

## Department of Yog Science (Evaluative Report of the Department)

Name of the University: University of Patanjali

विश्वविद्यालयस्य नामः

Dist: Haridwar

State: Uttarakhand

जनपदम्

राज्यम्

Total Number of Departments in the institution :

10

प्रोफेसर एवं संकायान्यस-योग विज्ञान संकाय, पंतर्जात विद्यविद्यालय, हरिद्वार

संस्थायां विद्यमानविभागानां सङ्ख्या

(Report from the year 2023-24

प्रतिवेदनम्.....वर्षपर्यन्तम्

Sl. No.	Data of the Department विभागस्य नाम	Department of Yog Science
1	Year of Establishment /स्थापनायाः संवत्सरः	2009
2	Is the Department part of a School / Faculty of the University विभागः किं कस्याश्चित् अध्ययनशालायाः / कस्यचित् सङ्कायस्य भागः	Faculty Of Yoga Science
3	Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि	7
	a. Regular (UG/PG/Research Programs) नियमिताः(स्नातक-स्नातकोत्तर-अनुसन्धानपाठ्यक्रमाः) b. Interdisciplinary/ अन्तःशास्त्रीयम् c. others/ अन्ये	Under Graduate Program (2) Post Graduate Diploma in Yoga Science (1) Post Graduate Diploma in Yogasana Sports (1) Post Graduate Program (2) Ph.D Program (1)
4	Number of teaching posts अध्यापकपदानां सङ्ख्या	
	a. Sanctioned / प्रदत्तानि	29
	b. Filled / पूरितानि	25

	c. Total Faculty including guest faculties	25
	आहत्य अध्यापकाः (अतिथ्यध्यापकसहितम्)	
5	Number of Research Projects:	0
	परियोजनानां सङ्ख्या	
	Total grants received/प्राप्तमनुदानम्	0

Inter-institutional collaborative projects and associated grants received/	न्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च
National collaboration/ राष्ट्रस्तरीयसहयोगः	0
International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः	0
Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc.,: Total grants received वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च	0
Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnashala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions. उद्यमैः/ औद्योगिकनिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्धानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीथिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।	Yagyasala (02), Language Laboratory (01), Yogasala (08), Computer Laboratory (01), Departmental Library (1)
Publications:/ प्रकाशनानि	
a. Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या	13
b. Number of Books with ISBN/ ISBN -युतानां ग्रन्थानां सङ्ख्या	0
c. Number of Journals with ISSN/ ISSN -युतानां शोधपत्रिकाणां सङ्ख्या	12
d. Number of Creative writings/ सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या	0
e. Number of Text Books/ पाठ्यपुस्तकसङ्ख्या	0
Number of Patents acquired/Creative writings/ Critical Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown manuscripts brought to light through publication during the last five years.  विगतपञ्चवर्षेषु प्राप्तानां स्वत्त्वाधिकाराणां / सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां विमर्शात्मकशास्त्रीयलेखानां कृते राज्य/ राष्ट्रीयनिकायैः प्राप्तपुरस्काराणाम् सङ्ख्या। अप्रकाशितमातृकाणां/	
	National collaboration/ राष्ट्रस्तरीयसहयोगः  International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः  Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc.,: Total grants received वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च  Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnashala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions.  उद्यमैः/ औद्योगिकनिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्यानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीधिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।  Publications:/ प्रकाशनानि  a. Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या  b. Number of Books with ISBN/ ISBN -युतानां ग्राध्यत्रिकाणां सङ्ख्या  c. Number of Journals with ISSN/ ISSN -युतानां शोधपत्रिकाणां सङ्ख्या  d. Number of Creative writings/ सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या  e. Number of Patents acquired/Creative writings/ Critical Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown manuscripts brought to light through publication during the last five years.  विगतपञ्चवर्षेषु प्राप्तानां स्वत्वाधिकाराणां / सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां

