

UNIVERSITY OF PATANJALI

Ph.D. Degrees awarded/ Completed (as on 05/02/2025)

Sl.No.	Enrollment No.	Name	Father Name	Subject	Topic	Guide	Date of Declaration of Result
1	9048	VIRENDER KUMAR	RAJ PAL	Yoga Science	श्रीमद्भगवद्गीता एवं तुलसीकृतसमवर्तमानस में उपलब्ध भक्तियोग के तत्वों का तुलनात्मक अध्ययन	Prof. (Dr.) G.D. Sharma Prof. & Head of Dept. of Yoga Science, UOP, Haridwar	30.08.2016
2	10085	AAUSH KUMAR	KARANVIR SINGH	Yoga Science	हठयोग ग्रन्थों में वर्णित कुण्डलिनी जागरण एवं पातंजल योगसूत्र में निहित ध्यानयोग की उपादेयता का समीक्षात्मक अध्ययन।	Prof. (Dr.) G.D. Sharma Prof. & Head of Dept. of Yoga Science, UOP, Haridwar	30.09.2016
3	10080	SOHAN LAL	DAYAL CHAND	Yoga Science	हठप्रदीपिकादि ग्रन्थों एवं स्वामी रामदेव जी द्वारा निर्दिष्ट आसन तथा प्राणायाम के रहस्यों का तुलनात्मक अध्ययन।	Prof. (Dr.) G.D. Sharma Prof. & Head of Dept. of Yoga Science, UOP, Haridwar	25.11.2016
4	10090	HIMANSHU	PRAMOD KUMAR	Yoga Science	श्रीमद्भगवद्गीता एवं पातंजल योगसूत्र में वर्णित कर्मयोग का समीक्षात्मक अध्ययन।	Prof. (Dr.) G.D. Sharma Prof. & Head of Dept. of Yoga Science, UOP, Haridwar	28.11.2016
5	10067	MAHESH KUMAR MAINALI	CHANDRA PRASAD MAINALI	Yoga Science	भारत वर्ष की प्रमुख योग-परम्पराओं के मौलिक ग्रन्थों में शोधन क्रियाओं का स्वरूप: एक विवेचनात्मक अध्ययन।	Prof. (Dr.) G.D. Sharma Prof. & Head of Dept. of Yoga Science, UOP, Haridwar	04.01.2017
6	12119	NILKAMAL SINGH	N. TOMBI SINGH	Yoga Science	Neurophysiological Correlates of two Yoga Breathing Techniques (<i>Kapalabhati and Meditative Breathing</i>)	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	29.04.2017
7	12120	SHIVANGI PATHAK	SHIVJEE PATHAK	Yoga Science	Cardio-Respiratory Variables During Two Yoga Breathing Practices. (Alternative Nostril Yoga Breathing and Meditative Breathing)	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	07.07.2018
8	172461	SADHNA DADHORE	PANJAB RAO DADHORE	Yoga Science	Development and Validation of Astanga Yoga Scale for Wellness of Adolescents	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	27.03.2021

9	172463	ANKITA MISHRA	SHIV NARAYAN MISHRA	Yoga Science	Effect of yoga module on cognitive functioning of school children in a dynamic executive reference frame	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	10.08.2021
10	172465	NIRANJAN KALA	RATISH CHANDRA KALA	Yoga Science	Effect of two yoga breathing techniques on autonomic and cognitive functions	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	09.08.2021
11	172462	SACHIN KUMAR SHARMA	BALKRISHNA SHARMA	Yoga Science	Effects of two yoga breathing techniques on measures of attention and arousal	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	23.11.2021
12	172464	HARDEEP	RAJPAL	Yoga Science	Effect of Yoga on emotional intelligence among college students of Rohtak, Hariyana: A Questionnaire Based Study	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	09.12.2021
13	195566	SOMVEER	KRISHAN KUMAR	Sanskrit	Shrimadbhagwadgeeta aur Paatanjala Yogsutra mein Aatmaprabandhana	Prof. Mahavir Agarwal Prof., University of Patanjali, Haridwar	26.04.2022
14	172704	VIJAY KUMAR	HAVALDAR SINGH	Yoga Science	An Analytical Study of Yogic Elements Described in Srimad Bhagwat Mahapurana and Sri Raamcharitamanas	Dr. Sanjay Singh Asst. Prof. University of Patanjali, Haridwar	27.05.2022
15	172693	CHAITANYA CHANDRAKANT UGALE	CHANDRAKANT	Yoga Science	Yoga Science Based action-outcome outline for workmen's prosperity	Dr. Sanjay Singh Asst. Prof. University of Patanjali, Haridwar	25.06.2022
16	172459	MANISH KUMAR	RAMLAL	Yoga Science	Designing and developing Yoga Teaching AIDS for School Students & Teachers : Simplifying Yogic Knowledge	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	12.07.2022
17	195565	SHUBHAM DIXIT	YESHPAL DIXIT	Sanskrit	हिमाचलदर्शनम् : एक समीक्षात्मक अनुशीलन	Prof. Mahavir Agarwal Prof., University of Patanjali, Haridwar	30.07.2022

