



**पतंजलि विश्वविद्यालय**

**University of Patanjali**

**बी.ए. संस्कृतम्**

**2022-2023**

# BA SANSKRIT SAHITYA (BS)

## Program Educational Objectives (PEOs)

Sophisticated, flawless language related to Sanskrit grammar is called Sanskrit language. It also has names like Devbhasha, Devvani Girvanvani etc. The entire ancient knowledge of ancient India is preserved in this language. All Vedic literatures like Vedas, Upanishads, philosophies etc are in this language. Its teaching objectives are as follows,

- **PEO 1** – To impart the basic knowledge of Sanskrit language to the elementary students.
- **PEO 2** – To give an introduction of cases, vibhaktis, lakaras, conjunctions etc.
- **PEO 3** – Make the students aware of the subant and tingant word forms.
- **PEO 4** – Offer the students an idea of the rules of grammar related to the language.
- **PEO 5** – To impart the knowledge of 'kridanta' and 'taddhitanta' prevalent in Sanskrit language.
- **PEO 6** – Building the skill to perfectly read, write and speak the language.
- **PEO 7** – To teach various episodes of Vedas, Upanishads, suktas, neeti granthas etc relevant to present time.

## Program Specific Outcomes (PSOs)

After completing of the program, the students will be able to

- **PSO 1** – Recite the Sanskrit verses with proper pronunciation.
- **PSO 2** – Explain the importance of learning Sanskrit Language and its literature.
- **PSO 3** – Identify the basic elements of Sanskrit language, such as Root-word, Suffix, Conjunction, Compound and so.
- **PSO 4** – Read and explain the basic Sanskrit literature.
- **PSO 5** – Speak the Sanskrit language fluently.
- **PSO 6** – Continue their further studies in the area of Sanskrit

# शिक्षण और मूल्यांकन की योजना

PROPOSED SCHEME FOR CBCS SYSTEM IN BA (Sanskritm)											
Semester - I											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS -C1-101	संस्कृतव्याकरणम्-1	22	5	1	0	6	20	10	70	100
2	BS-C2-102	संस्कृत साहित्य-1	22	5	1	0	6	20	10	70	100
3	BS-EC1-103	वैदिक साहित्य-1	22	5	1	0	6	20	10	70	100
4	BS-AECC1-104	English communication-1	8	2	0	0	2		10	70	100
<b>TOTAL</b>							<b>20</b>		<b>Total</b>		<b>400</b>
Semester - II											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS-C3-201	संस्कृतसाहित्यम्-2	22	5	1	0	6	20	10	70	100
2	BS-C4-202	संस्कृतसाहित्यम्-3	22	5	1	0	6	20	10	70	100
3	BS-EC2-203	English communication-2	22	5	1	0	6		10	70	100
4	BS-AECC2-204	पर्यावरण विज्ञान	8	2	0	0	2	20	10	70	100
<b>TOTAL</b>							<b>20</b>		<b>Total</b>		<b>400</b>
Semester - III											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS-C5-301	संस्कृतव्याकरणम्-2	22	5	1	0	6	20	10	70	100
2	BS-C6-302	संस्कृत साहित्य-4	22	5	1	0	6	20	10	70	100
3	BS-EC3-303	वैदिक साहित्य-2	22	5	1	0	6		10	70	100
4	BS-EC4*-304	इतिहास /	22	5	1	0	6	20	10	70	100
	BS-EC4*-305	सामाजिक विज्ञान /									
	BS-EC4*-306	राजनीतिशास्त्र-1									
5	BS-SEC1-305	योगविज्ञान ,प्रयोगात्मक /	0	0	0	2	0	20			
	BS-SEC1-305	यज्ञ विज्ञान ,प्रयोगात्मक									
<b>TOTAL</b>							<b>24</b>		<b>Total</b>		<b>400</b>

Semester - IV											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS-C7-401	संस्कृतव्याकरणम्-3	22	5	1	0	6	20	10	70	100
2	BS-C8-402	वैदिक साहित्य-3	22	5	1	0	6	20	10	70	100
3	BS-EC5*-403	इतिहास /	22	5	1	0	6	20	10	70	100
	BS-EC5*-404	सामाजिक विज्ञान /									
	BS-EC5*-405	राजनीतिशास्त्र-2									
4	BS-EC6-404	English communication-3	22	5	1	0	6	20	10	70	100
5	BS-SEC2-405	आयुर्वेद /	0	0	0	2	0				
	BS-SEC2-406	प्राकृतिक चिकित्सा									
<b>TOTAL</b>							<b>24</b>	<b>Total</b>			<b>400</b>
Semester - V											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS-DSE1-501	छन्द, अलङ्कार एवं कवि परिचय	22	5	1	0	6	20	10	70	100
2	BS-DSE2-502	व्याकरण बोध-1	22	5	1	0	6	20	10	70	100
3	BS-GE1-503	Fundamental of Computer -1	22	5	1	0	6	20	10	70	100
4	BS-EC7-504	धर्मशास्त्रा एवं अनुवाद	22	5	1	0	6	20	10	70	100
5	BS-SEC3-505	मनोविज्ञान /	0	0	0	2	0				
	BS-SEC3-506	खेलकूद									
<b>TOTAL</b>							<b>24</b>	<b>Total</b>			<b>400</b>
Semester - VI											
Sl.No.	Course Code	Course Title	MH	Lecture per week			Total Credit	Evaluation Schvaluation Schem			Total
				L	T	P		Sessional	Sessional	External	
				CT	TA	SEE					
1	BS-DSE3-601	व्याकरण बोध-2	22	5	1	0	6		10	70	100
2	BS-DSE4-602	वैदिक साहित्य-4	22	5	1	0	6	20	10	70	100
3	BS-GE2-603	Fundamental of Computer -2	22	5	1	0	6		10	70	100
4	BS-EC8-604	संस्कृत नाटक एवं अनुवाद	22	5	1	0	6		10	70	100
5	BS-SEC4-605	संस्कृत भाषा में लेखन एवं वक्तव्य /	0	0	0	2	0				
	BS-SEC4-606	भारतीय संगीत ;गायन / वादन									
<b>TOTAL</b>							<b>24</b>	<b>Total</b>			<b>400</b>
<b>Total Credits</b>							<b>136</b>	<b>Total</b>			<b>2400</b>
EC*	निम्नलिखित विषयों में से किसी एक विषय का चयन करें । कम से कम 15 विद्यार्थियों के समूह बनने पर ही उपरोक्त तीनों विषयों से कोई एक विषय प्रारम्भ किया जायेगा ।										

# B.A. Sanskrit Course

## Semester - 1

### Paper - 1 / Sanskritvayakarnam (1)

BS-C 1- 101  
70 + 30 = 100

#### Course Objectives-

- varadarājācāryapraṇīta laghusiddhāntakaumudī ke mādhyama se sandhiyoṃ kā jñāna karānā, evaṃ kāraka prakaraṇa kā vistṛta jñāna karākara vibhinna pāraṃparika sāhityika granthoṃ ke mādhyama se navacetanā kā vikāsa karanā /
- svāmī dayānanda dvārā saṃgrhīta, pāṇinīya, varṇāeccāraṇa śikṣā dvārā pratyeka varṇa kā uccāraṇa sthāna, va prayatna kā bodha karākara usake sambhāṣaṇa ko śuddha banāte hue use vedoṃ ke rāṣṭrīya mūlyoṃ ke pracāra hetu prerita karanā /
- pāṇinīya aṣṭādhyāyī meṃ varṇita pāribhāṣika saṃjñāoṃ kā bodha karāte hue usake bhītara vyākaraṇa kī abhiruci ko aura adhika pradīpta kara use vyākaraṇa ke sātha hī sāmartyasāilī vyaktitva nirmāṇa karane meṃ samartha banānā /

#### Course Outcomes-

- vyākaraṇa śāstra meṃ prayukta hone vālī vibhinna saṃjñāoṃ ko samajhane se anya śāstreṃ meṃ chātra/chātraeṃ unnata gati prāpta karake sāhityika granthoṃ ke mādhyama se navacetanā kā vikāsa kara rāṣṭriya cetanā ko unnata va prakhara banātā haiṃ।
- vibhinna prakāra kī ac sandhi ke jñāna se vidyārthī kliṣṭa vākyoṃ kā saralatā se bodhagamya karane meṃ samartha ho jāte haiṃ। taba usa śodhita bhāṣā śailī ke mādhyama se vaha rāṣṭriya mūlyoṃ ko gati pradāna vibhinna vyāpta bhrāntiyōṃ kā nivāraṇa karatā haiṃ।
- uparokta adhyayana se evaṃ jīvana śailī se utpanna vyaktitva naye pratibhāśailī vyaktitvoṃ kā nirmāṇa karatā hai jo rāṣṭra kī unnati meṃ apanī pramukha bhūmikā nibhā sake।

### इकाई-1

१४

वर्णोच्चारणशिक्षा-अक्षर वर्ण परिभाषा स्वर लक्षण व्यंजन लक्षण इत्यादि ।  
संज्ञासूत्राणि (गुणः, वृद्धिः, प्रातिपदिकम्, नदी, घि, उपधा, टि, सर्वनामस्थानम्)

### इकाई-2 अच् सन्धिः

१४

इको यणचि, एचोऽयवायावः, आदगुणः वृद्धिरेचि इत्यादयः ।

### इकाई-3 हल् सन्धिः

१४

स्तोः श्चुना श्चुः, ष्टुना ष्टुः झलां जशोऽन्ते, तोर्लिं इत्यादयः।

### इकाई-4 विसर्ग सन्धिः

१४

ससजुषो रुः, विसर्जनीयस्य सः, वा शरि इत्यादयः।

### इकाई-5 कारकप्रकरणम्

१४

ध्रुवमपायेऽपादानम्, कर्मणायमभिप्रैति स सम्प्रदानम्, साधकतमं करणम्, आधारोऽधिकरणम् इत्यादयः।

## पाठ्यपुस्तकम्-

1. व्याकरण चन्द्रोदय-1 डॉ साध्वी देवप्रिया  
प्रकाशकः- दिव्य प्रकाशन पतंजलि योगपीठ हरिद्वार
2. वर्णोच्चारण-शिक्षा- श्रीमत्स्वामिदयानन्दसरस्वती  
प्रकाशकः-रामलाल कपूर ट्रस्ट।

## सहायकग्रन्थाः-

1. लघु सिद्धान्तकौमुदी- वरदराजाचार्यप्रणीता  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी
2. बृहद् अनवाद चन्द्रिका- चक्रधर नौटियाल 'हंस' शास्त्री  
प्रकाशकः-मोतीलाल बनारसीदास

# B.A. Sanskrit Course

## Semester - 1

### Paper - 2 / Sanskritsahityam (1)

BS-C 2- 102

70+30=100

#### Course Objectives-

- mahākavi bāṇabhaṭṭa kī kṛti "śukanāsopadeśa" ke mādhyama se mahāmantri śukanāsa ke dvārā dharma kā jñāna prāpta karānā /
- gītā me ullikhita, śraddhā, āhāra, dāna mokṣa kā saṃjñāna prāpta karānā /
- bṛhad anuvāda candrikā meṃ paṭhita śabdarūpoṃ kā smaraṇa karānā, tathā lakāroṃ kā paricaya karānā /

#### Course Outcomes-

- kādambarīstha śukanāsopadeśa ke adhyayana se vidyārthī lakṣmī/śrī kī mahattā aura isase hone vāle ahaghkāra ādi ko saralatā se jānakara usake bodhana meṃ samartha ho jāte haiṃ /
- gītā ke adhyayana se vidyārthī vibhinna prakāra ke trayavibhāga yathā-śraddhātraya, āhāratraya ādi ko jīvana meṃ dhāraṇa karatā huā ina viṣayoṃ meṃ samāja meṃ jāgrti lātā hai jisase rāṣṭra meṃ svāsthya sambandhī jāgarukatā badh jātī hai /
- rāma ādi ke śabdarūpa jānane se vidyārthī sāmānyarūpa se saṃskṛta bhāṣā ke sambhāṣaṇa meṃ samartha ho jāte haiṃ tathā saṃskṛta dhātuoṃ (kriyāoṃ) ko artha sahita jānakara unakā ṭhīka-ṭhīka prayoga vyavahāra meṃ lāte hai jana-jana ko apanī vāṇī se bhāṣā kā āsānī se jñāna karā sakate haiṃ /
- gadya kāvya ke adhyayana se gadya racanā meṃ pāraṃgata ho jātā hai vidyārthī svayaṃ racanādharmitā meṃ vṛddhi kara navīna kāvya ko samāja meṃ prastuta kara sakatā hai jisase hamārī bhāṣāoṃ evaṃ kāvyoṃ ke utthāna meṃ badhāvā milatā hai /

**इकाई-1 गद्यम्-( कादम्बरीतः शुकनासोपदेशः )** १४

राजा चन्द्रपीडं युवराजकार्यभारं दित्सते । युवराजस्य शुकनासस्य गृहे गमनम् । यौवनस्य दोषाः ।  
क्थमुत्तममाचरणीयम् ।

- (क) कविपरिचयः (ख) गद्यत्रय्यां कादम्बर्याः स्थानम् / गद्यव्याख्या  
(ग) कथासारः / काव्यगतविशेषताः

**इकाई-2 गीता (अध्याय 17)** १४

श्रद्धात्रयविभागः । आहारत्रयविभागः । दानत्रयविभागः इत्यादयः ।  
(क) श्लोककण्ठस्थीकरणम् (ख) पदपदार्थज्ञापनम्

**प्रारम्भिक रचनानुवादकौमुदी**

**इकाई-3 अभ्यास 1- अभ्यास 10** १४

संस्कृतभाषायामनुवादः  
राम, हरि, गुरु, इत्यादीनि शब्दरूपाणि । लकाराणां परिचयः ।

**इकाई-4 अभ्यास 11 - अभ्यास-20** १४

संस्कृतभाषायामनुवादः  
सर्वनामशब्दरूपाणि, करिन्, राजन् इत्यादीनि च । अस् कृ धातुः पञ्चलकारेषु ।

**इकाई-5 अभ्यास 21 - अभ्यास-30** १४

संस्कृतभाषायामनुवादः  
मति, नदी, धेनु इत्यादीनि शब्दरूपाणि । दा, श्रु, की इत्यादीनि धातुरूपाणि ।  
क्तक्तवतू, शतृ इत्यादयः प्रत्ययाः ।

**पाठ्यपुस्तकम्**

- 1.. **शुकनासोपदेशः**— व्याख्याकारः रामनरेश झा  
प्रकाशकः— मोतीलाल बनारसीदास पब्लिशर्स प्रा०लि०, देहली ।
- 2.. **श्रीमद्भगवद्गीतामृत**  
प्रकाशकः— दिव्यप्रकाशनम्, दिव्ययोगमन्दिर ट्रस्ट पतञ्जलि योगपीठ ।
3. **प्रारम्भिक रचनानुवादकौमुदी**— डॉ. कपिलदेव द्विवेदी  
प्रकाशकः— विश्वविद्यालय प्रकाशन वाराणसी ।

**सहायकग्रन्थाः—**

**बृहद् अनुवाद चन्द्रिका**— चक्रधर नौटियाल 'हंस' शास्त्री  
प्रकाशकः—मोतीलाल बनारसीदास ।  
**कादम्बरी** — शेषराज शर्मा रेग्मी, चौखम्भा सुरभारती, वाराणसी

# B.A. Sanskrit Course

## Semester - 1

### Paper - 3 / Vedicsahityam (1)

BS-EC1-103

70 + 30 = 100

#### Course Objectives-

- isameṃ vaidika sāhitya ke itihāsa tathā śrī maharṣi dayānanda viracita ṛgvedādibhāṣyabhūmikā ke īśvara prārthanā viṣaya kā jñāna karānā jisase vaha īśvara ke guṇoṃ se avagata hokara īśvara kī mahattā se paricita ho sake /
- īśopaniṣad ke sarvatra īśadṛṣṭi, karma kī vidhi, abheda dṛṣṭi tathā jñāna va karma mārga kā jñāna karānā /
- nighaṇṭu śabda kī vyākhyā, pada ke cāra bheda tathā 'utatva paśyan----' ityādi mantreṃ kā bodha karākara veda ke mūla tātparya ko samajhane meṃ samartha banānā /

#### Course Outcomes-

- upaniṣad evaṃ īśvara prārthanādi viṣayoṃ ke jñāna se vidyārthī īśvara bhakti ke prati jāgrta hokara svayaṃ īśvariya cetanā se yukta huā huā samāja meṃ jāgaruka banātā hai /
- vibhinna prakāra ke śabdoṃ ke paryāyavācī aura nimitta bodha ko jānane se vidyārthī kā vākya racanā kauśala unnata vaidika śabdoṃ ke arthajñāna evaṃ kartavyākartavya ke jñāna ho jāne se vaha apanī vyavahāra kuśalatā ke dvārā vibhinna viparīta paristhityoṃ meṃ bhī sāmānjasya sthāpita karate hue rāṣṭra meṃ śānti vā sauhārda banāye rakhatā hai /
- vedāṃga paricaya evaṃ ṛgvedādibhāṣyabhūmikā ke adhyayana se vidyārthī veda-vedāṃga kā bodhapūrvaka adhyayana kara vedāṃga jñāna meṃ anyoṃ ko pravṛtta karatā huā aneka divya cetanāyukta vyaktiyōṃ kā nirmāṇa karatā hai jo rāṣṭra ko unnati ke mārga para agrasara kara sake /
- īśopaniṣad evaṃ śikṣāvallī ke adhyayana se upāsanā pūrvaka śikṣā kī kuśalatā pakara svayaṃ ke jīvana meṃ utkr̥ṣṭatā lātā hai evaṃ upāsanā viṣayaka vibhinna bhrāntiyōṃ kā nivāraṇa karatā huā śuddha adhyātma ke mārga ko praśasta karatā hai /