10	Areas of consultancy and income generated from various sources / परामर्शस्य क्षेत्राणि तथा नानास्रोतोभ्यः अर्जित आयः	Yoga Therapy & Yoga Psychology (Honorary)
11	Number of seminars/workshops/summer schools etc./ सङ्गोष्ठीनां/ कार्यशालानां/ ग्रीष्मकालिकाध्ययनशालानां च सङ्ख्या	14
12	Awards/Recognitions /fellowships/invitations as visiting professors received at the National and International level by: राष्ट्रियस्तरे तथा अन्ताराष्ट्रियस्तरे लब्धानां सहवृत्तीनां/ पुरस्काराणां सूची/ अतिथि-आचार्यरूपेण आह्वानम्	0
	Faculty (including guest faculties)/ अध्यापकैः (अतिथ्यध्यापकसहितम्)	11
	Doctoral/Post doctoral fellows/research assistants and associates / शोध- शोधेत्तर-गवेषकैः/ शोधसहायकैः/ शोधसहयोगिभिश्च/ Students/ छात्राः	0
13	How many students have cleared Civil Services and Defense Services examinations, NET, SET (SLET), GATE and other competitive examinations including traditional exams conducted byRecognized Institutions /Trusts/NGO's नागरिकसेवा, रक्षासेवा, नेट्, सेट् (स्लेट्), परीक्षासु तथा अन्यान्य- प्रतियोगितामूलपरीक्षासु कतिच्छात्राः उत्तीर्णाः	5
14	List of doctoral, post-doctoral students and research associates/ शोध-शोधोत्तर-गवेषकानां शोधसहयोगिनां च सूची	
	From the host institutions/universities/ स्वकीयविश्वविद्यालयतः / संस्थातः	0
	From other institutions/universities / इतरविश्वविद्यालयतः / संस्थातः	0
15	Number of Research Scholars/ Post Graduate students getting financial assistance from the University/State/ Central Governments and NGO's/ विश्वविद्यालयात् राज्यसर्वकारात् केन्द्रसर्वकाराद्वा प्राप्नुवताम् आर्थिकसाहाय्यं/ शोधच्छात्राणां/स्नातकोत्तरच्छात्राणां सङ्ख्या	46
16	Total Number of Student placed by the Department	28

Note: as on untill 15th May 2024

प्रो. भी नेनारीयण तिवारी प्रोफेसर एवं संकायाच्यक्ष-योग विज्ञान । पंतजित विश्वविद्यालय, हरिद्वार Sanctioned and Filled Teaching Position of Session - 2021-22

G).									D	eparti	nent											
Sl. No	Position	Yoga S	Science	Philos	sophy	Eng	lish	San	skrit	Applied	Science		sical ation	Mı	sic	Tou	rism	Psych	ology	BN	YS	
ı		Sauctione d	Filled	Sanctione d	Filled	Sanctione d	Killed	Sanctione d	Filled	Sanctione d	Filled	Sanctione d	Filled	Sanctione d	Filled	Sanctione d	Filled	Sanctione d	Filled	Sauctione d	Filled	
	Professor	2	1	- 1	1	0	0	2	2	2	1	0	0	0	0	1	0	1	0	0	0	
	Associate Professor	4	0	2	0	0	0	2	0	2	2	0	0	0	0	2	0	2	0	4	0	
1	Assistant Professor	8	9	10	8	4	4	6	7	5	2	2	3	2	1	6	1	5	2	5	2	98
	Trainer	15	7	.0	.0	0	0	0	0	0	0	1	1	1.	1	0	0	0	0	0	0	
	Sport Officer	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	

and white

डा० महावीर अग्रवाल प्रति - कुलपति पतंजिल विश्वविद्यालय, हरिद्वार

## **DEPARTMENT OF YOGA SCIENCE (2023-24)**

As pe	r 10th	Academic	Council I	Meeting	06.07.2023
-------	--------	----------	-----------	---------	------------