18	172698	AMANDEEP	RAI SINGH	Yoga Science	Effect of Yoga on self-esteem, Stress and Aggression among Orphanages	Dr. Narendra Singh Asst. Prof. University of Patanjali, Haridwar	30.08.2022
19	172694	ARCHANA MAURYA	RAM ANUJ MAURYA	Yoga Science	Effect of Yoga on Anxiety, overall aggression and subjective well-being among college students	Dr. Narendra Singh Asst. Prof. University of Patanjali, Haridwar	30.08.2022
20	172708	ROHINI DAYMA	VED PRAKASH DAYMA	Yoga Science	Yogic Gut Aeration Techniques to Inhibit Helicobacter Pylori Induced Acid Peptic Diseases	Dr. Rudra Bhandary Asst. Prof. University of Patanjali, Haridwar	01.09.2022
21	172696	SAKSHI SHARMA	SUNIL KUMAR SHARMA	Yoga Science	Efficacy of an Integral Yoga Intervention on Affective, Cognitive and Behavioural Outcomes of Corporate staff	Dr. Rudra Bhandary Asst. Prof. University of Patanjali, Haridwar	01.09.2022
22	172460	KM LAXMI GUPTA	RAMESH CHANDRA GUPTA	Yoga Science	Effect of Yoga Techniques to Improve the Quality of Life in Infertile Women	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	02.09.2022
23	172690	KARUNA	RAJ KUMAR SAINI	Sanskrit	आयुर्वेदीय निघण्टु-वाङ्.मय का समीक्षात्मक अनुशीलन	Dr. Manohar Lal Arya Prof., University of Patanjali, Haridwar	02.09.2022
24	172691	SWATI ARYA	BALWAN SINGH	Sanskrit	मुद्रित आयुर्वेदीय निघण्टुओं में प्रचलित अपपाठ-एक समीक्षात्मक अध्ययन	Dr. Manohar Lal Arya Prof., University of Patanjali, Haridwar	02.09.2022
25	195559	SWAMI PARMARTHDEV	SWAMI RAMDEV	Darshan	एकदश उपनिषदों में योगविद्या	Sadhwi Dr. Dev Priya ji Prof., University of Patanjali, Haridwar	06.10.2022
26	16303	PRITAM KUMAR SINGH	RAVINDRA SINGH	Darshan	भारतीय षड्दर्शनों के सिद्धान्तों की व्यावहारिक उपयोगिता	Sadhwi Dr. Dev Priya ji Prof., University of Patanjali, Haridwar	09.01.2023

27	172710	PRAMOD KUMAR	SURENDRA KUMAR	Yoga Science	The role of yoga in a new scale development of memory among the collage students	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	04.02.2023
28	172709	PREM PRABHU	DUNGAR DEV KANDPAL	Yoga Science	Effect of Prana vidya on cognitive abilities; Ajna Cakra, of Adolescents	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	24.02.2023
29	172695	KM KIRTI MAURYA	VINOD KUMAR MAURYA	Yoga Science	भावनात्मक तन्त्रकता (Emotional Resilience) के परिप्रेक्ष्य में भक्ति योग की भूमिका : एक विवेचनात्मक अध्ययन	Dr. Narendra Singh Asst. Prof. University of Patanjali, Haridwar	11.03.2023
30	172703	SUSHMA PAL	MAMCHAND PAL	Yoga Science	Neurophysiological Effects of Alternate Nostril Yoga Breathing	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	28.03.2023
31	172692	ALOK SINHG	TRIBHUVAN SINGH	Yoga Science	The Physiological effects of pranayamas involving uni and bilateral nostril yoga breathing	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	11.04.2023
32	195567	SEUL GI LEE	JUNHO LEE	Yoga Science	Effect of Yoga on Visual perception and working Memory among the University Students	Prof. V. K. Katiyar Dean, A & R, University of Patanjali, Haridwar	20.05.2023
33	172697	SOURABH KUKRETI	SHIROMANI KUKRETI	Yoga Science	Efficacy of yoga on self esteem, cognition and behavioural symptoms of people with alcohol use disorder	Dr. Sanjay Singh Asst. Prof. University of Patanjali, Haridwar	29.09.2023
34	172701	NAVEEN	RANVIR SINGH	Yoga Science	Simplified Kundalini Concept : Scale Development	Prof. Paran Gawda Prof. University of Patanjali, Haridwar	04.12.2023
35	208354	SAURABH JOSHI	CHANDRA PRAKASH JOSHI	Yoga Science	पतंजलि प्रतिपादित योगाङ्गों के आलोक में योग - उपनिषदों का समीक्षात्मक अनुशीलन	Prof. Mahavir Agarwal Prof., University of Patanjali, Haridwar	29.01.2024