इकाई-1 वैदिक वाङ्मय का इतिहास	१४
इकाई-2 वेदाङ्गपरिचय एवं ऋग्वेदादिभाष्यभूमिका (ईश्वरप्रार्थनाविषयः)	१४
(क) विषयात्मकप्रश्नाः	
इकाई-3 ईशोपनिषद्- सर्वत्र ईशदृष्टिः, कर्मविधिः, अभेददृष्टिः, ज्ञानमार्गः, कर्ममार्गः	१४
शिक्षावल्ली तै.उ.-शिक्षाव्याख्या, संहितोपासना, जपक्षेममन्त्र, ब्रह्मस्थानम्, ओंकारोपासना, मोक्षसाधनम्।	
(क) विषयात्मकप्रश्नाः	
इकाई-4 निरुक्तम् (प्रथमाध्यायस्य 1-10 खण्ड) अथापि नेत्येष इति.... परिभये ।	१४
निघण्टुशब्दस्य व्याख्या, पदस्य चत्वारः भेदाः, क्रियाभेदाः, निपाताः इत्यादयः ।	
(क) विषयात्मकप्रश्नाः	
इकाई-5 निरुक्तम् (प्रथमाध्यायस्य अवशिष्टः)	१४
अथापि याज्ञे...., उतत्वःपश्यन्...., उतत्वं सख्ये...., साक्षात्कृतधर्माणः.... इत्यादीनां मन्त्राणां व्याख्या ।	
(क) विषयात्मकप्रश्नाः	

#### पाठ्यपुस्तकम्

1. वैदिक वाङ्मय का इतिहास, पं. भगवद् दत्त, विजयकुमार गोविन्दराम हासानन्द, दिल्ली।
2. वेदाङ्गपरिचय-आचार्य आनन्दप्रकाश  
प्रकाशकः-आर्ष शोध-संस्थान अलियाबाद, आन्ध्रप्रदेश ।
3. ऋग्वेदादिभाष्यभूमिका-श्रीमत्स्वामिदयानन्दसरस्वती  
प्रकाशकः- (क) आर्ष साहित्य प्रचार ट्रस्ट।  
(ख) रामलाल कपूर ट्रस्ट ।
4. ईशोपनिषद्- एकादशोपनिषद्-डॉ. सत्यव्रत सिद्धान्तालङ्कार  
प्रकाशकः- विजयकुमार गोविन्दराम हासानन्द ।
5. निरुक्तम्- आचार्य यास्क  
श्री चन्द्रमणि विद्यालंकार पालीरत्न  
प्रकाशकः- हरयाणा साहित्य संस्थान गुरुकुल झज्जर (हरयाणा) ।

सहायकग्रन्थः- ईशोपनिषद्-ईशादि नौ उपनिषद्, प्रकाशकः- गीताप्रेस, गोरखपुर ।

निरुक्त-श्री मुकुन्द झा शर्मा, प्रकाशकः- चौखम्भा, संस्कृत प्रतिष्ठान दिल्ली

निघण्टु तथा निरुक्त - लक्ष्मणस्वरूप (हिन्दी भाष्य-सत्यभूषण योगी, शशि कुमार)

मोतिलाल बनारसीदास, दिल्ली

# बी. ए. संस्कृत पाठ्यक्रमस्य प्रथमसत्रम्

## चतुर्थपत्रम्- English Communication-1

Code- BS-AECC1-104

पूर्णाङ्कः - १००

बाह्यमूल्याङ्कनाङ्कः- ७०

आन्तरिकमूल्याङ्कनाङ्कः- ३०

समयः-होरात्रयम्

### Programme Objectives

- Develop the students' abilities in grammar, oral skills, reading, writing and study skills
- Students will heighten their awareness of correct usage of English grammar in writing and speaking
- Students will improve their speaking ability in English both in terms of fluency and comprehensibility
- Students will give oral presentations and receive feedback on their performance
- Students will increase their reading speed and comprehension of academic articles
- Students will improve their reading fluency skills through extensive reading
- Students will enlarge their vocabulary by keeping a vocabulary journal
- Students will strengthen their ability to write academic papers, essays and summaries using the process approach.

### Course Specific Outcomes

- Produce words with right pronunciation
- Develop vocabulary and improve the accuracy in grammar
- Develop the confidence to speak in public
- Demonstrate positive group communication exchanges.

Ability to speak and write clearly in standard, academic English

**Method of Teaching & Assessment-** Videos, Audio clippings, discussion, written and oral exercises

**Unit-1:** -Syllables (stress in simple words), Rhythm, Intonation, & Revision of Basic Grammar

- Tenses
- Prepositions
- Articles
- Conjunctions
- Modals
- Direct and indirect Speech

**Unit-2:** Reading & Writing

- Vocabulary- Homophones, Homonyms
- Analytical Skills
- Editing Skills- Error Correction
- Article Writing
- Reading Comprehension

**Unit-3:** Listening –

- Audio books
- Podcasts
- Speeches of various renowned Yoga Masters
- Ted Talks

## **Unit-4: - Spoken English**

- Accents and dialects
- Extempore
- Oral Report,
- Debates and GDs
- Public Speaking Skills
- Leadership
- Team Work

## **Unit-5: प्रयोगात्मक वक्तव्य**

### **Text books:**

*English Grammar in Use, 4<sup>th</sup> Edition, Cambridge by Raymond Murphy*

Suggested Sources:

[Britishcouncil.org](http://Britishcouncil.org)

### **Text books:**

1. English Grammar in Use, 4th Edition, Cambridge by Raymond Murphy
2. Oxford Handbook for the Foundation Programme by Tim Raine & James Dawson & Stephan Sanders & Simon Eccles – eBook

### **Suggested Sources:**

1. [learnenglish.britishcouncil.org](http://learnenglish.britishcouncil.org)
2. [learnenglish.britishcouncil.org/general-english/magazine-zone](http://learnenglish.britishcouncil.org/general-english/magazine-zone)
3. British Council e-Books for free - [pdfdrive.com/british-council-books.html](http://pdfdrive.com/british-council-books.html)
4. Check Your Vocabulary for English for the IELTS Examination - eBook

## **1- \*\* आयातित पाठ्यक्रम**

# B.A. Sanskrit Course

## Semester - 2

### Paper - 1 / Sanskritsahityam (2)

BS-C3-201

70 + 30 = 100

#### Course Objectives-

- mahākavi kālidāsa viracita raghuvaṃśa ke mādhyama se rājā dilīpa kā varṇana, varṇavyavasthā, ṛṣi vaśiṣṭha ke pāsa gamana tathā nandinī gau kī sevā kā jñāna karākara gosevā evaṃ guru kī ājñā pālana ke mahatva kā bodha karānā /
- abhijñānaśākuntalam evaṃ śivarājaviṃṣayam ke mādhyama se kāvya kī prācīna bhāṣāsailī kā paricaya karāte hue śuddha ādhyātmika evaṃ utsāhī, parākramī, raṇanīti kuśala vyaktitva kā nirmāṇa karanā /
- bhartṛhari viracita nītiśatakam ke dvārā īśa namaskāra, vairāgyokti tathā vidvāna deva va karma kī praśaṃsā kā bodha karākara eka nītikūśala vidvān vairāgyayukta īśa evaṃ devoṃ para śraddhā rakhane vāle vyaktitva kā nirmāṇa karanā /

#### Course Outcomes-

- mahākāvya ke adhyayana se vibhinna prakāra ke alaghkāra, rīti, vidyāoṃ ko saralatā se pahacāna pātā hai evaṃ śaurya, parākrama, nīti, ātmabodha ityādi vibhinna śikṣāoṃ ko jīvana meṃ dhāraṇa karatā huā eka atimānasa cetanā kā dhanī vyaktitva samāja kī sevā ke liye taiyāra ho jātā hai |
- nāṭaka ko jānane se vyakti raghaṃmaṃca para prastuti dene meṃ utkrṣṭa rūpa se uttama ho jātā hai aura raṃgamaṃcana ke mādhyama se mahāpuruṣoṃ ke jīvana kā maṃcana karatā huā svayaṃ meṃ evaṃ samāja meṃ uttama guṇoṃ kā ādhāna karatā hai |
- nītiśataka ke jñāna se vidyārthī jīvana kī bādhāoṃ evaṃ unake nirākaraṇa ke mārga ke jñāna se vyavahāra meṃ kuśala, puruṣārthī, vairāgyayukta, vidvān vyaktitva vibhinna sāmājika kṣetrem meṃ krāntikārī parivartana lātā hai |

- इकाई-1 पद्यकाव्यम्-** महाकाव्य (रघुवंशम्- प्रथमसर्गतः (1-40)) १४  
 राज्ञः दिलीपस्य वर्णनम्, राज्यस्य वर्णनं, वर्णव्यवस्था, समृद्धिवर्णनं ।  
 (क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः।
- इकाई-2 पद्यकाव्यम्-** महाकाव्य (रघुवंशम्- 41- समाप्तिपर्यन्तम्) १४  
 ऋषिवशिष्टस्य समीपे गमनम् । नन्दिनीगोः सेवा ।  
 (क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः
- इकाई-3 गद्यकाव्यम्-** शिवराजविजयम् (प्रथमविरामस्य प्रथमो निश्वासः) १४  
 सूर्यवर्णनम्, गौरबटुशिष्यस्य गुरवे पुष्पचयनं, महामुनेः दर्शनम् ।  
 (क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः
- इकाई-4 नाटकम्-** अभिज्ञानशाकुन्तलम् - चतुर्थ अंक १४  
 दुष्यन्तविषयकः संवादः, दुर्वासाश्रापः, अभिज्ञानचिह्नेन शकुन्तलायाः अभिज्ञाः ।  
 शकुन्तलायाः प्रकृतिप्रेमः ।  
 (क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः
- इकाई-5 नीतिशतकम् (1-50) १४**  
 ईशानमस्कारः, वैराग्योक्तिः, विद्वान् प्रशंसा, दैवप्रशंसा, कर्मप्रशंसा इत्यादयः ।

## पाठ्यपुस्तकम्

1. रघुवंशम्- महाकविकालिदासविरचितम्  
 प्रकाशकः- चौखम्भा ओरियन्टालिया, देहली ।
2. शिवराजविजयम्- महाकविविश्रीमदम्बिकादत्त व्यासप्रणीतः  
 प्रकाशकः- मोतीलाल बनारसीदाः पब्लिशर्स प्रा. लि. देहली ।
3. अभिज्ञानशाकुन्तलम्- महाकविकालिदासविरचितम्  
 प्रकाशकः- (क) चाखम्भा विद्याभवन वाराणसी ।  
 (ख) चौखम्भा सुरभारती प्रकाशन वाराणसी ।
4. नीतिशतकम्- भर्तृहरिविरचितम्, प्रकाशकः- चौखम्भा सुरभारती प्रकाशन वाराणसी ।

सहायकग्रन्थः- शिवराजविजयम्-डॉ० रमाशंकर मिश्र, प्रकाशकः- चौखम्भा सुरभारती, वाराणसी।

# B.A. Sanskrit Course

## Semester - 2

### Paper - 2 / Sanskritsahityam (3)

BS-C4-202

70 + 30 = 100

#### Course Objectives-

- kāvyadīpikā śrī kānticandrabhaṭṭācārya dvārā saṃkalita kāvyāśāstra kā sāra saṃgraha hai /
- kāvyaprayojana, abhidhā, lakṣaṇā vyaṃjanā tathā rasom kā jñāna karānā /
- nāṭaka lakṣaṇa aṃka lakṣaṇa, prastāvanā kā bheda sahita bodha karānā /
- mādhyama, oja, prasāda guṇa tathā gauḍī vaidarbhī rīti kā jñāna karānā /

#### Course Outcomes-

- kāvyā prayojana/lakṣaṇa aura śaktitraya ko jñāne se kāvyā meṃ vidyārthī kī ruci ko baḍāvā milatā hai aur vaha gambhīra adhyayana ke lie pravṛtta ho jātā hai tathā kāvyāśāstra kitane cāmatkārīka ḍhaṅga se kisī viśaya vastu ko prastuta karatā hai usī prakāra vidyārthī bhī samāja meṃ jaṭila viśaya ko rocakatāpūrṇa ḍhaṅga se prastuta karane meṃ dakṣa ho jātā hai /
- navarasa ke adhyayana se vidyārthī, śāstreṃ meṃ varṇita śloka kisa paripekṣa meṃ kahe hai, isako jñāne meṃ samartha hotā hai tathā vibhinna ślokoṃ meṃ prayukta hone vāle rasom ke bodhana meṃ samartha ho jātā hai /
- nāṭaka ke aṅga (nāndī ādi) aur lakṣaṇa ādi jānakara vidyārthī raṅgamamca para unnata rūpa se prastuti dene meṃ kuśala hotā hai evaṃ bhinna-bhinna rasom ke mādhyama se logom kā manoraṃjana karāne meṃ bhī pravīṇa ho jātā hai /
- guṇa aur rīti ke adhyayana se vyakti/vidyārthī kāvyā śailī jānakara kāvyā racane evaṃ lakṣaṇā va vyaṃjanāpūrvaka vākyom ke nirmāṇa meṃ kuśala ho jāte hai jisase janom ke madhya meṃ cāmatkārīka ḍhaṅga se śāstreṃ kī vārtā ko pahucāne meṃ kuśala hotā hai /

<b>इकाई-1 काव्यदीपिका</b>	<b>१४</b>
प्रथम शिखा- मङ्गलाचरणम्, काव्यप्रयोजनम्, काव्यलक्षणम् । द्वितीय शिखा-शक्तित्रय (क) विषयात्मकप्रश्नाः	
<b>इकाई-2 काव्यदीपिका</b>	<b>१४</b>
तृतीय शिखा- नवरस (क) विषयात्मकप्रश्नाः	
<b>इकाई-3 काव्यदीपिका</b>	<b>१४</b>
चतुर्थ शिखा-नाटक लक्षण, अंक पूर्वरङ्ग, नान्दी, प्रस्तावना-भेदसहित (क) विषयात्मकप्रश्नाः	
<b>इकाई-4 काव्यदीपिका</b>	<b>१४</b>
चतुर्थ शिखा-पञ्च सन्धि (क) विषयात्मकप्रश्नाः	
<b>इकाई-5 काव्यदीपिका</b>	<b>१४</b>
षष्ठ शिखा- गुण त्रय सप्तमशिखा-रीतिः (क) विषयात्मकप्रश्नाः	

#### **पाठ्यपुस्तकम्-**

**काव्यदीपिका-** विद्यारत्नकान्तिचन्द्रभट्टाचार्येण संगृहीता ।

**प्रकाशकः-** चौखम्भा सुरभारती प्रकाशन वाराणसी ।

**सहायकग्रन्थः-** साहित्य दर्पण-विश्वनाथकृत, व्याख्याकारः - आचार्य शालीग्राम शास्त्री

**प्रकाशनः-** मोतीलाल बनारसीदास, नई दिल्ली।

# **B.A. Sanskrit Course**

## **Semester - 2**

### **Paper - 3 / English Communication (2)**

**BS-EC2-203**

**70 + 30 = 100**

#### **Objectives:**

Unit1-Communicate easily with and enhance the ability to understand native speakers

Unit 2- Remove personal barriers and enhance confidence in a group setting and in work places

Unit3-Help translate L2 from L1 in a more efficient manner

(L1 is the mother tongue & L2 is the Official Language – here English)

Unit4 –Enhance formal and business writing skills

#### **Course Specific Outcomes**

- Produce words with right pronunciation
- Develop vocabulary and improve the accuracy in grammar
- Develop the confidence to speak in public
- Demonstrate positive group communication exchanges.
- Ability to speak and write clearly in standard, academic English

**Method of Teaching & Assessment-**Videos, Audio clippings, discussion, written and oral exercises

#### **Unit-1:-**

Different types of Salutations

Differences between formal and informal speech, between standard and Colloquial language

#### **Unit-2: Verbal and Non-verbal Communication**

- Personal–Social–Business
- Inter-personal and Group Communication
- Professional Communication

#### **Unit3- Reading Comprehension**

- Analysis and Interpretation
- Translation (from Indian Languages to English and vice-versa)
- Loud Reading, Drilling for pronunciation and fluency
- Listening Comprehension

#### **Unit4- Writing Skills**

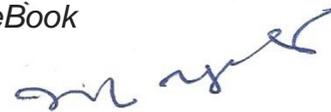
- Report Writing
- Paraphrasing
- Professional Writing
- Argumentative Essays

### **Text books:**

1. English Grammar in Use, *4<sup>th</sup> Edition, Cambridge by Raymond Murphy*
2. Oxford Handbook for the Foundation Programme *by Tim Raine & James Dawson & Stephan Sanders & Simon Eccles – eBook*

### **Suggested Sources:**

3. [learnenglish.britishcouncil.org](http://learnenglish.britishcouncil.org)
4. [learnenglish.britishcouncil.org/general-english/magazine-zone](http://learnenglish.britishcouncil.org/general-english/magazine-zone)
5. British Council e-Books for free - [pdfdrive.com/british-council-books.html](http://pdfdrive.com/british-council-books.html)
6. Check Your Vocabulary for English for the IELTS Examination - eBook



