

NATIONAL SERVICE SCHEME



Unit 6 & 7

(Under the Cell of Gurukul Kangari University, Haridwar)

UNIVERSITY OF PATANJALI, HARIDWAR

Event Details

From 2017-22

S.No	Date	Events	Place/Mode	No of Participants
1	31/05/22	World No Tobacco Day	Mini Auditorium	NSS volunteers (100)
2	08/03/22	International Women's Day	University Campus	NSS volunteers (100)
3	21/02/22	International mother language day	Mini Auditorium	NSS volunteers 50 participants
4	12/02/21	Voter Awareness Rally	Shantershah	NSS volunteers (100)
5	24/01/22	National Girl Child Day	University Campus	NSS volunteers (50)
6	10/10/21	Swachh Bharat Abhiyan	Haridwar	180 Participants
7	04/08/21	NSS Vatika	University Ground	NSS volunteers (50)
8	During March 2020 to October 2020	Corona Awareness Program	online	50 participants
9	1/01/19	Swachh Bharat Abhiyan (Clean India)	Triveni Ghat, Rishikesh	NSS volunteers (100)
10	10/10/2018	Mental Health Day	Ayurveda Bhawan	NSS volunteers

				(200)
11	24/09/2018	NSS foundation Day	Disha Auditorium	NSS volunteers (200)
12	4/08/2018	Jadi-Buti Diwas	Disha Auditorium	NSS volunteers (200)
13	9/10/17	Blood Donation Camp	Disha Auditorium	NSS volunteers (200)
14	26/09/17	Constitution Day	Ayurveda Bhawan	NSS volunteers (200)

Other Activities for the development of NSS Volunteers

Activity 1	Celebration of Shaheed Diwas 30 January, 2019
Activity 2	Self Defense Training 8 March, 2019
Activity 3	Yoga Camp in orphanage, 2018
Activity 4	Information, education and communication (IEC) activities, 2019

Report on “World No Tobacco Day” event

May 31, 2022

This year the theme of World No Tobacco Day 2022 is “Tobacco: Threat to our environment”. UGC has directed all the institutions to observe the “World No Tobacco Day” on 31st May 2022 on the theme and also to organize a pledge-taking ceremony in a befitting manner following the strict adherence to the Government protocols on COVID-19. The pledge taking ceremony was organized for all the faculty, students and non-teaching staffs on 31st May 2022. A total of 300 students, faculty and non-teaching staff participated in the pledge. The pledge for faculty and non-teaching staffs was facilitated by Dr. Vaishali Gaur, Program Officer, and NSS and for the students.

Report on “International Women’s Day” event

March 8, 2022

Active volunteers of NSS celebrated “International Women Day” on 08/03/2022. The main objectives of International Women Day celebration were as follows:

- To focus on the need to address the challenges of gender discrimination in our society and to change society’s attitude towards females.
- To increase awareness among students on the importance and role of girl child in society
- To remove all inequalities faced by girl children.
- To ensure equal rights for them.

In this event many different ideas was presented. The students came up with beautiful messages displayed through their posters. The entire day saw different events celebrated on the occasion of International Women Day.

Report on “International Mother Language Day” event

February 21, 2022

Volunteers of NSS celebrated “International Mother Language Day” on 21/02/2022. The International Mother Language Day is celebrated on 21st February every year. With respect

to this celebration, volunteers conducted various activities like poster making and poem competition. Students from UG and PG had participated in the event.

Report on “Voter Awareness Rally” event

February 12, 2022

University of Patanjali with NSS volunteers organised rally to celebrate National Voters Day. Around 180 students along with faculty participated in this awareness rally. Students made colourful and informative play cards. Rally proceeded from the university to the village and in the rally students raised the slogans for creating awareness on right to vote. The students then approached the public and provided them information about their right to vote. The main objective of this rally was to create awareness among people with respect to National Voters Day and exercising their right to vote.

Report on “National Girl Child Day” event

January 24, 2022

National girl child day is celebrated every year on the 24th of January to create awareness about the rights of the girl child, gender-based biasness and education of girl child. Department of Psychology with NSS volunteers organized National Girl Child day. The program was inaugurated by Honourable Pro-Vice Chancellor. The volunteers celebrated the event by engaging in different activities like poster making, poetry and debate.

Report on NSS Vatika

August 4, 2021

National Service Scheme (NSS) was introduced in 1969 with the primary **objective** of developing the personality and character of the youth through voluntary community service. 'Education through Service' is the **purpose** of the NSS. **To achieve the purpose of NSS, we planned to grow kitchen garden in our campus.** Definitely, Kitchen garden will provide a practical, sustainable way for students to grow their own nutrient food and improve quality of life.

