed discussions were held on High Dose Vitamin (HDVC) therapy and ozone therapy, both aimed at reducing free radicals by maintaining antioxidant levels.
- Presentation included information on diet therapy, with a focus on a complete millet-based diet for cancer patients.
- Significance of Vitamin D supplementation and probiotic supplementation in cancer treatment was addressed.
- Discussed Coenzyme Q10 Therapy as part of the integrative treatment approach.
- Presentation covered the application of Sodium Bicarbonate and medical Cannabis in cancer care.
- Positive impacts of sun exposure and yoga therapy in cancer patients were shared.
- Detailed the benefits of magnet therapy and hydro sun therapy in vor cancer treatment.



- Success stories, including a case of lung cancer with skeletal metastasis, were shared to demonstrate the effectiveness of the treatment approach.
- Concluded with a strong emphasis on treating the root cause of diseases, followed by an engaging question and answer round.

#### Comments by Param Pujya Swami Ramdev Jee

- Emphasis was laid on the crucial role of fasting and Pranayama in enhancing the apoptotic process within the body.
- Discussed that the aforementioned practices mediate the dissolution of cysts within the body.
- Shared insights and experiences supporting the positive effects on cyst-related issues.
- Suggestion of Enema of Vijaya was brought forward, with an emphasis on its reported lack of side effects.
- A consensus was reached on the principle that in naturopathy, the body has the inherent ability to heal itself.
- Acknowledged the statement that nothing is better than fasting when it comes to reducing pain.
- Agreed that naturopathy has unique capabilities in achieving health goals that may not be attained through other approaches.

This was followed by felicitation of panel discussion participants with mementos by P.P. Swami ji. Remarks on session by session chairs. Felicitation of speakers with mementos as a token of gesture.

#### Panel Discussion I

The sessions were followed by an engaging panel discussion on the topic "Naturopathy Principles in Clinical Practice: Challenges and Need for Rationalization" moderated by Dr. Gurudutta HK. The discussion delved into multifaceted aspects of naturopathic practices, exploring the challenges encountered when treating patients through such approaches. The discourse encompassed shared complications faced by practitioners, delineating future aims in the realm of naturopathic healthcare. Notably, emphasis was placed on the significance of practical exposure for a more profound understanding and enhanced learning among professionals. The panel also scrutinized the existing shortcomings in the training of naturopathy professionals and contemplated measures essential for improvement. Addressing the need for rationalization, participants exchanged ideas on refining training methodologies to bridge gaps and A selly of elevate the standards of naturopathic practice. In essence, the panel discussion served as a platform for experts to collaboratively explore challenges, envision improvements, and share insights aimed at advancing the application of naturopathy principles in clinical practice



#### Panel Discussion II

The panel discussion on "Naturopathy in the Wellness Industry" delved into critical aspects vital for the seamless operation of wellness centers. Participants highlighted the significance of optimizing working capacity, focusing on efficient resource utilization and patient management. Hygiene factors emerged as a priority, stressing the necessity of strict adherence to cleanliness standards for a safe environment. The panel underscored the importance of counseling to reassure and empower patients, fostering a trusting relationship. Empathy in patient care was recognized as a pivotal element, acknowledging its impact on overall satisfaction. The discussion explored the potential of naturopathy and yoga as exemplary models for treating various diseases, advocating for their integration into mainstream healthcare. Establishing naturopathy-based wellness centers was discussed, emphasizing collaboration with experts and the incorporation of holistic approaches. The uniqueness of wellness centers, with their holistic naturopathic focus, was highlighted as a key attractant for patients. Integration with advanced technologies for efficient management and a commitment to sustainable wellness practices rounded out the comprehensive dialogue, outlining a roadmap for the evolution of naturopathy in the wellness industry.

This was followed by felicitation of the panel speakers with mementos as a token of gesture by the session chairs. Felicitation of session chairs was done by Dr. Raghavendra Rao.