# B.A. Sanskrit Course

## Semester - 2

### Paper - 4 / ENVIRONMENTAL SCIENCE

BS-AECC2-204

70+ 30 = 100

#### Course Objectives-

- saṃpūrṇa aura isake saṃbandhita samasyāoṃ ke rūpa meṃ paryāvaraṇa ke bāre meṃ jāgarūka karake unake bhītara mānavīya guṇoṃ kā vikāsa karanā /
- vibhinna prakāra ke anubhava prāpta karake aura paryāvaraṇa aura isakī saṃbaddha samasyāoṃ ke bāre meṃ eka buniyādī samajha aura jñāna prāpta karake svayaṃ tathā rāṣṭra ko paryāvaraṇa ke prati jāgarūka karanā /
- paryāvaraṇa ke lie ciṃtā kā eka dṛṣṭikoṇa prāpta karake paryāvaraṇa saṃrakṣaṇa se sambandhita kāryapraṇālī ko apanānā /
- paryāvaraṇīya samasyāoṃ kī pahacāna karane aura hala karane ke lie kauśala hāsila karake samāja ko paryāvaraṇīya sampadā se avagata karānā /

#### Course Outcomes-

- paryāvaraṇa ke vibhinna ghaṭakoṃ se paricaya karāke paryāvaraṇa se sambandhita viṣayoṃ ko sūkṣmatā se samajhāne meṃ samartha hotā hai
- paryāvaraṇa ke ghaṭaka kisa prakāra eka-dūsare se kriyātmaka sambandha rakhate haiṃ ? isakī samucita jānakārī dekara unake bhītara paryāvaraṇa ke prati divya bhāvonoṃ ko jāgarita kara samāja meṃ paryāvaraṇa ke prati jāgarukatā kā vistāra karatā hai |
- paryāvaraṇa ke vibhinna ghaṭakoṃ kā mānava ke kriyākalāpoṃ para prabhāva ko jānakara usake bhītara navacetanā ko vikāsa ho jāne se vaha rāṣṭracetanā ke vikāsa meṃ mahatvapūrṇa bhūmikā nibhātā hai |
- paryāvaraṇa pradūṣaṇa ke nivāraṇa meṃ vyaṣṭi evaṃ samāja kī bhūmikā ko ujāgara karake aise vyaktitva ko taiyāra karanā jo rāṣṭra kī unnati meṃ sahayoga kara sake |

**Unit – I**

The Environment: The Atmosphere, Hydrosphere, Lithosphere, Biosphere, Ecology, Ecosystem, Biogeochemical Cycle (Carbon Cycle, Nitrogen Cycle), Environment Pollution: Air Pollution, Water Pollution, Soil Pollution, Radiation Pollution.

**Unit – II**

Population Ecology: Individuals, Species, Pollution, Community, Control Methods of Population, Urbanization and its effects on Society, Communicable Diseases and its Transmission, Non-Communicable Diseases.

**Unit- III**

Environmental Movements in India: Grassroot Environmental movements in India, Role of women, Environmental Movements in Odisha, State Pollution Control Board, Central Pollution Control Board.

**Unit –IV**

Natural Resources: Conservation of Natural Resources, Management and Conservation of Wildlife, Soil Erosion and Conservation, Environmental Laws: Water Act, 1974, Air Act, 1981, The Wildlife (Protection) Act, 1972, Environment Protection, 1986, Natural Disasters and their Management

**Text Book-**

पर्यावरण का संक्षिप्त परिचय, डॉ. मधु अस्थाना



# B.A. Sanskrit Course

## Semester - 3

### Paper - 1 / Sanskritvayakarnam (2)

BS-C5-301

70+30=100

#### Course Objectives-

- *śrīmadvaradarājācāryapraṇīta laghusiddhāntakaumudī ke dvārā ajanta tathā halanta śabdarūpoṃ kī siddhi kā bodha karānā /*  
*ḍa ॐ- kapiladeva dvivedīdvārā praṇīta prauḍha racanānuvādakaumudīsee śabda tathā*  
*dhāturūpoṃ kā smaraṇa karānā /*  
*paṃ- sūryadarśanadevācāryapraṇīta liṃgānuśāsana ke mādhyama se śabdoṃ ke liṃgoṃ kā*  
*jñāna pradāna karānā /*

#### Course Outcomes-

- *rāma ādi vibhinna śabdarūpa ke smaraṇa se, saṃskṛta sambhāṣaṇa meṃ saralatā ora sugamyatā hotī hai tathā śabdoṃ ko vyākaraṇa kī dr̥ṣṭi se siddha karake, dhātu-prakṛti pratyaayoṃ ke saṃyoga se śabdoṃ kā yathārtha bodha samāja ko karātā hai jisase jo śabda galata artha meṃ cala pae haiṃ unake bhrānti kā nivāraṇa hotā hai |*
- *dhāturūpa ke adhyayana se dhātu prayoga evaṃ bhinna-bhinna kāla meṃ vibhinna lakāroṃ kā prayoga vidyārthī kī bhāṣā ko madhura banātā hai tathā bauddhika vikāsa keā prāpta hotā hai, evaṃ jana-jana ko saṃskṛta sambhāṣaṇa karane kā puṇya prāpta karā sakatā hai |*
- *liṃgānuśāsana adhyayana se vidyārthī vibhinna śabdoṃ ko, strī, pu-, napu- liṃga jānakara saralatā se prayoga karane meṃ sakṣama hotā hai tathā samāja meṃ jina śabdoṃ kā liṃga galata ḍhaṃga se prayoga hotā rahā hai unameṃ jāgarukatā lāne kā prayāsa karatā hai |*

- इकाई-1 सुबन्तप्रकरणम्-अजन्त पुलिङ्ग, स्त्री नपुं. (रूपसिद्धिः)** १४
- राम, सर्व, हरि, पति, सखि, पितृ, कर्तृ, नौ, गो  
लता, मति, स्त्री, नदी, ज्ञानम्, मधु
- इकाई-2 हलन्त** १४
- राजन्, मघवन्, पथिन्, विद्वस्, अस्मद्, युस्मद्, चतुर् (त्रिषुलिङ्गेषु),  
इदम् (लिङ्गत्रय) किम् (लिङ्गत्रये)
- इकाई-3 शब्द रूप स्मरण** १४
- पाद, गोपा, भूपति, सुधी, गुरु, स्वभू, नृ, प्राञ्च्, वणिज्, भूभृत्, भगवत्, धीमत्, महत्,  
लता, मति, स्त्री, नदी, ज्ञानम्, वारि, मधु, राजन्, मघवन्, पथिन्, विद्वस्, अस्मद्, युस्मद्  
लिह्, चतुर् (त्रिषु लिङ्गेषु), इदम् (लिङ्गत्रय) किम् (लिङ्गत्रये) ।
- इकाई-4 धातु रूप स्मरण (दशसु लकारेषु)** १४
- भू, हस्, गम्, दृश्, पा, स्था, सेव्, लभ्, वृध्, नी, ह, याच् । अद्, अस्, इण्, या, पा (रक्षणे),  
आस्, शी । हु, भी, हा, ही, मा, दा । दिव्, नश्, पद्, युध् । आप्, शक्, चि, अश् । लिख्,  
कृ, मृ । रुध्, तन्, बन्ध्, चुर् ॥
- इकाई-5 लिङ्गानुशासनम् (क) कण्ठस्थीकरणम् (ख) अर्थोदाहरणज्ञापनम्** १४

#### पाठ्यपुस्तकम्

1. लघु सिद्धान्तकौमुदी- श्रीमद्वरदराजाचार्यप्रणीतः  
प्रकाशकः- चौखम्भा सुरभारती प्रकाशन- वाराणसी ।
2. प्रौढ रचनानुवादकौमुदी - डॉ. कपिलदेव द्विवेदी  
प्रकाशकः- विश्वविद्यालय प्रकाशन, वाराणसी ।
3. लिङ्गानुशासनम् - पं. सूर्यदर्शनदेवाचार्यः  
प्रकाशकः- हरयाणा साहित्य संस्थान, गुरुकुलम् झज्जर, हरयाणा ।

सहायकग्रन्थः- बृहद् अनुवाद चन्द्रिका-चक्रधर नौटियाल 'हंस' शास्त्री  
प्रकाशकः-मोतीलाल बनारसीदास ।

# B.A. Sanskrit Course

## Semester - 3

### Paper - 2 / Sanskritsahityam (4)

BS-C6-302

70+30=100

#### Course Objectives-

- *mahākavi sughoṣa dvārā viracita saundarānandanam mahākāvya meṃ buddha dvārā nanda ko vairāgya meṃ bādhā aura usake nivāraṇa para upadeśa kā bodha karākara ādarśa jīvana kī preraṇā denā |*
- *chāndogyopaniṣad meṃ varṇita nārada kā sanatkumāra ke sātha tatvajñāna para saṃvāda aura brahmopāsanā para vicāra |*
- *racanānuvāda kaumudī meṃ vartamāna śabdarūpa va dhāturūpoṃ kā bodha |*
- *saṃskṛta bhāṣā me prayukta hone vālī sandhiyoṃ kā sāmānya bodha karānā |*

#### Course Outcomes-

- *saundarānanda ke adhyayana se vairāgya ko dhāraṇa kara yama-niyamoṃ kā pālana karatā huā eka śreṣṭha jīvana kā ādarśa banatā hai |*
- *upaniṣadoṃ kā tatvajñāna hone se vidyārthī ke jīvana meṃ tātāvika bodha kī vṛddhi hotī hai aura vaha samāja meṃ upaniṣad ke tatvoṃ kā bodhana karatā hai |*
- *śabdarūpa aura dhāturūpa ke samyag jñāna hone se vidyārthī saṃskṛta vāghmaya aura saṃskṛta sambhāṣaṇa meṃ utkṛṣṭatā ko prāpta karatā hai aura apanī sanātana va purātana saṃskṛti kī vajñānikatā kā pracāra karane meṃ samartha ho jātā hai |*
- *dhyāna va vairāgya kī bādhā va nivāraṇa ko jānakara svayaṃ ko vairāgyavān banāte hue lokoddhāra meṃ sahayogī banatā hai |*

**इकाई-1 सौन्दरानन्दनम् चतुर्दशः सर्गः (21-52 श्लोकाः)** १४

वैराग्ये बाधाः, तेषाम् उपायः, तत्त्वदर्शनस्य लाभाः, तत्त्वदर्शनस्य अप्राप्तौहानि

(क) पदार्थः, अन्वयार्थः / छन्दः, अलङ्कारः, रसः, व्यङ्ग्यार्थः (ख) व्याकरणात्मकप्रश्नः

**इकाई-2 उपनिषद्- नारदसनत्कुमारयोः संवादः (छान्दोग्योपनिषद्)** १४

नारदस्य सनत्कुमारं प्रति गमनम्, तत्त्वज्ञानस्येच्छा, नारदस्य पठितविषयः, ब्रह्मस्योपासना करणीय ।

(क) विषयात्मकप्रश्नाः

### रचनानुवादकौमुदी

**इकाई-3 अभ्यास 1 - अभ्यास 20** १४

संस्कृत भाषायामनुवादः राम, हरि गुरु, रमा, मति इत्यादिनि शब्दरूपणि ।

भू धातुः सर्वस्मिन् लकारे ।

**इकाई-4 अभ्यास 21 - अभ्यास-40** १४

संस्कृत भाषायामनुवादः

संख्या- एक, द्वि इत्यादः, गो, हलन्तशब्दरूपाणि । नी, ह, कृ, अद् इत्यादयः धातवः ।

सन्, क्त, क्तवतु, तुमुन् इत्यादयः प्रत्ययाः ।

**इकाई-5 अभ्यास 41 - अभ्यास-60** १४

संस्कृत भाषायामनुवादः दधि, मधु, पयस् इत्यादिनि शब्दरूपणि

दिव्, नृत्, नश्, शक् इत्यादयः धातवः । घञ्, तृच्, ल्युट्, इनि, ठन् इत्यादयः प्रत्यया ।

### पाठ्यपुस्तकम्

1. सौन्दरानन्दनम्, प्रकाशकः- चौखम्भा सुरभारती प्रकाशन, वाराणसी।
2. एकादशोपनिषद्, डॉ० सत्यव्रत सिद्धांतालङ्कार, प्रकाशक - विजय कुमार गोविन्दराम हासानन्द।
3. रचनानुवादकौमुदी- डॉ. कपिलदेव द्विवेदी, प्रकाशकः-विश्वविद्यालय प्रकाशन वाराणसी ।

सहायकग्रन्थः- बृहद् अनुवाद चन्द्रिका- चक्रधर नौटियाल 'हंस' शास्त्री, प्रकाशकः-मोतीलाल बनारसीदास ।

ईशादि नौ उपनिषद्, प्रकाशकः- गीताप्रेस गोरखपुर ।

# B.A. Sanskrit Course

## Semester - 3

### Paper - 3 / Vedicsahitayam (2)

BS-EC3-303

70+30=100

#### Course Objectives-

- maharṣi patanjalī viracita yoga darśana dvārā yoga, yoga ke lakṣaṇa, kliṣṭākliṣṭa vṛtti ityādi viśayaṃ kā bodha karākara eka yogī, nirogī va samāja ke lie upayogī vyaktitva kā nirmāṇa karanā |
- sāta śrīmadannambhaṭṭa viracita tarkasaṃgraha meṃ vartamāna sāta padārtha, nau dravya, caubisa guṇa tathā pāṃca karmṃ ke lakṣaṇa va guṇa kā viśṛta jñāna karāke vaiśeṣika ke mūla siddhāntṃ se avagata karānā |
- maharṣikapila viracita sāmkyadarśana meṃ vidyamāna trividhaduḥkha ke nirodha ke upāya, sṛṣṭicakra, pramāṇa, īśvara va ātmā ke svarūpa kā jñāna karākara aśubha se nivṛtti aura svayaṃ ke jīvana meṃ śubha kā ādhāna karānā |

#### Course Outcomes-

- yoga se vyakti svayaṃ kā bodha kara svacetanā ko bhāgavatacetanā, brahmacetanā, gurucetanā se jodkara samāja ke kalyāṇa meṃ sahayogī hotā hai |
- yoga prāṇīmātra ke lie amṛta ke samāna hai, yoga se vyakti svayaṃ kī śaktiyom kā jagākara pūre viśva ko yogamaya karane meṃ samartha ho jātā hai |
- vaiśeṣika darśana meṃ ullikhita tatvoṃ ke yathārtha rūpa ko jānakara śaṃkā-samādhāna karake anta meṃ eka nirṇaya para pahūṃcakara usameṃ śraddhā rakhatā huā logom ko saṃśaya rahita karane meṃ samartha ho jātā hai |
- sāmkyadarśana ke duḥkha, duḥkhopāya, sṛṣṭicakra ādi se agavata hokara apane va sāmājika kṣetra meṃ unake svarūpa ko samajhākara unheṃ satpatha para prerita karatā hai |

<b>इकाई-1 योगदर्शनम्</b> (प्रथमपादः व्यासभाष्यसहितम्) (1-25)	<b>१४</b>
योगस्य स्वरूपम्, क्लिष्टाक्लिष्टवृत्तयः, द्रष्टुः स्वरूपम्, अभ्यास-वैराग्य, सम्प्रज्ञातासम्प्रज्ञातलक्षणम्, ईश्वरस्य लक्षणम् ।	
<b>इकाई-2 योगदर्शनम्</b> (प्रथमपादः व्यासभाष्यसहितम्) (25- समाप्तिपर्यन्तम्)	<b>१४</b>
ईश्वरस्य स्वरूपम्, नवान्तरायाः, चित्तप्रसादस्य साधनानि, ईश्वरप्राप्तेरुपायः सम्प्रज्ञातासम्प्रज्ञातस्वरूप	
<b>इकाई-3 तर्कसंग्रहः</b> (उद्देश्य, लक्षण, गुणनिरूपण)	<b>१४</b>
<b>इकाई-4 सांख्यदर्शनम्</b> (प्रथमाध्यायस्य 1-50 सूत्राणि)	<b>१४</b>
त्रिविधानां दुःखानां निरोधोपायः, सृष्टिचक्रस्य, प्रत्यक्षादिः प्रमाणः	
<b>इकाई-5 सांख्यदर्शनम्</b> (प्रथमाध्यायस्य 51- समाप्तिपर्यन्तम्)	<b>१४</b>
ईश्वरस्य सिद्ध्यासिद्धिविषयः, सदसत्कारवादः, आत्मनःस्वरूपम् ।	

### पाठ्यपुस्तकम्

1. योगदर्शन (व्यासभाष्य सहित) सुरेन्द्र चन्द्र श्रीवास्तव  
प्रकाशकः- चौखम्भा सुरभारती प्रकाशन, वाराणसी ।
2. तर्कसंग्रहः (अन्नभट्ट)  
प्रकाशकः- चौखम्भा सुभारती प्रकाशन
3. सांख्यदर्शनम् (विज्ञानभिक्षु भाष्य सहित)  
प्रकाशकः- चौखम्भा प्रकाशन, पोस्ट बाक्स नं. 1150 के. 37/116,  
गोपाल लेन, वाराणसी 221001