Filled

13

Requirement

S.No	Name	Appointment	Upto	Designation	Teaching Posts	Sanctioned
					Professor	
1	Prof. Gawdara Paran Gawda	14.11.2016	ditta de	Professor	Associate Profes	
2	Prof. Omnarayan Tiwari	24.11.2022	all makes	Professor	Assistant Profess	
3	Dr. Nidheesh Kumar Yadav	25.07.2023	Get Tryend and	Associate Professor	Yoga Teacher/Tr	4
4	Dr. Rudra Bahadur Bhandari	25.07.2023		Associate Professor	Total	
5	Dr. Arti Yadav	11.04.2017	がある。	Assistant Professor		
6	Dr. Anju Kumari	01,02.2020	<b>企業的</b>	Assistant Professor		
7.2	Dr. Sandeep Singh	24,12,2020	235 Earli	Assistant Professor		
8	Dr. Arti Pal	28.01.2021	<b>阿拉拉马的</b>	Assistant Professor		
9	Dr. Bipin Kumar Dubey	24.12.2020	May-24	Assistant Professor		
10	Dr Monika Sharma	03.07.2023	SERVICE OF STREET	Assistant Professor		
7/11	Sh.Subhash	10.08.2023		Assistant Professor		
12	Dr. Ankit	21,12,2023	學學學	Assistant Professor		
13	Sh. Pravesh Kumar	01.11.2016		Yoga Teacher/Trainer		
14	Brm. Kaushal	04.01.2022	路腦結	Yoga Teacher/Trainer		
15	Brm. Sunil	04.01.2022	<b>医学验</b> 证	Yoga Teacher/Trainer		
16	Sad. Devanshi (Sangeeta)	04.01.2022	開始機能	Yoga Teacher/Trainer		
17	Sh. Prashant Rathore	01.12.2022		Yoga Teacher/Trainer		
18	Sh. Bholanath Singh	16.12.2022		Yoga Teacher/Trainer		
19	Ms. Bobita Chetri	16.12.2022		Yoga Teacher/Trainer		
20	Ms. Divya	16.12.2022	1 经现在分	Yoga Teacher/Trainer	NOW COMPANY	
21	Ms. Gargi	16.12.2022		Yoga Teacher/Trainer	and the state of t	
22	Ms. Harsh Kanwar	16,12,2022	2 4 1 2 2 3	Yoga Teacher/Trainer	turken of the	
23	Ms. Omika Nishad	16.12.2022	2	Yoga Teacher/Trainer		
24	Ms. Surabhi	16.12.2022	2	Yoga Teacher/Trainer		
25	Mr. Ajay Verma	05.09.202	3	Yoga Teacher/Trainer	/ Assistant Warde	en

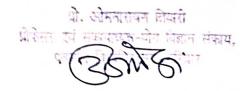
विभागाध्यक्ष योग विज्ञान विभाग पतंजिल विश्वविद्यालय, हरिद्वार

Ms. Monika Panwar 01.09.2017 Nov-23 Yoga Teacher/Trainer



## Research Publications in International Journal (2023-2024)

S.No.	Title of the Paper	Department	Name of journal	Year of publication	ISSN number
1	Nada yoga: effective complementary module for the stress-induced psycho-physiological disorders	Yoga Science	International Journal of Indian Culture and Business Management	2023	1753-0814
2	Development of an integrated Yoga module for Low Back Pain (LBP) in adults through research reviews	Yoga Science	International Journal of Yogic, Human Movement and Sports Sciences	2023	2456-4419
3	पारंपरिक ज्ञान और भारत के योग की पृष्ठभूमि	Yoga Science	Shodh dristhi	2023	9766650
4	uperiority of Savita Meditation Over Transcendental Meditation Methods: Electromagnetic Energy Difference between the Two Me	Yoga Science	Superiority of Savita Meditation Over Transcendental Meditation Methods: Electromagnetic Energy Difference between the Two Meditation Systems	2023	2250-1711
5	Effect of Savita Meditation on Depression Anxiety and Stress	Yoga Science	Journal of Veda Samskrita Academy	2023	2250-1711
6	Samyak Swastha Hetu Yoga and Chetna Vigyan ke gyan ki bhoomika	Yoga Science	International Refereed Blind Peer- Reviewed & Open Accedd Research Journal	2023	2278-5949
7	Madhumah Type-2 ke Rogiyon ki fasting blood sugar par yogic mudrao and homopethi mother teacher ke parbhao ka addhyan.	Yoga Science	International Refereed Blind Peer- Reviewed Multidisciplinary & Open Accedd Research Journal	2023	2348-3318
8	Madhumah Type-2 ke Rogiyon ki fasting blood sugar (F.B.S.) par yogic mudrao and homopethi mother teacher ke parbhao ka addhy	Yoga Science		2023	2456-8856



