

Evaluative Report of the English Department

Name of the University : Patanjali University

विश्वविद्यालयस्य नाम

Dist : Haridwar

State : Uttarakhand

जनपदम्

राज्यम्

Total Number of Departments in the institution : 10

संस्थायां विद्यमानविभागानां सङ्ख्या

(Report from the year - 2017 to the year-2022)

प्रतिवेदनम्..... वर्षतः.....वर्षपर्यन्तम्

Sl. No.	Data of the Department	Dept 1 /विभाग:-1
	विभागस्य नाम	उदा-वेदः
1	Year of Establishment /स्थापनायाः संवत्सरः	2017
2	Is the Department part of a School / Faculty of the University विभागः किं कस्याश्चित् अध्ययनशालायाः / कस्याचित् सङ्कायस्य भागः	Yes Humanities and Ancient Studies
3	Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणामां नामानि a. Regular (UG/PG/Research नियमिताः (स्नातक-स्नातकोत्तर- b. Interdisciplinary/ अन्तःशास्त्रीयम् c. others/ अन्ये	02 : UG , PG Communicative English
4	Number of teaching posts अध्यापकपदानां सङ्ख्या a. Sanctioned / प्रदत्तानि b. Filled / पूरितानि c. Total Faculty including guest faculties आहत्य अध्यापकाः (अतिथ्यध्यापकसहितम्)	4 4 4
5	Number of Research Projects: परियोजनानां सङ्ख्या Total grants received/प्राप्तमनुदानम्	—
6	Inter-institutional collaborative projects and associated grants received अन्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च National collaboration/ राष्ट्रस्तरीयसहयोगः International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः	— —



7	Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc., : Total grants received	
	वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च	
8	Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnashala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions.	Language Lab Computer Lab Yogashala Yajnashala
	उद्यमैः/ औद्योगिकनिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्धानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीथिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।	
	Publications:/ प्रकाशनानि	
	Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या	12
	Number of Books with ISBN/ ISBN -युतानां ग्रन्थानां सङ्ख्या	3 (ISBN 978-81-932684-7-6) (-978-81-947207-7-5) (978-93557405-4)
	Number of Journals with ISSN ISSN -युतानां शोधपत्रिकाणां सङ्ख्या	—
	Number of Creative writings सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या	7
	Number of Text Books पाठ्यपुस्तकसङ्ख्या	—
9	Number of Patents acquired/Creative writings/ Critical Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown manuscripts brought to light through publication during the last five years	
	विगतपञ्चवर्षेषु प्राप्तानां स्वत्वाधिकाराणां / सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां विमर्शात्मकशास्त्रीयलेखानां कृते राज्य/ राष्ट्रीयनिकायैः प्राप्तपुरस्काराणाम् सङ्ख्या। अप्रकाशितमातृकाणां/ प्राकाश्यमानितानां मातृकाणां सङ्ख्या	—
10	Areas of consultancy and income generated from various sources/ परामर्शस्य क्षेत्राणि तथा नानालोतोभ्यः अर्जित आयः	Yes (Honorary)



11	Number of seminars/workshops/summer schools etc. सङ्गोष्ठीनां/ कार्यशालानां/ ग्रीष्मकालिकाध्ययनशालानां च सङ्ख्या	11
	Awards/Recognitions /fellowships/invitations as visiting professors received at the National and International level by :	
12	राष्ट्रियस्तरे तथा अन्तराष्ट्रियस्तरे लब्धानां सहवृत्तीनां/ पुरस्काराणां सूची/ अतिथि-आचार्यरूपेण आह्वानम्	—
	Faculty (including guest faculties) अध्यापकैः (अतिथ्याध्यापकसहितम्)	
	Doctoral/Post doctoral fellows/research assistants and associates/ शोध-शोधोत्तर-गवेषकैः/ शोधसहायकैः/ शोधसहयोगिभिश्च	
	Students/ छात्राः	
	How many students have cleared Civil Services and Defense Services examinations, NET, SET (SLET), GATE and other competitive examinations including traditional exams conducted by Recognized Institutions /Trusts/NGO's नागरिकसेवा, रक्षासेवा, नेट, सेट (स्लेट), परीक्षासु तथा अन्यान्य-प्रतियोगितामूलपरिक्षासु कतिच्छात्राः उत्तीर्णाः	
13	List of doctoral, post-doctoral students	—
	शोध-शोधोत्तर-गवेषकानां शोधसहयोगिनां च सूची	
	From the host institution/university स्वकीयविश्वविद्यालयतः / संस्थातः	
	From other institutions/universities	
	इतरविश्वविद्यालयतः / संस्थातः	
14	Number of Research Scholars/ Post Graduate students getting financial assistance from the University/State/ Central Governments and NGO's	—
	विश्वविद्यालयात् राज्यसर्वकारात् केन्द्रसर्वकाराद्वा प्राप्तवताम् आर्थिकसाहाय्यं/ शोधच्छात्राणां/स्नातकोत्तरच्छात्राणां सङ्ख्या	

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Official stamp of the University of Jammu

Faculty Profiles

Name : Dr. Anjo Rani (Anju Tyagi)
Qualifications : M.A, Ph.D (English)
Present Position : Assistant Professor
Teaching and Research Experience (in years):
Teaching :15
Research :05
Area of Specialization : Indian Writings in English



Name : Rachna Arora
Qualifications : B.Ed, M.A, M.Ed
Present Position : Assistant Professor
Teaching and Research Experience in years:
Teaching : 10
Research : 03



Name : Dr. Mahima Singh
Qualifications : MBA,MS-CIS, MA Linguistics,
CELTA, TESOL, M.A, Ph.D (English)
Present Position :Assistant Professor
Teaching and Research Experience (in years):
Teaching :25
Research :03
Area of Specialization : NA



Name :Ms. Bhavpreeta Thakur
Qualifications : CELTA , IELTS, M.A English
Present Position : Assistant Professor
Teaching and Research Experience in years:
Teaching : 08
Research : 0
Area of Specialization :NA



Number of Creative writings/ Papers/ Essays/ Other Articles by the Department During Last 5 Years

Faculty	No. of Publication
1. Dr. Anjo Rani (Anju Tyagi)	11
2. Rachna Arora	01
Total	12



Dr. Anjo Rani (Anju Tyagi)