**सहायकग्रन्थः-** षड्दर्शनम्- स्वामी जगदीश्वरानन्द सरस्वती,  
प्रकाशक - विजय कुमार गोविन्दराम हासानन्द, नई दिल्ली।

# B.A. Sanskrit Course

## Semester - 3

### Paper - 4 Paper Name- History of India-1 (From earliest times till the Mauryan period)

BS-EC4-304

70 + 30 = 100

#### Course Objective

This course introduces to the students a gradual evolution of early civilization in Indian and polity from the age of Mahajanapadas to the age of foreign incursions during the Pre-Gupta period. Beginning with a general description of the political condition in the sixth century B.C., emergence of our early culture like Palaeolithic, Mesolithic, Neolithic, chalkolithic, Harappa and Vedic culture are described in the first two unit and political development of rising Magadha empire described in the third unit and Alexandra's invasion of Indian and the origin, development and decline of Mauryan empire are dealt with in last unit

#### Course Outcome:

Students will able to:

1. Understand the status of the society and culture of ancient India during the Palaeolithic, Mesolithic, Neolithic, Harappa, and Bronze ages.
2. Identify Approaches towards the sources and the study of ancient Indian history.
3. Understand about India's Vedic and post-Vedic periods, as well as the rise of Jainism and Buddhism as religions and cultures in ancient India.
4. They will exchange ideas about how to separate the Magadha Empire from the other sixteen Janapadas.
5. Understand Great king Asoka's Dhamma and his inscriptions

#### इकाई प्रथम:

भारतीय इतिहास को जानने के स्रोत, स्रोतों का महत्व, स्रोतों के प्रकार— साहित्यिक स्रोत, पुरातात्विक स्रोत और विदेशी यात्रियों का विवरण, प्रागैतिहासिक काल का परिचय— पुरापाशाण काल: सोहन संस्कृति एवं मद्रासियन संस्कृति, मध्यपाशाणकाल एवं नवपाशाण काल: कृषि का विकास, आग की खोज, पहिये का अविष्कार, प्रागैतिहासिक काल में औजारों का निर्माण और उनके स्वरूप— पुरापाशाण काल, मध्यपाशाण काल, नवपाशाण काल। प्राग सैन्धव एवं ताम्र पाशाण काल का परिचय।

#### इकाई द्वितीय:

सैन्धव सभ्यता: उत्पत्ति और विकास, प्रथम नगरीकरण, सैन्धव सभ्यता की आर्थिक, सामाजिक, धार्मिक और सांस्कृतिक परिदृश्य, कला का विकास, सांस्कृतिक स्थल के परिवर्तन के कारण, गंगेटिक संस्कृति: वैदिक काल— वैदिक साहित्य की प्रकृति, ऋग्वैदिक कालीन राजनीतिक, सामाजिक और आर्थिक स्थिति, उत्तरवैदिक कालीन राजनीतिक, सामाजिक और आर्थिक स्थिति।

#### इकाई तृतीय:

सैन्धव सभ्यता में धार्मिक परम्पराओं की उत्पत्ति और धर्म के विविध आयाम, वैदिक काल में धर्म का स्वरूप, प्रकृति पूजा, इन्द्र का बढ़ता महत्व, अग्नि, वरुण, ऋत और मातृ देवी की पूजा का विकास, उत्तर वैदिक काल में धार्मिक प्रथाओं का विकास: धार्मिक अनुष्ठान, यज्ञ की प्रधानता।

## इकाई चतुर्थ:

उपनिषदीय धर्म: आत्मा और सर्वोच्च ब्रह्म की अवधारण। जैन धर्म: महावीर का प्रारम्भिक जीवन और उनकी शिक्षाएं।  
बौद्ध धर्म: गौतम बुद्ध का प्रारम्भिक जीवन और उनकी शिक्षाएं।

## इकाई पंचम:

छठी शताब्दी ई.पू. भारत राजनीतिक स्थिति (महाजनपद और गणराज्य), मगध साम्राज्य का उदय: हर्यक वंश: बिम्बिसार और अजातशत्रु, शिशुनाग वंश, नंद वंश: महापद्मनंद और घनानंद, सिकंदर का यूनानी आक्रमण, मौर्य वंश: चंद्रगुप्त मौर्य: प्रारंभिक जीवन और उसका साम्राज्य विस्तार, बिंदुसार, अशोक: साम्राज्य विस्तार, उनके अभिलेख, धम्म, मौर्य वंश का पतन।

## पाठ्य पुस्तक—

भार्मा, एल0 पी0: प्राचीन भारत, लक्ष्मी नारायण अग्रवाल, आगरा, 2022

सिंह, उपेन्द्र: प्राचीन और पूर्व मध्यकालीन भारत का इतिहास पाशाण काल से 12 वीं शताब्दी ई0 तक, Delhi 2016.

## Recommended Readings:

Majumdar, R.C.: Prachin Bharat, Motilal Banarasidas Delhi, 1962.

Raychoudhury, H. C., Political History of Ancient India, Calcutta, 1931.

Goyal, S. R., Magadh, Satavahan, Kushan Samrajyon ka Yug (Hindi), Jaipur

Sharma, R. S., Prarambhik Bharat ka Parichay, (Hindi) New Delhi 2017.

Srivastava, K. C., Prachin Bharat ka Itihas Tatha Sanskriti, Allahabad, 2019

Shastri, K. A. N., The Age of Nandas and Mauryas, Varanasi, 1967.

Majumdar, R.C. and A. D. Pusalker (eds.), The History and Culture of the Indian People, Vols. I –V (relevant chapters), Bombay, 1951-1957.

Jha D. N., Ancient India: In Historical Outline, 1997

Jha D. N., Early India: A Concise History, 2004

अथवा

## सामाजिक विज्ञान—1

Code- BS-EC4-305

## Course Objectives-

- *samājaśāstra kā bodha karānā* |
- *sāmājika avadhāraṇāom se avagata karānā* |
- *sāmājika saṃracanā se paricita karānā* |
- *sāmājika starīkaraṇa evaṃ gatiśīlatā kā jñāna karānā* |
- *saṃskṛti evaṃ sabhyatā kā viśleṣaṇātmaka bodha karānā* |

## Course Outcomes-

- *samājasāstra ke bodha se samāja meṃ vyāpta acchāiyom va burāiyom kī jānakārī se burāiyom ko choḍakara acchāiyom meṃ jāne ke lie pravṛtta ho jātā hai*
- *samājika avadhāraṇāom ke adhyayana se parivārika va samājika ekatā va sāmājasya pūrvaka vyavahāra karane meṃ kuśala ho jātā hai*
- *saṃskṛti va sabhyatā ke viśleṣaṇa se saṃskṛti va sabhyatā meṃ pūrṇa niṣṭhā va viśvāsa rakhate hue usakī rakṣā karane meṃ tatpara ho jātā hai*

### इकाई. प्रथमः

समाज शास्त्र का अर्थ, परिभाषा, क्षेत्र एवं महत्व, समाज शास्त्र की प्रकृति, सामाजिक विज्ञान के रूप में समाज शास्त्र, समाज शास्त्र का अन्य सामाजिक विज्ञान से सम्बन्ध, भारत में समाज शास्त्र का इतिहास।

### इकाई. द्वितीयः

समाज की मौलिक अवधारणाएँ, समुदाय, समिति एवं संस्थाओं का अर्थ एवं अवधारणा, सामाजिक समूह, मानव एवं पशु समाज, सामाजिक संस्थाएँ: परिवार, नातेदारी, विवाह, धर्म, शिक्षा एवं राज्य।

### इकाई. तृतीयः

संस्कृति एवं सभ्यता, सांस्कृतिक बहुलतावाद, बहुसंस्कृतिवाद एवं सांस्कृतिक सापेक्षवाद, संस्कृति की प्रमुख विशेषता: आत्मसातीकरण, पर-संस्कृतिग्रहण एवं एकीकरण, सामाजिक सांस्कृतिक प्रक्रियाएँ: प्रतिस्पर्धा एवं संघर्ष।

### इकाई. चतुर्थः

सामाजिक संरचना, प्रस्थिति तथा भूमिका, सामाजिक प्रतिमान, जनरीतियाँ, लोकाचार, मूल्य, लोकाचार।

### इकाई. पंचमः

सामाजिक स्तरीकरण: अर्थ, रूप एवं आधारभूत तत्व, सामाजिक गतिशीलता: अर्थ, रूप एवं आधारभूत तत्व।

### पाठ्य पुस्तकः

गुप्ता, एम. एल. एवं भार्मा, डी. डी., भारत में समाज, साहित्य भवन पब्लिकेशन्स, आगरा, 2022

### सन्दर्भ ग्रन्थ सूची:

1. Haralambos, M.- (1998) Sociology : Themes and Perspectives , OUP, New Delhi
2. Jayaram , N. – (1998) Introductory Sociology , Macmillan India
3. Mukherjee , R. – (1998) Systematic Sociology , Sage Omen
4. T.K. & Venugopal , C.N. – (1993) Sociology , Estern Book Co.
5. Dube , S.C. – (1992) Understanding change : Anthropological Sociological Perspectives, Vikash Publication House, New Delhi.
6. Smelser, N.J. – (1993) Sociology, Prentice Hall of India Pvt. Ltd. New Delhi
7. Giddens Anthony – (2009) Sociology, Polity Press, London Beteille, Andre – (2002) Sociology Essays on Approach and methods, OUP , New Delhi Gupta
8. Dipankar (Ed.)- Social Stratification, OUP Page 9 of 50 Davis, K.- (1996) Human Society, \
9. Macmillan Goode William, J. – (1998) The Family, Prentice Hall, New Delhi Johnson, Harry A, Sociology , Allied Publishers,

अथवा  
राजनीति शास्त्र-1  
Code- BS-EC4-306

## KNOW YOUR CONSTITUTION

### Course Objectives-

- *saṃvidhāna sabhā aura saṃvidhāna sabhā kā bodha karānā* |
- *sarakāra ke aṃgoṃ kā jñāna karānā* |
- *saṃghavāda kī avadhāraṇā se paricita karānā* |
- *vikendrīkaraṇa se avagata karānā* |
- *prayogātmaka vaktavya kā bodha karānā* |

### Course Outcomes-

- *saṃvidhāna ke adhyayana se chātra ke apne adhikāra va kartavya ke bodhapūrvaka samāja va rāṣṭra ke vidhi va niṣedha ko jānakara vidhi kā anupālana va niṣedha kā tyāga karane meṃ samartha ho jātā hai* |
- *saṃghavāda ke adhyayana se kendra va rājya sarakāra kī śaktiyōṃ kā samucita upayoga karatā huā rāṣṭra ke utthāna va utkarṣa meṃ sahayoga pradāna karatā hai* |
- *sarakāra ke aṃgoṃ ke adhyayana se vidhāyikā, kāryapālikā va nyāyapālikā kī vidhiyōṃ ke anukūla vyavahāra karane meṃ samartha ho jātā hai* |

**Introduction:** This course acquaints students with the Constitutional design of state structures and institutions, and their actual working over time. The Indian Constitution accommodates conflicting impulses (of liberty and justice, territorial decentralization and a strong union, for instance) within itself. The course traces the embodiment of some of these conflicts in constitutional provisions, and shows how these have played out in political practice. It further encourages a study of state institutions in their mutual interaction, and in interaction with the larger extra-constitutional environment.

### UNIT-I: The Constituent Assembly and the Constitution

- Formation and working of the Constituent Assembly
- The Philosophy of the constitution: The Preamble and its Features.
- Fundamental Rights, Directive Principles of State Policy, Fundamental Duties

### UNIT-II: Organs of Government

- The Legislature and the Executive
- The Judiciary: Supreme Court and High Courts

### UNIT-III: Federalism

- Federalism: Centre-State relations
- ii) Recent trends in federalism

#### **UNIT-IV: Decentralization**

- i) Panchayati Raj Institutions: Composition, Powers and functions of Gram Panchayat, Panchayat Samiti and Zilla Parishad
- ii) Municipalities: Composition Powers and function of Municipal Corporation, Municipal Council and Notified Area Council

#### **Text Books:**

1. G. Austin, (2010) 'The Indian Constitution: Cornerstone of a Nation', New Delhi, Oxford University Press, 15th print.
2. R. Bhargava (ed.) 'Politics and Ethics of the Indian Constitution', New Delhi, Oxford University Press.
3. D. Basu, (2012) 'Introduction to the Constitution of India', New Delhi, Lexis Nexis.

#### **Reference Books:**

1. Mehra and G. Kueck (eds.) 'The Indian Parliament: A Comparative Perspective', New Delhi, Konark.
2. B. Kirpal et.al (eds.) 'Supreme but not Infallible: Essays in Honour of the Supreme Court of India', New Delhi, Oxford University Press.
3. L. Rudolph and S. Rudolph, (2008) 'Explaining Indian Institutions: A Fifty Year Perspective, 1956-2006', Volume 2, New Delhi, Oxford University Press.
4. M. Singh, and R. Saxena (2011) (eds.), 'Indian Politics: Constitutional Foundations and Institutional Functioning', Delhi: PHI Learning Private Ltd.
5. K. Roy, C. Saunders and J. Kincaid (2006) (eds.) 'A Global Dialogue on Federalism', Volume 3 Montreal, Queen's University

# B.A. Sanskrit Course

## Semester - 3

### Paper - 5 / Yog/Yagya Science (Progamak)

**BS-SEC1-305**

**70 + 30 = 100**

#### **Yog**

**Objectives:** Following the completion of the course, students shall be able to:

- State techniques, health benefits, applications, precautions and contraindications of undermentioned yogic practices; &
- To demonstrate and instruct undermentioned yogic practices.

#### **Outcomes-**

- Students shall be able to practice the practices taught by Swami Ramdev Ji.
- Students can promote the practices to the masses.
- Students can teach the practices to the masses.

#### **Unit- I: Yogasana (Recommended by Swami Ramdev)**

12 Steps of Yogic Jogging; And A Series of 12 Yogic Postures: Manduk Asana- Variations 1 & 2, Shashakasana, Bakasana, Gomukh Asana, Makarasana- Variations 1 & 2, Bhujanga Asana variations 1, 2 & 3, Shalabhasana- Variations 1, 2 & 3, Markatasana- Variations 1, 2 & 3, Pawanmuktasana- Variations 1, 2 & 3, ArdhaHalasana, Padvritta Asana- Variations 1 & 2 And Dwichakrikasana- Variations 1 & 2; As Recommended by Swami Ramdev.

#### **Unit-II: Prone Lying Asanas**

Makarasana, Markatasana, Bhujangasana (1,2,3,4), Shalabhasana, Dhanurasana, Purnadhanurasana, Chakrasana, ViparitNaukasana.

#### **Unit- III: Pranayama (Recommended by Swami Ramdev)**

Bhastrika, Kapalbhathi, Bahya, Ujjai, Anulom-Vilom, Bhramari, Udgeeth.

#### **Unit- IV: Shatkarma-**

Dhauti, Basti, Neti, Nauli, Tratak, Kapalbhathi.

#### **Unit V: Mudra-**

Hasta Mudra: Chin, Jnana, Hridaya, Bhairav, Vayu, Pran, Apan, Apanvayu, Shankh, Kamajayi.

#### **Continuous Evaluation by the Teachers**

##### **TEXT BOOKS**

1. Yogrishi Swami RamdevJi: YogSadhnaEvmChikitsaRahasya, DivyaPrakashan, Haridwar.
2. Yogrishi Swami RamdevJi: Pranayama Rahasya, DivyaPrakashan, Haridwar, 2009
3. Yogrishi Swami RamdevJi: UpcharPaddhati, DivyaPrakashan, Haridwar, 2009
4. Basavaraddi, I.V. & others: SHATKARMA: A Comprehensive description about Cleansing Process, MDNIY New Delhi, 2009
5. Dr.Nagendra H R: Pranayama, The Art & Science, Swami Vivekananda YogaPrakashan, Bangalore, 2005.
6. Saraswati S. S. (2006). Asana Pranayama and Mudra Bandha, "Yoga Publication Trust." Munger, Bihar.