# Dr. Kuldeep Singh Head, Dental Clinic and Research Centre Patanjali Ayurved hospital, Haridwar

- Presentation on "Yoga Traditional Indian Knowledge: Boon for Dentist and Dentistry".
- Initiated the session with a respectful mention of P.P. Swami ji and P.S. Acharaya ji, acknowledging their contributions.
- Gave an overview of the presentation's focus on the connection between traditional Indian knowledge of yoga and its benefits for dentists and dentistry.
- Briefed on oral diseases and their impact on the quality of life.
- Discussed that local and lifestyle-induced persistent stress contribute to dental caries and periodontal diseases.
- Mechanistically presented how psychological stress affects and health.
- Discussed the exaggerated gingival inflammatory response and bruxism linked to stress.



- Detailed the effect of chronic stress on saliva and its implications for oral health.
- Pictorially demonstrated the relationship between stress and oral cancer.
- Shared a video on painless tooth extraction without local anesthesia.
- Emphasized the importance of regular yoga practice for maintaining oral health.
- Shared research findings connecting yoga to dental disease treatment.
- Detailed how yoga can improve oral health, emphasizing specific benefits.
- Suggested specific yogasans beneficial for dentists to incorporate into their routine.
- Expressed gratitude to the team of PRI, Swami ji, and Acharayakulam for their support.

#### Dr. Rudra B. Bhandari

- Presented on topic, "Traditional Formulations in Managing COVID-19 Systematic Review and Meta-Analysis".
- Delivered a comprehensive presentation on the topic, highlighting key aspects of traditional formulations in the management of COVID-19.
- The systematic review and meta-analysis approach were explained.
- Discussed the profound impact of COVID-19 on global health, socioeconomic factors, and healthcare systems.
- Various preventive measures and treatment approaches were discussed, focusing on the importance of a multi-faceted strategy.
- Shed light on specific traditional formulations that have been used in the treatment of COVID-19, emphasizing their historical significance and potential efficacy.
- Shared the objectives and methodology employed in the systematic review and meta-analysis, providing insight into the research design and approach.
- Presented the results of the investigation, highlighting significant findings and their potential implications for managing COVID-19.
- Concluded with a summary emphasizing that standalone or integrative Traditional Formulations (TFs) could serve as an inexpensive treatment option for COVID-19.

#### **Panel Discussion III**

The panel engaged in a thoughtful discussion on the crucial topic of "Yoga and Naturopathy Education: Need for Standardization". The primary focus was on establishing a uniform and comprehensive



framework to standardize education in naturopathy and yoga. The panel also delved into the standardization of clinical practices, emphasizing the need for uniform guidelines to be followed in practical training. This would contribute to a cohesive and standardized approach to naturopathic and vogic treatments. Discussion extended to the evaluation system and internship guidelines, where the panel emphasized the necessity of a standardized and rigorous evaluation process. This ensures that students acquire the necessary skills and knowledge during their training. The need for a common nomenclature and standardized duration for undergraduate (UG) and postgraduate (PG) programs was also stressed. This would bring clarity and coherence to the structure of education in these fields. The role of naturopathy in public health was discussed, underscoring its potential to contribute significantly to preventive and holistic healthcare. The panel emphasized the importance of integrating naturopathic practices into public health strategies for a more comprehensive and sustainable healthcare system. In summary, the panel explored various dimensions of standardizing naturopathy and yoga education, addressing syllabus, clinical practices, evaluation, internship, central regulation, program nomenclature, and the role of naturopathy in public health. The overarching goal is to enhance the quality, consistency, and effectiveness of education in these fields.

This was followed by felicitation of the panel speakers with mementos as a token of gesture by the session chairs.