S. No.	Full Journal paper given below-	ISSN	Whether peer reviewed?	Whether UGC listed?	Impact Factor	No. of co-authors	Are you the main author?
				If yes, Give Ref. No.	(if any)		
1	Dr. Anjo Rani "Kanyadaan-A Tale of Shattered Dream of Love And Life" Langlit An Internaional Peer-reviewed Open Access Journal; Vol.5 issue2, Dec 2018.	2349-5189	Yes	49124	4.23	Nil	Yes
2	Dr. Anjo Rani "Realization of Life and Self in Chandilika" Langlit An Internaional Peer-reviewed Open Access Journal; Vol.5 issue1, August 2018.	2349-5189	Yes	49124	4.23	Nil	Yes
3	Dr. Anjo Rani "Male Domination and Social Prejudice in Tess of D'ureberuilles" Langlit An Internaional Peer-reviewed Open Access Journal; Vol. 4 issue 4, May 2018.	2349-5189	Yes	49124	4.23	Nil	Yes
4	Dr. Anjo Rani "Samsakara-The Sacraments of Hinduism" Langlit An Internaional Peer-reviewed Open Access Journal; Vol.4 issue3, Feb 2018.	2349-5189	Yes	49124	4.23	Nil	Yes
5	Dr. Anjo Rani "ARealistic Picture of Politics and Power in Vijay Tendulkar's GhashiramKotwal" LanglitAn International Peer-Reviewed Open Access Journal;Vol.5 Issue 3, Sept 2018.	2349-5189	Yes	49124	4.23	1	Yes



6	Dr. Anjo Rani "Samskara- The Sacrament of Hinduism" LanglitAn International Peer-Reviewed Open Access Journal;Vol.4 Issue 3, Feb 2018.				4.23		
7	Dr. Anjo Rani "Indian Folk Sensibility in The Stories of Manoj Das" Langlit An Internaional Peer-reviewed Open Access Journal; Vol.5 issue 4, May2019.	2349-5189	Yes	49124	5.61	Nil	Yes
8	Dr. Anjo Rani "Folk Culture Of Orissa in the Stories Of Manoj Das" National Journal of Enviroment and Scientific Research Access Journal;Vol.3 Issue-1, Jan2022 .	2395-2636	Yes		2.3	Nil	Yes
9	Dr. Anjo Rani "Struggle Of Oppressed In Toni Morrison's Jazz" Langlit An Internaional Peer-reviewed Open Access Journal; Vol.8 issue 3, FEB2022.		Yes		5.61	Nil	Yes
10	Dr. Anjo Rani "The Portrayal of Slavery in Toni Morrison's Beloved" International Journal of Creative Research Thoughts (IJCRT) An International Open Access, Peer-Reviewed, Referred Journal Vol.10 issue 2, FEB2022.	2320-2882	Yes		7.97	Nil	Yes
11	Dr. Anjo Rani The Pang of Partition in Amitav Ghosh's The Shadow Lines. International Journal for Multidisciplinary Research (IJFMR) An International Open Access, Peer-Reviewed, Referred Journal Vol.4 issue 6, DEC2022.	2582-2160	Yes		9.24	Nil	Yes



Rachna Arora

S. No.	Full Journal paper given below-	ISSN	Whether peer reviewed?	Whether UGC listed?	Impact Factor	No. of co-authors	Are you the main author?
				If yes, Give Ref. No.	(if any)		
1	Rachna Arora "Mahesh Dattani's Tara- A Glimpse of Patriarchal Society" International Journal of Creative Research Thoughts (IJCRT) An International Open Access, Peer-Reviewed, Referred Journal Vol.10 issue 2, MAY2022.	2320-2882	Yes		7.97	Nil	Yes



Number of Papers Presented/ Attended in Conferences / Seminars/Workshops During Last 5 years

Faculty	No. of Publication
Dr. Anjo Rani (Anju Tyagi)	07
Rachna Arora	03
Ms. Bhavpreeta Thakur	01
Total	11



Dr. Anjo Rani (Anju Tyagi)

CONFERENCES/ SEMINAR : 07 Papers

- 1- Participated and presented paper entitled “Samskara-The Sacrament of Hinduism” Sponsored National Seminar on “Literature: An Effective Medium for the Expression of Human Sensibility” held from 22 Feb, 2018 at J.K.P. (P.G.) College, Muzaffarnagar (U.P.)
- 2- Participated and presented paper entitled “A Realistic Picture of Politics and Power in Vijay Tendulkar’s *Ghashiram Kotwal*” Sponsored National Seminar on Values, Haridwar Literature Festival held from 14-16 Dec, 2018 at Gurukul kangri university, Haridwar.
- 3- Participated and presented paper entitled “Impact of Folk Tradition in the short stories of Manoj Das” Sponsored National Seminar on Values, Haridwar Literature Festival held from 27-28 March, 2019 at Gurukul kangri university, Haridwar.
- 4- Participated and presented paper entitled “One Day National Seminar attended and paper presented. Sponsored by Indian Council of social Science Research (ICSSR) **May 2021**
- 5- Presentation in a International Yoga Week webinar Organized by University of Patanjali, Haridwar **June 2021**.
- 6- Participated and presented paper entitled “Diplomacy in The Mahabharata” Sponsored National Seminar on “Literature: The Epic and The Nation” held from 30-31 May, 2022 at Shri Bhagwandas Adarsh Sanskrit Mahavidyalaya, Haridwar.
- 7- The Conflict of Nation and Partition in Amitav Ghosh’s *The Shadow Lines* Sponsored by ICSSR. National Seminar on “Indian Freedom Struggle and Partition of India- A Revisit Through the Lenses of Literature” held on 23-24 **Dec, 2022** at Harsh Vidya Mandir (P.G.) College Raisi, Haridwar.