## अथवा

### यज्ञविज्ञान ( प्रयोगात्मक )

Paper Code- BS-SEC1- 306

#### Course Objectives-

- yajña ke śāstrīya arthaseparicaya karānātathā yajñom ke prakāraparaprakāśādālanā /
- ṛṣi paramparāsecaleāraheisavaijñānika yajñacikitsākābodha karānā /
- sṛṣṭicakrākāsaṃtulana ke paripreksya meṃ yajñīya vidhānakāparicaya /
- śārīrika, mānasika, ādhyātmika, sāmājika, vaiśvikasamasyāom/rogom ke samādhāna /

#### Course Outcomes-

- vedādi śāstreka yajñavidyā se vaiyaktika pārivārika jīvana meṃ sukha-śānti prāpta kara samāja ko unnata banātā hai /
- yajña ke śāstrīya artha se paricaya karake tathā yajñom ke prakārom kā bodha prāpta kara eka prāmānika yājñika bana jāte haiṃ /
- ṛṣi paramparā se cale ā rahe vaijñānika yajña cikitsā kī upayogitā ko vidyārthī jānakara rogom ke nivāraṇa karane meṃ samartha ho jāte haiṃ /
- sṛṣṭi cakra ke saṃtulana ke paripreksya meṃ yajñīya vidhā ko jānakara yajñīya jīvana banāte haiṃ /
- yajñavidyā se paryāvaraṇa se ārogya prāpti, uttama kṛṣi se lekara daivīya śaktiyom kā pūjana śubha-saṃskārom kā udayādi aneka kārya siddha hote haiṃ /

**इकाईप्रथम-** (1) यज्ञ शब्दकाविवेचन एवंअर्थ।

(2) यज्ञ के प्रकार

- नित्य-पञ्चमहायज्ञ (ब्रह्मयज्ञ, देवयज्ञ, पितृयज्ञ, बलिवैश्वदेवयज्ञ, अतिथियज्ञ)।
- नैमित्तिक- 16 संस्कार, भूमिपूजन, गृहप्रवेश, होली, दिवालीपर्वआदि।
- काम्य-पुत्रेष्टि, वर्षेष्टि, शारीरिक व मानसिकरोगहेतु यज्ञ।

**इकाई द्वितीय-**(1) यज्ञीय पदार्थ-हवनकुण्डआदिपात्र, समिधा, सामग्री व घी।

(2) यज्ञ प्रक्रियाविधि-आचमन, अङ्गस्पर्शन, ईश्वर-स्तुतिप्रार्थनोपासना, द्वीप प्रज्ज्वलन, अग्न्याधानइत्यादि।

**इकाई तृतीय-** (1) यज्ञकुण्डकापरिणाम व स्वरूप एवंमंत्रविज्ञान

(2) शास्त्रोंमें यज्ञ की महिमा- बल, शत्रुपराजय, ऐश्वर्य, स्वर्ग, कल्याणादि।

(3) यज्ञ एवंपर्यावरण- यज्ञ सेभूमि, जल, वायुआदिका शोधन एवंपोषण।

**इकाई चतुर्थ-**

(1) यज्ञ चिकित्सा/थेरेपी

- यज्ञचिकित्साका शास्त्रीय प्रमाण-वेदादि शास्त्रोंमेंरोगनिवारणहेतुबतायेगयेमन्त्र-श्लोक।
- यज्ञचिकित्सा के वैज्ञानिकप्रमाण-अनेकवैज्ञानिकों द्वाराकियेगये शोध काविवरण।
- रोगानुसारहवनसामग्री-प्राणेष्टि, मेधेष्टि, पित्तेष्टि, कफेष्टि, कर्कटेष्टि, वातेष्टि, चर्मष्टि, सन्ततीष्टि, हृदयेष्टि, मधु-इष्टि, दिव्येष्टि, प्रारब्धेष्टि, गुग्गुल।

(2) यज्ञ काइतिहास।

**निर्धारितपाठ्यपुस्तक-**यज्ञ-योग-आयुर्वेदचिकित्सा एवं यज्ञ दर्शन, वैदिकनित्यकर्मविधि।

**B.A. Sanskrit Course**  
**Semester - 4**  
**Paper - 1 / Sanskritvayakarnam (3)**

**BS-C7-401**  
**70+30=100**

**Course Objectives-**

- *vyākaraṇa caṅdrodaya meṃ ullekhita kṛt aura kṛtya pratyayoṃ va samāsa ke mādhyama se saṃskṛta bhāṣā meṃ śreṣṭha योग्यातं प्राप्ता करानां।*
- *śreṣṭha योग्यातं से svayaṃ ko jagākara svasāmarthya ko sahī diśā meṃ lagākara samāja kā kalyāṇa va mānavatā kā kalyāṇa kare।*

**Course Outcomes-**

- *saṃskṛta bhāṣā ke adhyayana se saṃbhāṣaṇa ke mādhyama se bhāratīya saṃskṛti kā pracāra prasāra karane meṃ samartha ho jātā hai।*
- *saṃskṛta bhāṣā meṃ prayukta hone vāle samasta samāsānta padoṃ kā jñāna hone se saṃskṛta sāhitya ko samajha va bodhana karākara eka samartha va śreṣṭha ācārya banakara samāja ko śreṣṭha netṛtva pradāna karatā hai।*
- *bhāṣā meṃ prayukta hone vāle samāsānta padoṃ kā bodha hone se arthajñāna meṃ saralatā rahatī hai।*
- *saṃskṛtavāghmaya kā adhyayana karake paṭhana-pāṭhana ke kṣetra meṃ śreṣṭha bhūmikā nibhātā huā bālakoṃ va vidyārthiyōṃ ko saṃskāravān, prajñāvān, vidvān banātā hai।*

**सूत्रव्याख्या एवं रूपसिद्धि**

इकाई-1 कृत्यप्रत्ययः- तव्यत्, तव्य, अनीयर्, यत्, ण्यत् क्यप् ।	१४
पूर्वकृदन्तः-प्वुल्, तृच्, कः, ष्वुन्, शः, ण्युटादयः ।	
इकाई-2 उत्तरकृदन्तः	१४
खमुञ्, णमुल्, तुमुन्, खल्, ल्युटादयः ।	
इकाई-3 समास-अव्ययीभावः	१४
अव्ययं विभक्ति...., यथा सादृश्ये, अनुर्यत्समया, यस्यचायामः इत्यादयः ।	
इकाई-4 तत्पुरुषः	१४
द्विगुश्च, सामि, तत्र, वर्णो वर्णेन, कर्मणि च इत्यादयः ।	
इकाई-5 बहुव्रीहिः-शेषो बहुव्रीहिः, दिङ्नामान्यन्तराले, तेन सहेति तुल्ययोगे इत्यादयः।	१४
द्वन्द्व-चार्थे द्वन्द्वः।	

**पाठ्यपुस्तकम्**

1. **व्याकरण चन्द्रोदय-** डॉ साध्वी देवप्रिया  
प्रकाशकः- दिव्य प्रकाशन पतंजलि योगपीठ हरिद्वार
2. **लघु सिद्धान्तकौमुदी-**वरदराजाचार्यप्रणीता  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी।

**सहायकग्रन्थः-** 1. **बृहद् अनुवाद चन्द्रिका-** चक्रधर नौटियाल 'हंस' शास्त्री  
प्रकाशकः-मोतीलाल बनारसीदास ।

**B.A. Sanskrit Course**  
**Semester - 4**  
**Paper - 2 / Vedicsahitya (3)**

**BS-C8-402**  
**70 + 30 = 100**

**Course Objectives-**

- *vaidika vāṅgamaya meṃ ullikhita śabdoṃ ke nirvacana meṃ mādhyama se śabdoṃ kā yathārtha bodha karānā |*
- *vedo meṃ ullekhita viśiṣṭa sūktoṃ evaṃ mantreṃ kā pada padārtha nirūpaṇa pūrvaka bodha karānā |*
- *maharṣi dayānanda viracita ṛgvedādibhāṣya bhūmikā ke sṛṣṭi-utpatti viṣaya aura vedasaṃjñā vicāra viṣayoṃ kā jñāna karākara vedārthasambandhī bhrāntiyom kā nirākaraṇa karanā |*

**Course Outcomes-**

- *ācārya ādi śabdoṃ ke nirvacana ke jñāna se vidyārthī ke mana-mastiṣka meṃ śabda-śakti vicāra karane kā sāmānyā evaṃ śabda ke nirvacana pūrvaka arthabodha meṃ nipuṇa ho jātā hai |*
- *saṃgaṭhana ādi sūktoṃ ko ādhāra banākara samāja meṃ eka śreṣṭha saṃgaṭhana kā nirmāṇa va kisī deśa ko śreṣṭha netṛtva pradāna karane meṃ samārtha ho jātā hai |*
- *sṛṣṭi utpanna ādi viṣaya bodha se vidyārthī jīvana meṃ utpanna hone vāle saṃkaṭa kā sāmānyā karane ko tatpara rahatā hai tathā samāja meṃ vyāpta sṛṣṭi utpatti viṣayaka vibhinna bhrāntiyom ke nivāraṇa meṃ samārtha ho jātā hai |*

**इकाई-1 निर्वचनम्**

आचार्य, वीर, हृद, गो, समुद्र, वृत्र, आदित्य, उषस्, मेघ, वाक् उदक्,  
नदी, अश्व, अग्नि, जातवेदस्, वैश्वानर, निघण्टु ।

१४

**इकाई-2 मन्त्राः-** ईश्वरस्तुतिप्रार्थनोपासना-मन्त्राः, जागरणमन्त्राः, शयनमन्त्राः, भोजनमन्त्रः,  
स्नानमन्त्रः, यज्ञोपवीतमन्त्रः, गायत्रीमन्त्रः, महामृत्युमहामन्त्रः

(क) अर्थबोधः, (ख) कण्ठस्थीकरणम्

१४

**इकाई-3 सूक्तम्-** संगठनसूक्तम्, श्रद्धासूक्तम्, मेधासूक्तम्

(क) अर्थबोधः, (ख) कण्ठस्थीकरणम्

१४

**इकाई-4 ऋग्वेदादिभाष्यभूमिका-**

सृष्टि-उत्पत्तिविषयः (क) विषयात्मकप्रश्नाः

१४

**इकाई-5 ऋग्वेदादिभाष्यभूमिका-**

वेद संज्ञाविचारविषयः (क) विषयात्मकप्रश्नाः

१४

**पाठ्यपुस्तकम्**

1. निरुक्त- यास्क आचार्य

प्रकाशकः-हरयाणा साहित्य संस्थान गुरुकुल झज्जर (हरयाणा)।

2. वैदिक नित्यकर्म विधि- स्वामी रामदेवः, प्रकाशकः-दिव्य प्रकाशन पतंजलि योगपीठ हरिद्वार ।

3. ऋग्वेदादिभाष्यभूमिका- श्रीमत्स्वामिदयानन्दसरस्वती

प्रकाशकः- (क) आर्ष साहित्य प्रचार ट्रस्ट (ख) रामलाल कपूर ट्रस्ट

**सहायकग्रन्थः-**निरुक्त-श्री मुकुन्द झा शर्मा, प्रकाशकः- चौखम्भा, संस्कृत प्रतिष्ठान दिल्ली

निघण्टु तथा निरुक्त - लक्ष्मणस्वरूप (हिन्दी भाष्य-सत्यभूषण योगी, शशि कुमार)

मोटिलाल बनारसीदास, दिल्ली

**B.A. Sanskrit Course**  
**Semester - 4**  
**Paper - 3 / Prachin Bharat ka Etihad - 2**

**BS-EC5-403**  
**70 + 30 = 100**

**Course Objective:**

They will learn about the rise and expansion of the Gupta Empire in ancient India as well as how to establish regional kingdoms in various parts of India after the Empire fell. They can learn about early medieval India's society, economy, and culture. They can learn about the post-Mauryan political systems, particularly the Kushana and Satavahana ones; Gana-Sanghas, the Guptas' rise to power, the growth of the empire, art, architecture, literature, and so on. They learn about how the agrarian economy, trade, and the urbanization of towns are changing.

**Course Outcome:**

Students will be able to:

- Understand the status of the society and culture of ancient India during the Palaeolithic, Mesolithic, Neolithic, Harappa, and Bronze ages.
- Identify Approaches towards the sources and the study of ancient Indian history.
- Understand about India's Vedic and post-Vedic periods, as well as the rise of Jainism and Buddhism as religions and cultures in ancient India.
- They will exchange ideas about how to separate the Magadha Empire from the other sixteen Janapadas.
- Understand Great king Asoka's Dhamma and his inscriptions.

**इकाई प्रथम-**

मौर्योत्तर राजवंशः शुंग वंश, कण्व वंश, सातवाहन वंशः गौतमीपुत्र शातकर्णी और यज्ञ श्री सातकर्णी, कलिंग नरेश खारवेल।

**इकाई द्वितीय-**

विदेशी राजवंशः इंडो ग्रीकः डेमेट्रियस और मिनेंडर, शक क्षत्रपः मथुरा और पश्चिमी क्षत्रप और पहलव, कृष्ण वंशः विम कडफिसस और कनिष्क।

**इकाई तृतीय-**

गुप्त वंशः चंद्रगुप्त प्रथम, समुद्रगुप्त, चंद्रगुप्त द्वितीय, कुमारगुप्त और स्कंदगुप्त, गुप्त काल की सांस्कृतिक उपलब्धि, गुप्त काल का पतनः गुप्त काल भारत का स्वर्ण काल।

**इकाई चतुर्थ-**

भारत में हूणों का आक्रमण, वाकाटकः वाकाटक काल की सांस्कृतिक उपलब्धियाँ, बंगाल का शशांक, असम का भास्करवर्मन।

**इकाई चतुर्थ-**

मौर्योत्तर काल से गुप्त काल तक सांस्कृतिक विकास, सामाजिक, आर्थिक, धार्मिक स्थिति का विकास, नव भक्ति परंपराओं का उदयः शैववाद, वैष्णववाद, शक्तिवाद, हीनयान, महायान, श्वेतांबर और दिगंबर।

## इकाई पञ्चम- प्रयोगात्मक गतिविधियाँ

पाठ्य पुस्तक- शर्मा, एल0 पी0: प्राचीन भारत, लक्ष्मी नारायण अग्रवाल, आगरा, 2022

सिंह, उपेन्द्र: प्राचीन और पूर्व मध्यकालीन भारत का इतिहास पाषाण काल से 12 वीं शताब्दि ई0 rd, Delhi 2016.

### Recommended Readings:

Goyal, S.R., Magadh, Satawahan, Kushan Samrajyon ka Yug (Hindi), Jaipur

Narain, A.K., The Indo-Greeks, New Delhi, 1996.

V.S Agarwal, Indian Art, Varanasi, Prithvi Prakasahan, 1972.

Percy Brown, Indian Architecture, Bombay, D.B.Taraporevala Sons &Co, 1940

James Harle, The Art & Architecture of the Indian Subcontinent, Hormonds worth, Penguin, 1988

Sharma, R.S., Prarambhik Bharat ka Parichay, (Hindi) New Delhi 2017.

Raychoudhury, H.C., Prācīn Bhārata Kā Rājanītika Itihāsa (Hindi), Allahabad,

Singh, U., A History of Ancient and Early Medieval India, From The Stone Age To The 12th Century, Delhi 2016

Basham A. L. The Wonder that was India, London

Srivastava, K. C., Prachin Bharat ka Itihas Tatha Sanskriti, Allahabad, 2019

Jha D. N., Ancient India: In Historical Outline, 1997

## 1. " आयातित पाठ्यक्रम

Or

**Samajik vigyan-2**

**Bhartiy samaj**

**Code- BS-EC5-404**

### Course Objectives-

- *bhāratīya samāja para ina do patreṃ kā adhyayana karane ke bāda, chātra bhāratīya samāja kī mūla saṃracanā, isakī aitihāsika ghaṭanāoṃ, samāja ke ādhārabhūta dārśanika saṃsthānoṃ ke bāre meṃ eka dhāraṇā prāpta kara sakatā hai | parivartita hote saṃsthānoṃ, prakriyāoṃ, kāraoṃ aur una hastakṣepoṃ ke bāre meṃ jāneṃ jo bhāratīya samāja meṃ parivartana lāte haiṃ |*

### Course Outcomes-

- *isa patra se eka chātreṃ meṃ bhāratīya samāja ke bāre meṃ paricita hone kī āśā hai | yaha bhāratīya samāja kā eka vyāpaka, ekīkṛta aur anubhava ādhārita rūparekhā prastuta karegā | yaha āśā kī jāti hai ki samāja meṃ saṃcālita saṃracanā aur prakriyāeṃ, isa pāṭhyakrama meṃ prastuta bhāratīya samāja meṃ sakriya parivartaniya kāra bhī chātreṃ ko apanī sthiti aur kṣetra kī behatara samajha hāsila karane meṃ sakṣama banāenge |*

प्रत्येक समाज की अपनी विशिष्ट संरचना होती है और प्रत्येक समाज के लिए कुछ संस्थाएं सार्वभौमिक होती हैं, अपनी कुछ विशिष्ट बातों के साथ वे प्रत्येक समाज में होती हैं। कुछ परिवर्तनीय कारक और प्रारम्भिक बिन्दु हैं जो समय के साथ समाज को बदलने में सक्षम बनाती हैं। समय चक्र भारतीय समाज की संरचना और परिवर्तनीय कारकों व परिवर्तनीय बिन्दुओं को संचालित करने वाली प्रक्रियाओं के साथ बदलते पहलुओं पर केंद्रित है।

**इकाई प्रथम— भारतीय समाज की संरचना और भारतीय समाज के अध्ययन के लिए दृष्टिकोण:**

- 1.1 धार्मिक संरचना, भाषायी रचना और नस्लीय रचना
- 1.2 अनेकता में एकता
- 1.3 राष्ट्रीय एकता- अर्थ, खतरे (सांप्रदायिकता, भाषावाद, क्षेत्रवाद)
- 1.4 भारतीय समाज के अध्ययन के दृष्टिकोण: संरचनात्मक-कार्यात्मक, मार्क्सवादी और अधनिस्थ

**इकाई द्वितीय— हिंदू सामाजिक संगठन की ऐतिहासिक विशेषताएँ और आधार**

- 2.1 वर्ण व्यवस्था और प्रासंगिकता
- 2.2 आश्रम और प्रासंगिकता
- 2.3 पुरुषार्थ और आश्रमों के साथ संबंध
- 2.4 कर्म का सिद्धांत

**इकाई तृतीय— भारत में विवाह और परिवार**

- 3.1 हिंदू विवाह संस्कार के रूप में, हिंदू विवाह के उद्देश्य, हिंदू विवाह के रूप।
- 3.2 हिंदू संयुक्त परिवार-अर्थ और विघटन
- 3.3 मुसलमानों और जनजातियों के बीच विवाह
- 3.4 भारत में विवाह और परिवार में परिवर्तन

**इकाई चतुर्थ— भारत में जाति व्यवस्था?**

- 4.1 जाति का अर्थ, परिभाषाएं और विशेषताएं
- 4.2 जाति के कार्य और दुष्परिणाम
- 4.3 जाति व्यवस्था को प्रभावित करने वाले कारक
- 4.4 जाति व्यवस्था में हाल के परिवर्तन

**इकाई पञ्चम- प्रयोगात्मक गतिविधियाँ**

**पाठ्य पुस्तक-** राव, सी.एन. शंकर, भारतीय समाज का समाजशास्त्र, एस.चंद एंड कंपनी प्राइवेट लिमिटेड (संशोधित संस्करण), 2004.