#### **Oral Presentations**

#### Dr. Sataz Rahamania

- Presented oral presentation on "Efficacy of Yoga Therapy as a Completary Therapy along with Modern Medication in the Management of Schizophernic Patients – A Randomized Control trial".
- Provided an overview of schizophrenia, including its symptoms and causes.
- Shared data indicating a global prevalence of 19.3 million individuals affected by schizophrenia in the year 2020.
- Discussed the impact of schizophrenia on patients, emphasizing the need for effective management strategies.
- Provided information on Olanzapine, a second-generation antipsychotic drug commonly used in the treatment of schizophrenia.
- Emphasized the role of yoga as an additional treatment option highlighting its potential to mitigate the toxic effects of drugs.
- Shared details of a study conducted by the National Institute of Mental Health and Neuroscience, focusing on its methodology and findings.
- Noted improvements in both positive and negative symptoms schizophrenia as a result of the combined therapy approach.



- Stressed the significance of paying attention to breathing patterns while performing yoga postures for optimal therapeutic benefits.
- Highlighted that the study demonstrated a significant improvement in psychopathology and overall quality of life among participants.

#### Dr. Poornima Bansal

- Presented on topic, "Immediate effect of Neutral spinal compress on heart rate variability in hypertensive individuals".
- Provided a brief overview of hypertension, outlining the reasons behind its development.
- Shared the objectives and methodology of the study, giving an insight into the research design and approach.
- Visual aids were presented to explain the concept of neural spinal compress, providing clarity to the audience.
- Shared the key findings of the investigation, highlighting a highly significant reduction in SBP and DBP (P<0.001).
- Noted a decrease in LF/HF, LF, and VLF scores. Highlighted an increase in Mean RR and HR.
- Graphical representations were shared to illustrate the findings, aiding in a better understanding of the data.
- Concluded the presentation with the saying, "The journey of a thousand miles began with a step," emphasizing the significance of the study's contribution to understanding the impact of neutral spinal compress on heart rate variability in hypertensive individuals.

#### Dr. Karishma Silwal

- Presented on topic, "Impact and Feasibility of Arogya Rakshak Panchatantra (five lifestyle principles) on Menstrual Symptoms, Heart Rate Variability and Health related quality of life in Young female adults with primary dysmenorrhea. An exploratory Randomized Control Trial".
- Introduced the concept of primary dysmenorrhea, providing necessary background information to the audience.
- The rationale and objectives behind the investigation were discussed, shedding light on why the study was conducted and what the researcher aimed to achieve.
- Methodology employed in the investigation was shared, along with an intervention chart outlining the steps taken during the study.
- Shared the results of the investigation based on various parameters, providing insights into the study outcomes.
- Pictorial presentation was given, illustrating the adherence percentage, which was reported at 77%.
- Impact of Arogya Rakshak Panchatantra on the studied groups was discussed, highlighting any notable changes or improvements observe



- Used graphical representations to showcase the symptoms and changes in emotional status or mood observed in the intervention groups.
- Concluded with a summary of the findings, bringing together the key points discussed during the session.

#### Dr. S. Anuburani

- Presented on topic, "Case study: Naturopathic Management of Creatinine Levels in CKD Patient".
- Shared insights into the case of a 39-year-old male with chronic renal failure.
- Provided a detailed overview of the clinical findings related to the patient's condition.
- Discussed the naturopathy treatment plan implemented for the patient
- Shared information on various naturopathic interventions used to manage creatinine levels in the CKD patient.
- Highlighted the holistic approach taken in addressing the patient's overall well-being.
- Explored the integration of yoga as part of the treatment plan. Discussed specific yoga practices recommended for the patient's condition.
- Shared insights into the diet therapy prescribed and its impact on the patient's overall health.
- Presented the post-treatment investigation report of the CKD patient. Highlighted significant results, demonstrating the effectiveness of the naturopathic and yoga interventions.
- Discussed any improvements in creatinine levels and the overall health of the patient.
- Thanked the participants for their active engagement. Encouraged further discussion and collaboration on naturopathic approaches to managing renal conditions.

A momentous felicitation of our esteemed panelists with well-deserved mementos. Valedictory function to honor the excellence in oral and poster presentation.