Rachna Arora

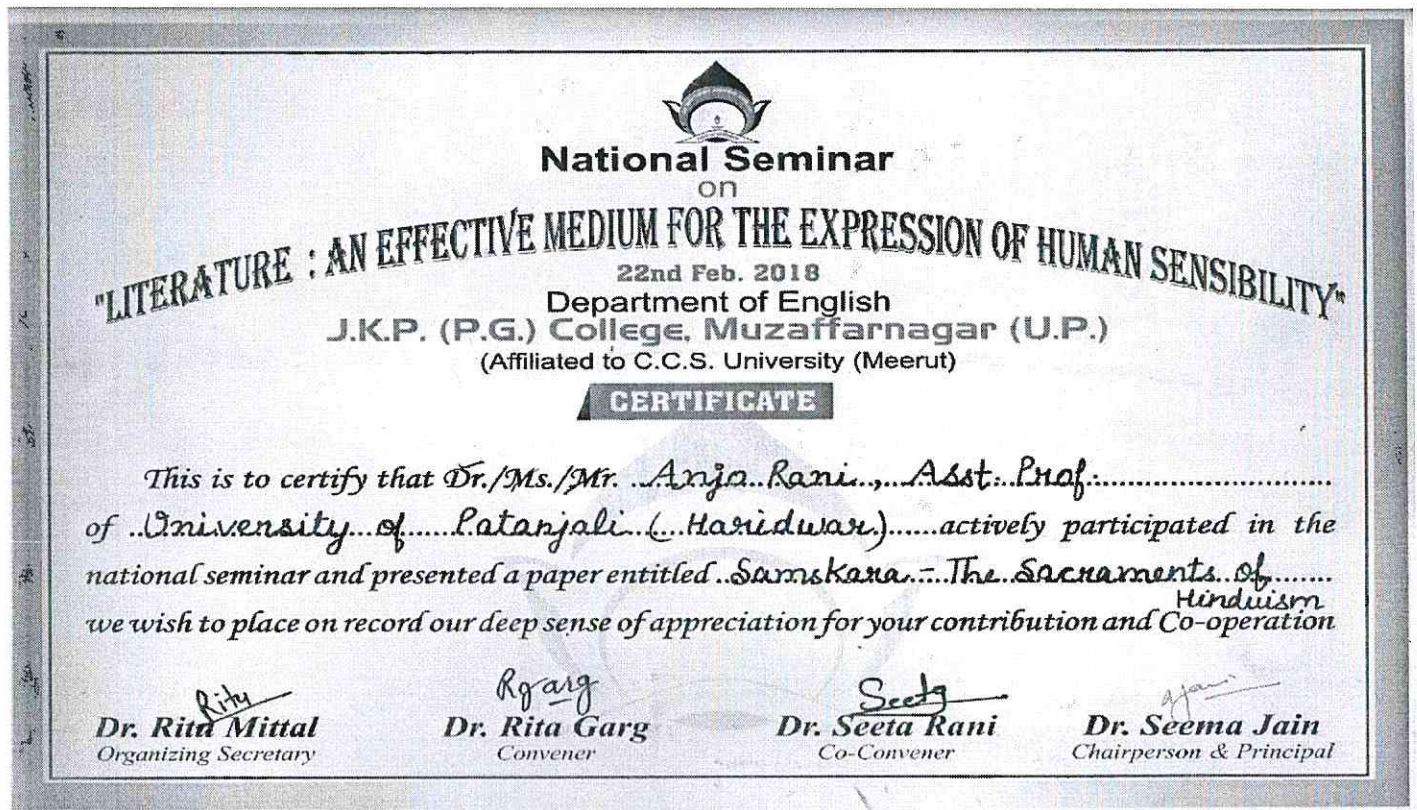
1. E-Workshop "Yoga Sutra and its Technical Terminology" certified by Commission for Scientific and Technical Terminology.31 August2020
2. "How to develop communication Skills" in Online portal of University- "Gyan Pravah"21 July2021
3. "Importance of Group Discussion" in Online portal of University- "Gyan Pravah"7 August2021

Ms. BhavPreeta Thakur

1. Brahma's Body is Language certified by WAVES 23-25 December 2022.



Dr. Anjo Rani (Anju Tyagi)





Interdisciplinary National Seminar Narrative (Katha) In Literature

Organized by
Department of English & IQAC
Gurukula Kangri Vishwavidyalaya, Haridwar (Uttarakhand)
27-28 March 2019

Certificate of Participation

This is to certify that Prof. /Dr. /Mr./Ms. Anjo Rani
of Patanjali University, Haridwar
has Participated/ Presented a Paper / Delivered a Plenary Lecture/ Chaired a Session entitled
Impact of Folk Tradition in the Short Stories of Manoj Das
in the Seminar.


Prof. M.R. Verma
Convener


Prof. Shrawan K. Sharma
Convener



One Day National Web Seminar

on

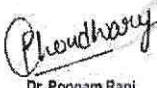
Women in 21st Century Indian Literature: Contemporary Issues and Perspectives

Organised by
Department of English, Harsh Vidya Mandir (P.G.) College, Raisi, Haridwar (247671)
(Affiliated to H.N.B. Garhwal University, Srinagar Uttarakhand)
(24th May, 2021)

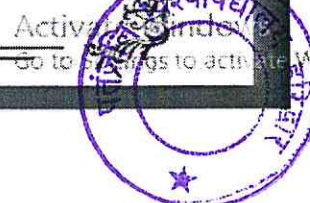
Sponsored by
Indian Council of Social Science Research (ICSSR)