**Or**  
**Rajaniti Shastra-2**  
**Bharat ka swatantrata sangram avam swatantrayottar bharat**  
**Code- BS-EC5-405**

**Course Objectives-**

- 1857 kī krānti kā bodha karānā |
- baṃgāla vibhājana va svadeśī āndolana se avagata karānā |
- hindustāna sośaliṣṭa ripablikana esosieśana kā bodha karānā |
- gāṃdhivādī yuga se paricaya karānā |

**Course Outcomes-**

- 1857 kī krānti ke bodha se anyāya va adharmā ke virūddha āvāja uṭhāne kī योग्यता jāgrta ho jātī hai |
- svadeśī āndolana ke adhyayana se svadeśī śikṣā, cikitsā va padārthoṃ kā svayaṃ upayoga karate hue dūsaroṃ ko bhī upayoga karane ke lie prerita karatā hai |
- krāṃtikārī āndolanoṃ ke udbhava ke adhyayana se apāne nīti, niyama, paramparā, sabhyatā tathā saṃskṛti ke satyāgrahī hokara samāja meṃ vyāpta kurītiyoṃ va adharmoṃ kā damana va nirmūlana karane kī योग्यता jāgrta ho jātī hai |

**इकाई प्रथम—**

1857 का विद्रोह  
1857 के विद्रोह कारण,  
विद्रोह की प्रकृति और उसका प्रभाव  
भारतीय राष्ट्रीय कांग्रेस की स्थापना  
भारतीय राष्ट्रीय कांग्रेस ;1885–1905 में गरमदल और नरमदल  
राष्ट्रवाद का जन्म

**इकाई द्वितीय—**

बंगाल विभाजन  
स्वदेशी आंदोलन  
क्रांतिकारी आंदोलनों का उद्भव  
भारत में क्रांतिकारी आंदोलनों की मुख्य गतिविधियों के कारण  
गदर पार्टी— गठन और गतिविधियाँ

**इकाई तृतीय—**

हिन्दुस्तान सोशलिस्ट रिपब्लिकन एसोसिएशन  
भगत सिंह  
बटुकेश्वर दत्त,  
सुभाष चंद्र बोस  
आजाद हिंद फौज का गठन  
होमरूल आंदोलन

## इकाई चतुर्थ—

गांधीवादी युग,  
असहयोग आंदोलन,  
साइमन कमीशन और नेहरू रिपोर्ट,  
सविनय अवज्ञा आंदोलन और भारत छोड़ो आंदोलन,  
क्रिप्स मिशन ;सांप्रदायिकता का उदय—माउंटबेटन की योजना और विभाजनद्ध  
1947 का भारतीय स्वतंत्रता अधिनियम

## इकाई पञ्चम

स्वतंत्रयोत्तर भारत  
पंचवर्षीय योजना का प्रारम्भ  
1962 और 1971 का यु(   
राष्ट्रीय दल— मार्क्सवादी, समाजवादी, राष्ट्रवादी और क्षेत्रीय दल, जेपी आंदोलन और  
आपातकाल ।

## - प्रयोगात्मक गतिविधियाँ

### पाठ्य पुस्तकें—

1. महाजन, बी.डी. आधुनिक भारतीय इतिहास, एस.चंद, नई दिल्ली, 2022
2. चानरा, बी. इंडियाज स्ट्रगल पफॉर इंडिपेंडेंस, एस.चंद, नई दिल्ली, 2022

### सहायक ग्रन्थ—

1. रामकृष्ण मुखर्जी: ईस्ट इंडियन कंपनी का उदय और पतन
2. आर.सी. मजूमदार, एच.सी. रॉयचौधुरी और कलिकिंकर दत्ता: भारत का एक उन्नत इतिहास ;हिंदी में: भारत का बृहद इतिहासद्ध
3. एस.सी. सरकार और के.के. दत्ता: मॉडर्न इंडियन हिस्ट्री, वॉल्यूम—2 ;हिंदी में: आधुनिक भारत का इतिहासद्ध
4. क्रिस्टोपफर बेली: इंडियन सोसाइटी एंड द मेकिंग ऑफ ब्रिटिश एम्पायर एडवर्ड थॅम्पसन एंड जी. टी. गैरत: भारत में ब्रिटिश शासन का उदय और पतन ।
5. टी.जी.पी.स्पीयर: द ऑक्सफोर्ड हिस्ट्री ऑफ मॉडर्न इंडिया ।
6. जी.एस.सरदेसाई: मराठों का नया इतिहास, ;हिंदी में: मैराथन का नवीन इतिहासद्ध
7. ए.आर. देसाई: भारतीय राष्ट्रवाद की सामाजिक पृष्ठभूमि हिंदी में: भारतीय राष्ट्रवाद की सामाजिक प्रतिष्ठाद्ध
8. राम लखन शुक्ल: आधुनिक भारत का इतिहास ।
9. सत्य राव: भारत में उपनिवेशवाद और राष्ट्रवाद ।
10. जी.एन. सिंह: भारतीय संवैधानिक और राष्ट्रीय विकास में मील का पत्थर ;हिंदी में भारत का संवैधानिक और राष्ट्रीय विकासद्ध
11. एससी सरकार: बंगाल पुनर्जागरण ;हिंदी में: बंगाल का नवजागरणद्ध ।

# B.A. Sanskrit Course

## Semester - 4

### Paper - 4 / ENGLISH COMMUNICATION (3)

**BS-EC6-404**

**70 + 30 = 100**

#### Programme Objectives

- Develop the students' abilities in grammar, oral skills, reading, writing and study skills
- Students will heighten their awareness of correct usage of English grammar in writing and speaking
- Students will improve their speaking ability in English both in terms of fluency and comprehensibility
- Students will give oral presentations and receive feedback on their performance
- Students will increase their reading speed and comprehension of academic articles
- Students will improve their reading fluency skills through extensive reading
- Students will enlarge their vocabulary by keeping a vocabulary journal
- Students will strengthen their ability to write academic papers, essays and summaries using the process approach.

#### Course Specific Outcomes

- Produce words with right pronunciation
- Develop vocabulary and improve the accuracy in grammar
- Develop the confidence to speak in public
- Demonstrate positive group communication exchanges.
- Ability to speak and write clearly in standard, academic English

**Method of Teaching & Assessment-**Videos, Audio clippings, discussion, written and oral exercises

#### Unit-1:-

Advanced Writing Skills:

- Cover Letters & Difference between a Resume,CV, and Biodata
- Survey Reports
- Formal Letters
- Comprehension passages
- Article Writing

#### Unit2:- Grammar Revision

- Tenses
- Translation
- Common Grammatical Errors

#### Unit3:- Advanced Comprehension Skills

- Passages
- Language usage
- Reading Comprehension

- Composition

**Unit4:- Professional Skills**

- Interview Skills
- Extempore
- Group Discussions
- Constructive Criticism and Feedback
- Collaboration

**Unit 5: - प्रयोगात्मक वक्तव्य**

**Text books:**

1. English Grammar in Use, 4<sup>th</sup> Edition, Cambridge by Raymond Murphy
2. Oxford Handbook for the Foundation Programme by Tim Raine & James Dawson & Stephan Sanders & Simon Eccles – eBook

**Suggested Sources:**

3. [learnenglish.britishcouncil.org](http://learnenglish.britishcouncil.org)
4. [learnenglish.britishcouncil.org/general-english/magazine-zone](http://learnenglish.britishcouncil.org/general-english/magazine-zone)
5. British Council e-Books for free - [pdfdrive.com/british-council-books.html](http://pdfdrive.com/british-council-books.html)
6. Check Your Vocabulary for English for the IELTS Examination - eBook

# **B.A. Sanskrit Course**

## **Semester - 4**

### **Paper - 5 / Ayurved**

**BS-SEC2-405**

**70 + 30 = 100**

#### **Objectives:**

Following the completion of this course, students shall be able to

- Understand the basic principles of Ayurveda.
- Have knowledge of different techniques used in Ayurveda to cure general ailments.
- Have basic knowledge of Swasthavritta&Panchkarma and useful domestic herbal remedies

#### **Course Outcomes:**

Following the completion of this course, students shall be able to

- Explain the basic principles of Ayurveda.
- Apply different techniques used in Ayurveda to cure general ailments.
- Perform Swasthavritta & Panchkarma and useful domestic herbal remedies.

#### **Unit-1: - Introduction To Ayurveda (10 Hours):**

Ayurveda: General Introduction: Meaning, Definition, Purpose, Tradition, History, Principles. Origin Of Ayurveda (Ayurveda Avtaran) General Introduction Of Ayurvedic Texts- Charak Samhita, Sushruta Samhita. The Concept Of Health According To Ayurveda. Use Of Ayurveda In Health Promotion And Prevention Of Diseases.

#### **Unit-2: Principles Of Ayurveda (15 Hours):**

Basic Principles Of Ayurveda - Tridosha, Saptadhatu, PanchaMahabhut. Prakriti Nirupan, Concept Of Manas Prakriti , Prakriti Testing And Determination. Concept Of Agni, Shrotasa , Aama. General Introduction Of Dravyagata Rasa, Guna , Karma, Veerya, Vipaka, Prabhav.

#### **Unit-3: - Introduction Of Swasthavritta (15 Hours)**

Swasthavritta - Meaning, Definition, Purpose And Importance

Upastambhatraya – Aahaar, Nidra, Brahmacharya. Dincharya, RatricharyaRitucharya, Doshas - Accumulation, Aggravation &Pacification;SadvrittaAnd Achara Rasayana.

#### **Unit-4: - Diet (10 Hours):**

Meaning, Definition, Properties, Functions, Quantity and Time Of Diet (Aahar). Raw Diet, Mitahara, Fasting, Complorative Evaluation Of Vegetarian And Non-Vegetarian Diet. Chemical Classification Of Food - Carbohydrate, Fat, Minerals, Vitamins, Water Composition, Classification And Physical Effects.

#### **Unit-5: - Introduction Of Panchakarma (10 Hours):**

Concept Of Panchakarma - Meaning, Definition, Type, Purpose, Importance And Limitations. Trividha Karma - Purva (Pre), Pradhan(Main), Pashchaat(Post) Karma Description.

#### **Unit-6: प्रयोगात्मक गतिविधियाँ**

##### **Prescribed text book**

1. आयुर्वेद महोदधि—आचार्य बालकृष्ण जी 2. आयुर्वेद सिद्धान्त रहस्य— आचार्य बालकृष्ण जी 3. स्वस्थवृत्त विज्ञान—प्रो० रामहर्ष सिंह

**Supporting text book** 1. आयुर्वेदीय शरीर क्रिया विज्ञान— शिव कुमार गौड़ 2. आयुर्वेदिक ट्रीटमेंट फॉर डिस्सीजस्—वी.वी. दास 3. Basic Principles of Ayurveda-K.Laxmi Pati.

#### **1- \*\* आयातित पाठ्यक्रम**

**(OR) SEC (Skill Enhancement)**

**BS-SEC\*-406**

**Prakritik Chikitsa**

**Objectives**

Following the completion of the course, students shall be able to

- Understand fundamentals of Naturopathy
- Know fundamentals of healthy living
- Know lifestyle regimens according to naturecure.

**Course Outcomes:**

Following the completion of the course, students shall be able to

- Explain fundamentals of Naturopathy
- Perform & Explain fundamentals of healthy living
- Practice lifestyle regimens according to naturecure.

**Unit-1: INTRODUCTION TO NATUROPATHY [15 Hrs.]**

Meaning Of Naturopathy, Definition, Purpose, Limitations. History - Western And Indian. Need And Importance, Basic Principles Of Naturopathy. Measures To Increase Vitality. Composition of the human body according to Naturopathy, Laws of Nature: Pancha- Mahabhootas, Shareera Dharmas – Ahara, Nidra, Bhaya, Maithuna; Natural rejuvenation and vitality, how to acquire natural immunity; importance of Physical & Mental Hygiene and prevention of diseases;

**Unit-2: - Hydro (Water) Therapy, Soil (Mud) Therapy And Sun Therapy (15 Hours):**

Water Therapy - Importance (Including Classical References), Properties, Principles, Methods of Water Use And Major Medical Applications.

Mud (Soil) Therapy - Importance (Including Classical Reference), Properties, Principles, Methods Of Soil Application And Major Medical Applications

Agni Tattva (Surya) Therapy - Importance (Including Classical References), Properties, Methods Of Surya Medicine And Major Medical Applications

**Unit-3: - Air (Prana) Therapy and Ether (Aakash) Therapy (15 Hours)**

Air (Prana) Therapy: - Importance of Air (Including Classical References), Utility of Prana as Prana, Healing Effect of Pranayama, Applications of Air Therapy. Ether (Aakash) Therapy: - Meaning, Definition, Purpose, Principles and Types of Fasting. Classical and Medical Importance of Fasting.

**Unit-4: - Nature Cure of various diseases (10 hours):**

Management of major diseases by Naturopathy - Backache, Epilepsy, Insomnia, Ulcers, Obesity, Arthritis, Psoriasis, Asthma, Pneumonia, Hyper/Hypotension, Hyper/hypothyroidism, cold, impotence, diabetes, depression, anxiety, menstrual problems and migraine.

**Unit-5 : प्रयोगात्मक गतिविधियाँ****TEXT BOOKS**

1. S. D. Dwivedi: Naturopathy for perfect health, Kalpaz Publication Delhi, 2002
2. PraveshHanda: Naturopathy and Yoga, Kalpaz Publication Delhi, 2006
3. S.J. Singh: My Nature Cure or Practical Naturopathy

**REFERENCE BOOKS-**

1. R.K.Garde : Ayurvedic for Health and Long life Harry Benjamin. : Everybody's Guide to Nature Cure.
2. M.K.Gandhi. : My Nature Cure
3. Dr Jitendra Arya; Nature Cure, Pune.  
M.K.Gandhi : The story of my experiment with truth.

**1- \* आयातित पाठ्यक्रम**

# B.A. Sanskrit Course

## Semester - 5

### Paper - 1 / chanda, alaṃkāra evaṃ kavi paricaya

BS-DSE1-501

70 + 30 = 100

#### Course Objectives-

- śrī kānticaṇḍra bhaṭṭācārya viracita kāvyadīpikā meṃ varṇita śabdālaṃkāra va arthālaṃkāroṃ evaṃ keḍāra bhaṭṭa viracita vṛttaratnākara me ullekḥita anuṣṭupādi chandoṃ kā paricaya karāte hue kāvya ke mūla tatvoṃ se avagata karānā |
- saṃskṛta bhāṣā ke vibhinna kaviyoṃ ke vyaktitva va kṛtitva kā paricaya karāte hue unake jīvana meṃ kavitva, krāntidarśitā, racanādharmitā evaṃ netṛtva kā vikāsa karanā |

#### Course Outcomes-

- alaṃkāra tathā chanda ādi ke bodha se vidyārthī sāhitya sṛjana karane meṃ sakṣama hotā hai |
- anya sāstreṃ meṃ ślokoṃ ko dekhakara chandabodhana meṃ samartha ho kara evaṃ apane jīvana meṃ racanādharmitā, krāntidarśitā netṛtva ādi guṇoṃ kā udbhava karatā huā vibhinna sāmājika kṣetreṃ meṃ apanā netṛtva pradāna karatā hai |
- vibhinna kaviyoṃ ke vyaktitva evaṃ unakī racanā se vidyārthī, jīvana ke vibhinna āyāmoṃ ko saralatā se samajhatā hai |
- inake adhyayana se saṃskṛta sāhitya kī saṃmṛddha vidhāoṃ kā jñāna tathā rucipūrvaka adhyayana kā mārga praśasta ho jātā hai |

#### इकाई-1 अलङ्कारः-

१४

अनुप्रास, यमक, उपमा, श्लेष, रूपक, उत्प्रेक्षा, अर्थान्तरन्यास, स्वभावोक्ति, निदर्शना, विरोधाभास ।

#### इकाई-2 छन्दः

१४

अनुष्टुप, आर्या, उपजाति, वसन्ततिलका, मालिनी, शिखरिणी, मन्दाक्रान्ता, द्रुतविलम्बित, तोटक, शार्दूलविक्रीडितम् ।

#### इकाई-3 कविपरिचयः- ( व्यक्तित्वं कृतित्वं च )

१४

बाल्मीकि, भास, अश्वघोष, कालिदास

#### इकाई-4 कविपरिचयः- ( व्यक्तित्वं कृतित्वं च )

१४

शूद्रक, विशाखदत्त, भारवि, माघ

#### इकाई-5 कविपरिचयः- ( व्यक्तित्वं कृतित्वं च )

१४

बाणभट्ट, दण्डी, भवभूति, श्री हर्ष

#### पाठ्यपुस्तकम्

1. काव्यदीपिका- विद्यारत्नकान्तिचन्द्रभट्टाचार्येण संगृहीता । प्रकाशकः- चौखम्भा सुरभारती प्रकाशन वाराणसी ।

2. छन्दः- वृत्तरत्नाकर (केदार भट्ट) प्रकाशकः- चौखम्भा कृष्णदास अकादमी, वाराणसी ।

सहायकग्रन्थः- छन्दः- वृत्तरत्नाकर (केदार भट्ट), व्याख्याकार- श्री धरानन्द शास्त्री प्रकाशकः- मोतीलाल बनारसीदास ।