Report on Swachh Bharat Abhiyan

October 10, 2021

Under the blessing of Pram Pujya Acharyaji, Vice-Chancellor of U.O.P, a one day camp entitled “**Swachh Bharat Abhiyan**” was organised on 10th October; 2021. Various activities were performed by the NSS volunteers like rally, poster presentation under the supervision of Dr. Vaishali Gaur, NSS Program officer.

Report of various activities conducted during the Corona Period

During March 2020 to October 2020

March 2020 had brought great darkness for the whole Country. It was such a terrible pandemic that it disturbed the life of the entire Country. Commendable work was done by the active volunteers of University of Patanjali to fight against this global pandemic. The details of the work done by the volunteers are as follows:

- Masks were prepared and distributed to the needy people.
- Food was provided to the needy people.
- Envelopes were distributed to the needy people and they were made to take a pledge through digital medium to protect the environment.
- The common public was motivated through visual and audio graphics to download the AarogyaSetu App.
- Enrollment was done in large number in Disha Portal.
- Animals like cows, dogs and birds were given food.
- The public was made aware of the guidelines of the Government related to Corona virus.

Report on Swachh Bharat Abhiyan

January 1/01/20

Swachh Bharat Abhiyan was celebrated on 1/01/20 at Triveni Ghat. The motto of the programme was to create awareness of Green and Clean India. The message of Green and Clean India was given through street play. Under this programme, all the NSS volunteer had to participate. As a part of this cleanliness drive, we had to clean the Triveni Ghat. In the end we all took oath of keeping our home, locality and city clean. It was a unique experience for all of us.

Report on Mental Health Day

October 10, 2018

Under the blessing of Pram Pujya Acharyaji, Vice-Chancellor of U.O.P, a one day camp entitled "Mental Health" was celebrated on 10 October, 2018. Various activities were performed by the NSS volunteers like Speech, poem and poster presentation under the supervision of Dr. Vaishali Gaur, HOD, Department of Psychology and NSS Program officer. Winners were awarded by our judges. Vote of Thanks was given by Dr. Abhishek and Mr. Kapil Shastri.

Report on NSS Foundation Day

September 24, 2018

The **National Service Scheme (NSS)** is a Central Sector Scheme of Government of India, Ministry of Youth Affairs and Sports. The scheme was launched in Gandhiji's Centenary year, 1969. NSS is a voluntary association of young students in Colleges, Universities and at +2 level working for a campus-community linkage. To spread knowledge about the NSS and its functions, one Day camp was organized on 24 September 2018 at Disha Auditorium by unit No. 6 and 7 under the special guidance of Dr. Vaishali Gaur, Program Officer of NSS, University of Patanjali, Haridwar.

Report on Jadi-Buti Diwas

August 4, 2018

Tree Plantation programme was held in the girl's hostel field on 4th August, 2018 at 9:00 am and about 100 NSS volunteers participated in the programme. This program was organized to celebrate ParamPujya Acharyaji's Birthday, Registrar, Dinkar Burathoki, Program Officers, Dr.Vaishali Gaur, Mr.Kapil Shastri and others planted saplings in the girl's hostel field.

We planted 100 various types of plants and herbs including Neem, Tulsi, Aloe Vera, Guava, Giloy. Our students also explained about the importance of tree plantation. The purpose of this program was to enhance the theoretical and practical knowledge of the volunteers about plantation.

Report on Blood Donation Camp

October 10, 2017

A blood donation camp was organized by NSS volunteers on 10th October 2017. It was held in the Disha Auditorium. The Chief Guest of the program was District Coordinator, National Service Scheme Dr. S.P. Singh. A team of 10 doctors and nurses of District Hospital, Haridwar had come for collection of blood. 200 hundred volunteers including staff donated blood voluntarily. A certificate of Appreciation, refreshment was given to each donor.

Report on Constitution Day Celebration

November 26, 2017

Volunteers of National Service Scheme celebrated the Constitution Day (Samvidhan Divas) on November 26, 2017 at the Ayurveda Bhawan, PatanjaliYogpeeth Phase I. The organization of the program was done under the supervision of Dr.Vaishali Gaur, Program officer NSS. On this occasion, the esteemed Pro Vice Chancellor Prof.Mahaveer Agarwal read the Preamble of the Indian Constitution. On this occasion, Dr.Vinay, Assistant Professor in Political Science from S.M.J.N Degree College, Haridwar explained about the necessity of the Constitution and efforts made by the Constituent assembly in drafting the Indian Constitution. In this program Dr. Sanjay, Dr.Anju, Dr.Govind Mishra and Dr.Narendra were present.