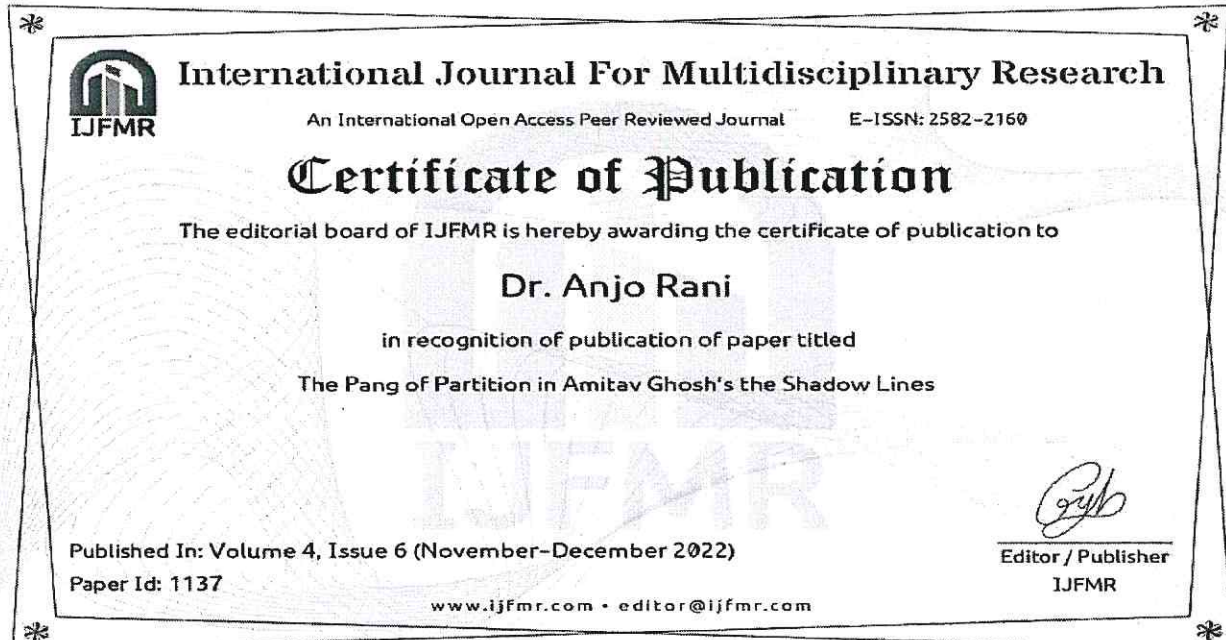
e-Certificate

This is to certify that Dr. Anjo Rani, Assistant professor of University of Patanjali, Haridwar has presented paper on "Gender Discrimination in 'The God of Small Things'" in One Day National Web Seminar entitled "Women in 21st Century Indian Literature: Contemporary Issues and Perspectives" held on 24 May, 2021.
Best wishes for your future endeavours.


Dr. Poonam Rani
Convener


Dr. Rajesh Chandra Patiwal
Principal





Rachna Arora

		
पंजीकरण सं./ Registration No.: CSTT/UOP/14		
भारत सरकार / GOVERNMENT OF INDIA		
वैज्ञानिक तथा तकनीकी शब्दावली आयोग		
Commission for Scientific and Technical Terminology		
शिक्षा मंत्रालय/ Ministry of Education		
उच्चतर शिक्षा विभाग/ Department of Higher Education		
सहभागिता प्रमाण-पत्र / CERTIFICATE OF PARTICIPATION		
श्री/सुश्री/डॉ/प्रो / Mr/Ms/Dr/Prof		
DR RACHNAARORA		
राष्ट्रीय ई-कार्यशाला / वेब-गोष्ठी का शीर्षक/ Title of the National e-Workshop/ Webinar		
“योग सूत्र एवं इसकी तकनीकी शब्दावली”		
आयोजक संस्था/ Host Institution		
पतंजलि विश्वविद्यालय , हरिद्वार		
अवधि / Duration		
दिनांक 27 अगस्त 2020 से 31 अगस्त 2020 तक (अपराह्न 10:00 - 02:00 तक)		
		
डॉ. ब्रजेश कुमार सिंह / Dr. Brajesh Kumar Singh	प्रोफेसर अवनिश कुमार / Professor. Avnish Kumar	
प्रभारी अधिकारी / Officer-in-Charge	अध्यक्ष / Chairman	
दिनांक/ Date: 31 अगस्त 2020		





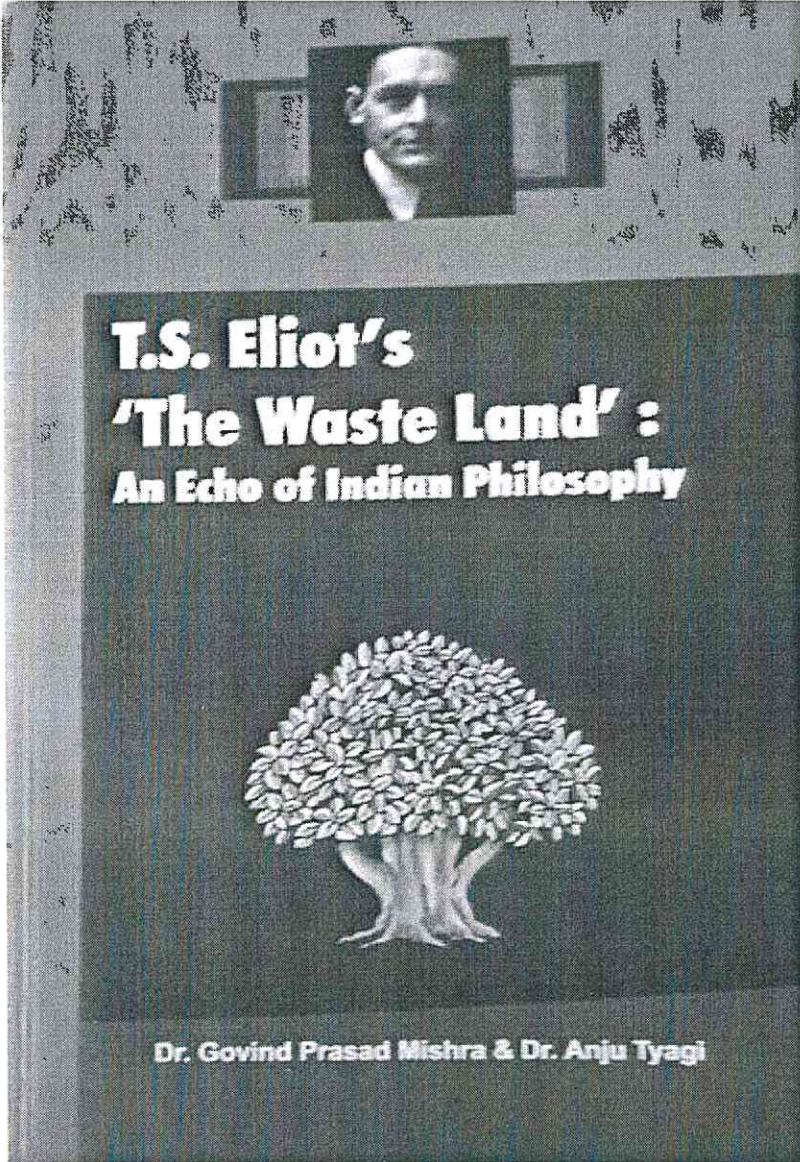
Ms. Bhavpreeta Thakur



Number of Books With ISBN During Last 5 years :-03

- 1- T.S. Eliot's 'The Waste Land': An Echo of Indian Philosophy
ISBN-978-81-93264-7-6
Dr. Anjo Rani (Anju Tyagi)**
- 2- A Realistic Social Vision in the Writings of Munshi Prem
Chand And Mulk Raj Anand ISBN-978-81-947207-7-5
Dr. Anjo Rani (Anju Tyagi)**
- 3- Chasing a Dream- Critical Analysis of Selected Short Stories
ISBN-978-93-5574-085-4
Dr. Anjo Rani (Anju Tyagi)**