36	172702	SADHANA VERMA	DAL CHANDRA	Yoga Science	Changes in computer vision syndrome, sleep quality and Psychological variable in computer users following yogic visual concentration (Trataka)	Dr. Arti Yadav Asst. Prof., University of Patanjali, Haridwar	29.01.2024
37	196451	ANANYA GUPTA	RAMKHLARI	Yoga Science	शास्त्रोक्त वातज रोगों का यौगिक प्रबन्धन	Dr. Nidheesh Yadav Associate Prof. University of Patanjali, Haridwar	05.02.2024
38	172705	VIKRAM SINGH RAWAT	KAMAL SINGH RAWAT	Yoga Science	<i>Enhancing the quality of life of ageing elders through yoga practices</i>	Prof. Paran Gowda Prof. University of Patanjali, Haridwar	10.02.2024
39	196465	NILESH MUDGAL	JAGRAM MUDGAL	Yoga Science	<i>EFFECTS OF YOGA ON GRATITUDE, MINDFULNESS AND EXAM ANXIETY AMONG SCHOOL GOING EARLY-ADOLESCENTS</i>	Sadhwi Dr. Dev Priya ji Dean, faculty of Humanities and Ancient studies, University of Patanjali, Haridwar	15.02.2024
40	196450	SAPNA YADAV	DHARAMVIR SINGH	Yoga Science	<i>आर्ष ग्रंथों व अनार्ष संप्रदायों में प्रचलित ध्यान विधियों का विश्लेषणात्मक अध्ययन</i>	Sadhwi Dr. Dev Priya ji Dean, faculty of Humanities and Ancient studies, University of Patanjali, Haridwar	23.02.2024
41	208353	SANJAY KUMAR	SH CHANDER PRES	Yoga Science	<i>आधुनिक शिक्षा प्रणाली में नैतिक मूल्यों के संवर्धन हेतु यौगिक ग्रंथों की उपादेयता</i>	Sadhwi Dr. Dev Priya ji Dean, faculty of Humanities and Ancient studies, University of Patanjali, Haridwar	26.02.2024
42	207511	DRISHTI RAJ	RK RAJ	Yoga Science	<i>प्रमुख धर्म ग्रंथों में प्रतिपादित योग का तुलनात्मक अध्ययन (हिन्दू, इस्लाम और सिक्ख धर्मों के परिप्रेक्ष्य में)</i>	Prof. Mahavir Agrawal Prof. University of Patanjali, Haridwar	26.02.2024
43	207517	NISHANT KUMAR	YESHVEER SINGH	Yoga Science	<i>Covid-19 yoga scale development for health and wellness</i>	Prof. Paran Gowda Prof. University of Patanjali, Haridwar	02.03.2024
44	195560	SITA	KALIKA PRASAD	Sanskrit	<i>Ashtanghridaya padarthchandrikatika (Shareerasthan evam nidansthan) ka samikshatmak sampadan</i>	Prof. Mahavir Agrawal Prof. University of Patanjali, Haridwar	28.05.2024
45	171864	NEHA	BHOOP RAM MAITHIL	Yoga Science	<i>Effect of traditional wellness intervention on anthropometric and psychological measurements in obese participaints</i>	Dr. Abhishek K. Bhardwaj Associate Prof. University of Patanjali, Haridwar	15.06.2024