**B.A. Sanskrit Course**  
**Semester - 5**  
**Paper - 2 / Vayakaranboadh (1)**

**BS-DSE2-502**

**70 + 30 = 100**

**Course Objectives-**

- *alamkāra tathā chanda ādi ke bodha se vidyārthī sāhitya sṛjana karane meṃ sakṣama hotā hai |*
- *anya śāstreṃ meṃ ślokoṃ ko dekhakara chandabodhana meṃ samartha ho kara evaṃ apane jīvana meṃ racanādharmitā, krāntidarśitā netṛtva ādi guṇoṃ kā udbhava karatā huā vibhinna sāmājika kṣetreṃ meṃ apānā netṛtva pradāna karatā hai |*
- *vibhinna kaviyoṃ ke vyaktitva evaṃ unakī racanā se vidyārthī, jīvana ke vibhinna āyāmoṃ ko saralatā se samajhatā hai |*
- *inake adhyayana se saṃskṛta sāhitya kī saṃmṛddha vidhāoṃ kā jñāna tathā rucipūrvaka adhyayana kā mārga praśasta ho jātā hai |*

**Course Outcomes-**

- *saṃskṛta bhāṣā meṃ prayukta hone vāle sabhī subantapadoṃ kā bodha ho jātā hai | jisase bhāṣā ko bolane, likhane aur pane meṃ tathā prakṛti-pratyaya ke vibhājana pūrvaka śabda siddhi meṃ kuśala ho jātā hai |*
- *vibhinna dhāturūpoṃ evaṃ śabdarūpoṃ ke prayoga se vidyārthī apānī bhāṣā ke lālitya evaṃ mādhyama ko baātā hai |*
- *nāmika, ākhyātika jaise prakriyā granthoṃ ke adhyayana se vyākaraṇa ke anya mahābhāṣyādi granthoṃ ko sahatā se pa letā hai |*
- *uparokta viśayoṃ kā adhyayana karake vidyārthī vibhinna gambhīra viśayoṃ meṃ praveśa prāpta kara letā hai evaṃ nīti, āyurveda, adhyātma vidyā ityādi ke mādhyama se ati utkrṣṭa samarpaṇa ke sātha samāja kī sevā karatā hai |*

**इकाई-1 नामिकः** ( अकारान्तविषयात्- इकारान्तविषयपर्यन्तम् ) **१४**

पुरुषः, शिवः, कृष्णः धनम् वस्त्रम् इत्यादयः शब्दाः । अग्नि, वारि इत्यादयः शब्दाः ।

**इकाई-2 नामिकः** ( ईकारान्तविषयपर्यन्तम्- तकारान्तविषयपर्यन्तम् ) **१४**

सेनानी, ग्रामणी इत्यादयः शब्दाः । मरुत्, हरित् इत्यादयः शब्दाः ।

**इकाई-3 आख्यातिकः** ( भू-सत्तायाम्- पिठ-हिंसासंक्लेशनयोः ) **१४**

**इकाई-4 आख्यातिकः** ( शठ-कैतवे च- लूष,रूष भूषायाम् ) **१४**

**इकाई-5 आख्यातिकः** ( शूष प्रसवे- टुओशिव गतिवृद्ध्योः ) **१४**

**पाठ्यपुस्तकम्**

1. **नामिकः-** श्रीमत्स्वामिदयानन्दसरस्वती प्रकाशकः-वैदिक पुस्तकालय, दयानन्द आश्रम, केसरगंज, अजमेर ।
2. **आख्यातिकः-** श्रीमत्स्वामिदयानन्दसरस्वती प्रकाशकः-वैदिक पुस्तकालय, दयानन्द आश्रम, केसरगंज, अजमेर ।

# B.A. Sanskrit Course

## Semester - 5

### Paper - 3 / Fundamentals of Computers-1

**BS-GE1-503**

#### Course Objectives-

The course will cover

- The generations of computers.
- Various parts of the computer.
- Various Operating systems.
- Function of computer

#### Course Outcomes-

The student will be able to

- Explain the parts of computer
- Create folders and files
- Use various applications in computer
- Type roman script using word and other text applications

Create PowerPoint presentations

#### 1. Introduction to Computer System

Introduction to Computer, Characteristics of Computer, Applications of Computer, Classification of Computer, Memory & Its Classification, Input devices, Output Devices, Interfaces.

#### 2. Computer Software

Introduction to Software, Types of Software, Program vs. Software, Computer Virus and Antivirus.

#### 3. Operating System

Introduction to Operating System, Function of Operating System, Types of Operating System

#### 4. Data Communication and Computer Network

Introduction to communication system, Mode of Communication, Introduction to Computer Network, Types of Computer Network, LAN Topologies, Transmission Media

#### 5. Internet and WWW

**Internet:** Introduction to Internet and its Applications, Connecting to the Internet, Email

**World Wide Web(WWW):** World Wide Web and Its Evolution, Uniform Resource Locator(URL), Browsers: Internet Explorer, OSI Model

#### Reference Books:

1. Fundamental of Computers – By V.Rajaraman B.P.B. Publications
2. Fundamental of Computers – By P.K. Sinha
3. Computer Today- By Suresh Basandra
4. Computer Networks – By Tanenbaum Tata McGraw Hill Publication

# B.A. Sanskrit Course

## Semester - 5

### Paper - 4 / *dharmasāstra evaṃ anuvāda*

BS-EC7-504

70 + 30 = 100

#### Course Objectives-

- maharṣi dayānanda viracita satyārtha prakāśa grantha ke mādhyama se īśvara ke guṇādhārita nāma evaṃ unakī vyākhyā tathā īśvarastutiprārthanopāsanā kā jñāna karānā evaṃ paramātmā ke vyāpaka kartṛtva kā bodha karānā jisase vidyārthī pramāda va akarmaṇyatā se dūra ho sātatyā se puruṣārtha kī parākāṣṭhā kā varaṇa kara sake /
- viśākhadatta praṇīta mudrārākṣasa grantha meṃ varṇita cāṇakya tathā candragupta ke caritra dvārā rājanīti kī vibhinna dhārāoṃ kā bodha karā vidyārthī ko bhāratīya rājanīti sattā ke sātāvika uttaradāyī banane hetu prerita karanā /

#### Course Outcomes-

- satyārtha prakāśa ke adhyayana se vidyārthī samāja meṃ pracārīta andhaviśvāsa ko bodhapūrvaka samāpta karane meṃ agrasara hotā hai aura sāmājika vikāsa meṃ sahāyaka hotā hai /
- mudrārākṣasa ke adhyayana se vidyārthī ko rājanīti kā saralatā se bodha hotā hai evaṃ vaha samāja ko nayī diśā pradāna karane ke lie yatnaśīla ho jātā hai tāki deśa kī rājanaitika, dhārmika evaṃ ādhyātmika sattāoṃ meṃ parasparatā banī rahe /
- śabdarūpa aura dhāturūpa ke adhyayana se vidyārthī saṃskṛta vāghmaya ko saralatā se samajhakara bodhana karāne meṃ udyata hotā hai aura sambhāṣaṇa/udbodhana ādi ke mādhyama se janamānasa kī unnati prāpta karāne hetu udyata rahatā hai /

इकाई-1 सत्यार्थ प्रकाश (प्रथम समुल्लास) १४

ईश्वरनामव्याख्या, मङ्गलाचरणसमीक्षा इत्यादयः ।

इकाई-2 सत्यार्थ प्रकाश (सप्तम समुल्लास) १४

ईश्वरविषयः ईश्वरस्तुतिप्रार्थानोपासना इत्यादयः ।

इकाई-3 मुद्राराक्षसम् (पूर्वाद्ध) १४

आचार्यचाणक्यचन्द्रगुप्तयोर्मध्ये विरोधः, कौमुदीमहोत्सवनिषेधस्य कारणनिरूपणम् ।

(क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः

## प्रौढ रचनानुवादकौमुदी

इकाई-4 अभ्यास 1 - अभ्यास-15

१४

संस्कृतभाषायामनुवादः

राम , गृह, हरि, रमा, गुरु इत्यादीनां शब्दरूपाणि ।

भू, अस्, पठ्, रक्ष् इत्यादीनां धातुरूपाणि ।

इकाई-5 अभ्यास 16 - अभ्यास-30

१४

संस्कृतभाषायामनुवादः

संख्या, सखि, पति, प्राञ्च्, महत् इत्यादीनां शब्दरूपाणि ।

याच् , वह् , नी, ऋ, ब्रू, इत्यादीनां धातुरूपाणि ।

## पाठ्यपुस्तकम्

1. सत्यार्थप्रकाश- श्रीमदत्स्वामिदयानन्दविरचितः ।

प्रकाशकः-आर्ष साहित्य प्रचार ट्रस्ट ।

2. मुद्राराक्षसम् - विशाखदत्तप्रणीतम्

प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी ।

3. प्रौढ रचनानुवादकौमुदी - डॉ. कपिलदेव द्विवेदी

प्रकाशकः-विश्वविद्यालय प्रकाशन, वाराणसी ।

सहायकग्रन्थः- मुद्राराक्षसम् - विशाखदत्तप्रणीतम्, व्याख्याकारः- आचार्य जगदीशचन्द्र मिश्र

प्रकाशकः- चौखम्भा, विद्या भवन ।

# **B.A. Sanskrit Course**

## **Semester - 5**

### **Paper - 5 / *Khel***

**BS-SEC3-505**

**70 + 30 = 100**

#### **Objectives of Syllabus**

- Background and historical development of these sports.
- To impart knowledge about rules and regulation of these sports.
- It covers the skills needed to develop the sports.
- Knowledge about marking and measurements of these sports.

#### **Outcomes:**

- The students are educated and informed about the knowledge of development marking of ground fundamental rules that can be applied by the students in real time situation for games and sports.
- Students generate interest and overcome fear to organise and participate in sports events.
- Students equipped with knowledge and information can generate interest in other participants by sharing their knowledge.
- 

#### **Unit- 1. Badminton and Volleyball**

1. Origin and brief history of Badminton and Volleyball.
2. Development of Badminton and volleyball in India and worldwide.
3. Establishments of national and international federation of Badminton and Volleyball.
4. Major tournaments of Badminton and volleyball.
5. Measurement and marking of Badminton and volleyball court.
6. Fundamental skills of Badminton and volleyball.
7. Major rules and regulations of Badminton and Volleyball.
8. Important Signals in Badminton and Volleyball.

#### **Unit- 2 Football and Kho-kho**

1. Origin and brief history of Football and Kho-kho.
2. Development of Football and Kho-Kho in India and worldwide.
3. Establishments of national and international federation of Football and Kho-kho.
4. Major tournaments of Football and Kho-kho.
5. Measurement and marking of Football and Kho-kho ground.
6. Fundamental skills of Football and Kho-kho.
7. Major rules and regulations of Football and Kho-kho.
8. Important Signals in Football and Kho-kho.

### **Unit-3 Basketball and Kabaddi**

1. Origin and brief history of Basketball and Kabaddi.
2. Development of Basketball and Kabaddi in India and worldwide.
3. Establishments of national and international federation of Basketball and Kabaddi.
4. Major tournaments of Basketball and Kabaddi.
5. Measurement and marking of Basketball and Kabaddi court.
6. Fundamental skills of Basketball and Kabaddi.
7. Major rules and regulations of Basketball and Kabaddi.
8. Important Signals in Basketball and Kabaddi.

### **Unit-4 Long jump and Wrestling**

1. Origin and brief history of Long jump and Wrestling.
2. Development of Long jump and Wrestling in India and worldwide.
3. Establishments of national and international federation of Long jump and Wrestling.
4. Major tournaments of Long jump and Wrestling.
5. Measurement and marking of Long jump and Wrestling.
6. Fundamental skills of Long jump and Wrestling.
7. Major rules and regulations of Long jump and Wrestling.
8. Important Signals in Long jump and Wrestling

### **Unit-5 High jump and Tug of War**

1. Origin and brief history of High jump and Tug of War.
2. Development of High jump and Tug of War in India and worldwide.
3. Establishments of national and international federation of High jump and Tug of War.
4. Major tournaments of High jump and Tug of War.
5. Measurement and marking of High jump and Tug of War.
6. Fundamental skills of High jump and Tug of War.
7. Major rules and regulations of High jump and Tug of War.
8. Important Signals in High jump and Tug of War.

### **Unit-6 प्रयोगात्मक गतिविधियाँ**

#### **1- \*\* आयातित पाठ्यक्रम**

अथवा  
**Manovigyan**  
**Code- BS-SEC3-506**

**Course Objectives:**

- To familiarize students with the basic concepts of Indian and Western Psychology with an emphasis on application of Psychology in everyday life.
- To introduce the students to the general concepts of Psychology.

**Course Outcomes:**

After the completion of this course students will be able to

- Develop ability to relate the psychological concepts to everyday life events.
- Utilize cognitive skills in various areas of life like health, organization, education etc.

**Unit 1: Introduction:**

- A. Meaning and Definitions of Psychology, Psychological thoughts in some major Eastern System: Bhagavad Gita and Buddhism
- B. Concept of Psychology as per Upanishads
- C. Goals and branches of Psychology
- D. Approaches of Psychology: Biological and behavioural

**Unit 2: Methods of Psychology:**

- A. Experimental Method: Meaning, definition, types, merits and demerits
- B. Observation method: Meaning, definition, types, merits and demerits
- C. Survey method: Meaning, definition, merits and demerits
- D. Questionnaire method: meaning, definition, merits and demerits

**Unit 3: Perception:**

- A. Meaning, definition and mechanism of perception
- B. Factors influencing Perception
- C. Laws of Perceptual organization
- D. Perceptual constancy: shape and size

**Unit 4. Learning:**

- A. Meaning definitions and types of learning.
- B. Factors affecting learning:
- C. Methods of learning
- D. Transfer of learning: positive, negative, zero and bilateral

### **Unit 5: Memory:**

- A. Meaning, definitions and types of Memory: sensory, short-term and long term
- B. Components of memory: Encoding, storage & retrieval
- C. Factors affecting memory, enhancement of memory
- D. Forgetting: Meaning and Definition, causes of forgetting

### **Unit 6: - प्रयोगात्मक गतिविधियाँ**

#### **Reference Books:**

1. Baron, R.A. (1995). Psychology: The essential sciences, New York; Allyn & Bacon.
2. Baron, R.A. (2001). Psychology: Fifth Edition. New York; Allyn & Bacon.
3. Zimbardo, P.O. & Weber, A.L. (1997). Psychology. New York, Harper Collins College.
4. Lefton, L.A. (1985). Psychology, Boston; Allyn & Baron.
5. Morgan, C. T. (2004). Introduction to Psychology. Mcgraw Hill

#### **Text Books:**

6. Singh, A.K. (2009) Advanced General Psychology. Motilal Banarsidas.
7. Jain, S. (2014). *Introduction to Psychology*. ISBN-13: 9788127256432.

