



University of Patanjali, Haridwar
Department of Physical Education and sports
Seminar Report

Department of Physical Education and sports organized one day seminar on Physical Social Spiritual and Emotional Development through Sports. The purpose of this seminar was to help students in developing qualities like discipline, team work, enhance communication skill, and boost self-esteem.

Theme of the seminar was Physical Social Spiritual and Emotional Development through Sports was organized at **mini auditorium (administrative building) at 3:00-5:00 p.m. on 12th Oct 23.**

Approx 70 students from various departments (B.A., B.SC., B.P.E.S, M.A., M.Sc., and BNYS) participated in the seminar.

Speech, Debate and Poster competition were organized in the seminar and complete seminar was coordinated by Dr. Bhagirathi (Coordinator, Dept. of Physical Education and sports).

Other members of the seminar were Dr. Anju, Dr. Ankur, Dr. Kapil, Dr. Shiv Kumar & Dr. Sandeep Manikpuri.

Learning outcome of Speech: The students became familiar with different spelling patterns for parts of speech. Students learnt correct form of the words in their oral and written language production.

Learning outcome of Debate: It promoted problem solving and innovative thinking skill of students. Helped student's to build link between words and ideas that made concepts more meaning full.

Learning outcome of Poster Making Competition: It provided the students visual, colorful, simple ways to communicate community issues and events, are suitable for display in community spaces.

Dr. Bhagirathi
Incharge
Department of Physical Education & Sports
University of Patanjali, Haridwar

Date: 09/10/2023


To,
The Pro-Vice Chancellor,
University of Patanjali,
Haridwar.

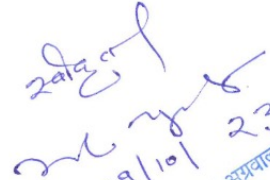
Subject: Permission for organizing one day seminar on **“Physical, Social, Spiritual and Emotional Development through Sports”**.

Respected Sir,

I am writing this letter to request permission to conduct a seminar in the Auditorium, administrative building at 3 p.m. to 5 p.m. on 12th October, 2023. I wish to conduct a seminar on **“Physical, Social, Spiritual and Emotional Development through Sports”**. I believe this will be a very informative seminar that many students will wish to attend.

I would be very grateful to you if you grant me the permission to conduct the seminar.


Thanking you,
Dr. Bhagirathi
Coordinator, dept. of Physical Education and Sports
09/10/23
Department of Physical Education & Sports
University of Patanjali, Haridwar


09/10/23
डा० महावीर अग्रवाल
प्रति - कुलपति
पतंजलि विश्वविद्यालय, हरिद्वार

University of Patanjali, Haridwar

Date- 09/10/23

NOTICE

Department of Physical Education and Sports will be organizing one day seminar on "physical, Social, Spiritual and Emotional Development through Sports" at Auditorium, administrative building, 3 p.m. to 5 p.m. on 12th October, 2023.

Three types of competition: - Speech competition, Poster competition and Debate competition (all competition in English Only)

❖ **Speech Topics:-**

1. Sports as a tool for emotional management.
2. Sports elevate spirituality.
3. Sports promote healthy social environment.
4. Sports ensure a great physical fitness.
5. Sports for holistic development.

❖ **Poster Making Competition Theme:-**

1. India's role in International Sports Competition.


❖ **Debate Topics:-**

1. Winning is the most important thing when playing sports. Agree or Disagree
2. Sports fans who shot racist slurs should be banned. Agree or Disagree
3. Are sports more important than other subjects? Yes or No

Students interested in participating, kindly forward your names to Dr. Bhagirathi, coordinator department of physical education and sports and Dr. Anju Tyagi, coordinator department of English.

Winners will be awarded certificates.

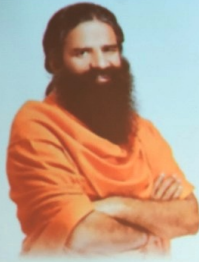
Note: All the classes will held simultaneously.


09/10/23
Dr. Bhagirathi
Incharge
Department of Physical Education & S
University of Patanjali, Haridwar
Coordinator

Dept. of physical education and sports

Copy to:

- 1- Pro vice chancellor, University of Patanjali, Haridwar,
- 2- Registrar, University of Patanjali, Haridwar,
- 3- All faculty dean, University of Patanjali, Haridwar
- 4- Deputy- Registrar, University of Patanjali, Haridwar,
- 5- Dean-Student's Welfare, University of Patanjali, Haridwar,
- 6- All concerned Dept. & Notice Board (Girl's & Boy's Hostel)
- 7- Office File.



UNIVERSITY OF PATANJALI

**One day Seminar
on**

***Physical, Social, Spiritual and
Emotional Development Through Sports***

Venue : Auditorium, Administrative Building



Date : 12th October 2023

Time : 3:00pm to 5:00pm



Organized by:

**Department of Physical Education and Sports
Haridwar**