A Realistic Social Vision in the Writings of Munshi Prem Chand and Mulk Raj Anand



Munshi Prem Chand



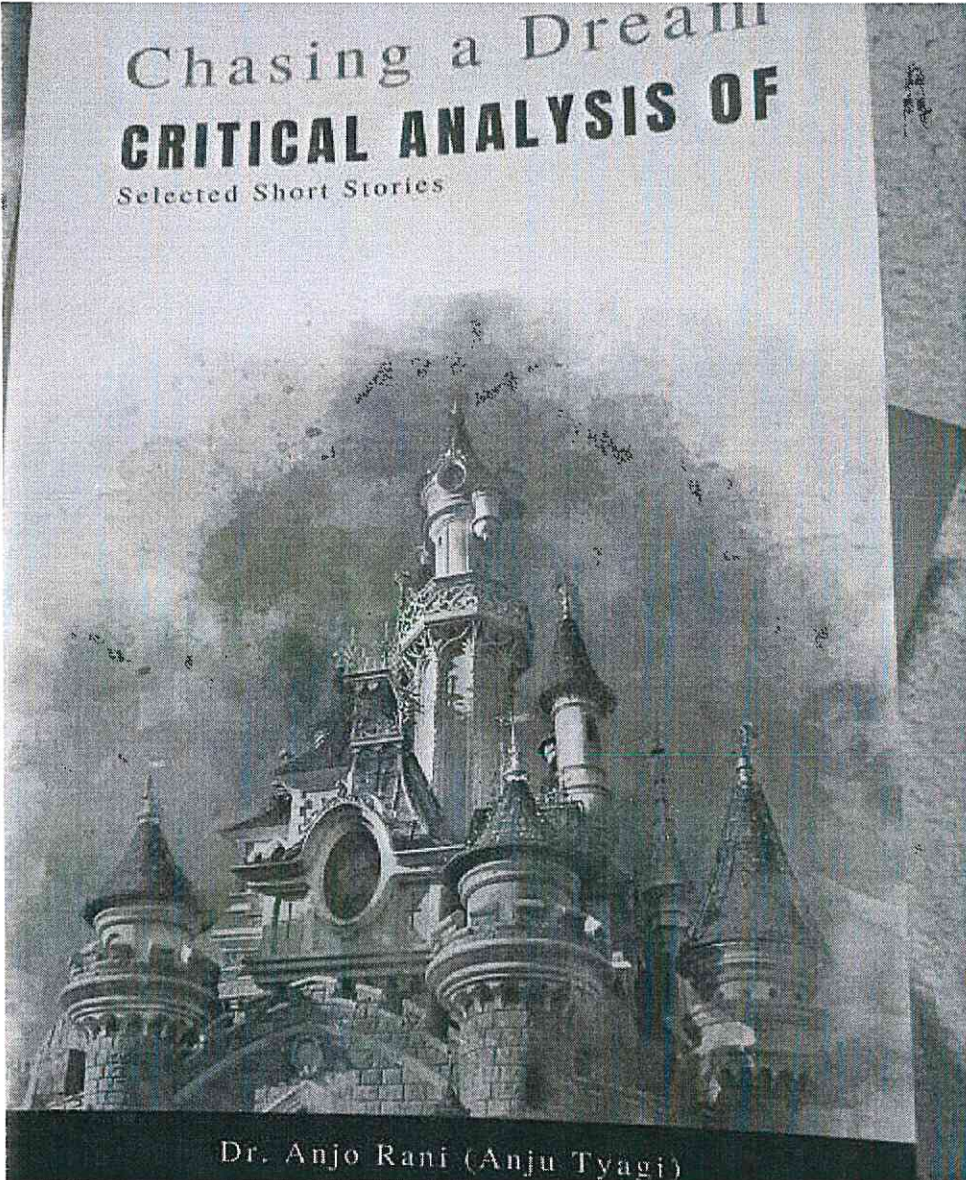
Mulk Raj Anand

Dr. Anjo Rani
Asstt. Prof., Deptt. of English
University of Patanjali, Haridwar, India

Heard



Chasing a Dream
CRITICAL ANALYSIS OF
Selected Short Stories



Dr. Anjo Rani (Anju Tyagi)



Creative Writings During Last Five Years-

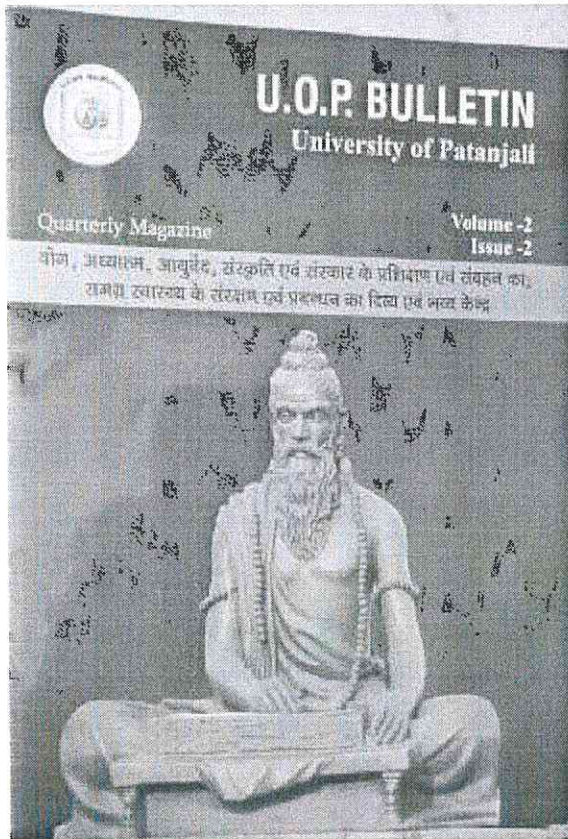
Faculty	No. of Publication
Dr. Anjo Rani (Anju Tyagi)	06
Rachna Arora	01
Total	07



Dr. Anjo Rani (Anju Tyagi)

S.No	Title	Magazine	Year
1	The Most Important Values To Live	UOP Bulletin University of Patanjali	Vol-2 Iss-2, Pg-10, April-June -2018
2	The Philosophy of Ethics	UOP Bulletin University of Patanjali	Vol-2 Iss-3, Pg-8, July- Sept - 2018
3	Difference Between Ego and False Pride	Patanjali Vishwavidalaya Prabha	Vol-4 Iss-2, Pg-19, Oct- Dec-2018
4	Dedication-A Key of Success	Patanjali Vishwavidalaya Prabha	Vol-1 Iss-3, Pg-13, Jan- March- 2019
5	Existentialism and its influence on Humanity	Patanjali Vishwavidalaya Prabha	Vol-2 Iss-3, Pg-8-9, April-June- 2019
6	Money- Is it happiness or trouble?	Patanjali Vishwavidalaya Prabha	Vol-3 Iss-3, Pg-13-14, July-Sept- 2019





THE MOST IMPORTANT VALUES TO LIVE
Dr. Anju Tyagi, Assistant Professor, Department of English

Open your arms to change, but don't let go of your values. - The Dalai Lama

We face tough decisions every day. As a parent, and as a professional I encounter several circumstances each day which test my patience, my character and my peace of mind.