# Blessing words by Param Shradheya Acharaya Jee

- Commenced with an overview of the two-day conference, which was organized with great pomp.
- Attendees were welcomed, and sincere gratitude was expressed for their enthusiasm and active participation.
- Acknowledged the speakers as institutions in themselves, emphasizing the profound impact their contributions had on naturopathy.
- The event was recognized as playing a significant role in elevation naturopathy to an honored system of medicine.



- One of the key points discussed was the importance of standardizing protocols in naturopathy. Provided insightful suggestions to achieve this goal, highlighting the need for a unified approach in the practice.
- Furthermore, attention was drawn to the necessity of developing an Electronic Medical Record (EMR) system to efficiently curate patient data.
- Emphasis on technology integration was underscored as a crucial step toward advancing naturopathic healthcare.
- Concluded by stating that the event should be seen as a beginning rather than an end. The grandeur of the conference was applauded, and a collective call to move forward together was extended to all participants.

Closing remarks were given by P.S. Acharaya ji signifying the closing of the two-day conference followed by lunch.

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# पतंजिल विश्वविद्यालय University of Patanjali

जाताला उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) : UOP PVC 2023 3392

दिनांक (Date) : 17 | 11 | 2023

# कार्यालय आदेश

पतंजिल विश्वविद्यालय के समस्त अधिकारीगण, संकायाध्यक्ष, विभागाध्यक्ष, विभाग प्रभारी/इंचार्ज, प्राध्यापकगण, योग प्रशिक्षक, छात्र-छात्राओं, शोधार्थियों एवं कर्मयोगियों को सूचित किया जाता है भारत सरकार आयुष मंत्रालय, केंद्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद् एवं पतंजिल विश्वविद्यालय, हरिद्वार के प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय तथा पतंजिल अनुसंधान संस्थान के संयुक्त तत्त्वावधान में दिनांक 18 एवं 19 नवम्बर, 2023 को "Naturopathy for Holistic Health" विषय पर दो दिवसीय 'अन्तर्राष्ट्रीय प्राकृतिक चिकित्सा सम्मेलन' का पतंजिल विश्वविद्यालय परिसर में आयोजन किया जा रहा है।

अतः सभी पतंजिल विश्वविद्यालय, ऑडिटोरियम में प्रातः 09 बजे तक अपना-अपना स्थान अनिवार्य रूप से ग्रहण कर लें।

नोटः छात्रावास अधीक्षक/अधीक्षिका, पर्यवेक्षक एवं अनुशासन समिति के सदस्यगण अनुशासन व्यवस्था एवं बैठक व्यवस्था में सहयोग प्रदान करेंगे।

संलग्नक- कार्यक्रम विवरण।

(प्रो. महावीर अग्रवाल) प्रति-कुलपति

# प्रतिलिपिः सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

- 1. निजी सचिव कुलाधिपति, माननीय कुलाधिपति महोदय के सादर सूचनार्थ।
- 2. निजी सचिव कुलपित, माननीय कुलपित महोदय के सादर सूचनार्थ।
- 3. समन्वयक, आन्तरिक गुणवत्ता आश्वासन केन्द्र, पतंजलि विश्वविद्यालय।
- 4. कुलसचिव, वित्ताधिकारी, परीक्षा नियंत्रक, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- शिक्षण, शोध पतंजिल विश्वविद्यालय।
- 6. डॉ0 साध्वी देवप्रिया जी, कुलानुशासिका, संकायाध्यक्ष-मानविकी एवं प्राच्य विद्या अध्ययन, विभागाध्यक्ष दर्शन विभाग, पतंजलि विश्वविद्यालय।
- 7. डॉ. अनुराग वार्ष्णेय, पतंजिल अनुसधान संस्थान, पतंजिल विश्वविद्यालय।
- संकायाध्यक्ष- योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 9. संकायाध्यक्ष- प्राकृतिक चिकित्सा एवं योग विज्ञान संकाय, पतंजिल विश्वविद्यालय।
- 10. संकायाध्यक्ष- छात्र कल्याण, पतंजिल विश्वविद्यालय।
- 11. उपकुलसचिव, पतंजिल विश्वविद्यालय।
- 12. स्वामी आर्षदेव, कुलानुशासक, पतंजिल विश्वविद्यालय।
- 13. उपरोक्तानुसार समस्त सम्बन्धित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
- 14. कार्यालय प्रति। समस्त सूचना पट्ट।