### **1- \*\* आयातित पाठ्यक्रम**

**B.A. Sanskrit Course**  
**Semester - 6**  
**Paper - 1 / Vayakaranboadh (2)**

**BS-DSE3-601**  
**70 + 30 = 100**

**Course Objectives-**

- *śrīmatsvāmidayānandasarasvatī viracita nāmika nāmaka grantha se śabdārūpoṃ va ākhyātika se dhātuoṃ kā jñāna karākara viśva kī sabase prācīna vaijñānika aura sabhī bhāṣāoṃ kī janani saṃskṛta bhāṣā ke prati vidyārthī kī ruci ko jāgarita karanā |*
- *ñijanta, sananta, yaghanta, yaghluganta tathā nāmadhātuoṃ kī siddhi kā bodha karānā evaṃ bhāṣā lālitya ko utkr̥ṣṭa evaṃ madhura banānā |*

**Course Outcomes-**

- *nāmika evaṃ ākhyātika ke adhyayana se vidyārthī vibhinna śabdārūpoṃ va dhātūrūpoṃ ko saralatā se siddha karane meṃ samartha hotā hai |*
- *ñijanta, yaghanta, yaghluganta, sananta ke adhyayana se vyākaraṇa śāstra meṃ paṇḍitya prāpta kara bhāṣā lālitya ko utkr̥ṣṭa banākara sambodhana/bhāṣaṇa ke mādhyama se prācīna vaijñānika bhāratīya sanātana jñāna-manīṣā kā pracāra karatā hai |*

<b>इकाई-1 नामिकः</b> ( दकारान्तविषयात्-पादादिशब्दपर्यन्तम् )	१४
सम्पद् शरद् इत्यादयः शब्दाः । पाद, दन्त इत्यादयः शब्दाः ।	
<b>इकाई-2 नामिकः</b> ( सर्वनामप्रकरणम् )	१४
सर्व, विश्व इत्यादयः शब्दाः ।	
<b>इकाई-3 आख्यातिकः</b> ( अदादिगणतः- दिवादिगणपर्यन्तम् )	१४
अद भक्षणे, हन हिंसागत्योः इत्यादयः धातवः । दिवु क्रीडाविजिगीषा.... इत्यादयः धातवः ।	
<b>इकाई-4 आख्यातिकः</b> ( स्वादिगणतः- चुरादिगणपर्यन्तम् )	१४
षुञ् अभिषवे, षिञ् बन्धने, चुर स्तेये, चिति स्मृत्याम् ।	
<b>इकाई-5 आख्यातिकः</b> ( णिजन्तसनन्तयङन्त यङ्लुगन्त नामधातु प्रक्रियाः )	१४
भावि-भावयति	
पिपठिष- पिपठिषति	
बोभूय-बोभूयते	
बोभवीति- बोभोति इत्यादयः धातवः ।	

**पाठ्यपुस्तकम्**

1. **नामिकः-** श्रीमत्स्वामिदयानन्दसरस्वती  
प्रकाशकः-वैदिक पुस्तकालय, दयानन्द आश्रम, केसरगंज, अजमेर ।
2. **आख्यातिकः-** श्रीमत्स्वामिदयानन्दसरस्वती  
प्रकाशकः-वैदिक पुस्तकालय, दयानन्द आश्रम, केसरगंज, अजमेर ।

**B.A. Sanskrit Course**  
**Semester - 6**  
**Paper - 2 / Vayakaransahitya (4)**

**BS-DSE4-602**  
**70 + 30 = 100**

**Course Objectives-**

- maharṣi gautama praṇīta nyāyadarśana ke mādhyama se ṣoḍaśa padārthoṃ va unakī sāmānya vyākhyā kā bodha karānā evaṃ tatvavettā, brahmavettā, ātmavettā banākara vidyārthī ke jīvana ko unnata āyāma pradāna karānā |
- maharṣi kaṇāda dvārā viracita vaiśeṣika darśana kī sahāyatā se dharma kī paribhāṣā tathā lakṣaṇa sahita ṣaḍpadārthoṃ va dravyaguṇa karmoṃ kā bodha karānā jisase vidyārthī dhārmika hokara satkarmo meṃ agrasara hokara unnata rāṣṭra kā vikāsa/nirmāṇa kare |
- maharṣi vedavyāsa dvārā likhita vedānta darśana meṃ brahma kā svarūpa, jagat kā nimitta kāraṇa brahma kī vyākhyā kā bodha karānā jisase vidyārthī brahmavit hokara svayaṃ ko mānava kalyāṇa meṃ lagāe |

**Course Outcomes-**

- ṣoḍaśa padārtha, apavarga ādi ke adhyayana se vidyārthī kī buddhi kā sūkṣmīkaraṇa hotā hai atah jīvana kī virāṭatā ko samajhakara apane jīvana ko unnata banātā hai evaṃ svayaṃ ko 'yo vai bhūmā tatsukhaṃ nālpe sukhamasti' isī cetanā se anupraṇita ho sāmājika, rājanītika, dhārmika evaṃ ādhyātmika kārya karane meṃ sarvathā udyata rahatā hai |
- dharma ādi ke bodha se vidyārthī jīvana meṃ dravya, guṇa, karma ādi jānakara usake bodhana meṃ samarthyā ho jātā hai aura tadanukūla ācaraṇa se apanā evaṃ mānava samāja kā kalyāṇa karatā hai |
- vedānta ke adhyayana se sṛṣṭi utpatti, nimitta kāraṇa ādi śaghkāoṃ kā samādhāna hotā hai |
- taddhita pratyayoṃ ke bodha se vidyārthī saṃskṛta vāghmaya ke vibhinna śāstreṃ meṃ tvarita gati prāpta karatā hai aura śāstravīhita kartavyakarma kā bodha pūrvaka pālana kara bhārata kī garimā ke vardhana meṃ sahāyaka hotā hai |

**इकाई-1 न्यायदर्शनम् (प्रथमाध्यायः) १४**

षोडशपदार्थनिरूपणं, अपवर्गस्य प्राप्तिः, पदार्थानां सामान्यपरिचयः।

**इकाई-2 वैशेषिकदर्शनम् (प्रथमाध्यायः) १४**

धर्मस्य परिभाषा, षड्पदार्थानां निरूपणं, द्रव्यगुणकर्मणां लक्षणसहितं निरूपणम् इत्यादयः ।

**इकाई-3 वेदान्तदर्शनम् (प्रथमाध्यायस्य प्रथमपादः) १४**

ब्रह्मणः स्वरूपं, ब्रह्म जगतः निमित्तकारणम्, आकाश प्राण ज्योति इत्यादिभिः शब्दैः ब्रह्मणः व्याख्याः

**इकाई-4 स्त्रीप्रत्ययप्रकरणम्- १४**

प्रत्ययः-टाप्, डाप्, चाप्, डीप्, डीष्, डीन् ।

अण्, इज्, यञ् इत्यादयः। मतुप्, इनि, ठन् इत्यादयः । त्व्, तल्, ष्यञ् इत्यादयः।

## पाठ्यपुस्तकम्

1. न्यायदर्शनम्- महर्षि गौतम  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी
2. वैशेषिकदर्शनम्- महर्षि कणाद  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी
3. वेदान्तदर्शनम्- महर्षि वेदव्यास  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी
4. व्याकरण चन्द्रोदय डॉ साध्वी देवप्रिया द्वारा संग्रहीत  
प्रकाशकः-दिव्य प्रकाशन पतंजलि योगपीठ हरिद्वार ।

## सहायकग्रन्थः-

1. लघु सिद्धान्तकौमुदी-वरदराजाचार्यप्रणीता  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी
2. बृहद्अनुवाद चन्द्रिका-चक्रधर नौटियाल 'हंस' शास्त्री  
प्रकाशकः-मोतीलाल बनारसीदास

**B.A. Sanskrit Course**  
**Semester - 6**  
**Paper - 3 / Fundamental of Computer-2**

**BS-GE2-603**  
**70 + 30 = 100**

**Course Objectives-**

The course will cover

- The generations of computers.
- Various parts of the computer.
- Various Operating systems.
- Function of computer

**Course Outcomes-**

The student will be able to

- Explain the parts of computer
- Create folders and files
- Use various applications in computer
- Type roman script using word and other text applications

Create PowerPoint presentations

**Unit-I Syllabus - Introduction to Computers**

Types of Programming Languages: Machine Languages, Assembly Languages, High Level Languages, Data Organization: Drives, Files, Directories, Number Systems: Decimal, Binary, Octal, Hexadecimal, Number System Conversion, Operations on Number System.

**Unit-II Syllabus - Algorithm and Flowcharts**

Algorithm: Definition, Characteristics, Advantages and disadvantages, Examples, Flowchart: Definition, Define symbols of flowchart, Advantages and disadvantages, Examples

**Unit-III Syllabus - Spreadsheets and Database Packages**

Spreadsheets and Database packages: Purpose, Usage, Command, MicroSoft/MS Excel, Creation of Files in MicroSoft/MS Access, Switching between Applications, MicroSoft/MS Power Point

**Unit-IV Syllabus - Computer Laboratory and Practical Work of Office**

Practical will be based on Paper Office Automation: Covers UNIT-III

**Reference Books:**

1. Fundamental of Computers – By V.Rajaraman B.P.B. Publications
2. Fundamental of Computers – By P.K. Sinha
3. MS-Office 2000(For Windows) – By Steve Sagman

## B.A. Sanskrit Course

### Semester - 6

#### Paper - 4 / *saṃskṛta nāṭaka evaṃ anuvāda*

BS-EC8-604

70+30=100

#### Course Objectives-

- *bhāsaviracita dūtavākyaṃ nāmaka grantha meṃ varṇita nāndī, pātreṃ kā paricaya, śrī kṛṣṇa kā praveśa, evaṃ yuddhādi kā bodha karānā |*
- *bhāsaviracita urubhaṅgam meṃ varṇita pātra paricaya duryodhana yuddha usake paścāt kṛṣṇa va pāṇḍavomeṃ kī mantraṇā kā bodha karānā |*
- *rākṣasa va candragupta kī sandhi, malayaketu kā candragupta para ākramaṇa, cāṇakya kī pratijñā pūrti evaṃ śikhā bandha kā jñāna karānā |*

#### Course Outcomes-

- *dūtavākya evaṃ urubhaṅgam ke adhyayana se vidyārthī mahābhāratakālīna sthityomeṃ se avagata hokara unase śikṣāyemeṃ letā huā, svayameṃ ko aura samāja ko unnata banātā hai |*
- *mudrārākṣasa adhyayana se vidyārthī rājanīti ko saralatā se jānane evaṃ sāhitya śailī ko samajhane meṃ samartha ho jātā hai |*
- *racanānuvāda kaumudī ke adhyayana se vākya-racanā ke sātha-sātha nibandha lekhana evaṃ saṃskṛta saṃbhāṣaṇa kī kuśalatā ko unnata karatā hai |*

#### इकाई-1 दूतवाक्यम् ( भासविरचितम्)

१४

नान्दीपाठः, पात्राणां प्रवेशः, शान्तिदूतस्य श्रीकृष्णस्य प्रवेशः, शान्तिवार्ता, युद्धम् ।

(क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः

#### इकाई-2 उरुभङ्गम् ( भासविरचितम्)

१४

नान्दीपाठः, पात्राणां प्रवेशः, दुर्योधनयुद्धम्, महाभारतयुद्धानन्तरं श्रीकृष्णेन सह पाण्डवानामं मन्त्रणा ।

(क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः

#### इकाई-3 मुद्राराक्षसम् ( उत्तरार्द्ध )

१४

(क) कविपरिचयः (ख) गद्यव्याख्या (ग) कथासारः / काव्यगतविशेषताः

#### प्रौढ रचनानुवादकौमुदी

#### इकाई-4 अभ्यास 31 - अभ्यास-45

१४

संस्कृतभाषायामनुवादः

अन्त्यजः, चर्मकारः, करमर्दकः, वराहः इत्यादयः शब्दाः।

आस्, बुध्, माङ्, अश् इत्यादयः धातवः।

क्त, क्तवतु, क्त्वा, ल्यप्, यक्, त, आताम् इत्यादयः प्रत्ययाः।

पारावतः, चटका, ऊरुः, हीरकः, अतिसारः, इत्यादः शब्दाः । सु, लिख्, प्रच्छ्, तन्, युज् इत्यादये धातवः

।

## पाठ्यपुस्तकम्

1. दूतवाक्यम् ( भासविरचितम्)  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी ।
2. उरुभङ्गम् ( भासविरचितम्)  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी ।
3. मुद्राराक्षसम् - विशाखदत्तप्रणीतम्  
प्रकाशकः-चौखम्भा सुरभारती प्रकाशन, वाराणसी ।
4. प्रौढ रचनानुवादकौमुदी - डॉ. कपिलदेव द्विवेदी  
प्रकाशकः-विश्वविद्यालय प्रकाशन, वाराणसी ।

सहायकग्रन्थः- मुद्राराक्षस - विशाखदत्तप्रणीतम्। व्याख्याकार- आचार्य जगदीशचन्द्र मिश्र,  
प्रकाशकः- चौखम्भा, विद्या भवन ।

# B.A. Sanskrit Course

## Semester - 6

### Paper - 5 / saṃskṛtabhāṣāyāṃ lekhanam vaktavyamca

BS-C 1- 101

70+30=100

#### Course Objectives-

- saṃskṛta bhāṣā meṃ likhane, kāvyaracanā karane evaṃ saṃskṛta bolane meṃ pravīṇa ho sake /

#### Course Outcomes-

- saṃskṛta lekhanā karane se vidyārthī meṃ vicāroṃ ko kāvya rūpa dene kī śakti utpanna hotī hai /
- saṃskṛta saṃbhāṣaṇa karane se vidyārthī meṃ vaktṛtva kī kuśalatā kā vikāsa hotā hai /
- patra lekhanā se lekhanā viśaya meṃ pravīṇatā ko prāpta kara laghuśodha ādi lekhanā meṃ samartha ho jātā hai /
- lekhanā kī kuśalatā se vaha navīna śāstreṃ kī racanā kā sāmārthya prāpta kara letā hai /

#### प्रस्तावित पाठ्यक्रमः ( Prescribed Course)

खण्ड- 1 (Section-1) संस्कृत लेखनम्

खण्ड- 2 (Section-2) संस्कृते संभाषणम्

#### घटकानुसार विभागः (Unit-Wise-Division)

##### खण्ड-1 (Section-1) संस्कृते लेखनम्

घटक ( Unit ) - 1 संस्कृते निबन्ध लेखनम्

घटक ( Unit ) - 2 संस्कृते पत्र लेखनम्, विभिन्नेषु विभागेषु सामयिकान् विषयान् आश्रित्य आवेदन पत्र लेखनम्।

घटक ( Unit ) - 3 कस्यापि स्थानस्य, पर्वतस्य, सरितायाः, पशु-पक्षिणां वा स्व संस्कृत भाषायां वर्णनम्।

##### खण्ड ( Section-2 ) संस्कृते संभाषणम् ( अस्मिन् खण्डे मौखिक परीक्षायाः अंका 50% परिमिताः )

घटक ( Unit ) - 1 महर्षि दयानन्द विरचितस्य संस्कृत वाक्य- प्रबोधस्य विशिष्टम् अध्ययनम्

घटक ( Unit ) - 2 केन्द्रीय संस्कृत विश्वविद्यालय दिल्लीतः प्रकाशितायाः संस्कृत प्रवेश परीक्षायाः संभाषण विषयकाः अध्यायाः।

घटक ( Unit ) - 3 कमपि सामयिकं विषयं, महापुरुषं वा आश्रित्य वक्तव्यम्।

#### संस्तुतग्रन्थाः-

1. रचनानुवाद कौमुदी। बाबूराम सक्सेना।
2. संस्कृत वाक्य प्रबोधः- महर्षि दयानन्द सरस्वती।
3. संस्कृत निबन्धावलिः- डॉ. हरिदत्त शर्मा।

अथवा  
भारतीय संगीत ( गायनवादन )  
Code- BS-SEC4 -606

**THEORY AND PRACTICAL OF VOCAL**

**Objective-**

**Theory-**

This module is prescribed to appraise to learn the Basics of Music , Knowledge of Sound , Naad, Raag , Thaata , Swastivachan & Koolgeet of UOP.

**Harmonium:-** Diagram, History ,Origin & types of Harmonium.

**Tabla :-** Diagram ,knowledge of Basic Bols,  
Some Definitions.

**Tanpura :-** Diagram & its significance.

**Practical-**

Student Can able to practice Swar's , AUM in proper Musical Way, one chota khayal in Raag – Yaman.

**Harmonium :-** knowledge to practice Alankar & Three Bhajan.

**Tabla :-**

Can Able to to play (Naa,Ti,Teen DHaa Dhi Dheen ), Teentaal.

**Tanpura :-** Can Able to get Knowledge of riyaz pattern.

Can Able to Sing Bhajan's ,Uop Koolgeet.

**Outcome-**

Got the Knowledge to Practice Swar , Alankaar's & Techniques to improvise Vocal Clarity, Able to Sing Raag.

**Harmonium:-** Able to play Bhajan ,Alankaar's.

**Tabla :-** Able to play kayda in Teentaal & Bol Of Teentaal.

**Tanpura :-** Able to Play for Riyaz.

Able to Sing Bhajan's , Swastivachan , UOP koolgeet in Ryhtemic Musical Way Independently or in Group.

**UNIT- I -** Definition of Music, its origin, its Methods, its Types of form, Sound, Origin of Sound, Nada, Types of Nada, Swar, Types of Swar, Saptak, Types of Saptak, knowledge of 7 Basic Notes & 5 Vikrit notes, Ten Alankar According to Kramik Pustak Malika-1, Raag, Thatt, Brief parichay of Raag Yaman, Three Swastivachan Mantra, UOP Koolgeet.

**UNIT- II - HARMONIUM -** Labeled Diagram of Harmonium, origin of Harmonium and its Types.

**TABLA-** Importance of Taal in Music, Labeled Diagram of Tabla

Definition - Mantra, sama, Laya, Theka, Vibhag,

Elementary - Knowledge of some Bols (Na, Ti, Teen, Dha, Dhi, Dheen),

Knowledge of Taal, (Teentaal) in Thah and Dugun.

**TANPURA-** Labeled Diagram of Tanpura and its Significance in Music.

## **PRACTICAL :-**

**UNIT- III** - Practice of Swar Sadhna, Practice of 'AUM' is Kharaj Swar, Breating Exercise to Improve Voice quality.

Vocal Exercise of Ten Alankar According to kramik Pustak Malika-I, Practice of Aroh, Avroh, Pakad in Raag- Yaman & One Chota Khayal in Madya Laya.

**UNIT- IV- Harmonium** - Practice of Ten Alankar Playing Skills of Three Bhajan.

**TABLA-** Playing Skill of Basic Bol (Na, Ti, Teen, Dha, Dhi, Dheen), One Kayada in Teental, Playing skill of Teental.

**TANPURA-** Practice of Riyaz Pattern in Tanpura.

**UNIT- V-** Stage performance of Three Bhajan with two Sargam each in Related Bhajan and Two Patriotic Song, Three Swastivachan Mantra, Practice of UOP Koolgeet.

**UNIT- VI- प्रयोगात्मक वक्तव्य**

### **Recommended Books:-**

1. Sangeet Rachna Ratnakar Part -1 - Rajkishor Prasad Sinha(Author)
2. Raag Parichaya Part -1 – Harishchandra Srivastava(Author)
3. Sangeet prasnottar Part-1
4. Taal Parichaya -1- Acharya Girish Chandra Shrivastava (Author)
5. Adarsh Tabla Prashnotari Part-1- Dr. Rubi Shrivastava
6. Sangeet Praveshika- Acharya Girish Chandra Shrivastava (Author)
7. Kramik Pushtak Mallika Part -1 – V. N. bhatkhande
8. Also Books Recommended by Teacher.

**1- \*\* आयातित पाठ्यक्रम**