For me, my values guide me and shape my priorities and reactions. They serve as my markers to tell me if my life is heading in the right direction and if it is turning out the way I want it to.

When our actions and words are aligned with our values, life is generally good and we feel content, confident and satisfied. But when our behaviors don't match up with our values, we soon begin to sense an uneasiness that begins to swell and grow inside of us.

This uncomfortable feeling tells us that we all is good with the world right now. We feel out-of-balance, out-of-touch and generally out-of-sorts. These feelings can be a source of anxiety and unhappiness.

Making a deliberate and conscious attempt to identify which values are the most important to us is to keep your anxiety low and your happiness and sense of personal worth and self-awareness high.

Regardless if we recognize them or not, values do mutually exist. Our lives can become less stressful and more productive, when we acknowledge our personal values – and then make the attempt to live by and honor these values regardless of the circumstances we encounter.

The following values are the ones that resonate with me. These values are the most important for me to live by and the ones I want to pass to everyone in my life:

1. **Caring**- Caring for others, as well as self-care, allows you to extend a helping hand and to pass along some unexpected grace. When we take the time to demonstrate we care, we demonstrate the fact there are still plenty of good people left in this world.
2. **Commitment**- Commitment shows loyalty and it can show bravery and tenacity as well. A commitment is a promise made and an expectation we have created. Honoring our commitment can make the difference between achieving what's most important to us or feeling disappointed and defeated.
3. **Compassion**- We are all part of this thing called the human condition. No doubt we have different star colors, religious preferences and political points-of-view, but at the end of the day, we still need to like care of one another.
4. **Co-operation**- Even the most complex tasks and assignments can be made simpler when we focus on the solutions - together.
5. **Dedication**- No matter how the circumstances may change, unless you are in a physically or emotionally abusive situation, stay the course and never give up. I would rather be called a failure than a loser. Losers give up when things become too difficult. Failures are folks who have just not found success - but will. So call me a failure if you like, because it implies I haven't stopped trying.
6. **Honesty**- To live authentically, to live honestly, keeps our hearts and souls pure and our minds free of doubt or uncertainty. When we are honest, we know we are using the right things.
7. **Patience**- Patience is a virtue which can also improve productivity because it creates a better state of mind, a clearer state of mind, for better decision making.
8. **Respect**- We are all different, yet we are all the same in the sense we want to be respected for how we think and believe. When we show the proper respect we are not only validating the other person's dignity, we are also enhancing our own.
9. **Vision**- Vision is created by our dreams and daydreams, alike. Vision provides the avenue to take our lives wherever we want them to go. Our vision reminds us that we are always capable of learning and growing into who we want to be.

10



Dr. Anju Tyagi, Assistant Professor, Department of English

a. *Normative Ethics*: It deals with the concepts of moral judgment and the questions that spring up while considering how to act in different situations.

b. Applied Ethics: It analyses the norms set about the way a person is supposed to or rather allowed to behave in a given situation. It deals with controversial topics such as animal rights and nuclear weapons.

Practical realists believe that "individuals realize ethical truths that already exist", while ethical nihilists, on the other hand are of the opinion that individuals explore and invent ethical truths on their own. Both have their own arguments to support their opinions.

Types of Ethics have broadly been classified into four different categories.

a. **Duty Ethics:** This category associates ethics with religious beliefs and also known as deontological ethics, these ethics categorize behaviors and acts as being right or wrong. People are expected to act as per them to fulfill their duties. These ethics are taught to us from the very beginning of our life.

h. **Virtue Ethics:** This category makes ethics with someone's personal behaviour. It focuses on a person's character, the way he thinks and the kind of character he has. Virtue ethics are also embedded in us since my childhood. We are taught what is right and wrong even though there is no logic behind it in most of the cases.

c. **Relativistic Ethics:** As per this, everything is equal. Each individual has the right to analyze the situation from his own version of right and wrong. Advocates of this theory strongly believe that, what may be right for one person may not be correct for the other, also what is correct in certain situation may not be appropriate in the other.

d. **Consequential Ethics:** During the age of enlightenment, there was a quest for rationalism. If a category of ethics is associated with that quest, As per this ethical theory, the outcome of an individual's behaviour determines the wrongness or rightness of his behaviour.

Importance of Ethics in Our Personal Life:

Minds of people are conditioned as per the accepted moral and ethical values existing in the society. The importance of ethics cannot be undermined. A child needs to be taught what behaviour is acceptable in the society. It is not from the very beginning in order to live in harmony with the society. This is the reason why we have placed so that people know how to act right and maintain peace and harmony in the society.

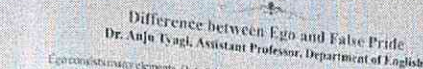
Importance of Ethics in Our Professional Life

Maintaining ethical conduct is extremely important at work places. Besides the being ethical and moral defined by the society, every organization determines its set of ethical values. Every individual working in an organization must follow them to maintain code of conduct. Some examples of common ethical codes among the organizations like, to treat employees fairly, deal with honesty, never leak the company's inside information to other organizations and if something appears wrong with the company's management or some employees, then report it to the management.

Setting these workplace ethics helps in smooth functioning of the organization. Any employee if violating these ethical code is issued warning letter or penalized in different ways based on the severity of the fault.

Most people blindly follow the ethics defined by the society. They stick to habits that are considered proper for the ethical norms and refrain from indulging in those that are considered to break these norms. However, they do not question these values and go by what they think is right or wrong.

are some who question the value of the



Each strategy element consists of two elements called *principle* and *rarity*, both in the positive. All strategy elements are therefore *principle* and *combinable*. One of the interesting facts is that these two elements are shared by person to person and in some person from time to time. Variety in this element which is element of contribution of human eye. For example, a lady imagine that she is not there at all. This is a novel dimension variety makes her to carry out her all theme.