OTHER ACTIVITIES

Report on Shaheed Diwas

30 January, 2019

Shaheed Diwas was celebrated on 30th January, 2019. The motto of the program was to promote patriotic feelings amongst the students. Different activities were performed during the function like speech, poster and song competition. The program was held under the supervision of Dr. Vaishali Gaur, NSS Program Officer. The purpose of this program was to promote Mahatma Gandhi's principles and ideas.

Report on Self- Defence Training Programme

8 March, 2019

Self defence especially for women is of utmost importance in the kind of world we live in today. Women, usually referred as the weaker sex, are considered easier target. In a country like India where the cases of gender violence are on rise, out of which many go unreported, self-defence for women has become a necessity more than ever. Rape, Molestation, Abduction, Acid Attacks and Murder are the most common forms of crime against women in India.

Just keeping these points in mind, an activity of Self Defence Training for girls in University Of Patanjali was conducted under the supervision and guidance of Dr Vaishali Gaur, (Program officer N.S.S). The Students got their Self defence training by martial art expert master Sandeep Manikpuri. All the 60 volunteers were taught different tricks and training to defend themselves from different kinds of attacks and assaults.

Report on Yoga Camp in Balkunj Orphanage

December 12, 2018

One Day yoga Camp was organized in Balkunj Orphanage, Bahadrabad on 12th December, 2018. The purpose of this camp was to enhance the psychophysical well being of orphans. The yoga camp was organized to bring peace, harmony, happiness and success in the life of orphan children. The students of Balkunj orphanage performed Yoga between 10.00 am to 11.00 am under the guidance of Yoga Students.

**Information, education and communication
(IEC) activities
Progress Report**

S.No	Date	Project	Time	Place
IEC-01	09/07/2019	Organize awareness campaigns around better solid and liquid waste management practices	10 hours	Village Santer Shah
IEC-02	10/07/2019	Village and school level promotion of 3Rs (reduce, reuse, recycle), compost pits, no littering through street plays, folk songs and dance performances	10 hours	Village Santer Shah
IEC-03	11/07/2019	Organize Swachhta exhibition on local waste management technologies.	10 hours	Village Santer Shah
IEC-04	12/07/2019	Make wall paintings in public places on the theme of a clean village, promotion of compost pits, and proper management of plastic waste.	10 hours	Village Santer Shah
IEC-05	13/07/2019	Organize plastic free village campaigns and declaring of plastic-free zones	10 hours	Village Santer Shah

Day: one

Activities:

IEC-01: Organise awareness campaigns around better solid and liquid waste management practices.

The NSS volunteers went to Santersshah village and organised an awareness campaign in the village and nearby surrounding. Volunteers provided information about cleanliness. The Volunteers interacted with the people of surrounding and discussed their problems regarding Clean India. Pictures and signatures of 25 houses as well as villagers were collected as a proof of their participation in this campaign. The whole day activities were performed under the guidance of program officer Dr. Vaishali Gaur.

Day: second

Activities:

IEC-02: Village and school level promotion of the 3R's (reduce, reuse, recycle), compost pits, no littering through streets plays, folk songs and dance performances.

The target of the second day was to aware people about 3R's (reduce, reuse and recycle) and compost pits. The NSS volunteers went into the primary school and organised a street play and gave information about cleanliness of the village.

In the school the volunteers performed a folk song composed by one of the volunteers to motivate the students.

Day: Third

Activities:

IEC-03: organise Swachhtamelas/exhibition on local waste management technologies.

On the third day, Swachhta Mela was organised in the primary school of Santarshah. The NSS volunteers of University of Patanjali went to Santarshah village and spread information among people. Active participation was done by school students. The students made many types of paper bags and other daily use things and they took an oath to keep the village clean. Prize distribution was done to those who made good bags and did extraordinary work.

Day: Forth

Activities:

IEC-04: Make wall paintings in public places (panchayat offices, etc) on the theme of the clean village, promotion of compost pits, and proper management of plastic waste.

The motto of this activity was to promote compost pits and to provide information about proper management of plastic waste. Proper place was selected to make wall paintings to create awareness, like Panchayat bhawan. The work was done after getting permission of the gram pradhan. Volunteers drew a lot of paintings on the themes like clean village, a plastic free village etc.

Day: Fifth

Activities:

IEC-05: Organise plastic-free village campaigns and declaring plastic free zones.

The purpose of this activity was to make our surrounding plastic free. The NSS volunteers went to the village and provided useful information regarding use and harmful effect of plastic. Volunteers also spread information about “**no use**” of plastic or use as little as possible. Instead of plastic they were requested to use cloth bags or paper bags. The activities were performed by active volunteers under the guidance of Dr. Vaishali Gaur, Program Officer of NSS, University of Patanjali.