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कार्यालय: पतंजलि विश्वविद्यालय, दिल्ली—हरिद्वार राष्ट्रीय राजमार्ग, निकट बहादराबाद, हरिद्वार-249405, उत्तरखण्ड भारत
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**Yaridwa** 

# INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

**18** 18 th & 19 th November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

	D. 4 M. A soft ages						
	Day 1: November 18 <sup>th</sup> 2023						
Time		Event in Main Auditorium	Event in Annexe Hall				
8.00 am to 9.30 am	CONFERENCE REGISTRATION						
10.00am to12.00 noon		INAUGURAL PROGRAM					
	Session 1:	Acharya Balakrishnaji		1			
12.00 noon to1.00 pm	Key note Address	<b>Topic:</b> Blessings from Acharya Balakrishnaji and setting the tone for the conference					
		Chairpersons: Dr. Manjunath NK and Dr Babu Joseph					
1.00 pm to 2.00 pm	Lunch						
2.00 pm to 3.00 pm	Session 3: Bridging philosophy with science	Dr.Raghavendra Rao,	Public lecture 1:				
		Naturopathy: From Philosophy to Science	2.30 pm-3.30 pm				
		Dr. Apar Saoji	Dr. Akalvya Bohara:				
		Naturopathy: The philosophical basis of evidence based medical system.	Reversing Lifestyle disorders- A Naturopathic Perspective				
		Chairpersons: Dr. Babina N	Dr. Gulab Tewani:				
		Dr. Asha Manjunath	Health without Medicine				
			Dr. Hemanshu Sharma:				
			Holistic health through Naturopathy				
3.00 pm to 3.30 pm	Session 4:	Panelists:	Public lecture 2:				
3.00 pm to 3.50 pm	Panel Discussion 1: Global perspective in Naturopathy	Dr.Chandrashekaran	3.45 pm to 5.00 pm  Dr. Nagendra Neeraj  Scientific Importance of Food in Naturopathy				
		Dr Sangeeth S					
		Dr Raghavendra Rao					
		Dr Rajesh Singh	Dr. R. S. Dawas				
		Moderator- Dr Manjunath NK					
3.30 pm to 4.00 pm		High Tea	1				
4.00 pm to 4.30 pm	Session 5:	Ü					
	Recent advances in yoga and naturopathy rehabilitation	Session 9: Key note address Role of yoga and Naturopathy in Neuro rehab <b>Dr Manjunath Nk</b>	Public lecture 3 (4.00 pm to 5.30 pm)				
		Dr Naveen GH & Dr Mohan Rao	Dr. Vijaya Lakshmi Reddy	/			
4.30 pm to 5.30 pm	Session 6:	Dr. Anurag Varshney	Dr. Sangeeta Nehra:				
	Role of Nutraceuticals and Functional foods in Naturopathy	Natural Nutraceutical-Holistic health in sync with nature	Integrative Healing with Nature Cure				
		Dr.Vedapriya Arya Unlocking the ancient wisdom of herbal Naturopathy-a promising	Dr. Jitendra Arya:	CHY OF			
		future of wellness	Therapeutic effects of Fasting				
		Chairperson: Dr. Latha R Dr Rajesh Singh	/:				
6.00 pm onwards		CULTURAL PROGRAM BY UNIVERSITY OF PATANJALI	15	1			
			-				
7.00 pm		Cultural Program	1.	*			













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# INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