The element of variety

[illegible]

There are 8 key features of Healthy Pride:

1. Healthy pride includes self-confidence, reflecting an independently motivated "win-or-lose" attitude.
2. Healthy pride represents a positive notion of self-worth, such as is found in a history where personal effort and expenditure of energy lead to success.
3. Healthy pride is expressed in an active fashion, and is most often enjoyed by others. It is quiet, self-satisfied, and does not require external validation.
4. Healthy pride has nothing to do with comparing oneself unfavorably to and secondarily envying leaders.
5. Healthy pride is authentic. It is an outcome, not a technique, of one's abilities.
6. Healthy pride relates to a person's ability to provide for society.
7. Those with healthy pride motivate and inspire others to achieve goals and win them.
8. Healthy pride is not egoistic.

अतो! वृत्त्या यावद्विरतिव्या।
यावदान् व्यतिनो को मायं चैव करणे नो दुःखं परिणामं होता है।
अनुसूक्तः खलु विक्रमात्कारः।
अहंकार न करना पराक्रम की सोचा है।

पतंजलि विश्वविद्यालय हरिद्वार

Dr. Anju Tyagi, Assistant Professor, Department of English

"Genius is one percent inspiration, ninety-nine percent perspiration." -Thomas Edison

The primary factor behind a successful person is higher level of dedication, which signifies the commitment of a person towards achieving objectives and life goals. Thus, dedication implies total devotion. Any successful personality owes his renown behind success. Answer that will encourage is that they were dedicated. Dedication is thus the ultimate key to success in life. The etymological roots of the word dedication can be traced back to the Latin term *dedicare* which means "the giving of oneself to some purpose." Thus, it implies that an individual has to be consistently committed towards his aims.

The primary ingredient of dedication is hard work. As the famous golfing guru, "Hard work is the key to Success." A person dedicated towards achieving his/her goals undertakes lots of perseverance. Hard work requires a right attitude, self-discipline and a healthy focus on one's life goals with objectives. Even if you are not successful at first, keep yourself motivated. If you fail, then you should continue to continue with your hard work and stay focused. The more you will continue with your hard work, the lesser will be work problem. This will lead to intrinsic in the field of dedication and ultimately you will find success. If you work hard and remain dedicated, you can achieve anything, any obstacle that lies in the path towards happiness. Resilient effort and dedication will ultimately lead you to realize your goals and thereby bring happiness to your life. So, the more dedicated you are, the happier you will be. It will not be remembered as there is no linear or a fixed formula for dedication. You have to first decide your aims. For your life goals and identify the potential challenges and obstacles that might arise in your way. After you identify the challenges, think of how they can be overcome. Overcoming the challenges on the path to success requires steadfast resistance and infinite fortitude. This involves strength of mind, character, courage to endure adversity with courage. If an individual is dedicated, then he/she will be able to develop such strength of mind to face adversity of any magnitude.

[illegible]

भगवान् जिसे आशीर्वादित करना चाहते हैं, उसकी आयतन कटोरी परीक्षा लेते हैं।
स्वायी शिक्षणन

Dr. ANJU TYAGI, Assistant Professor, Department of English

[illegible]

Postmodernism takes thought of the basic nature

- Human nature is chosen through life choices
- A person is best when struggling against their individual nature, fighting for life
- Deviations neither without stress and consequences
- There are things that are not rational
- Personal responsibility and discipline is crucial
- Society is unnatural and its traditional religious and secular rules are arbitrary
- Worldly desire is futile

Existentialism can mostly be described in a multiplicity of perceptions and really there can't be one given answer as to what it really is, but still it does not embrace any of the idea:

- wealth, pleasure, or honor make the good life
- social values and structure control the individual
- accept what is and that is enough in life
- science can and will make everything better
- people are intrinsically good but ruined by society or external forces
- "I want my way, now!" or "It is not my fault!" mentality

There is a varied diversity of philosophical thinking, religious beliefs, and political ideas that make up what we call liberalism, so there is no general agreement in a subjective set of beliefs and ideals. Since beliefs vary, can we say that the individual's belief freedom is a hard's important for people within a society?