9	Madhumah Type-2 ke Rogiyon ki Glycosylated Haemoglobin (HBA1c) per yogic mudraon and homopethi mother teacher ke parbhao ka a	Yoga Science	International Journa of Social Science & Management Studies (I.J.S.S.M.S)	2023	2454-4655
10	Nada Yoga: effective complementary module for the stress-induced psycho-physiological disorders	Department of Yoga Science	International Journal of Indian Culture and Business Management (IJICBM).	2023	1753-0814
11	Yoga for Proprioception: A systematic review	Department of Yoga Science	Yoga Mimamsa	2023	2394-2487
12	Samyak Swastha Hetu Yoga and Chetna Vigyan ke gyan ki bhoomika	Yoga Science	International Refereed Blind Peer- Reviewed & Open Accedd Research Journal	2023	2278-5949
13	Effects of Yoga and Naturopathy on Nervous System.	Yoga Science	19th National Seminar	2023	

38WB.

ग्री. ओननात्वण तिवारी प्रोफेसर एवं संकायाध्यक्ष-थोग विज्ञान संस्थय, पंतजीत विश्वविद्यालय, हरिद्धार



## List of JRF Students (2023-2024), Department of Yoag Science

Name	Name of Scholler	Father Name	Enroll No.
1	AVICHAL VERMA	RAKESH KUMAR VERMA	171867
2	DIPAK CHETRY	INDRA BAHADUR CHETRY	196443
3	JAYDEEP NEGI	D. S. NEGI	196441
4	KM KANCHAN	FEREE SINGH	171974
5	NEERJA KATARE	GOPAL KATARE	16258
6	NIDHI CHAUDHRY	SANJEEV KUMAR	171935
7	PINTU KUMAR MAHTO	DUKHAN MAHTO	172182
8	SANGODKAR NEHA PRADEEP	PRADEEP	172079
9	VIPIN KUMAR RATHORE	KARAMPAL	196447
10	ADITYA PRAKASH SINGH	INDAL SINGH	208348
11	AKSHAY VASHISHT	SAT NARAYAN VASHISHT	207524
12	ANIL KUMAR	CHANDRAPAL	207525
13	CHETAN AACHARYA	HIRALAL AACHARYA	208349
14	GARIMA	SATPAL SINGH	208340
15	GURNEET KAUR	PARAMJIT SINGH	14116
16	KAVITA BAKSHI	D K BAKSHI	208361
17	KM MEDHA	ANOOP KUMAR BHATT	207523
18	KM PRIYANKA RANI	TAPESH KUMAR	207516
19	KM. ANJALI PRABHAKAR	SHISHUPAL PRABHAKAR	207519
20	KM. PRASOON	JAGMOHAN SINGH BISHT	14036
21	MUKESH KUMAR MANDAL	KRISHNA KANT MANDAL	207515
22	RITU TYAGI	SUDHIR KUMAR	208372
23	RUPAM VERMA	VINAY KUMAR VERMA	207522
24	SATYA VRAT ARYA	HAZARI LAL ARYA	208339
25	SURENDRA	UDIT NARAYAN	207521
26	SURYA PRAKASH	OM PRAKASH	184298
27	KM ANURADHA GUPTA	RAMASHISH GUPTA	207513
28	ROHIT	SURESH	207529
29	HIMANSHU GUPTA	ANIL KUMAR GUPTA	219256
30	KM PREETI DEVI	KUNWAR SINGH	15178
31	PRAGYA MANJHI	MANU RAM MANJHI	13045
32	VARDAAN SAINI	MANU RAM MANJHI	13046
33	ANKIT KUMAR	JAGDEV SINGH	2313402
34	ANNANYA CHAUHAN	AJAY KUMAR CHAUHAN	2313394
35	DEVENDER THAKUR	MAHENDER THAKUR	2313407
36	GEETA KUKRETI	SHIVDAYAL KUKRETI	2313398
37	HARSHIT SHARMA	SUNIL KUMAR SHARMA	2110376
38	HIMANSHI	ONKAR SINGH	196215
39	KIRTI	PREMPAL SINGH	2313389
40	KM. SANJANA YADAV	SH. LALMOHAN YADAV	184209
41	LEEKESHWAR	INDRAPAL SINGH	2313396
42	PUSHKER	JAGDISH CHANDRA	2313401
43	RAHUL SINGH PANWAR	SHEKHAR SINGH PANWAR	2313405
44	RAJESH	JITENDER KUMAR	2313406
45	RAVI SAINI	GYAN CHAND	2313400
46	ROHAN MALIK	SURENDER	219424