46	171883	PRIYANSHI KAUSHIK	AVINASH KAUSHIK	Yoga Science	<i>Effectiveness of Yoga practices on postural balance, sleep quality and other psychological indices in geriatric population</i>	Dr. Abhishek K. Bhardwaj Associate Prof. University of Patanjali, Haridwar	15.06.2024
47	195564	RAJNEESH MISHRA	CHANDRMA PRASAD MISHRA	Darshan	संख्य-योग एवं बौद्धदर्शन में तुलनात्मक अध्ययन	Sadhwi Dr. Dev Priya ji Dean, faculty of Humanities and Ancient studies, University of Patanjali, Haridwar	15.06.2024
48	207520	JAYVINDRA SINGH	RAJENDRA SINGH RANA	Yoga Science	<i>Effect of Jal neti and Nadi ShodhanPranayama (anuloma-viloma pranayama) on the clinical parameters of patients with primary open angle glaucoma (POAG)</i>	Prof. V. K. Katiyar Prof. University of Patanjali, Haridwar	29.06.2024
49	171974	KM KANCHAN	FEREE SINGH	Yoga Science	<i>Effects of trataka on cognitive functions in young adults</i>	Dr. Arti Yadav Asst. Prof., University of Patanjali, Haridwar	05.08.2024
50	171867	AVICHAL VERMA	RAKESH KUMAR VERMA	Yoga Science	<i>Comparative study of practicing asanas with closed eyes and practicing asanas with open eyes on proprioception and balance</i>	Dr. Nidheesh Yadav Associate Prof. University of Patanjali, Haridwar	12.08.2024
51	196447	VIPIN KUMAR RATHORE	KARAMPAL	Yoga Science	<i>Effect of yogic sukshma vyayama on spine-solder mobility and cardiopulmonary functions</i>	Dr. Nidheesh Yadav Associate Prof. University of Patanjali, Haridwar	12.08.2024
52	196441	JAYDEEP NEGI	D. S. NEGI	Yoga Science	<i>Effect of Laghu Shankhaprakshalana Kriya (Yogic Gastrointestinal Cleansing) on Body Composition, Interoceptive Awareness and Selected Physiological Parameters in Healthy Adults</i>	Dr. Abhishek K. Bhardwaj Associate Prof. University of Patanjali, Haridwar	31.08.2024
53	219691	SUMIT SUHAG	SUKHBIR SINGH	Yoga Science	महाभारत में अष्टांग योग का समीक्षात्मक अनुशीलन	Dr. Omnarayan Tiwari Dean, Faculty of Yoga Science University of Patanjali, Haridwar	26.11.2024
54	195561	MANJULATA	MAHIPAL SINGH	Sanskrit	अष्टांगहृदय पदार्थचन्द्रिकाटीका (चिकित्सितस्थान) का समीक्षात्मक सम्पादन	Prof. Mahavir Agrawal Prof. University of Patanjali, Haridwar	28.11.2024
55	196454	KUMAR GANDHARVA	RAM NIRANJAN RAY	Yoga Science	<i>Effects of UNI and bilateral nostril yoga breathing on psychophysiological variables</i>	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	18.12.2024

56	171935	NIDHI CHAUDHRY	SANJEEV KUMAR	Yoga Science	<i>A viable yogic model, self-report measure and protocol for personal excellence</i>	Dr. Rudra Bhandary Associate Prof. University of Patanjali, Haridwar	28.12.2024
57	207523	KM MEDHA	ANOOP KUMAR BHATT	Yoga Science	<i>Effect of likhit japa of Aum Mantra on Manas prakriti and attention</i>	Dr. Ved Priya Arya Prof. Deptt. of Yoga Science, University of Patanjali, Haridwar	28.01.2025
58	15205	KM DIPANSHI ARYA	SATYAVIR SINGH	Yoga Science	<i>Impact of spiritual practices on self esteem, mental well being and divided attention of adolescents</i>	Dr. Vaishali Gaur Associate Prof. Deptt. of Psychology, University of Patanjali, Haridwar	29.01.2025
59	196443	DIPAK CHETRY	INDRA BHADUR CHETRY	Yoga Science	<i>Effects of yoga breathing techniques on sensory evoked potentials and autonomic activity</i>	Dr. Shirley Telles, Director, Patanjali, Research Foundation, Haridwar	01.02.2025
60	207524	AKSHAY VASHISHT	SAT NARAYAN VASHISHT	Yoga Science	<i>Evaluation of the efficacy of integrated-pathy in type 2 diabetes mellitus at Patanjali wellness: A single arm, observational study</i>	Dr. Ved Priya Arya Prof. Deptt. of Yoga Science, University of Patanjali, Haridwar	03.02.2025