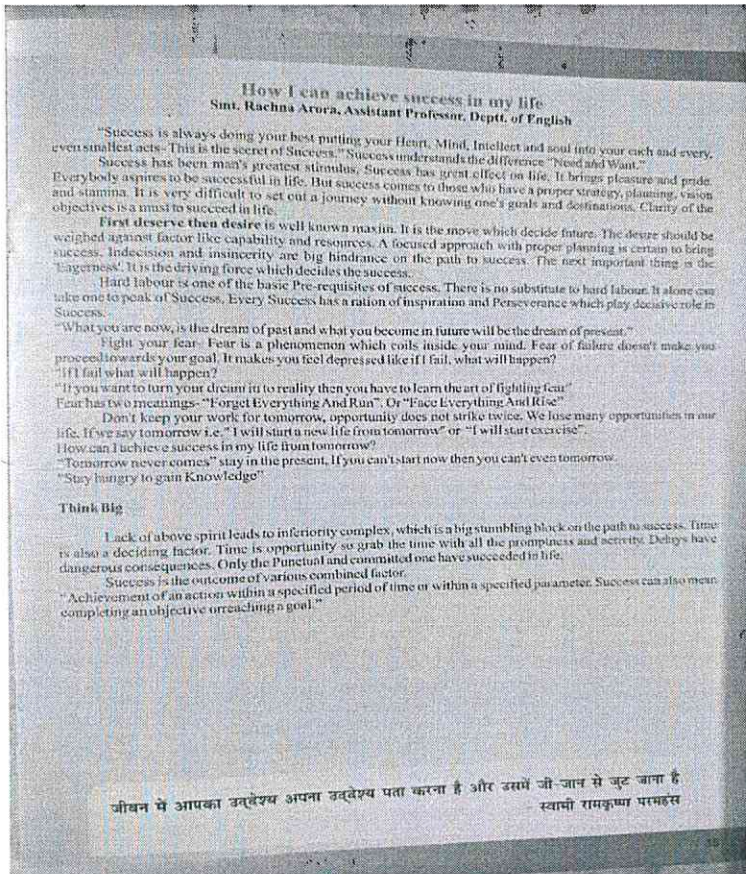
Existentialism's Influence on Humanity

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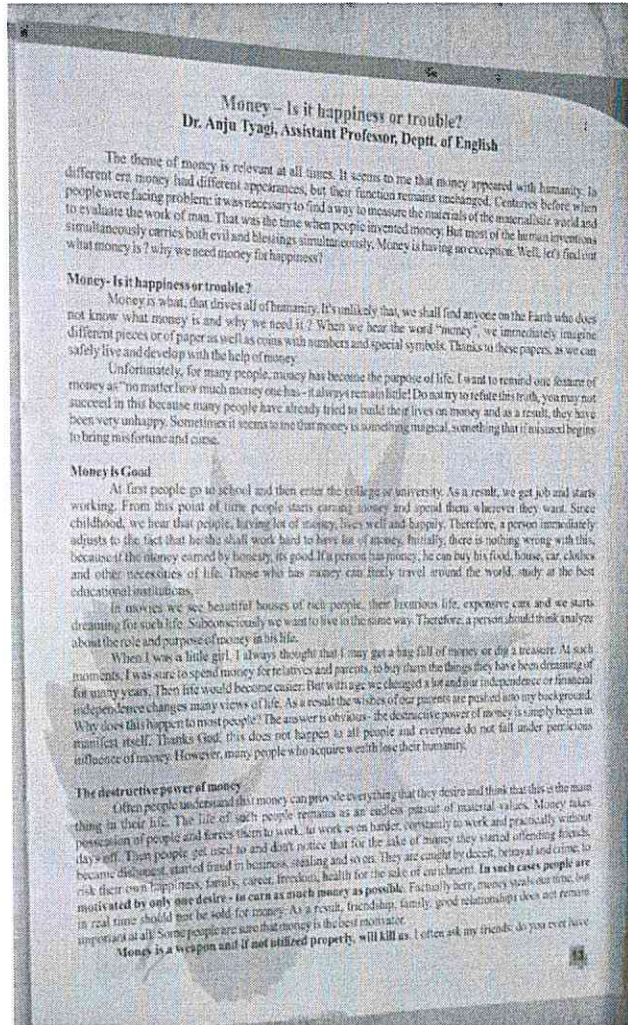
Shree

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S.No	Title	Magazine	Year
1	How Can I Achieve Success in My Life	Patanjali Vishwavidalaya Prabha	Vol-1 Iss-3, Pg-13, Jan- March- 2019



Rachna Arora



Storage

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राष्ट्रिय

Language Lab



Computer Lab



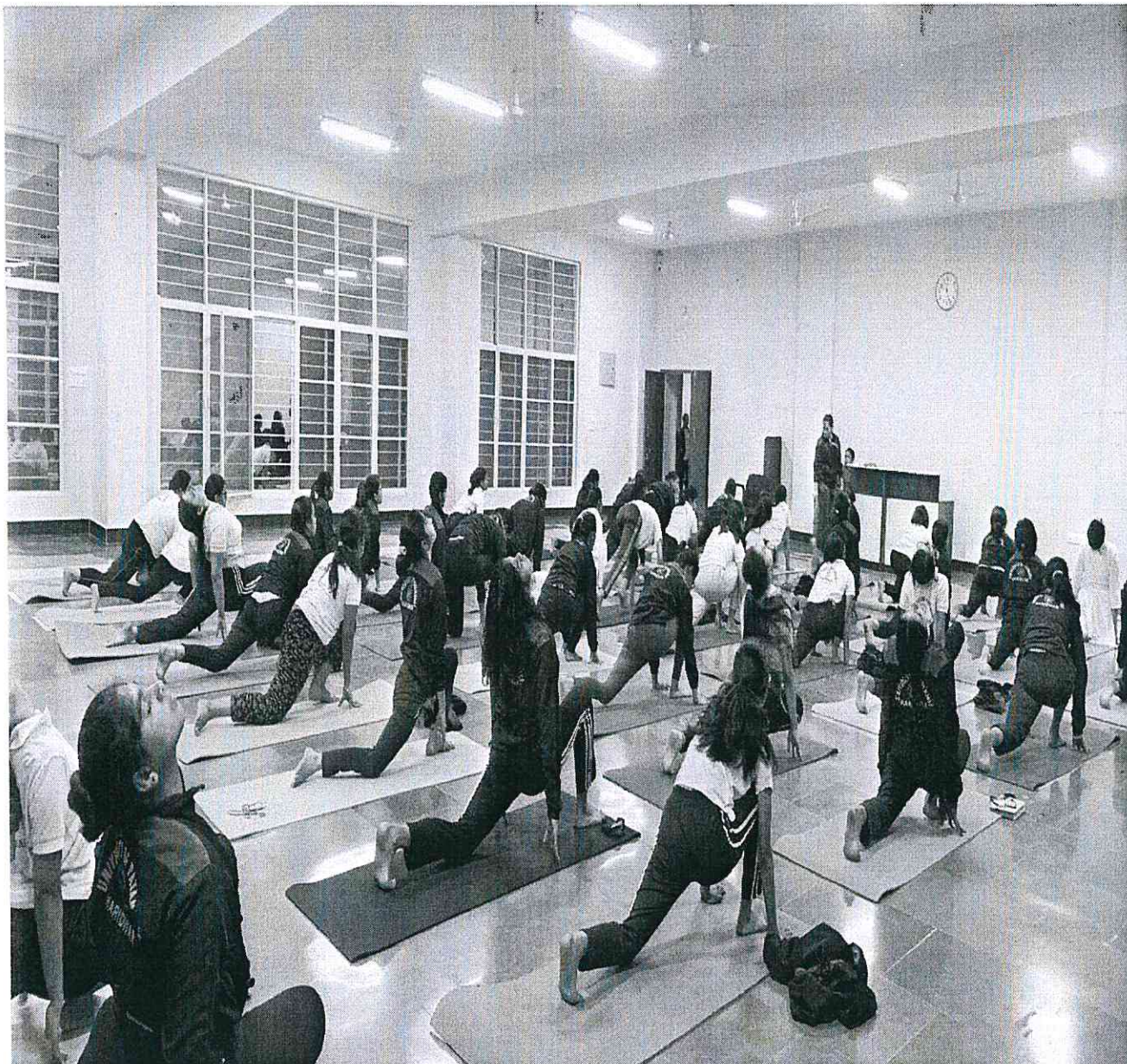
Signature

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हुरिहार

Yajnashala



Yogshala



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