**18** 18 th & 19 th November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

Day 2: November 19 <sup>th</sup> 2023						
Time	Event in Main Auditori	Event in Annexe				
9.00 am to 11.00 am	Session 8: Oral free Paper Presentation					
	<b>Jury panel:</b> Dr. Vadiraj H. S. Dr.Chandrashekaran					
11.00 am to 11.30 am	Dr. Pradeep MK					
	Recent advances in Naturopathy	Medicine				
	Dr. Sunil Paudel					
	Role of Naturopathy in Holistic Pair					
	Chairpersons: Dr. Prashant	h Shetty				
	Dr. Nagendra Neeraj	Dr. Nagendra Neeraj				
	Chairperson: Dr Rajesh Singh, D					
11 20 4. 11 17		High Tree				
11.30 am to 11.45 am	Session 10:	High Tea Panelists: Dr. Rajkumar	Poster Session:			
	Panel discussion -Naturopathy principles in Clinical practice: Challenges and Need for rationalization	,	11.45 am to 01.30 pm			
11.45am to12.30 pm		Dr.B.T.C. Murthy Dr. M. Sarju Dr.Nagajyoti Dr. Srinivas Reddy Dr. Sateesh MHombali	<b>Jury panel:</b> Dr. Puneeth Raghavendra Dr. Vinutha Rao			
		Moderator: Dr. Gurudutta HK				
	Session 11:	Panelists: Dr. Manoj Nambiar				
	Panel Discussion - Naturopathy in wellness Industry	Dr. Kirti Singh				
		Dr. Shyamraj N <b>.</b>				
12.30 pm to 1.00 pm		Dr. Abhishek Jain				
		Dr. Kanak Soni				
		Dr. Cijith Shreedhar				
		Moderator: Dr Narendra Shetty				
1.00 pm- 2.00 pm	Lunch					
	Session 12:	Panelists: Dr Prashanth Shetty	Public lecture 4:			
	Panel Discussion yoga and Naturopathy education : Need for standardization	Dr Sangeeth S	2.00 to 3.00 pm			
	and the same of th	Dr. Vibhas	Shri Anant Birader:			
2.00 pm to 2.45 pm		Dr. Puneeth Raghavendra Dr. Hemanshu Sharma Dr. Jyoti Nair Dr. Aklavya Bohra Dr. Vinayak Amberker Dr. Toran Singh Chahar Moderator: Dr. Abhay Shankar	Health Reliance through Nature Cure & Ganthiji  Dr.Ramesh Tewani:  Cure of irregular lifestyle related diseases l Naturopathy			
		Gowda	*			













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Ministry of AYUSH, Govt. of India

**18**<sup>th</sup> & 19<sup>th</sup> November, 2023

# THEME: NATUROPATHY FOR HOLISTIC HEALTH

2.45 pm to 3.30 pm	Session 13:	Panelists: Dr Vartika Saxena			
	Naturopathy in Public Health	Dr Gulab Tiwani			
		Dr Srinivas Bairy			
		Dr Naresh Kumar			
		Dr Geetha Shetty			
		Moderator:			
		Dr. Ambalam M			
		Chandrasekaran			
3.30 pm to 3.45 pm	High Tea				
3.45 pm to 4.15 pm	Session 14:	Panelists: Dr Deepa Shukla	Public Lecture 5:		
	Integrating Yoga and Naturopathy departments in AHMS: Challenges and strategy	Dr Sophia Mudda	3.45 pm to 4.45 pm		
		Dr Shweta Mishra	Dr. DN Sharma:		
		Dr Vartika Saxena	Role of Naturopathy in Lifestyle Disease		
		Dr Vadiraja HS	Dr. Poornima Bansal:		
		Moderator: Dr Sriloy	Five White poisons in Naturopathy		
	Session 15:	Speakers:			
	Yoga and Naturopathy in Integrative Medicine	Dr.Kuldeep Singh			
		Yoga Traditional Indian			
		Knowledge- a boon for Dentist &			
		Dentistry			
4.15 pm to 4.45 pm		Dr. RudraBhandari			
		Traditional Formulations for Managing Covid-19: systematic			
		Review and Meta-Analysis.			
		Chairperson: Dr. Himanshu Paliwal and Dr Geetha Shetty			
7.00		· ·			
5.00 pm to 5.45 pm	Valedictory Function				



